

McQuaid Runners Win

Sectional Championship

B-P Post
11/6/80

Seniors Paul Dodd and P.K. Brimstein led McQuaid to the Section 5 Championship and junior Mike Das captured City-Catholic individual honors last week as the cross-county Knights headed into the final weeks of their season.

Dodd, 18 Windmill Rd., Pittsford, had paced the Knights over the Stuart Park, Newark course in the Sarah Coventry meet back in September, and he improved on that performance Saturday, taking over 30 seconds off his time. Running strongly through the tough middle section of the 5,000 meter race, Dodd worked his way up to third place and held on to finish fifth in the 115-Runner Field.

Brimstein, the team's co-captain, finished strong to place 11th, Das was 13th, and Junior Tom Warth 15th. Sophomore Rennie Brimstien completed McQuaid's scoring in 20th place, giving the Knights 64 points, well ahead of Fairport's 113.

Tuesday, Das was in top form in the City-Catholic meet at Cobbs Hill. While his varsity-1 teammates trained for the sectionals, he set a school record of 16:04 over the hilly 3-mile course to win recognition as the league's top runner.

In doing so he beat Bishop Kearney rival Jim Oberst for the first time in three years. Sophomore Jon Lavallee was sixth and Junior Paul Cloos 7th, both earning City-Catholic certificates, while soph Joe Paonessa and junior Dave Merle were close behind in 11th and 13th.

In the J.V. and Freshman races, McQuaid runners dominated the front of the field, paced by sophomore Brian Rapp's victory and eighth grader Chris Lyboldt's second place.

Friday's all-comers meet at Genesee Valley Park filled out the busy week, and McQuaid's varsity-2 squad came up with a peak performance to top potent varsity "B" entries

from Waterloo and East Aurora. Paonessa and Cloos led the way in second and third place with strong backing from Merle (4), K.C. O'Neill (7), Rapp (8), and Alan Willmes (9).

The Knights J.V. and freshman squads were third and second, respectively. Jim Lappan's 12th place was best for the sophs while the freshmen were led by Lyboldt (3), Frank McLaughlin (7), and Joe Amoroso (10), in a 32-47 loss to strong East Aurora.

This Saturday, the Knights will represent Section 5 in the "A" race at the intersectional Championships in Long Island. "We're shooting for the top three," said coach Bob Bradley. "It's a wide-open race, and we have a tight-enough group to do well."

McQuaid's other runners, prepping for the annual Jesuit meet in New York City on Nov. 15 will compete in the Veteran's Day meet at Eisenhower College on Saturday.