

Freshman Cross-Country Team Results - 1984

[illegible]

East Aurora Invitational

Sept. 22, 1984

2.2 mi.

1st of 4

record 3-0

Position	Name	Time	$\frac{1}{4}$ mi pace
1	Mike Schmalzriedt	12:52	87.7
2	Chris Cusack	13:22	91.1
4	Marc Davi.	13:33	92.4
5	Tim Hess	13:42	93.4
7	Shannon Castella	13:58	95.2
8	Mike Kraus	14:03	95.8
10	Mike Hanna	14:09	96.5

total runners = 40

McQuaid Invitational

Sept. 29, 1984

1.53 mi.

1st of 13

record 15-0

Position	Name	Time	$\frac{1}{4}$ mi. pace
2	Chris Cusack	8:03	78.9
5	Mike Schmalzriedt	8:18	81.3
6	Tim Hess	8:21	81.9
10	Marc Davi	8:35	84.2
13	John Schell	8:37	84.5
20	Chris Adin	8:50	86.6
24	Shannon Castello	8:58	87.9
27	Mike Hanna	9:00	88.2
29	John Connolly	9:03	88.7
31	Mike Kraus	9:03	88.7
32	Jeff Burkuit	9:04	88.9
46	Sean Sammler	9:24	92.2
59	Mickey Stone	9:32	93.5
64	Jim Doran	9:34	93.6
68	Greg Woodard	9:41	94.9
70	Andy Stone	9:45	95.6
77	Andrew Gebauer	9:50	96.4
78	John Kelly	9:50	96.4
79	John Flannery	9:50	96.4
82	Ted Gullo	10:01	98.2
86	Michael Nguyen	10:10	99.7
87	Rob Mowry	10:10	99.7
88	Joe Sims	10:12	100.0
105	Britt Keele	10:31	103.1
109	Vincent Nguyen	10:46	105.6
114	Jim Wolfe	11:15	110.3
115	Gunnar Brodnar	11:25	111.9

Total runners 117+

① McQuaid 36 ② St Michael's - 82 ③ Frontier - 99

Tues Genesee Valley

Oct 2, 1984

1.53 mi.		1st of 4	record 18-0
Position	Name	Time	$\frac{1}{4}$ mi pace
1.	John Schell	8:37	84.5
2	Marc Doui	8:47	86.1
4	Chris Adin	9:04	88.9
5.	John Connolly	9:07	89.4
7.	Jeff Barkwit	9:10	89.9
8.	Tom Hanley	9:32	93.5
9.	Sean Sammler	9:34	93.8
13.	Jim Doran	9:38	94.4
16.	Mickey Stone	9:46	95.8
17.	John Flannery	9:50	96.4
18.	John Kelly	9:52	96.7
19.	Greg Woodard	9:54	97.1
20.	Andy Stone	9:55	97.2
21.	Andrew Gebauer	10:01	98.2
22	Geoff Cox	10:11	99.8
23	Rob. Mowery	10:12	100.0
24	Khan Ngayn	10:13	101.8
25.	Jim Volpe	10:24	102.0
26.	Joe Sims	10:26	102.3
31.	Vince Ngayn	10:23	103.2
33	Ted Gullo	10:42	104.9
36	Britt Keele	10:59	107.7
48	Gunnar Brednar	11:37	113.9

Baldwinsville Invitational

Oct. 6, 1984

2.0 mi.

1st of 11

record 28-0

Position	Name	Time	$\frac{1}{4}$ mi pace
1	Tim Hess	11:08	83.5
2	Chris Casack	11:09	83.6
3	Mike Schmalzriedt	11:13	84.1
4	John Schell	11:40	87.5
5	Marc Dovi	11:41	87.6
13	Mike Hanna	12:02	90.3
18	Shannon Costello	12:14	91.8
20	Jeff Barkwit	12:16	92.0
24	John Connolley	12:18	92.3
25	Mike Kraw	12:22	92.8
26	Chris Adin	12:26	93.3
39	Sean Sammler	12:46	95.8
53	Jim Doran	13:04	98.0
57	John Flannery	13:10	98.8
60	Tom Hanley	13:16	99.3
61	Andy Stone	13:23	100.4
65	Mickey Stone	13:30	101.3
70	Khan Nguyen	13:39	102.4
81	Rob Mowry	13:58	104.8
82	Andrew Gebauer	13:59	104.9
85	Britt Keele	14:02	105.3
104	Jim Volpe	14:59	112.4
108	Joe Radell	15:29	116.1

Tues. Cobb's Hill

Oct. 9, 1984

1.7 mi.

1st of 3

record 30-0

Position	Name	Time	$\frac{1}{4}$ mi pace
1.	Mike Schmalzriedt	9:27	83.4
2.	Mike Kraus	10:16	90.6
5.	Jeff Burkuit	10:26	92.1
7.	Mickey Stone	11:01	97.2
10.	Tom Hanley	11:11	98.7
11.	John Flannery	11:14	99.1
12.	Greg Woodard	11:14	99.1
13.	Jim Doran	11:18	99.7
14.	Andre Stone	11:24	100.6
16.	John Kelly	11:27	101.0
18.	Andrew Gebauer	11:41	103.0
19.	Khan Nguyn	11:41	103.0
25.	Vincent Nguyn	12:02	106.2
28.	Joe Sims	12:21	109.0
35.	Jim Volpe	13:11	115.0
37.	Jeff Krauss	13:52	122.4

Fayetteville-Manlius Invitational
Oct. 13, 1984

* mi?

1st of 8

record 37-0

Position	Name	Time
1.	Chris Cusack	11:33
3.	Mike Schmalzriedt	11:48
4.	Tim Hess	11:51
8.	Marc Doui.	12:14
11.	John Schell	12:33
16.	Mike Hanna	12:53
21.	Shannon Costello	13:06

*All Runners ran off course

Fayetteville Manlius
Oct 13, 1984
Freshmen II

1.9 mi.

Position	Name	Time	$\frac{1}{4}$ mi. pace
2.	John Connolly	11:54	93.9
4.	Jeff Barkwit	11:59	94.6
6	Mickey Stone	12:07	95.7
7	John Flannery	12:14	96.6
8	Mike Kraus	12:15	96.7
9.	Mike Sean Sammler	12:16	96.8
15.	Jim Doran	12:40	100.0
19.	Chris Adin	12:57	102.2
20	Andy Stone	13:00	102.6
22	Khan Nguyen	13:04	103.2
24	John Kelly	13:10	103.9
33	Greg Woodard	13:31	106.7
35	Andrew Gebauer	13:39	107.8
38.	Rob Mowry	13:52	109.5
46	Ted Gallo		
51	Jeff Krauss		
55	Gunnar Brodnar		

Tues Race
Oct, 16, 1984

Genesee Valley

1.53 mi.

1st of 4

record 40-0

Position	Name	Time	$\frac{1}{4}$ mi. pace
1.	Tim Hess	8:17	81.2
3.	Mike Hanna	9:06	89.2
4.	John Kober	9:13	90.4
7.	Chris Adin	9:20	91.5
10.	Sean Sammler	9:30	93.1
11.	Jim Doran	9:31	93.3
12.	Tom Hanley	9:35	94.0
16.	Khan Nguyen	9:54	97.0
17.	Andrew Gebauer	9:56	97.4
19.	Andy Stone	10:00	98.0
21.	Jeff Geoff Cox	10:06	99.0
22.	Rob Mowry	10:10	99.7
24.	Julien Moreau	10:22	101.6
29.	Britt Keele	10:30	102.9
30.	Joe Sims	10:42	104.9
32.	Jim Volpe	10:46	105.6
37.	Ted Gallo	11:04	108.5
38.	Vince Nguyen	11:08	109.2
46.	Jeff Knauss	11:43	114.9
48.	Gunnar Brodner	12:00	117.6

Auburn Invitational

Oct. 20, 1984

1.4 mi.

1st of 14

record 53-0

Position	Name	Time	$\frac{1}{4}$ mi. pace
1	Tim Hess	7:35	81.3
2	Mike Schmalzriedt	7:36	81.4
4	Marc Dou.	7:49	83.8
6	John Schell	7:51	84.1
9	Shannon Costello	8:02	86.1
10	Mike Hanna	8:04	86.4
11	Mike Kraus	8:06	86.8
14	John Kober	8:08.	87.1
18	John Connolly	8:10	87.5
	Jeff Barkuit	8:16?	88.6
29	John Flannery	8:20?	89.3
36	Sean Sammler	8:30?	91.1
39	Chris Adin	8:36?	92.1
51	Tom Hanley	8:43	93.4
53	Jim Doran	8:45	93.8
55	Mickey Stone	8:47	94.1
56	Andy Stone	8:49	94.5
69	Khan Nguyen		
* Incomplete list			
89	Jim Volpe	9:19	
90	Britt Keele	9:20	

Tues Meet at Cobb's Hill

Oct 23, 1984

1.7mi

1st of 3

record 55-0

Position	Name	Time	$\frac{1}{4}$ mi. pace
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1	Chris Casack	9:19	82.2
2	John Schell	9:42	85.6
5	Chris Adin	10:10	89.7
6	Mike Hanna	10:11	89.9
7	Jeff Barkwit	10:18	89.9
9	John Kober	10:32	92.4
10	John Flannery	10:40	94.1
11	Mickey Stone	10:41	94.3
22	Ted Gullo	12:17	108.4

Loyal Greenman Invitational
Binghamton, N.Y.

Oct. 27, 1984

2.1 mi.

1st of 7

record 61-0

Position	Name	Time	$\frac{1}{4}$ mi. pace
1	Tim Hess	11:48	84.3
4	John Schell	12:20	88.1
5	Marc Dovi	12:27	88.9
14	Shannon Costello	12:51	91.8
16	Chris Adin	13:01	93.0
18	John Kaber	13:04	93.3
30	John Connolly	13:24	95.7

City - Catholic Championships
Oct 30, 1984

1.7 mi.

1st of 5

record: 65-0

Position	Name	Time	$\frac{1}{4}$ mi. pace
1	Tim Hess	9:13	81.3
2	Mike Schmalzriedt	9:22	82.6
3	Chris Casack	9:27	83.4
5	Marc Doui	9:42	85.6
6	John Schell	9:43	85.7
7	Shannon Costello	10:00	88.2
8	Chris Adin	10:01	88.3
9	Jeff Burkuit	10:01	88.3
12	John Flannery	10:09	89.6
13	John Connolly	10:11	89.9
14	Mike Hanna	10:14	90.3
17	John Kober	10:22	91.5
19	Khan Nguyen	10:44	94.7
20	Sean Sammler	10:47	95.1
21	Jim Doran	10:47	95.1
25	Mickey Stone	10:55	96.3
26	Andrew Gebauer	10:58	96.7
27	Andy Stone	11:06	97.9
40	Britt Keele		
42	Jim Volpe		

All-Comers Championship

Genesee Valley Park

Nov. 2, 1984

1.53 mi.

1st of 4

record 68-0

Position	Name	Time	1/4 mi. pace
1	Tim Hess	8:43	85.5
2	Chris Cusack	8:43	85.5
3	John Schell	8:54	87.3
4	Marc Dovi	8:56	87.6
6	Mike Kraus	9:13	90.4
9	Mike Hanna	9:22	91.8
12	Chris Adin	9:28	92.8
13	Shannon Costello	9:30	93.1
14	John Kober	9:31	93.3
15	John Flannery	9:37	94.3
18	John Connolly	9:42	95.1
20	Sean Sammler	9:46	95.8
21	Andrew Gebauer	9:49	96.2
23	Khan Nguyen	9:55	97.2
24	Jim Doran	9:56	97.4
26	Andy Stone	10:02	98.4
28	Mickey Stone	10:14	100.3
36	Jim Volpe	11:07	109.0

Jesuit Championship

N.Y.C.

1.65 mi.

Nov. 17, 1984

1st of 4

record 71-0

Position	Name	Time	$\frac{1}{4}$ mi. pace
1.	Tim Hess	8:47	79.8
2.	Chris Cusack	8:57	81.4
4.	Marc Dou.	9:04	82.4
6.	Mike Kraus	9:18	84.5
7.	John Schell	9:20	84.8
8.	Mike Hanna	9:24	85.5
16	Shannon Costello	9:52	89.7
17.	Chris Adin	9:57	90.5