**VOLUME XXXII** 

**McQuaid Jesuit High School** 

NOVEMBER, 1985

# RED LETTER DAY!

# Paterson Breaks Record At Cobb's

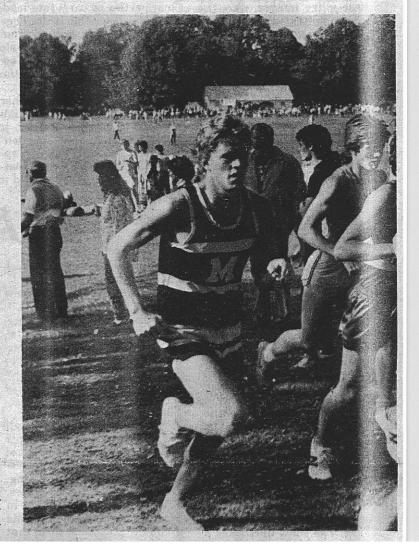
By Scott Paterson

"McQuaid to the line, Mc-Quaid to the line." Hands in, time for some last minute advice and a prayer. A quick wind sprint. Oh yeah, tuck in the shirt. We want to look good. Walk over to Aquinas to tell them all to have good races. Back to McQuaid guys, "O.K. guys let's all have great races." Pick a spot on the line, look out at the course that lays ahead. It has just rained. The course is wet. I can't wear spikes, too much pavement. I am feeling a little tired. 15:52, the course record, held by Tom Warth. Well it looks like it is a little out of reach today. "Runners set." Bang. Get out of traffic, a little push. Fine, here I am. Aquinas is out fast. They are right with me. Oh well, if they want to run, let's take a little out of them early. Past the half mile mark and I can still hear someone running through leaves behind me. A quick turn and a glance back. Great It's Genrae a very and going. Up to the mile mark and there is Mr. Bradley. Listen for a split. 4:45 for the first mile. Out fast but 25 seconds ahead of pace. Just keep going, don't ease up. Up the face of Cobb's Hill. This is a little demanding. Just make it up. Good, I'm on top and I can't hear anyone anymore. Well, the hard part is over. Tired, but don't slack off, just keep moving. Feel swift. Let momentum work for you.

Down into the trails behind Cobb's. No spectators while running through the forest, a nice feeling. Pick it up a little. Back onto the road. There is the Aguinas coach. Pickit up a little, look strong, breathe easy. Up the paved hill (only a mile to go) and down the face of Cobb's. Let physics work for you but don't get out of control. Feeling good; feeling like I'm flying. Passing Mr. Bradley again. "You can break 15:30, Scott." I must be ahead of the record. Might as well push this last little bit and make it well worth it.

Way look at all the nearla!

pushing it. A final sharp turn and straight ahead are the bright orange flags of the finish line. You've run hard this far. It would be icing on the cake to finish strong. Make each stride a powerful one. Push off hard and finish running faster than you did in any other part of the race, but keep it smooth, don't get out of control. Coming across the line to cheers and applause. Someone yells "15:09." This can't be right. I really feel very good and not very tired. How are the rest doing? Great, here comes George finishing ahead of AQ's first man. Then a truly beautiful sight. A group of black and gold bumblebees heading for the finish line. Running together in a killer group that signifies the end of any hope an opposing team might have. I crushed the record by 42 seconds with a time of 15:10.2, and we crushed Aquinas 18-45. What a great day and a great feeling. Happy 18th birthday Brian Mack. I think you received a deserving present.



VARS ITY & J.V. MEET #15

ALL-GOMERS MEET G.V.PK 11/1/85 WEATHER PERFECT SUNNY & MILD TEMP 60 GURGE DRY

		Vac "B"	15T OF 5 SCHO	ral C
		VAIC O	171 UT O CHE	M.Q. TUVIT. TIME
e e e e e e e e e e e e e e e e e e e		1. Schickeer	16:57 (3.0.)	
		2. Schumcher		18:07
		3. STONE		17:41
		5. HONCH	17:11	16:59
		6. LAUACLEE		DNR
		10. WILTBERGE		DNR
s <sub>2</sub> /6		12. BISCHOPING		17:52
		16. WIERSZEWS		19:06
		19. HENDRIE		18:23
		33. TUREK	18:13	17:52
		26. HUGGINS	18:34	18:26
		27. O'NEILL 35. CASCIANO	18:34 19:28	18:11 20:04
			F OF 7 SCHOOLS	
				TIME IN ( )
	1. ADIN	16:49 (16:59)	16. NEUYEN	18:28(18:35)
	2. Dou	16:55 (17:02)	17: Sims	18:31(18:41)
	3. SCHELL	17:11 (17:52)	20: FLANNERY	
	5. HANNA	17:35 (17:36)	21. Mowr	The state of the s
	6. KNOPF	17:39 (18:29)		19:11 (19:01)
	13. CONNOLLY	18:20 (17:38)		·
	14. KRAUS	18:23 (17:27)		1
	15. RELLER	18.25 (18:52)	(OUER)	
2000 700		)		

### FRESHMAN BOYS

1. Micky Stone, McQuaid 8	:27
2. Greg Lowenguth, BK	39
3. Mike Duffy, BK	40
4. Mike Fitzpatrick, McQ	41
5. Matt MacDonald, BK	48
6. Gordon Stark, Brighton	51
7. Andy Stone. Mcw	56
8. Dave Dugan, Mcu	59
9. Trang Hoang, East 9:	13
10. Steve Montrose, BK	15
11. Steve Oughterson, McQ	17
12. Mark Eve, Aquinas	10
13. Steve Rattigan, BK	20
14. Jay Arieno, Aquinas	22
15. Dan Stoltzfus, Lima C.	22
16. Peter Lewis, Lima C.	23
17. Mike Sellar, McQuaid	27
18. Scott Webb, East	30
19. Jim Doran. McQuaid	32
O. Kevin Rattigan. BK	32334
1. Peter Panepento.McQ	34
2. Brian Cameros, H-A-C	49
3. Scott Davies, Brighton	52
4. Scott Rhoads, Aq. 10:	18
5. Jeff Grainer, Aquinas	
(40 runners finished)	

## JUNIOR VARSITY BOYS

1. Chris Adin, McQuaid 16:49 2. Marc Dovi, McQuaid 55 3. John Schell, McQuaid 17:11 4. Rick Schwan, Aquinas 30 5. Mike Hanna, McQuaid 39 7. Chris Wallace, Brighton 41 6. Mark Clendenning, Aq. 50 9. Brian O'Sullivan, Aq.18:01 10. Reynolds, C-C 02 11. Chris House, C-C 02 12. J. Winden, C-C 06 13. John Connolly, McQ 20 14. Mike Kraus, McQuaid 25 15. Tom Reller, McQuaid 25 16. Khanh Nguyen, McQuaid 30 17. Joe Sims, McQuaid 31 18. Peter Korts, East Roch 32 19. Mark Defelice, East Roch 32 19. Mark Defelice, East Roch 32 20. John Flannery, McQuaid 32 21. Rob Mowry, McQuaid 32 22. J. Hall, C-C 33. Eric Kershner, Aquinas 46 24. Pat Cusker, Aquinas 55 25.	
24. Pat Cusker, Aquinas 40 25. D. Seebach, C-C 51 (53 runners finished)	3

## VARSITY "B" BOYS

1. Dave Schickler, McQ 16 2. Mike Schumacher, McQ 3. Jeff Stone, McQ 17 4. John Searle, Irond.	58 :04 09
5. Mike Honch, McQuaid	11
6. Marc Lavallee, Mcu	12
7. Bob Bates, Brighton	15
8. Carl Fey, Brighton	16
9. Steve Lootens, Aquinas	18
10. Mark Wiltberger, McQ	24
11. Mike Lutzky, Penfield	27
12. Paul Bischoping, McQ	36
13. Scott Odle, Penfield	37
14. Brad Crowley, Irond.	母
15. Tom Notides, Brighton	48
16. Ron Wierszewski, McQ	50
17. Terry Hickey, Brighton	53
18. Peter Kurdt, Aquinas18	:00
19. Mark Hendrie, McQ	01
20. Jeremy Williams. E.R.	04
21. Ned Blodgett, Aquinas	05
22. Dave Turek, McQuaid	13
23. James Munson, Penf.	10
24. John Sachs, Brighton	18
No card	26
(47 runners finished)	20
יאו במחוקדם בדוודפוופת)	

# FRESHMAN GIRLS

JUNIOR VARSITY GIRLS

VARSITY "B" GIRLS

1.	Leslie Herry, Lima C. 10:17
2.	Yolanda Green, Albion 46
3.	Paula Wilkins, Albion 11:03
4.	Antoinette Minniti, East 11
5.	Jen Rodenhouse, Mercy 21
6.	Jeanine Gayeski, Monroe 42
7.	Adrian Perrier, Mercy 12:01
d.	Crissy Haviland, Mercy 31
9.	
10.	Lisa Fryer, Mercy 13:02
11.	Stephanie Margarum, Mercy 14:30

1. Wendy Pettis, Mercy 23:13 2. Mary Ann Leitten, Mercy 24:10 3. Jennifer Peet, Monroe 24:31 4. Carolyn Cooley, Monroe 24:46

23.45.6.789	Gretchen Potter, Monroe Kelly Holquist, Mercy Maureen Brennan, Mercy Trista Wilson, Monroe Caitlin Haas, Monroe Bridgette Conboy, Mercy Amy Crossed, Mercy No card Karen Reuschle, Monroe Ann Venturelli, Mercy	22:32 23:49 23:58 24:20 24:22 25:17 26:51 28:22 29:17
	The conduction, Mercy	30:12

## TEAM SCORES

### FROSH

McQ	1	4	7	8	11	- 31
BK	2	3	5	10	13	- 33
Aquinas	12	14	24	25	26	-101
Lima C.	15	16	27	31	34	-123

## JUNIOR VARSITY

McQ	1	2	3	5	6		17
Aquinas	1,	8	ó	22	21.		
0 0	7 4		7	22	24		67
C-C	TO	11	12	23	26		82
East R.	18	10	203	25	7		
D-4-1-	10	77	20	35	40	-	142
prigntor	2 /	29	3/1	117	lik		
Mooney	27	22	33	37	40		159
Mooney	77	×	22	20	30	-	170
Monroe	20	42	43	lile	LA		
		COLUMN S	20		40	19000	205

## VARSITY "B"

McQ Brighton	1	2	3	5	6	_	17
Brighton	7	8	15	17	24	-	81
TOTITTOTA	TT	13	23	30	31		108
	25	29	34	30	45	-	166
		20	21	42	43	-	181

migh School	cross-country	
	26. Vestal	(4)
SYRACUSE, N.Y Weekly	27. Troy High	(2)
rankings of boys and girls High	28. Norwood-Norfolk	(10)
School cross-country teams hu	29. Lockport	(6)
ers Association (as of Oct. 27).	30. Msg. Farrell	(NYC)
BOYS	Are honorable mention	- Na-
1. Rochester McQuaid (5)	nuet, Somers JFK.	
2. Queensbury (2)	GIRLS	
3. Onondaga (3)	1. Pearl River	(1)
4. Washingtonville (9)		(3)
5. William Floyd (11)	3. Washingtonville	(9)
6. Wantaugh (8)	4. Colonie	(2)
7. Syracuse Henninger (3)	Mark Mark 1	(NYC)
8. Newburgh Free (1)	6. St. Anthony	(11)
9. Syracuse Nottingham (3)	7. Newfield	(11)
10. Beaver River (3)	8. Tri-Valley	(9)
11. Centerreach (11)	9. Clarence	(6)
12. Tottenville (NYC)	10. Queensbury	(2)
13. West Genesee (3)	11. Hamilton	(3)
14. Roch. Brighton (5)	12. Bronxville	(1)
15. East Aurora (6)	13. Mepham	(8)
16. Monroe-Woodbury (9)	14. Beaver River	(3)
17. St. Anthony (11)	15. Canastota	(3)
18. Marcellus (3)	16. Binghamton	(4)
19. Pearl River (1)	17. Homer	(3)
20. Syr. Corcoran (3)	18. Webster	(5)
21. Chaminade (CHSAA)	19. Monroe-Woodbury	(9)
22. Liverpool (3)	20. Frontier	(6)
23. Fairport (5)		
24. Malone-Frankiln (10)	Area honorable mention	- Suf-
25. Sayville (11)	fern.	- ·

# NOTEBOOK

# Running battle when McQuaid, **Brighton** meet

By Gary Fallesen

Democrat and Chronicle

McQuaid's cross country team reportedly is running scared.

Forget the school-record six invitational championships this season and the No. 1 ranking in the state. The Knights, Coach Bob Bradley said, are only as good as their next race.

That should be good enough for a seventh Section 5 title. But, the 24-year coach warned, "Brighton's really going to have us run-

ning for our lives.

"They have just the type of team that can beat us. One that has good front strength and groups well. It's going to be a real

Brighton is the area's secondrated team. The Barons, led by Mark Emmons, Brett Yost and Paul Hutchinson, will challenge McQuaid in the Class AA race at 3:30 p.m. tomorrow at Stuart Park

in Newark.

Scott Paterson is clearly the favored individual in the race. The McQuaid senior is coming off a victory over Binghamton's Geoff Coco, one of only two runners in the state who defeated him this season. But Bradley expects Penfield's Al Smith to give his potential Division I recruit a race.

Here's a look at each of the

boys' races:

 Class AA — "Brighton has an advantage," Bradley said, "because they're frustrated and hungry (after losing each of the last two years by seven points)." Fairport and Pittsford will help determine the outcome.

• Class A (at 2:30 p.m.) — Scott Peiser of Canandaigua is the top individual. Defending champion Hilton (with Doug Stanton) and Victor (behind Scott Knapp and Ben Wiley) are the favored teams.

 Class B-C (at 1:30 p.m.) -Defending champ Don Kent of South Seneca will be chased by Harley-Allendale-Columbia's John Cooley and Rich Bolt as well as Dan Stenta of Bath for Class C honors. East Rochester (Class B) and South Seneca (Class C) are the teams to beat.

Among the girls:

 Class A (at 3 p.m.) — Brighton's Rachel Hosmer, Fairport's Kim Trawitz, Webster's Erika Schwarz and Penfield's Rachel Korn and Deresa Walters promise to continue their season-long battle for individual honors. Toprated Webster, No. 2 Fairport, No. 3 Penfield and No. 4 Spencerport (with Patti VanDerMallie) are the best teams in the field.

• Class B (at 2 p.m.) — Defending champion Janet Kisner of Waterloo is expected to repeat despite an ankle injury. Victor (with Karen Griffith and Emily Hancock), Penn Yan (with Sarah Martini) and Newark (with eighthgraders Cori Kraai and Erica Reed) are the top teams.

• Class C (at 1 p.m.) — Sodus' Julie Darling is favored to retain her title. York also should defend

its team crown.

MAMBE. C.

SECTION FIVE CROSS COUNTRY 57TH ANNUAL CHAMPIONSHIPS



STUART PARK NEWARK, NEW YORK NOVEMBER 2, 1985 50¢

Welcome to the 1985 SECTION FIVE CROSS COUNTRY CHAMPIONSHIPS held once again at Stuart Park. We would like to thank all of the people who have contributed their time and effort to make this meet the great high school sporting event that it is. To all runners and coaches, best of luck in today's championships!!!!

Dale Ladd Mary Jo Bowdoin Section V Cross Country Coordinators

# SECTION FIVE EXECUTIVE COMMITTEE

Pete Schreiber	President	Attica
Judi Knight	Vice President	Edison Tech
Mike Foster	Vice President	Canandaigua
Ted Woods	Secretary	North-Rose Wolco
Bruce Johnson	Treasurer	Geneseo
Lyman Shiels	Past President	Bradford
Ted Bondi		Geneseo
Paul Fauth		Greece Olympia
Carl Palumbo		Victor
Barb Twentyfive		North-Rose Wolco
Kathy Smith		Monroe

### LEAGUE CHAIRPERSONS

****	CONTRACTOR OF SECURITY AND ADDRESS AND		
City Catholic	Rick Hulme Bob Bradley		Edison McQuaid
Livingston	Mike Woods		York
Monroe	Gary Boyce		Churchville-Chil
Steuben			
Wayne-Finger Lakes	Dale Ladd Gary Thompson		Newark Victor
	Kurt Werts	· 800 (800	Sodus

TO: ALL BOYS AND GIRLS SECTION V CROSS COUNTRY COACHES

FROM: DALE LADD AND MARY JO BOWDIN CROSS COUNTRY COORDINATORS

REF: IMPORTANT INFORMATION REGARDING SECTION V CHAMPIONSHIPS AND INTERSECTIONALS

SITE: RT. 88 STUART PARK, NEWARK, N.Y.

DATE: SATURDAY, NOVEMBER 2, 1985

CLASSIFICATION: 1984-1986 CLASSIFICATIONS ENCLOSED

TIME SCHEDULE: 1:00 C Girls

1:30 B/C Boys

2:00 B Girls

2:30 A Boys

3:00 A Girls

3:30 AA Boys

AWARDS: TEAM TROPHIES TO EACH WINNING CLASS, WHITE PATCHES TO EACH WINNING TEAM, BLUE PATCHES TO TOP 10 IN EACH CLASS. MEDALS TO TOP 7 IN EACH CLASS.

ADMISSION: THERE WILL BE A \$1.00 CHARGE FOR ALL SPECTATORS. PLEASE MAKE PARENTS AND SUPPORTERS AWARE OF CHARGE. ALSO ON SALE DAY OF THE RACE A LIMITED SUPPLY OF SECTION V T-SHIRTS AT \$6.00

LANE POSITION: ALL LANE POSITIONS HAVE BEEN DRAWN AT RANDOM. CHECK RACE PACKET FOR YOUR STARTING POSITION. POSITION 1 IS CLOSEST TO FINISH LINE.

INTERSECTIONAL QUALIFIER: ANY SCHOOL OR INDIVIDUALS THAT QUALIFIES FOR THE INTERSECTIONAL MEET NOV. 9 AT SUNY BINGHAMTON SHOULD BE AWARE OF THE FOLLOWING (WINNING TEAM + 4 individuals)

- 1. IT'S YOUR SCHOOL'S RESPONSIBILITY TO HAVE THEIR ATHLETES AT RUSH-HENRIETTA SPERRY HIGH SCHOOL BEFORE 8:30 A.M. FRIDAY NOVEMBER 8, 1985.
- 2. CODE OF CONDUCT FORM MUST BE FILLED OUT PROPERLY BEFORE ANY ATHLETE WILL BE ALLOWED TO PARTICIPATE IN THE INTERSECTIONAL MEET.
- 3. ALL ATHLETES REPRESENTING SECTION V WILL BE UNDER DIRECT SUPERVISION OF THE SECTION V COORDINATORS AND WILL BE TRANSPORTED AND HOUSED BY THE SECTION.. A POST RACE BUFFET WILL BE PROVIDED BY THE HOST SECTION FOR \$7.00. THIS MEAL HAS BEEN ORDERED FOR THE ATHLETES AND WILL BE CHARGED IN THE FINAL BILLING FROM THE SECTION TREASURER.

ANY COACHES INTERESTED IN THE FEDERATION MEET AT 4. SUNKEN MEADOW, LI. SHOULD CONTACT US IMMEDIATELY FOLLOWING THE SECTIONAL MEET.

FEDERATION MEET: SUNKEN MEADOW STATE PARK NOVEMBER 16, 1985

TEAM ALLOTTM	ENTS ARE	AS	FOLLOWS:	(AT LARGE	EXTRAS)
GROUP NYPHS PSAL MET. CHSAA PRIVATE UPSTATE CHSA	TEAMS 11 4 6 2 A 2	12. 14.	IND 77 28 42 14 14	TEAMS 7 1 1 1	IND 49 7 7 0
TOTALS	25		175	11	63
(at large extras)	11	200	63		
MAX. TOTALS	36	12	238		

All entries must go through state coordinators

Section teams and individuals must be selected from sectional results and submitted by sectional coordinators to the state coordinator immediately after sestional meet.

Intersectionals can only change the rank order of at large bids \* each section sends best team to federation- may list 2nd team

at large

If sections #1 team drops out- no substitution can be made

If the section #1 team drops out, that team may not send individuals 5.

because individual spots are already taken.

\*\*\* Section V will determind its 2 best teams by the total time of the teams top 5 runners at the sectionals

AGAIN WE HAVE THE OPPORTUNITY TO RUN ON ONE OF THE MOST CHALLENGING CROSS COUNTRY COURSES IN THE STATE. WE ASK YOUR COOPERATION IN KEEPING WITH THE FINE MEET WE HAVE ESTABLISHED OVER THE YEARS.

1. proper supervision of your athletes

2. clean up your areas

3. DO NOT come to the course except the day of the race

DO NOT BRING FOOTBALLS, FRIZBEES, NOISE BOXES, ETC. !!

Good Luck Dale and Mary Jo

### NYSPHSAA

## Revised Two-Year Classification for Girls Cross Country

Effective July 1, 1984 through June 30, 1986

B

В

B

В

В

B

B

В

В

B

B

В

В

В

B

В

B

B

B

NOTE: This classification was based on the number of boys and girls in grades 10, 11, and 12.

	Class A			Class B
	Fairport	1767	Α	Hilton 897
	Webster	1702	Α	Nazareth 890
	Pittsford	1540	A	Canandaigua 853
	Gates-Chili	1446	A	Greece-Athena 842
	Our Lady of Mercy	1218	Α	Batavia 681
	Edison	1090	A	Eastridge 671
	Penfield	1089	Α	Victor 653
	Irondequoit	1080	A	Roth 646
	***			Wayne 637
	Franklin	1055	Α	Newark 625
50	East	1021	A	Marshall 621
	Sperry	976	A	Pal-Mac 577
	Cardinal Mooney	964	A	Waterloo 564
	Brockport	963	A	Monroe 558
	Spencerport	960	A	Penn Yan 552
	Brighton	951	A	Midlakes 533
	Greece-Olympia	946	A	Honeoye Falls 510
	Churchville-Chili	936	A	Dansville 505
	Bishop Kearney	931	A	
	Greece Arcadia	919	-	Attica 493
	Aquinas	537	A B	
			. 7	
9	Class C			for a second
	North Rose-Wolcott	439	С	State Classification
	Marcus Whitman	417	C	
	Mynderse	400	C	Class A - 901 & up
	Wellsville	400	C	Class B - 451-900
	East Rochester	384	C	Class C - 0-450
	Wayland	361	C	
	Sodus	358	C	
	Pembroke	351	C	7 .
	Williamson	305	C	
	Bloomfield			
		304	C C	
	Marion	303	2000	
	Caledonia-Mumford	298	C	
	Alexander	296	С	
	Lyons	281	C	
	Oakfield-Alabama	258	C	
	Warsaw	253	C	
	Red Creek	246	C	
	South Seneca	244	С	
	York	242	C	
	Wheatland-Chili	232	C	
	Harley, Allen. Col	228	C	
	Pavilion	223	C	
	Alfred-Almond	185	C	
	Cuba	178	C	
	Elba	160	C	
4	Arkport	154	С	
1	(	1 5 2	•	

153

C

Mt. Morris

# SECTION FIVE ALL STARS

# Boys

## 1981

Grant Whitney, Penfield\*
Jim Foley, Spencerport
Steve Branch, Irondequoit
Tom Warth, McQuaid
John Wagner, South Seneca

# 1982

Greg House, Churchville-Chili\*
Andy Coots, Churchville-Chili
Greg LeTouzel, Brockport
Gary Redding, Dansville
Jack Countway, Pembroke
Mike Oberholzer, Greece Olympia
Dan Fernandez, Greece Athena

# 1983

Mike Oberholzer, Greece Olympia\*
Joe Burke, Rush Henrietta Sperry
Dave Redding, Dansville
Harry Derck, Aquinas
Dan Fernandez, Greece Athena
Mike Hayes, Haverling
Chris Lyboldt, McQuaid

# 1984

Tim Heinle, Brighton\*
Bob King, Churchville-Chili
Terry Dutton, Irondequoit
Dave Redding, Dansville
Rob Smillie, McQuaid
Scott Patterson, McQuaid
Chris Lyboldt, McQuaid

\*Runner of the Year

# Girls

# 1981

Anita Kelly, Rush Henrietta Sperry\* Vicki Brown, Waterloo Julie Cancilla, Irondequoit Lisa Hernandez, Newark Lisa Polizinetti, Mynderse

# 1982

Jody Dushay, Brighton\*
Erica Schwarz, Webster
Amy Edwards, Honeoye Falls-Lima
Beth Burchill, Churchville-Chili
Rachel Korn, Penfield
Chris Dudeck, Irondequoit
Linda Glinski, Waterloo

# 1983

Beth Burchill, Churchville-Chili\*
Janet Kisner, Waterloo
Amy Edwards, Honeoye Falls-Lima
Colleen Skelly, Caledonia-Mumford
Rachel Korn, Penfield
Erica Schwarz, Webster
Pattie Vandermallie, Spencerport
Sally Smith, Pittsford Sutherland

# 1984

Stacy Prey, Brighton\*
Kim Trawitz, Fairport
Rachel Hosmer, Brighton
Pattie Vandermallie, Spencerport
Jody Dushay, Brighton
Janet Kisner, Waterloo
Rachel Korn, Penfield

# 1984 TEAM RESULTS

## Boys

Class AA - McQuaid Class A - Hilton Class B - Sodus Class C - South Seneca

# Girls

Class A - Spencerport Class B - Victor Class C - Sodus

# STUART PARK(3.1 miles) - ALL TIME TOP 20 TIMES SINCE 1979

- Grant Whitney, Penfield, 10.0.1

  Tim Heinle, Brighton, 16:15.5 1984

  Correct. Clarence, 16:15.9 1983 Grant Whitney, Penfield, 16:07.1 1981 3. 4. Bob King, Churchville-Chili, 16:20.5 Craig Kinney, Corcoran, 16:21.6 1979 Terry Dutton, Irondequoit, 16:23.0 1984 Scott Bagley, East Rochester, 16:24.7 Phil Levinson, Brighton, 16:27.9 1984 8. 9. Rick Dean, Greece Olympia, 16:29.0 1980 10. Scott Paterson, McQuaid, 16:29.2 1985 11. Kevin Brewer, Spencerport, 16:30.7 1979 12. Chris Lyboldt, McQuaid, 16:31.1 1984 13. Joe Burke, Rush Henrietta Sperry, 16:31.
  14. Bob Buckley, Baldwinsville, 16:34.0 198
  15. Todd Cullings, Ithaca, 16:36.0 1979 1983 16. Dave Elster, Jamesville-Dewitt, 16:37.6 17. Todd Lindsley, Penn Yan, 16:39.0 18. Al Smith, Penfield, 16:39.3 19 19. Peter Glavin, McQuaid, 16:39.7 20. Rob Smillie, McQuaid, 16:41.1
- Stacy Prey, Brighton, 18:09.8 1984 Kim Trawitz, Fairport, 18:55.4 Anita Kelly, Rush Henrietta Sperry, 18:56.9 1979 4. Erica Schwarz, Webster, 19:03.8
  Rachel Hosmer, Brighton, 19:06.5 Rachel Hosmer, Brighton, 19:06.5 Jody Dushay, Brighton, 19:07.5 Rachel Korn, Penfield, 19:17.7 5. 6. 1984 7. 1984 8. Deresa Walters, Penfield, 19:19.2 Erin McCarthy, Clarence, 19:22.0 9. 10. Mary Pat Hickey, Clarence, 19:22.0 1983 11. Emily Wood, Skaneateles, 19:26.2 1981 12. Pattie Vandermallie, Spencerport, 13. Vicki Brown, Waterloo, 19:29.6

  14. Lisa Hernandez, Newark, 19:36.3

  1981

  15. Lisa Polzinetti, Mynderse, 19:50.7

  1979

  16. Maureen Mecprim, Clarence, 19:52.8

  1985

  17. Beth Burchill, Churchville-Chili, 19:53.2

  18. Julie Cancilla, Irondequoit, 19:54.6

  1981

  1982

  1984

20. Terry Allan, Clarence, 19:56.6

# YOU ARE WHAT YOU THINK YOU ARE

Speaking on the mental aspects of racing, Steve Prefontaine has said, "It is probably 80% of your preparation. Even if your body is ready, you must have it upstairs or it just won't go."

Psychologists know that the mind has a great influence over the body. Psychosomatic diseases or ailments with physical symptoms attributed to psychological causes, are an indication of this. And the physical performance of people under hypnosis raises interesting questions as to the power of the mind. If a runner's psychological state can effect him at a very basic physiological level, then his mind can become a valuable ally or a destructive enemy.

Ralph Waldo Emerson realized the importance of our mental processes when he wrote, "Man becomes what he thinks about all day long." In a real sense what the runner accomplishes is the result of his thoughts, images, attitudes he holds about himself and the world around him. Any runner who expects to improve must discover how to use his mental processes to work for him instead

of against him.

The first and most important step in mental preparation is self-awareness. The runner who hopes to improve must be aware of his thoughts, images and attitudes and of how they are affecting his running. Evaluate every thought about running or racing over a specific period of time. Honest and objective analysis is necessary. Some important questions to ask are, "What are my attitudes toward racing, training, success and disappointment, and how do they all affect me?"

Another important aspect of mental conditioning is to recognize the computer-like nature of the human mind. So if you can program a computer to obtain certain results so you can program yourself for success or failure. Thinking that is inconsistent with what we want to accomplish is negative and should be removed. To counteract negative data you must be aware of what you are thinking. Once you become aware of any negative thinking, you can begin to revise your thoughts. This is done by envisioning yourself doing what you want to accomplish.

Imagine yourself beginning the final lap with tremendous strength. See yourself passing opponents while striding effortlessly and getting both faster and stronger. At the time try to recall the feelings you have had in previous races. This "imagining" technique can be used when you are running or when you are relaxing. But be sure to always use some positive thought to cancel out any negative input. In this way you will not give destructive thoughts a chance to become implanted in the subconscious mind. This positive image will also help to build the self-image you need to improve.

Just as negative thoughts can affect your performance in a negative way, so can the negative articulation of these thoughts. Griping and complaining can deflate your feelings and affect the people around you in a negative manner. It is easy to believe your negative talk, so when you eliminate this you will benefit yourself

and others around you.

Instead of negating one's mental preparation, a runner should use the power of words to enhance performance. Distance ace Tom Fleming seems to realize this when he stated, "I talk to myself constantly during the race to keep myself aware of the race..."

Doug Brown, former U.S. steeplechase recordholder, also talks to himself to help prepare himself for a race. Brown says, "I talk to myself as an observer of the race, with me doing just what I plan to do in the race. I picture the time I expect or want and the position which I hope for, which is first."

A runner may also develop his own positive sayings that helps

his mental preparation. Repeating positive sayings over and over is not only good for your psychological state, but it can also help to develop the important factor of rhythm. A runner might utilize this technique during his warmup. A simple saying like, "Run hard, run fast, run smooth," repeated over and over is good positive input and helps develop relaxation and rhythm.

Just as important as your thoughts in mental preparation are your attitudes and overall philosophy. I have developed a philosophy toward racing that has become a very important factor in improving Before, I had seen racing as something to be dreaded, offering nothing but pain and the opportunity to embarrass myself. Today my attitude is completely different. I see the race as the opportunity to express the power that I have created within myself through my own efforts, as a climax of factors that have been completed before the race.

I find I run best when I become totally committed to and involved in the action of the race, concentrating not on myself but where I want to be in the next moment. This type of positive involvement and concentration frees the mind from the body and

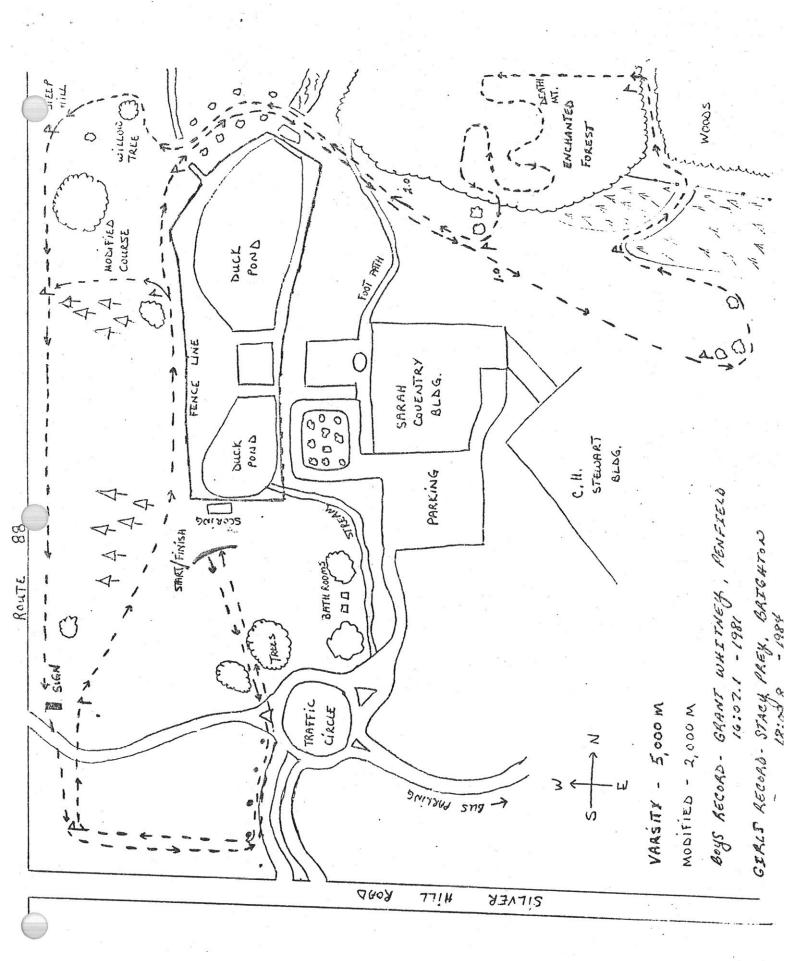
lessens awareness of pain and fatigue.

I try to develop the attitude that my opponents faster previous time does not mean that they are better than me. I have just not run that time yet, and today is a good day to do it.
Without developing some kind of positive attitude in this type of situation, a runner is sure to become "psyched out by the faster runners.

Of course psychological preparation is not an instant avenue to improvement, nor is it the complete answer. Just as one must run daily to prepare himself physically so is daily psychological conditioning necessary. An instant "psych" will not work. We must seek to build the foundation of psychological preparation every day if we expect our minds and bodies to withstand the stress of competition.

The essence of the proper racing psychology lies in the refusal to dwell upon negative thoughts and old limitations. Through a commitment to go into a race to see how well one can do if he will only permit himself, and by a dedication to find his true potential as a runner, the race can be seen as a friend and not as an enemy. Through this positive philosophy, the runner can move toward the freedom from fear and inhibition.

Reprinted from "Runner's World Magazine"



# TEAM SCORE SHEET

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SECTION I CHAMPIONSHIPS STUART PARK NEWARK 11/2/85 WEATHER: CLOUDY & COOL TEMP 54 WIND 10-15

# M.Q AA CHAMPS

1 PATERSON 16:24 \* (3.1)

(1) MACK 17:11

(2) SCHELL 17:13

(4) Cusack (10) 17:16

(31) SMITH 17:39

(32) HESS 17:45

35) CUSACK (11) 17:48

TEAM SCORES: MCQ 69, FAIRPORT 83, BRIGHTON 97, PITTSFORD 106 IRONDEQUOIT 167, AQUINAS 169, ETC. (17 SCHOOLS)

\* SCHOOL RECORD FOR THE NEWARK COURSE.

# Victor breezes, McQuaid struggles

# Both win divisions in sectional meet

By John Moriello

Democrat and Chronicle

NEWARK — It isn't hard to figure that Victor, with two team titles, was the big winner at yesterday's 57th Section 5 cross country championship at Stuart Park.

But guess what team was the

most surprising.

McQuaid. For the first time this season, the team with six invitational titles since September looked vulnerable.

The Knights did win their third straight Class AA boys' title, but with the state's two biggest meets coming up, they struggled.

The defending state champion and the No. 1 team in the state poll scored 69 points in the day's final race to hold off Fairport (89)

and Brighton (93).

Scott Paterson took individual honors, covering the demanding 3.1-mile course in 16:23.9.seconds. Unlike last year, when McQuaid put four runners in the top 10, the rest of the bumblebees weren't right behind the leader. Brian Mack was 11th, George Schell 12th, Chris Cusack 14th and Matt Smith 31st.

McQuaid Coach Bob Bradley watched the race from a hill about 21/2 miles into the course.

"It was obvious we were going to have to hustle," he said. "Our fifth man was that far back and there were a lot of good runners ahead of him. It was a good thing that we got that kind of a race from the sophomore (Cusack), because

30th place is a lot of points to take in a race like this.

"It was such an up year locally," Bradley continued. "Monroe County had an up year, being well balanced, and Aquinas was good too. There was a lot of talent in that race today."

And Paterson was an example. Minutes after stepsister Rachel Hosmer of Brighton won the girls' A race, the senior defeated Penfield's Al Smith by about 100 yards, with Mike Schultz of Fairport a few steps further back.

He paid for it, though.

"I went out too fast again," said Paterson, who also won the Newark Invitational here earlier this season despite a rabbit start. "I had a little cramp at the top of the hill. I thought I was going out nice and easy, but then I felt it."

Next up for Paterson and McQuaid is the New York State Public High School Athletic Association meet at Binghamton State. That means he must face John Trautmann of Monroe-Woodbury, the standout who won last year's state race by 35 seconds.

"I'll race him," said Paterson, who has lowered dramatically the times from his junior year. "I don't know what or how I'll do, though. Actually, I haven't heard much

about him (recently).'

Said Bradley, "No one thinks of beating Trautmann. You think in terms of second and third. Scott's goal is probably to go to the national meet by qualifying in the top eight in the regional.'

That's Nov. 30, two weeks after McQuaid's final race, the federa-

tion meet on Long Island.

Next week, though, is the state meet. And Victor coaches Gary Thompson and Mark Reissig are in the market for a group rate on hotel rooms. Victor qualified its boys' and girls' teams.

Scott Knapp, Ben Wiley and James Davis finished one-threefive in the boys' A race as Victor (36 points) outdistanced defending champion Hilton (90). In the girls B race, the Blue Devils (46 points) placed three runners in the first 10 to defeat Newark (63) and defend their title.

"This was the first time I felt I ran this course well," Knapp said. "Usually I start faster. Today I started slower, stayed behind (Canandaigua's Scott) Peiser and then moved out in the woods."

For the girls, Karen Griffith was sixth, Kelley Walker seventh and Emily Hancock 10th behind winner Sue Parkhurst of Hilton. Defending champion Janet Kisner of Waterloo did not compete because of a foot injury.

"We knew at the start of the day that we could come home with none, one or two championship," Thompson said. "We knew we'd be in both races, slight favorites with the girls, slight underdogs with the boys."

And whatever might be accomplished at Binghamton would just

add to a great season.

"Right now I don't know what we'll do," said Reissig, "but we'll go down there, do our best and see what happens."

#### **CROSS COUNTRY** SUMMARIES

**57TH SECTION 5 CHAMPIONSHIPS** At Stuart Park, Newark

McQuaid 69, Fairport 89, Brighton 93, Pittsford 116, Irondequoit 167, Aquinas 169, Churchville-Chill 173, Penfield 192, Webster 193, Spencerport 328, Bishop Kearney 411, Greece Arcadia 513.

Individual

1, Scott Paterson (McQ) 16:23.9; 2, Al Smith (Pen) 16:38.2; 3, Mike Schultz (Fair) 16:41.5; 4, Eric Fillinger (Iron) 16:45.7; 5, Mark Emmons (Bri) 16:48.6; 6, Tom Ball (Pit) 16:55.1; 7, Tom Smith (Web) 16:55.8; 8, Jason Urcklitz (C-C) 17:02.1; 9, Paul Hutchinson (Bri) 17:03.9; 10, Mark Tondryk (Aq) 17:10.6

Class A

Victor 36, Hilton 90, Dansville 120, Batavia 133, Canandaigua 149, Newark 166, Greece Athena 189, Penn Yan 190, Water-loo 245, Eastridge 269, Wayne 304, Geneva 354, Honeoye Falls-Lima 355, Attica 279,

Monroe 389, Palymra-Macedon 440.

Monroe 389, Palymra-Macedon 440. Individual (times unavailable)

1. Scott Knapp (vic); 2, Scott Peiser (Canan); 3, Ben Wiley (Vic); 4, Rich MacLaren (New); 5, James Davis (Vic); 6, Paul Winslow (Canan); 7, Doug Staunton (Hil); 8, Scott Young (Hil); 9, Ray Eichmann (Hil); 10, Dave Admiral (New).

East Rochester 40, Sodus 86, Marion 101,

East Rochester 40, Sodus 86, Marion 101, North Rose-Wolcott 125, Williamson 135, Bath Haverling 162, Caledonia-Mumford 173, Alexander 207, Mynderse 207, Lyons 252, Marcus Whitman 285. Individual (times unavailable)

1, Dan Stenta (Bath); 2, Chris Osborne (Sodus); 3, Dan Fletcher (Will); 4, Chris Lopez (ER); 5, Jeff Proulx (ER); 6, Scott Wawczynek (Pembroke); 7, Jim Brunswick (C-M); 8, Dave Fitch (ER); 9, Rob Spina (Marion); 10, Randy Mehlenbacher (Way).

South Seneca 59, Harley-Allendale-Co-lumbia 71, Oakfield-Alabama 113, York 130, Cuba 160, Pavilion 161, Canisteo 167, Brad-

Cuba 180, Pavilinon 161, Canisteo 167, Grad-ford 179, Boliver 192, Wheatland-Chili 262. Individual (times unavailable)

1, Richard Bolt (H-A-C); 2, John Cooley (H-A-C); 3, Scott Dodge (York); 4, Don Kent; 5, John Finkney (O-A); 6, Mark Andrews (Car.); 7, Jonathan Waltenbeck (Brad); 8,

Harland Kent (SS); 9, Bill Murphy (W-C); 10, Paul Vanderweide (SS).

Webster 66, Fairport 83, Spencerport 101, Penfield 105, Brockport 151, Pittsford 180, Brighton 186, Mercy 215, Irondequoit 236, Greec Olympia 253, Rush-Henrietta 253, Gates-Chili 323, Bishop Kearney 360,

East 362 Individual

Individual

1, Rachel Hosmer (Bri) 18:40.1; 2, Erika
Schwarz (Web) 18:52.9; 3, Kim Trawitz (Fair)
19:09.3; 4, Rachel Korn (Pen) 19:19.7; 5,
Deresa Walters (Pen) 19:28.0; 6, Patil VanDerMallie (Spen) 19:53.1; 7, Julie Lovell (Oly)
20:11.4; 8, Liz Carr (Web) 20:20.8; Michelle
Fox (Brock) 20:21.9; 10, Heather Whalen
(Churchville-Chili),

Class B

Victor 46, Newark 63, Penn Yan 83, Wa-terloo 127, Honeoye Falls-Lima 156, Wayne 177, Hilton 204, Canandaigua 237, Batavia 245, Attica 285, Geneva 291.

1, Sue Parkhurst (Hil) 20:20.1; 2, Sarah Martini (PY) 20:39.8; 3, Erica Reed (New); 4, Martini (PY) 20:39.8; 3, Erica Reed (New); 4, Julie Chiumento (Dansville) 21:00.4; 5, Keily Baumer (HF-L), 21:18.3; 6, Karen Griffith (Vic) 21:26.4; 7, Kelley Wilder (Vic) 20:31.4; 8, Cori Kraai (New) 20:35.1; 9, Ann Jensen (PY) 20:37.6; 10, Emily Hancock (Vic) 20:40.2

Class C

Sodus 34, York 53, Alexander 70, Caledonia-Mumford 89, Canisteo 142, East Rochester 171, Marcus Whitman 172, Pembroke 204, South Seneca 204.

Individual

1, Julio Darling (Sodus) 20:23.1; 2, Mary
Lindquist (Pavilion) 20:41.9; 3, Alicia Overton (York) 22:01.1; 4, Lynn Shufelt (Alex); 5,
Anne Fishbach (Harley-Alendale-Columbia);
6, Darcy Azzarella (Alex) 22:14.4; 7, Jenny
Weigartz (Sodus) 22:27.5; 8, Sharon Roberts (C-M) 22:27.7; 9, Heldi Baist (Sodus);
10, Margaret Cooley (Wilson).

Note: In all girls' races and the boys' AA and A, the winning team plus the four top individuals not from that team will advance

The boys' B and C classes are merged into one group for the state meet, meaning East Rochester (instead of South Seneca) advances. The four individuals who will comn Binghamton are Dan Stenta (Bath), rd Boit (H-A-C), John Cooley (H-A-C) and Scott Dodge (York).

# CROSS COUNTRY SUMMARIES

S7TH SECTION 5 CHAMPIONSHIPS At Stuart Park, Newark

Boys Class AA

McQuaid 69, Fairport 89, Brighton 93, Pittsford 116, Irondequoit 167, Aquinas 169, Churchville-Chili 173, Penfield 192, Webster 193, Spencerport 328, Bishop Kearney 411, Greece Arcadia 513.

#### Individual

1, Scott Paterson (McQ) 16:23.9; 2, Al Smith (Pen) 16:38.2; 3, Mike Schultz (Fair) 16:41.5; 4, Eric Fillinger (Iron) 16:45.7; 5, Mark Emmons (Bri) 16:48.6; 6, Tom Ball (Pit) 16:55.1; 7, Tom Smith (Web) 16:55.8; 8, Jason Urckfitz (C-C) 17:02.1; 9, Paul Hutchinson (Bri) 17:03.9; 10. Mark Tondryk (Aq) 17:10.6.

## Class A

Team

Victor 36, Hilton 90, Dansville 120, Batavia 133, Canandaigua 149, Newark 166, Greece Athena 189, Penn Yan 190, Waterloo 245, Eastridge 269, Wayne 304, Geneva 354, Honeoye Falls-Lima 355, Attica 279, Monroe 389, Palymra-Macedon 440, Individual (times unavailable)

Scott Knapp (Vic), 2. Scott Peiser (Canan), 3. Ben Wiley (Vic), 4. Rich MacLaren (New), 5. James Davis (Vic), 6. Paul Winslow (Canan); 7. Doug Staunton (Hill), 8. Scott Young (Hill), 9. Ray Eichmann (Hill), 10. Dave Admirel (New).

East Rochester 40, Sodus 86, Marion 101, North Rose-Wolcott 125, Williamson 135, Bath Haverling 162, Caledonia-Mumford 173, Alexander 207, Mynderse 207, Lyons 252, Marcus Whitman 285, Individual (times unavailable)

1, Dan Stenta (Bath), 2, Chris Osborne (Sodus); 3, Dan Fletcher (Will); 4, Chris Lopez (ER); 5, Jeff Proutz (ER); 6, Scott Wawczynek (Pembroke); 7, Jim Brunswick (C-M); 8, Dave Fitch (ER); 9, Rob Spina (Marion); 10, Randy Mehlenbacher (Way).

#### Team

South Seneca 59, Harley-Allendale-Columbia 71, Oakfield-Alabama 113, York 130, Cuba 160, Pavilion 161, Canisteo 167, Bradford 179, Bolivar 192, Wheatland-Chili 262. Individual (times unavailable) 1, Richard Bolt (H-A-C); 2, John Cooley

 Richard Bolt (H-A-C); 2, John Cooley (H-A-C); 3, Scott Dodge (York); 4, Don Kent;
 John Finkney (O-A); 6, Mark Andrews (Can); 7, Jonathan Waltenbeck (Brad); 8, Harland Kent (SS); 9, Bill Murphy (W-C); 10, Paul Vanderweide (SS).

#### Girls Class A

Class A Team

Webster 66, Fairport 83, Spencerport 101, Pentield 105, Brockport 151, Pittsford 180, Brighton 186, Mercy 215, Irondequoit 236, Greece Olympia 253, Rush-Henrietta 253, Gates-Chili 323, Bishop Kearney 360, East 362, Individual

1, Rachel Hosmer (Bri) 18:40.1; 2, Erlka Schwarz (Web) 18:52.9; 3, Kim Trawitz (Fair) 19:09.3; 4, Rachel Korn (Pen) 19:19.7; 5, Deresa Walters (Pen) 19:28.0; 6, Patti Van-DerMallie (Sper) 19:53.1; 7, Julie Loveli (Oly) 20:11.4; 8, Liz Carr (Web) 20:20.8; Michelie Fox (Brock) 20:21.9; 10, Heather Whalen (Churchville-Chill).

#### Class 8 Team

Victor 46, Newark 63, Penn Yan 83, Waterloo 127, Honeoye Falls-Lima 156, Wayne 177, Hilton 204, Canandaigua 237, Batavia 245, Attica 285, Geneva 291. Individual

1, Sue Parkhurst (Hil) 20:20.1; 2, Sarah Martini (PY) 20:39.8; 3, Erica Reed (New); 4, Julie Chiumento (Dansville) 21:00.4; 5, Kelly Baumer (HF-L) 21:18.3; 6, Karen Griffith (Vic) 21:25.4; 7, Kelley Wilder (Vic) 20:31.4; 8, Cori Kraai (New) 20:35.1; 9, Ann Jensen (PY) 20:37.6; 10, Emily Hancock (Vio) 20:40.2

#### Class C Team

Sodus 34, York 53, Alexander 70, Caledonia-Mumford 89, Canisteo 142, East Rochester 171, Marcus Whitman 172, Pembroke 204, South Seneca 204, Individual

1, Julie Darling (Sodus) 20:23.1; 2, Mary Lindquist (Pavilion) 20:41.9; 3, Alicia Overton (York) 22:01.1; 4, Lynn Shufett (Alex); 5, Anne Fishbach (Harley-Alendale-Columbia); 6, Darcy Azzarella (Alex) 22:14.4; 7, Jenny Weigartz (Sodus) 22:27.5; 8, Sharon Roberts (C-M) 22:27.7; 9, Heldi Baist (Sodus); 10, Margaret Cooley (Wilson).

Note: In all girls' reces and the boys' AA and A, the winning team plus the four top individuals not from that team will advance to the state meet.

The boys' B and C classes are merged into one group for the state meet, meaning East Rochester (instead of South Seneca) advances. The four individuals who will compete in Binghamton are Dan Stenta (Bath), Richard Bolt (H-A-C), John Cooley (H-A-C) and Scott Dödge (York).

# McQuaid Captures Third Section 5 Title

Like interior linemen in football, fourth men on cross-country teams don't attract much attention, but they do win meets. Take for example Saturday's Section 5 cross-country championships at Newark, where McQuaid's fourth man, sophomore Chirs Cusack, was the big difference as the Knights withstood an upset bid by Fairport and claimed their third straight team title.

Five Red Raiders chased Cusack in vain for the last half of the race as he moved through the field to take 14th place in back of senior teammates Scott. Paterson, the individual champion, Brian Mack (11), and George Schell (12).

"We needed one more man up there, and Chris came through," said Coach Bob Bradley after the race, which saw McQuaid post 69 points to Fairport's 83. and Brighton's 93. Junior Matt Smith (31), sophomore Tim Hess (32), junior Conor Cusack (35) were the other Knights, all taking home their first sectional patches.

For the three seniors it was a repeat of last year's triumph, and for Paterson it provided the added accomplishment of becoming the first McQuaid runner to garner an individual Section 5 title in cross-country. Peter Glavin had come closest in the previous 12 years the Knights were in sectional competition, placing second in 1979. Paterson's time of 16:24 was also a McQuaid record for the tough 5K Stuart Park course, topping his own 16:29 set earlier this year at the Newark Invitational. He took the

lead from teammate Schell just before the first of three challenging hills and won by 75 yards over Penfield senior Al Smith.

This Saturday, Paterson and Co. will tackle the SUNY Binghamton course in a bid to repeat as Class A state champions in the NYSPHSAA intersectionals. Last year at Saratoga they scored a 33-point victory for their first state championship. This year they'll be a leading contender along with Newburgh Free Academy (Section I), William Floyd (Section XI), and Henninger (Section III).

At other levels, McQuaid runners

dominated the City-Catholic championships on Tuesday at Cobbs Hill, and the annual All-Comers Meet at Genesee Valley Park on Friday. Sophomore Marc Dovi (5) led a Varsity-2 victory in C-C action, with juniors Dave Schickler (6), Mike Schumacher (7), and Marc Lavallee (11), and sophomore Chris Adin (10) completing the scoring. Soph Mike Hanna took individual honors in the J.V. race, as did freshman Mickey Stone in the junior high race, which saw Gary Jones's squad take their fifth straight C-C title. Running strongly behind Stone were his brother Andy, Mike Fitzpatrick, and eighth graders Steve Foley and Jason Fahy.

-The Jefferson County Journal, Adams, New York, Wednesday,

# SECTION 5 POLLS

Democrat and Chronicle (Rochester, New York) · Mon, Nov 4, 1985 ·

NOTES: Webster's girls and McQuaid's boys finished the local cross country season rated No. 1 by the Democrat and Chronicle. Webster placed five runners in the top 20 to win the Section 5 Class A title Saturday in Newark. The Warriors, who feature seven underclassmen (including juniors Erika Schwarz and Liz Carr), were third last year and second in 1983. McQuaid has been the boys' Class AA titlist the past three years. Each advances, along with Victor's boys and girls (Class B), East Rochester's boys (C) and Sodus' girls (C), to the state meet Saturday in Binghamton.

# SECTION 5 POLLS

Democrat and Chronicle (Rochester, New York) · Mon, Nov 4, 1985 ·

# BOYS' CROSS COUNTRY (Final)

- 1. McQuaid; 2. Fairport; 3. Brighton; 4. Victor;
- 5. Pittsford; 6. Irondequoit; 7. Hilton; 8.
- Aquinas; 9. Churchville-Chill; 10. Penfield.

# GIRLS' CROSS COUNTRY (Final)

- 1. Webster; 2. Fairport; 3. Spencerport; 4.
- Penfield; 5. Victor; 6. Newark; 7. Penn Yan; 8.
- Brockport; 9. Sodus; 10. (tie) Brighton and
- Pittsford.

# CROSS COUNTRY City-Catholic League all-stars Boys

Andy Yargeau (Cardinal Mooney). Bill LaDue (Aquinas), Chris Marion (Aquinas), John Sullivan (Bishop Kearney), Bob Cenname (East), Phil Hollander (East), Mike Van Meenan (East), Dextan Dixon (Franklin), Tim Hess (McQuaid), Marc Dovi (McQuaid), Mike Schumacher (McQuaid), Dave Schickler (McQuaid).

# City League all-stars Girls

Michelle Benedum (Edison), Margaret Cooley (Wilson), Jenny Jaeger (East), Denise Milner (Monroe), Jenny Wissman (East), Cintra Bentley (East), Heather McGlynn (Monroe).



nior led cross country team to Class C title defense by repeating as first-place finisher at sectionals.

Anne Gaisser, Alfred-Almond — Senior wing scored twice to tie Section 5 single-season scoring record with 51 goals, leading Eagles past Scio in Class C final, 6-0.

Jill Heise, Hilton — Sophomore forward was named offensive player of Class AA final after scoring second game-winning goal of week to give Cadets 2-1 upset of defending state champ and top-ranked Pittsford Mendon.

Carl Hopfinger, Pittsford Sutherland — Senior center halfback scored go-ahead goal and was recognized as most valuable player of Knights' 2-0 Class AA soccer championship over Greece Athena.

Rachel Hosmer, Brighton, and Scott

Paterson, McQuaid — Stepsister and brother raced to Section 5 cross country titles in large-school divisions.

Ted Pendleton, North Rose-Wolcott — Senior scored only second goal of season with :05 to play to lift Cougars over Byron-Bergen in Class A soccer final, 3-2.

Eric Roberts, Alfred-Almond — Senior striker scored both goals as Eagles (17-0-4) remained only undefeated boys' soccer team by defeating Rushford in Class C final, 2-1.

LeeAnn Rosati, East Rochester — Junior forward named offensive player of Bombers' Section 5 field hockey championship after scoring 15th goal of season to help dethrone Webster, 2-0.

Bill Scharr, Canandaigua — Senior quarterback completed 17 of 30 for 264 yards and three TDs — boosting school-record total to 25 for season — as top-ranked Braves extended winning streak to 27 with 24-0 victory over Penn Yan.

Mark Slobe, Red Creek — Senior sweeper scored go-ahead goal and sparked 2-0 shutout of previously undefeated Kendall with MVP performance in

East Rochester boys' cross country — Class B Bombers ran to first sectional title behind Chris Lopez (fourth), Jeff Prioux (fifth) and Dave Fitch (eighth).

Franklin football — City-Catholic team (3-4-1), which discussed not fielding varsity squad this season, finished with 8-2 upset of Division 1 champion McQuaid to go 3-1-1 in final five games.

Greece Arcadia, Harley-Allendale-Columbia and Rushford girls' soccer — Each repeated as Section 5 champ.

McQuaid boys' cross country — State's No. 1 team held off challenge from Fairport, Brighton to capture third straight sectional championship.

South Seneca boys' cross country — Falcons repeated as Class C titlists behind Dan Kent (fourth), Harland Kent (eighth), Paul Vanderweide (10th).

Victor cross country — Girls' and boys' teams claimed sectional titles as Scott Knapp was individual titlist.

Webster girls' cross country — Juniors Erika Schwarz (second), Liz Carr (eighth) led team of underclassmen to Class A crown and top rating among area teams.

York football — Livingston County team rebounded from 0-8 season to finish 4-2-2 with 39-0 rout of visiting Letchworth.

#### By Keith Boeck

Cross Country Scoop: The No. 1 state-ranked McQuaid Knights wrapped up their season and headed for the Sectionals. The Varsity I squad (Scott Paterson, George Schell, Brian Mack, Matt Smith, Chris Cusack, Conor Cusack, and Tim Hess) was the favorite in the Section 5 Championships held at Newark on November 2. McQuaid and Mr. Bradley were seeking their third consecutive Section 5 title and they were rewarded with a victory over Fairport and Brighton. Next stop, the States. This team, led by tri-captains George Schell, Brian Mack, and record breaker Scott Paterson went after McQuaid's second State Championship title in two years at SUNY Binghamton on November 9.

Cross Country is undeniably a team sport, and no one man has the power to make or break a team. But when watching senior Scott Paterson burn up the field, it is evident that he is a major contributor. Paterson has broken the school record on every course he has run. That includes six invitationals and one dual meet at Cobbs Hill where he broke former Mc-Quaid star Tom Warth's previous record by 42 seconds with a 15:10.1 clocking on the 3.1 mile course. As the spectators were still talking about Paterson, senior George Schell came in second, also breaking Warth's record by about one

second.

McQuaid (11-0) won the City -Catholic league championship by burying rival Aquinas, 18-45. And at the last regular season invitational in Binghamton, the Knights finished first. This win was McQuaid's sixth invitational championship of the season, setting another school record. McQuaid was listed on the "High School Honor Roll" in the Democrat and Chronicle, and the team undoubtedly deserves it and a state championship title.

# SECTION FIVE NEW YORK STATE PUBLIC HIGH SCHOOL ATHLETIC ASSOCIATION



#### INTERSECTIONAL QUALIFIERS

### THE FOLLOWING INFORMATION IS IMPORTANT!

- 1. The 1985 intersectional meet will be held at SUNY Binghamton on Saturday, November 9, 1985.
- 2. All Section V qualifiers will leave Rush-Sperry High School (on Lehigh Station Road) at 8:30 A.M. sharp, Friday, November 8th. Estimated time of arrival back is 6:00 P.M., Saturday Nov. 9th.
- 3. The Section V teams will be lodged at the Holiday Inn, Vestal Parkway East. 607-729-6371
- 4. All qualifiers must have code of conduct form filled out properly and <u>signed</u> before they will be allowed to participate in the meet. (read carefully)
- There will be no meal money given out. There will be a hot buffet dinner provided by the host school after the race, at a cost of \$5.00 per person. I would strongly recommend that you eat this meal as the buss will make only short stops on the way home. (you will be billed for this meal later)
- 6. All school are reminded that Section V will bill you per participant for travel and lodging expenses for your coaches and athelets.
- 7. All winning teams and their coaches have transportation and lodging arranged for them as well as those 4 individuals in each class. If any coach would like to ride the bus down, we will have some extra spaces that we can sell after a final count on qualifiers. (notify me by Monday if you are interested)
- 8. Order of races for State meet:

9:00 Opening Ceremony

9:30 Boys A

10:00 Girls B

10:30 Boys C

11:00 Girls A

11:30 Boys B

12:00 Girls C

2:00 Awards ceremony East gym SUNY Binghamton

ngratulations on your fine race today! Good Luck next Saturday at the States!

Mary Jo Bowdoin Girls Section V Chairperson Dale Ladd Boys Section V Chairperson

# MLQ AT STATES

1981 (susu)	1983	
7(4) WARTH 18:28	24(10) LYBOLDT 16:56	12(4) SMILLE 15:3
8(17) DAS 18:48 6(21) LAWALLEE 18:56	58(28) WARTH 17:26	19(7) PATERSON 15:4 30(17) LYBOUT 15:5
123) CLOOS 19:11	B. (20)	31(13) RAPP 15'S
1(31) (APP 19:28	(8 (36) MC/AUGHUN17:35	35(16) WARTH 16:02
4(34) BRIMSTEN 19:30 3(38) MACK 19:37	77 (44) Amoroso 17:40	81 (48) Made 16:47
1,26/	118 (85) (Abb 50.11	86(53) SCHELL 16:4
.WHITNEY, PENF.	SEC V INDIN. 12 BURKE, R-H 16:41	10. KING, C-C 15-2
FOLEY, SPENC.	15 Oberhower, Go1644	13. HEINLE, BR. 15-37 16. DUTTON, IR. 15-31
BRANCH, IR.	21 FERNANDEZ 6-A 16:51 29 DERCK AQ 16:59	45. LEVINSON, BR 16:19
5. BROTHERS, G-O	Tenne	
Q 4-17-21-23:34-96	A A LA ALA WY	MeQ 4-7-12-13-16-52 M:W. 1-5-15-22-38-8
UPPINICUE 6-10-24-21-30-97	AUBURN 4-4-17-4-26-17	THE RESERVE WAS A SECOND TO SECOND THE SECON
ARK. S. 5-9-36-32-99 Nr. 3-15-76-76-36-100	14-70-27-35-34-141	HENW, 16-11-35-37-67-16

CRÖSS COUNTRY
Boys

1. McQuaid-5; 2. Queensbury-2; 3. Washingtonville-9; 4. William Floyd-11; 5. Henninger-3; 6. Newburgh FA-1; 7. Beaver River-3; 8. Wantagh-8; 9. Nottlingham-3; 10. Onon-daga-3.

11. Monroe-Woodbury-9; 12. East Aurora-6; 13. West Genesee-3; 14. Somers JFK-1; 15. Tottenville-NYC; 16. St. Anthony-11; 17. Marcellus-3; 18. Vestal-4; 19. Liverpool-3; 20. Pearl River-1.

21. Franklin-10; 22. Lynbrook-8; 23. Troy-2; 24. Corcoran-3; 25. Fairport-5; 26. Chamindade-CHSAA; 27. Norwood-Norfolk-10; 28. Grand Island-6; 29. Brighton-5; 30. Centereach-11; 30. Shenendehowa-2. Girls

1. Pearl River-1; 2. Washingtonville-9; 3. Baldwinsville-9; 4. Colonie-2; 5. Tottenville-NYC; 6. St. Anthony-11; 7. Beaver River-3; 8. Tri-Valley-9; 9. Queensbury-2; 10. Newfield-11.

11. Mepham-8; 12. Bronxville-1; 13. Binghamton-4; 14. Homer-3; 15. Webster-5; 16. Monroe-Woodbury-9; 17. Bay Shore-11; 18. Canastota-3; 19. Frontier-6; 20. EFA-4.

21. Clarence-6; 22. Hamilton-3; 23. Silver Creek-6; 24. Liverpool-3; 25. Fairport-5; 26. Jamestown Southwestern-6; 27. North Rockland-1; 28. Victor-5; 29. Shoreham Wading River-11; 30. Valley Stream-8.

# CROSS COUNTRY

1. McQuaid-5; 2. Queensbury-2; 3. Washingtonville-9; 4. William Floyd-11; 5. Henninger-3; 6. Newburgh FA-1; 7. Beaver River-3; 8. Wantagh-8; 9. Nottingham-3; 10. Onondaga-3.

11. Monroe-Woodbury-9; 12. East Aurora-6; 13. West Genesee-3, 14. Somers JFK-1; 15. Tottenville-NYC; 16. St. Anthony-11; 17. Marcellus-3; 18. Vestal-4; 19. Liverpool-

3; 20. Pearl River-1.

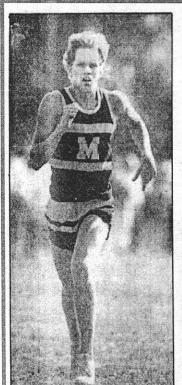
21. Franklin-10; 22. Lynbrook-8; 23. Troy-2; 24. Corcoran-3; 25. Fairport-5; 26. Chamindade-CHSAA; 27. Norwood-Norfolk-10; 28. Grand Island-6; 29. Brighton-5; 30. Centereach-11; 30. Shenendehowa-2. Girls

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11. Mepham-8; 12. Bronxville-1; 13. Binghamton-4; 14. Homer-3; 15. Webster-5; 16. Monroe-Woodbury-9; 17. Bay Shore-11; 18. Canastota-3; 19. Frontier-6; 20. EFA-4.

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Democrat and Chronicle (Rochester, New York) · Fri, Nov 8, 1985 ·



No. 1 McQuaid runner Scott Paterson.

# The second season

As one coach put it last week after his team won a Section 5 soccer title, 'This is what we shoot for and now everything is gravy. I love gravy.' Today and tomorrow, area athletes will be going after the extra topping. Stories on 6D.



Hilton's Ann Nitzenberger (above) and ER's LeeAnn Rosati (right) are in regional playoffs.





Rachel Hosmer of Brighton, the No. 1 Class A runner locally, is aiming for the state crown.

# Section 5 cast is new, but run of good fortune is expected to continue

Democrat and Chronicle //-8-85
A year has passed since what was probably Section 5's finest performance in cross country, and

the names have changed.

But, it's quite possible the success will continue at Binghamton State when the New York State Public High School Athletic Association holds its

Public High School Athletic Association holds its championship tomorrow beginning at 9:30 a.m.

In last's year meet at Saratoga Springs, the McQuaid boys and Brighton girls captured the Class A team championships, Stacy Prey of Brighton won an individual title and nine other runners recorded top 10 finishes.

Well, McQuaid will line up with another talented team, but the incomparable Prey has graduated and only two of those top 10 finishers return. Shed no tears, though. Talent still abounds.

McQuaid is favored to retain its team championship behind senior Scott Paterson, who was 19th last year. A heavy dose of graduation, combined with Paterson's improvement this season, makes him a candidate to finish in the top three.

"The first leg is uphill, the second is flat and the third is downhill," said Paterson, who viewed the course last month. "The course is beautiful and I like it."

McQuaid, with three straight sectional titles, has

McQuaid, with three straight sectional titles, has built a strong program. Another team that apparently has done that is Sodus' girls squad.

A year ago, that Class C group reached the state meet with the help of exchange students from New Zealand and Sweden.

But, the Spartans won Saturday's Section 5 meet at Newark without their U.N. delegation.

"Robyn (McQuarters) and Eva (Helsing) are gone, so we showed everyone it wasn't just the foreigners," said Julie Darling, who won her third sectional title Saturday.

Following her across the line were teammates Jenny Weigartz (seventh) and Heidi Baist (ninth).

Darling, a senior, should do well tomorrow. She was 26th at the state meet as a freshman, 18th as

was 26th at the state meet as a freshman, 18th as a sophomore and 22nd last year. On Saturday, she reduced her winning sectional time by about 20 seconds from last year.

Brighton's Rachel Hosmer also trimmed about 20 seconds off her sectional time and has to be considered a contender in the girls' A race, like

considered a contender in the girls' A race, like Kim Trawitz of Fairport.

At Saratoga Springs last year, Trawitz was fifth, two spots ahead of Hosmer. Rachel Korn of Penfield will try to improve on her 16th-place state showing, and Erika Schwarz, second in the sectionals, will be leading Webster into the team race. She will attempt to improve on her 42nd-place showing in the individual race.

Another runner who finished in the 40s (in Class

She will attempt to improve on ner 4znd-piace showing in the individual race.

Another runner who finished in the 40s (in Class B) was Hilton's Sue Parkhurst.

"Last year's race in the states was a disappointment," the junior said. "Now I'm looking for something in the top 20 and maybe the top 10."

If she does that well, she can expect to be running along with Victor's girls. Though the Blue Devils went to the '84 state meet, they finished in 10th place. This time, though, experience should help. Karen Griffith, Kelley Wilder and Emily Hancock were in the top 10 at the sectionals. Victor's boys, a group of seven seniors, also will be there to run in Class B after a convincing sectional victory that saw Scott Knapp, Ben Wiley and James Davis finish in the first five.

The other local team is Class C East Rochester. The Bombers' Chris Lopez, Jeff Proulx and Dave Fitch ran in the first 10 at Newark, and the four area individuals in that class are as good.

ricer ran in the first 10 at Newark, and the four area individuals in that class are as good.

Richard Bolt and John Cooley of Harley-Allendale-Columbia ran well ahead of the field in the boys' C race at Newark. Dan Stenta of Bath and Scott Dodge of York also will compete. Though none went to the '84 state meet, this field appears to have been weakened by graduation making. to have been weakened by graduation, making high finishes a strong possibility.

# CROSS-

# Scholastic

State Intersectionals
Tomorrow, at SUNY-Binghamton. Team
favorities as listed by New York State
Sports Writers Association editors Bob Fraser of Malone (boys) and Dan Doher-ty of Pearl River (girts). Number denotes section.

Boys CLASS A (9:30 a.m.): Favorite — Mc-Quaid Jesuit (Rochester)-5. Other entries Newburgh-1. Troy-2. Henninger (Syra-cuse)-3. Vestal-4. Grand. Island-6. Me-pham-8. Uniondale-8. Monroe-Woodbury-9. Wm. Floyd (Mastic Beach) 11. Longwood-11

Section 4 entries: Vestal -- Steve Peebles, Jeff Henderson, Chris Cronk, Torn

bles. Jeff Henderson, Chris Cronk, Torn McCauley, Randy Rzeszot, Rick Minckler, Rob Kowalewski, Binghamton — Geoff Coco, Scott Mullins, Elmira Southside — Scott Robiyer, Ithaca — Tom Stalnaker CLASS B (11:30): Favorite — Queensbury (Glens Falls)-2. Other en-ries Pearl River 1 Somers JFK-1 Notting-ham (Syracuse)-3. Marcellus-3, Sidney-4, Victor 5, East Aurora 6, Plattsburgh-7, Wantach 8, Lynbrock 8, Washingtonkille 9 Wantagh-8, Lynbrook 8, Washingtonville-9, Malone-10, Rocky Point-11.

Malone-10, Rocky Point-11.

Section 4 entries: Signey— Jeff Colbard Dave Johnson Craig Colvard, Reggie Sharp, Dave Gilbertsen, Paul Ballard, Thom Glasner, Norwich — Brian Rogers, Rich Lewis, Corning West — Mike Northrop, Chenango Valley — Tim Potts.

CLASS C (10:30): Favorite — Beaver River (Beaver Falls)-3. Other entries Briarctiff-1. Mayfield-2. Schuylerville-2. Conntaga, Central, (Nertrow)-3. Newark

Onondaga Central (Nedrow)-3, Newark Valley 4, East Rochester 5, Allegany 6, St. John's (Plattsburgh) 7, Carle Place 8. Eidred 9, Norwood-Norfolk 10, Southhold 11, Greenport-11

Section 4 entries: Newark Valley— Frank Hamer, Mark Salak, Eric Wiesing, NMick Evenson, Kevin Liebe, Shawn Gwin, Ian Saunders, Whitney Point — Marcus Maslin, Jeff Fair, Elmira Notre Dame — Troy George, Walton - Curt Bailey

# H.S. cross country

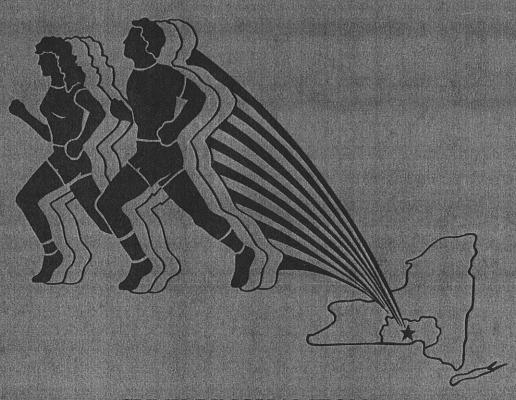
SYRACUSE, N.Y. — Weekly rank-ings of boys and girls High School cross-country teams by the New York State Sports Writers Association (as of Nov 3).

of No	v 3).		
		BOYS	
1,	Rocheste		1 (5)
2.	Que	eensbury	(2)
3.		iondaga	(3)
4.	Wash	ingtonville	(9)
5.	William	Floyd	(11)
6.	W	entaugh	(8)
7.	Syracuse		(3)
8.	Newbur		(1)
9.		Nottinghan	n (3)
10.	Beaver	River	(3)
11.		terreach	(11)
12.		nville	(NYC)
13.	West	Genesee	(3)
14,	Roch.	Brighton	(5)
15.	East	Aurora	(6)
16.	Monro	e-Woodbury	(9)
17.	St.	Anthony	(11)
18.		rcellus	
19.	Pearl		(3)
20.	Syr.	Corcoran	(3)
21.	Chami	nade ((	CHSAA)
22.		verpool	
23.		irport	(3)
24.		e-Frankiin	(5)
25.		yville	
26.		estal	(11)
27.	Troy	High	(4)
28.		d-Norfolk	(2)
29.		ckport	(10)
30.	Msg.	Farrell	(6)
			(NYC)
Are		mention -	lanuet,
Some	rs JFK.		
		IRLS	
1.	Pearl	River	(1)
2.		winsville	(3)
3.		ngtonville	(9)
4.		olonie	(2)
5,	Totte		(NYC)
6.	St.	Anthony	(11)
7.		wfield	(11)
8.		-Valley	(9)
9.		rence	(6)
10.	Que	ensbury	(2)
11.		milton	(3)
12.	Bro	nxville	(1)
13.	Me	pham	(8)
14.	Beaver	River	(3)
15.	Can	astota	(3)
16.	Bing	hamton	(4)
17.	H	omer	(3)
18.	, We	bster	(5)
19.	Monroe	Woodbury	(9)
20.		ontier	(6)
Area	honorable	mention - Su	

# NEW YORK STATE

Girls and Boys

# INTERSECTIONAL CROSS COUNTRY CHAMPIONSHIP



**SUNY BINGHAMTON** 

November 9, 1985

### SECTION COLORS

SECTION 1 - BLUE

SECTION 2 - MAROON

SECTION 3 - GOLD

SECTION 4 - SCARLET

SECTION 5 - VIOLET

SECTION 6 - ORANGE

SECTION 7 - BROWN

· SECTION 8 - GREEN

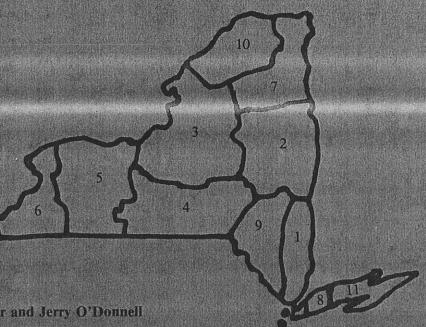
SECTION 9 - ROYAL

SECTION 10 - WHITE

SECTION 11 - NAVY

1985 MEET DIRECTORS

Bob Osborne, Lee Schaeffer and Jerry O'Donnell



# New York State Public High School ATHLETIC ASSOCIATION, INC.

Officers

MICHAELA KASNER
President

DR. ROBERT W. ZEGLER

First Vice President

RICHARD J. McGUIRE Second Vice President

MARCUS J. MARTONE Assistant Director-Treasurer ALTON B. DOYLE Executive Director

DR. SANDRA E. SCOTT Associate Director

FLOYD N. JONES
Assistant Director

# 1985 NYSPHSAA INTERSECTIONAL CROSS COUNTRY CHAMPIONSHIPS

### ORDER OF EVENTS

9:00	OPENING CEREMONY - COURSE CLOSES
9:15	FIRST CALL - CLASS A BOYS
9:30	CLASS A BOYS
10:00	CLASS B GIRLS
10:30	CLASS C BOYS
11:00	CLASS A GIRLS
11:30	CLASS B BOYS
12:00	CLASS C GIRLS
2:00	AWARDS CEREMONY - EAST GYM SUNY
11:00 - 1:00	POST MEET MEAL - COLLEGE IN THE WOODS



NEW YORK STATE
PUBLIC HIGH SCHOOL ATHLETIC ASSOCIATION

## 1985 NYSPHSAA INTERNATIONAL CROSS COUNTRY CHAMPIONSHIPS

9:00	OPENING CEREMONY - COURSE CLOSES
9:15	FIRST CALL - CLASS A BOYS
9:30	CLASS A BOYS
10:00	CLASS B GIRLS
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11:00	CLASS A GIRLS
11:30	CLASS B BOYS
12:00	CLASS C GIRLS
2:00	AWARDS CEREMONY - GYM SUNY
11:00 - 1:00	POST MEET MEAL - COLLEGE IN THE WOODS

National Anthem by Windsor Central High School Marching Band under the Direction of Lisa McIntyre

### RESULTS 1984 GIRLS INTERSECTIONAL CROSS COUNTRY RUN

### SATURDAY - NOVEMBER 10, 1984

SARATOGA STATE PARK	- SARATOG	A, NEW YORK - (50	00 meter course)	SA
CLASS A TEAM & SECTION	TOTAL	INDIVIDUAL	TIME SCHOOL & SECTION	CLASS A
1. BRIGHTON (5) 2. BALDWINSVILLE (3) 3. YORKTOWN (1) 4. VALLEY STREAM (8) 5. MEPHAM (5) 6. CENTEREACH (11) 7. MONROE WOODBURY (161) 8. NISKAYUNA (2) 9. WEST ISLIP (110 10. FRONTIER (6) 11. BINGHAMTON (4)	78 1. 93 2. 96 3. 135 4. 138 6. 149 6. 161 7. 170 8. 173 9. 182 10. 220 11.	STACY PREY DENISE BUSHALLOW STACEY BOYCE KATHY FRANEY KIM TRAWITZ PATI VANDERMALLI RACHEL HOSMER TRACI PURTELL BONNIE GLEESON EDITH VILARDI KATHY PITCHER	17:01 BRIGHTON (5) 17:38 AUBURN (3) 17:39 MONROE WOODBUR(9) 17:55 MASSAPEQUA (8) 17:56 FAIRPORT (5) E18:01 SPENCERPORT (5) 18:02 BRIGHTON (5) 18:05 OSWEGO (3) 18:08 BALDWINSVILLE(3) 18:09 WM.FLOYD (11) 18:12 BAY SHORE (11)	1. MCQU. 2. MONRI 3. WILL 4. CENT 5. HENN 6. MEPH 7. SHEN 8. GRAN 9. ARIL 10. NEWB
CLASS B TEAM & SECTION	TOTAL	INDIVIDUAL	TIME SCHOOL & SECTION	CLASS B
1. CLARENCE (6) 2. PEARL RIVER (1) 3. FOX LANE (1) 4. WASHINGTONVILLE (9) 5. MILLER PLACE (11) 6. OWEGO FREE ACADEMY (4) 7. WANTAGH (8) 8. CORTLAND (3) 9. QUEENSBURY (2) 10. VICTOR (5) 11. FRANKLIN ACADEMY (10) 12. NORTHEASTERN CLINTON (CLASS C TEAM & SECTION	TOTAL	TMDTUTDILAT	TIME SCHOOL & SECTION	1/ NODE
1. BEAVER RIVER (3) 2. BRONXVILLE (1) 3. SILVER CREEK (6) 4. NORWOOD-NORFOLK (10) 5. UNATEGO (4) 6. TRI-VALLEY (9) 7. SODUS (5) 8. SCHUYLERVILLE (2) 9. ST. JOHN (7)  SECT CLASS A (place & sect)	48 1 28 2 84 3 118 4 121 5 148 6 168 7 169 8 178 9	PATTY WIEGARD KIM FULLER MARIA SACHS TAMMI REISS MARY HALLORAN LAUREN BRENNAN ELIZABETH BREND AMY KNEALE BECKY GALLIVAN SUE KLEIN S (asjusted place	17:47 CANASTOTA (3) 17:49 DELAWARE ACAD(4) 18:00 BRONXVILLE (1) 18:06 ELDRED (9) 18:11 WHITNEY POINT(4) 18:12 SILVER CREEK (6) AN18:13 RYE NECK (1) 18:14 ONON.CENT. (3) 18:20 MARION (5) 18:31 BEEKMANTON (7)	CLASS (2 ONO) 3. BRIA 4. ELM. 5. JAM. 6. UNA. 7. STO! 8. SCH 9. NOR! 10. HOO
CLASS A (place & sect)	CLASS B (p	lace & sect) CL	ASS C (place & sect)	12. SOD 13. ST.
1. 5080 6. 6448 1	. 6231	7. 3488 1.	3153 6. 5416	

CLASS A (place & sect)	CLASS B (place & sect)	CLASS C (place & sect)
4. 1292 9. 4581		1. 3153 6. 5416 2. 1196 7. 7508 3. 6310 8. 10-517 4. 4319 9. 2551 5. 9403

### RESULTS BOYS. 1984 INTERSECTIONAL CROSS COUNTRY RUN

### SATURDAY - NOVEMBER 10, 1984

SARATOGA STATE PARK	- SARA	TOGA, NEW YORK - (50	000 meter course)
CLASS A TEAM & SECTION			TIME SCHOOL & SECTION
1. MCQUAID (5) 2. MONROE WOODBURY (9) 3. WILLIAM FLOYD (11) 4. CENTEREACH (11) 5. HENNINGER (3) 6. MEPHAM (8) 7. SHENENDEHOWA (2) 8. GRAND ISLAND (6) 9. ARLINGTON (1) 10. NEWBURGH (1) 11. VESTAL (4) 12. GARDEN CITY (8)	52 81 106 159 160 163 173 176 183 196 1	1. JOHN TAUTMAN 2. PETER LANG 3. RON MARKEZICH 4. STEVE WILLIAMS 5. BOB PACKOWSKI 6. DAVE AMAN 7. HIRAM CUEVAS 8. CHARLIE KERN 9. GEOFF COCO 0. BOB KING 1. JOHN HICKMAN 2. POR SMILLIE	14:35 MONROE/WOODBUR(9) 15:10 MEPHAM (8) 15:15 WILLIAMSVIL N(6) 15:17 COMSEWOGUE (11) 15:18 ARLINCTON (1) 15:20 LIVERPOOL (3) 15:23 KINGS PARK (11) 15:26 SWEET HOME (6) 15:26 BINGHAMTON (4) 15:27 CHURCHVIL-CHIL(5) 15:30 CIC/NS (3)
CLASS B TEAM & SECTION	TOTAL	INDIVIDUAL	TIME SCHOOL & SECTION
CLASS B TEAM & SECTION  1. WANTAGH (8) 2. WASHINGTONVILLE (9) 3. NOTTINGHAM (3) 4. EAST AURORA (6) 5. HILTON (5) 6. MILLER PLACE (11) 7. MARCELLUS (3) 8. MANHASSET (8) 9. QUEENSBURY (2) 10. FRANKLIN ACADEMY (10) 11. PEARL RIVER (1) 12. NEWARK VALLEY (4) 13. JOHN F. KENNEDY (1) 14. NORTHEASTERN CLINTON	99 108 116 129	1. DION TELTING 2. ROGER BRAGG 3. JIM BAPST 4. DAVE REDDING	15:12 SHORE/WAD/RI(11) 15:14 SKANEATELES (3) 15:19 IROQUOIS (6) 15:23 DANSVILLE (5)
5. HILTON (5) 6. MILLER PLACE (11) 7. MARCELLUS (3) 8. MANHASSET (8)	160 160 174 183	5. MIKE HEDGECOCK 6. ANDY GUAY 7. JOHN STROMS 8. PAUL SAUVAGEAU	15:30 WANTAGH (8) 15:31 N.EAST CLINTON(7) 15:31 HORACE GREELEY(1) 15:32 NIAGARA FALLS(6)
9. QUEENSBURY (2) 10. FRANKLIN ACADEMY (10) 11. PEARL RIVER (1) 12. NEWARK VALLEY (4)	218 219 221 256	9. DAVE WITTMAN 10. JIM BATHGATE 11. GREG POTTER 12. MIOUEL CASTILLO	15:33 EAST AURORA (6) 15:33 SKANEATELES (3) 15:35 GLENS FALLS (2) 15:37 MONTICELLO (9)
13. JOHN F. KENNEDY (1) 14. NORTHEASTERN CLINTON	289 (7) 355	13. JOHN KRALISZ 14. ANDREW BARCLAY	15:39 EAST AURORA (6) 15:41 PELHAM (1)
CLASS C TEAM & SECTION	TOTAL	INDIVIDUAL	TIME SCHOOL & SECTION
1. BEAVER RIVER (3) 2. ONONDAGA CENTRAL (3) 3. BRIARCLIFF (1) 4. ELMIRA NOTRE DAME (4) 5. JAMES I O'NEILL (9) 6. UNATEGO (4) 7. STONY BROOK (11) 8. SCHUYLERVILLE (2) 9. NORWOOD NORFOLK (10) 10. HOOSIC VALLEY (2)	41 76 160 161 179 180 182 188 209 210	1. JOHN OJA 2. J.C.O'DONNELL 3. TIM PLATT 4. MIKE HAYES 5. BRIAN NORTZ 6. GREG HILL 7. ANDY HOFFMAN 8. BOB WIGHT 9. ED FENLON 10. XABI.OLABARRIETA	TIME SCHOOL & SECTION  15:26 RED HOOK (9) 15:29 S.JEFFERSON (3) 15:38 UNATEGO (4) 15:49 HAVERLING (5) 15:51 BEAVER RIVER (3) 15:51 NORWO/NORFOLK(10) 15:52 STONY BROOK (11) 15:54 ONON.CENT. (3) 15:57 S.JEFFERSON (3) A 15:57 SODUS (5) 15:57 S.HOLD-GREENP(11) 15:58 CATO M. (3) 15:59 BEAVER RIVER (3)
11. ALLEGANY (6) 12. SODUS (5) 13. ST. JOHNS (7)	210 231 313	12. ANDY HILL 13. BARRY AUSTIN	15:57 S. HOLD-GREENP(11) 15:58 CATO M. (3) 15:59 BEAVER RIVER (3)
SEC	JI 1011 11200	Die (dejactes place)	7.6
CLASS A (place & sect)			ASS C (place & sect)
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### SCHOOL CHAMPIONS 1950-1984

### BOYS CLASS A

Ossining - 1956,66,67 Mount Pleasant - 1951-58 Vestal - 1953,54,55 Greece-Arcadia - 1968,74,75 Ithaca - 1970,71,82 Nott Terrace - 1956-57 Huntington - 1959-61 Lockport - 1972-73 Walt Whitman - 1976-78 Mcquaid - 1981,84 New Rochelle - 1950 Watertown - 1952 Sewanhaka - 1960 Colonie - 1962 White plains - 1961 Chenango Valley - 1964 Mount Vernon - 1969 Lockport - 1972 William Floyd - 1977 Corcoran (Syr) - 1979 Mepham - 1980 Clarence - 1983 JFK Bellmore - 1976

### GIRLS CLASS A

Nottingham - 1975,78 Valley Stream - 1977,80 Baldwinsville - 1976,79,82 Mempham - 1981 Washingtonville - 1983 Brighton - 1984

### BOYS CLASS B

Ossining - 1959,61,63,64 Fox Lane - 1965,66,67 Wantagh - 1962,72,84 Port Jefferson - 1952,53 Baldwinsville - 1955,56 Riverhead - 1958-60 Albertus Magnus - 1974,75 Pearl River - 1978,80 Monticello - 1950 Arlington - 1951 Tappan Zee - 1954 Gloversville - 1957 Lowville - 1968 Ward Melville - 1969 Clarence - 1970 Sayville - 1971 Bishop Grimes (Syr) - 1973 Port Jefferson - 1976 Glens Falls - 1977 Washingtonville - 1979 East Aurora - 1981 Warwick Valley - 1982 Chittenango - 1983

### BOYS CLASS C

Onondaga Central - 1976,77,79, -80,81,82 Cooperstown - 1961,62 Wheatley - 1967,68 New Hyde Park - 1960 Croton-Harmon - 1963 Bellport - 1964 Malverne - 1965 Pleasantville - 1966 Levittown Division - 1969,70 Alexander Hamilton - 1971 William Floyd - 1972,73 Port Jefferson - 1974 South Jefferson 1975 Schuylerville - 1978 Beaver River 1983,84

### GIRLS CLASS B

Delhi - 1978,79 Queensbury - 1977 Pearl River - 1980,81,82,83 Clarence - 1984

### GIRLS CLASS C

Tupper Lake - 1980 Delhi - 1981 Onondaga Central - 1982 Bronxville - 1983 Beaver River - 1984

### SECTIONAL CHAMPIONS 1950-1984

### BOYS CLASS A

Section 8 - 1951,54,55,56,58,59,63,69,72,73,76,80 Section 2 - 1950,52,53,57 Section 11- 1960,61,64,68,77,78,81 Section 1 - 1965,66,67 Section 4 - 1962,71 Section 6 - 1972,82,83 Section 3 - 1974-79 Section 9 - 1975

BOYS CLASS C

Section 5 - 1984

Section 3 - 1961,75,76,77,78,79,80,81,82,83,84 Section 1 - 1963,66,67,68,71,72,74 Section 8 - 1960,64,69 Section 2 - 1962,70 Section 11 - 1965,73

### BOYS CLASS B

Section 1 - 1957,58,59.60.61,63,64,66,67,72 Section 8 - 1952,53,54,55,62 Section 9 - 1950,51,74,75,78,79,80,81,82, Section 3 - 1956,73,83 Section 2 - 1965 Section 6 - 1968,77 Section 11 - 1969,70,71,76 Section 7 - 1984

GIRLS CLASS A Section 3 - 1976,77,82 Section 1 - 1975-81 Section 8 - 1980-83 Section 11 - 1978 Section 6 - 1979 Section 5 - 1984

### GIRLS CLASS B

Section 9 - 1978,80,81,82,83 Section 3 - 1977 Section 2 - 1979 Section 6 - 1984 GILRS CLASS C

Section - 4 1980,81 Section - 3 1982 Section 1 - 1983-84

### NEW YORK INTERSECTIONAL CROSS COUNTRY CLASS A -- BOYS vember 9, 1985 SUNY-Bingha SUNY-Binghamton November

November 9, 1985 Weather: Cloudy, 50 deg SUNY-Binghamton

ACE F	EAM	PL.	NO.	John Trautmann Kerry Fly Charlie Kern Geoff Coco T. J. McArdle Allen Smith Scott Paterson Shawn Brinton Don Brown Terry Pritcher Patrick Smith Kevin Crause Doug Casa Bob Cahn Pat Kearns Mike Giouanniello Jim Dunlop Steve Toepfer Todd Orvis Mike Yellon Jay Thompson Mark Emmons Ed Ackerly Jim Cruz Eric Fillinger Mike Aiello Mike Schultz Mike Rogan Anthony Roblver Greg Fragola Mike Keilty John Wilken Bruce Shealey Connor Cusack Tom Burroughs Marty Coyne Charles Connelly Chris Kranick Adam Stone Brian Mack Craig Mueller Sean Stevensen Doug Sherman Mark Dodds George Schell Fred Taliafero Basil Komondorea John Furgele Charles Chanowsky	GR	SCHOOL	SEC	T
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November 9, 1985 Weather: Cloudy, 50 deg SUNY-Binghenton

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## CLASS A RESULTS

Place	School 1 2 3 4 5 Total
1.	William Floyd 4 8 12 14 25 = 45
	Terry Pritcher, Jim Cruz, Tom Burroughs, Sean Stevensen, Mark Cruz, Mike Stockwell, Willie Backus
2.	McQuaid Jesott 2 11 15 19 24 = 71 Scott Paterson, Connor Cusack, Brian Nack, George Schell,
	Matt Smith, Chris Cusack, Tim Hess
3.	Monroe-Woodbury 1 7 18 23 30 = 79
	John Trautmańn, Ed Ackerly, Mark Dodds, Chris Chanowsky, Bill Comerford, P. J. Benzi, Chris Boelke
4.	Longwood $3 5 9 27 37 = 81$
	Sñawn Brinton, Kevin Crause, Greg Fragola, Eric Gonnes, Bill Heritage, Jerry Curley, Mark Grossman
5.	Grand Island 6 22 26 28 31 = 113
	Jim Dunlop, John Furgele, Brian Campbell, Dan Laughlin, Todd Moses, Brent Fred, Pat Birt
6.	Newburch 13 14 17 21 53 = 118
	Charles Connelly, Adam Stone, Doug Sherman, Basil Komondorea, Dave Mitchell, Chris Cannon, Tim Evans Mepham 10 27 32 47 66 = 184
7.	Mepham 10 29 32 47 66 = 184
	John Wilken, Rob Kenyon, John Conaboy, Craig Klare, Doug Damm, Jim Callahan, John Willix
8.	Vestal 35 36 39 41 60 = 211
	Jeff Henderson, Steve Peebles, Tom McCauley, Chris Kronk,
9.	Rick Minckler, Rob Kowalewski, Randi Rzeszót Troy 20 44 46 52 54 = 216
7.	Fred Taliafero, Jim Grasso, Maurizio Russomanno, Brett Dean, Paul Tower, Matt Simms, Tony Ryan
10.	Henninger 34 45 49 51 55 = 234
	Steve Wentling, Dave Benz, Tom Petty, Bruce Snook, Gene Gunltieri, Tim Broton, Tim Hourigan
11.	
	Kelvin Pompey, Ray Richardson, Chris Young, Pat Lawrence, Scott Winh, Ronale Pinclney, Daniel Kallaur

## SECTION RESULTS

Place	Bection	1	2	3	4	75	6	7	-8	9	T	otal
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DEMOCRAT AND CHRONICLE, ROCHESTER, N.Y., NOVEMBER 10, 1985

### CROSS COUNTRY No individual titles, but Sec. 5 girls finish 2 to 6

By John Moriello

BINGHAMTON BINGHAMTON — One of its champions suffered a sethack yesterday — and maybe only a temporary one at that — but Section 5 cross country may be on to something bigger, led by its smallest surprise.

Unlike last year's New York
State Public High School Athletic

State Public High School Athletic
Association championships, yesterday's meet at Binghamton State
produced no team or individual
champions for the Rochester area.
What the local athletes, specifically a bunch of
girls from the
Monroe County
League, did do
was to epitomize a youth
movement.



movement.

The rest of the state said hello to fresh-Rachel Hosmer man Rachel

Hosmer of Brighton, junior, Kim Trawitz of Fairport and junior Sue Parkhurst of Hilton in past years. Yesterday, though, 12-year-old Deresa Walters of Penfield accom-plished what none of those talent-

ed others could do at such an

ed others could do at such an early age.

"You're only in the seventh grade and you finished third. You're awesome," said Hosmer in paying tribute to Walters after the girls' Class A race.

Then someone else chimed in with a very appropriate "You're all awesome."

with a very appropriate "You're all awesome."

Denise Bushallow of Auburn (Section 3) won the race (her time was an even 18 minutes for 5,000 meters) that was captured by Stacy Prey of Brighton last year at Saratoga Springs.

But in the places immediately behind Bushallow were Hosmer, Walters, Trawitz, Webster senior Erika Schwarz and Penfield senior Rachel Korn.

That's a two-through-six sweep.

Rachel Korn.

That's a two-through-six sweep.

When asked what was left to accomplish, besides a state victory that now appears likely at least once in the next five years, the 4-foot-8, 70-pound Walters shrugged her shoulders and said, "I don't know.

"I wanted to make the top 10. That was my goal when I came

here."
Like many others, she was suc-

as their top runner, Scott Pater-son, finished seventh. Monroe-Woodbury (Section 9) and Long wood (Section 11) followed with 79 and 81 points, respectively.

Longwood and William Floyd runners, all clad in their section's blue shirts, poured into the finish

runners, all clad in their section's blue shirts, poured into the finish quickly.

"Section 11 had two teams and a lot of navy blue up there," said McQuaid Coach Bob Bradley. "It was hard to tell who belonged to which team." A few hours later, the computer spewed out the unwelcomed results.

"I felt we had good position throughout," said Bradley in partially discounting the theory that his runners expended too much energy in working for the lead during a charge up an early hill. "I knew it would be wide open, and we hadn't raced Floyd this year."

Now McQuaid will race William Floyd twice in eight days. Both schools will be at Saturday's Federation meet at Sunken Meadow State Park on Long Island.

Boys

### Boys

Class A — Monroe-Woodbury's John Trautmann successfully de-fended his individual title, but two area athletes made the top 10. Seniors Al Smith of Penfield and McQuaid's Paterson were sixth and seventh, respectively.

Paterson finished 1:17 behind

Paterson finished 1:17 behind Trautmann last year, but came within 34 seconds this time. Class B — Victor's Scott Knapp, who was 48th last year, had the area's best boys' finish, third place, to help the Blue Devils to third place in the team

Devils to third place in the team race.

"I was in back early, maybe in the top 30 until the very top of the hill." Krapp said. "Then I let it all out coming down the hill. I was very happy, very surprised."

Class C.— Harley-Allendale-Columbia sophomore Richard Bolt, wearing the tinted glasses that have become his trademark, came within 50 meters of a victory, finishing fifth. Teammate John Cooley was 31st. Team representative East Rochester finished eighth with a squad of one ished eighth with a squad of one freshman, four sophomores, one junior and a senior.

Class A — Webster quietly put together a third-place finish. Be-sides Schwarz, junior Liz Carr was 25th, and Gretchen Volk, Audra Najokas and Jenny Warner also finished in the top 65. Though Schwarz will be graduating, the others are expected back next sea-son.

Class B - Victor edged two Class B — Victor edged two other schools for fifth place, with senior Karen Griffith (33rd) lead-ing the way. Penn Yan sopho-more Sarah Matini was 19th. Newark eighth grader Erica Reed was an impressive 41st in a deep Like many others, she was successful.

Parkhurst was seventh in the Class B race. Sodus senior Julie Darling had the highest local placing (11th) in the Class C race, but the overall emphasis remained on youthfulness.

Less than 20 percent of the Section 5 girls' team was made up of seniors.

"There are so many girls here who have achieved so early," said Section 5 official Rich Guido. "They're already so good. Girls achieving early is great. I think you don't see that with the boys because they get emotionally spent."

Whatever rivalries that remained from the Monroe County League (the competition was so tough at the sectional meet that Walters was fifth and Spencerport's Patti VanDerMallie, sixth in the state last year, couldn't earn a spot on the state team), were put aside yesterday.

"Not running against each other was a factor," Hosmer said of the two-through-six sweep. "We were a team."

A team that was as invincible as the McQuaid boys were last year at Saratoga Springs in winning the boys' A championshp.

But the new site brought a different result.

Willam Floyd High School (Section 11) edged the Knights, 65-71,

Newark eighth grader Erica Reed was an impressive 41st in a deep field that saw defending champion Christine Gentile of Section 11 finish sixth. Winner Patty Wiegand of Canastota (Section 3) was the Class C champion in '84.

Class C — Darling helped Sodus to a fifth-place finish. Sodus will return its other six girls next season, making the Spartans automatic contenders.

Pavilion junior Mary Linquist was 19th.

# Work

For hauling. Towing. Or handling the stuff. Big Red® works like a charm. A p 246cc four-stroke engine is matched with speed transmission, with a super-low fi gear, plus reverse. It's also got electric starting. Shaft drive. Front and rear carrier racks. And even a trailer hitch. So, whatever size your job is. Put Big Red® to the task. And work it out.

HONDA



FOLLOW THE LEADER

### **MEET SUMMARY**

Cross country at Binghamton 5,000-meter course Class A

Team

William Floyd-11 55, McQuaid-5 71, Monroe-Woodburg 9 79, Longwood-11 81, Grand Island-6 113, Newburgh-118, Mepham-8, 184, Vestal-4, 211, Troy-2, 216, Nor ninger-3 234. Uniondale-8 253 Individual

Individual

1. John Trautmarin (Monroe-Woodbury) 15:37 (course record) 2. Kerry Fly (Lockport-6) 15:54-3. Charles Kerry Fly (Lockport-6) 15:54-3. Charles Kerry Fly (Lockport-6) 15:54-3. Charles Kerry Fly (Lockport-6) 16:06, 6, Al Smith (Penhield-5) 16:10; 7. Scott Paterson (McQuaid) 16:11; 2. Shawn Brinton (Longwood) 16:12-9. Don Brown (Liverpoods) 16:12-10. Terry Pritcher (William Floyd) 16:15.

Other Section 5 runners: 22. Mark Emmons (Brighton) 16:42, 25. Eric Filinger (Frondequotil) 16:45; 27. Mike Schuls (Fairport) 16:47:34. Conor Cusack (McQuaid) 16:53-40. Brian Mack (McQuaid) 17:00, 45. George Schell (McQuaid) 17:03:50. Matt Smith (McQuaid) 17:08:70. Chris Cusack (McQuaid) 17:31:90. Tun Hess (McQuaid) 18:01

(McQuaid) 17:31; 90, Tim Hess (McQuaid) 18:01.

East Aurora-6 81. Nottingham-3 21. Victor-5 122. Wa-shingtonville-9 125. John F. Kennedy-1 136. Queensbury-2 177. Marcellus-3 187. Rorky Point-11 188. Wantagh-8 136. Sidney-4 226. Lynbrook-8 241. Peart River-1 268. Malone-Franklin-10 288. Plattsburgh-7 381

Individual

Individual

1. Jeff Oybas (Queensbury) 15:57, 2. Rob Colvin (Not. Ingham) 15:59; 3, Scott Knapp (Victor) 16:14; 4. Chris Ostneberg (Bayport-Bluepoint-11): 16:17. 5. Dan Middleman (Clark-8): 16:18; 6. Ron Freeman (Somers-1): 16:19; 7, Mark Kautz (Nanuet-1): 16:20; 8, Keith Camacho (Babylor-11): 16:23; 9, Jim Kelly (Averall Park-2): 16:26; 10. Mike Hedgecock (Wantagh-8): 16:30.

Other Section 5 runners: 31. Doug Staunton (Hillon): 16:54, 32. Brian Simond (Victor): 16:54, 38. Scott Pesse (Canandaigua): 16:59, 39. Rich McLaren (Newark): 16:59, 52. Paul Winslow (Canandaigua): 17: 12: 55. Jim Davis (Victor): 17: 33, 60. Bob Bagiey (Victor): 17: 16: 71, Gen Wiley (Victor): 17: 23, 76. Brent Crum (Victor): 17: 26; 86. Chris Sybert (Victor): 17: 34.

(Victor) 17:34

### Team

Beaver River-3 51. Onondaga-3 76, Newark Valley-4 99 Norwood-Norfolk-10 113, Allegany-6 128, Mayfield-2 139, Schylerville-2 173, East Rochester-5 186; Southold-Greenport-11 244, Eldred-9 246, Briarcliff-1 254, St. John's-7 327, Carle Place-8 362. Individual

Individual

1. Ron Elmar (South Jefferson-3) 16 18; 2, Kevin VanBogden (Onondaga) 16:20, 3, Greg Hill (Norwood-Norlork) 16:22, 4, Jacob Mays (Traditional-6) 16:24, 5, Richard Bolle (Harley-Allendale-Columba) 16:25, 6, Dave Boughton (Onondaga) 16:29, 7, Frank Hamer (Newark Valley) 16:32, 5, Todd Buckingham (Beaver River) 16:33, 9, Pete O Brien (Herkimer-3) 16:34, 10, Matt Wallack (Beaver River) 16:34

Other Section 5 runners: 31, John Cooley (H-A-C) 17:04; 49, Kevin Clancy (East Rochester) 17:23, 51, Dan Stentla (Haverling) 17:25, 52, Scott Dodge (York) 17:28, 62; Dave Fitch (East Rochester) 17:37, 65, Chris Lopez (East Rochester) 17:37; 70, Jeff Prouix (East Rochester) 17:42; 89, Jim Caswell (EAst Rochester) 18: 12: 109, Mike Stalbrobi (East Rochester) 18:56, 124, Dave Kreyer (East Rochester) 19 49

Democrat and Chronicle (Rochester, New York) · Sun, Nov 10, 1985 ·

### GIRLS Class A Team

Colonie-2 85. Baldwinsville-3 89, Webster-5 113. Frontier-6 129 Monroe-Woodbury-9 137. Newfield-11 142, North Rockland-1 150, Mepham-8 167, Bay Shore-11 197 Binghamton-4 206. Valley Stream Central-8 249

 Denise Bushallow (Auburn-3) 18:00 (course record). 2. Rachel Hosmer (Brighton-5) 18:19; 3, Deresa Walters (Penfield-5) 18:27; 4, Kim Trawitz (Fairport-11) 18:31; S. Erica Schwarz (Webster) 18:35; 6, Rachel Korn (Penfiel 5) 18:39; 7, Bonnie Gleason (Baldwinsville) 18:57; 8, Dana Dougan (Suffern-1) 19:00; 9, Michelle Simone (Colonie 19:01: 10. Jackie Ekiss (Grand Island-6) 19:07.

Other Section 5 runners: 25, Liz Carr (Webster) 19:43, 56, Gretchen Volk (Webster) 20:44; 64, Audra Najokas (Webster 20:58; 65, Jenny Warner (Webster) 20:59; 77, Tina Claesson (Webster) 21:25; 83, Leslie Siekierski (Web-

### Class B Team

Shoreham-Wading River-11 123, Victor-5 150, Wantagh-8 151, Clarence-6 155, Queensbury-2 197, Elmira Free Academy-4 205, Franklin Academy-10 210, Northeast Clinton-7 274 Washingtonville-9 67, Pearl River-1 78, Homer-3 118,

 Patty Wiegand (Canastota-3) 18-45; 2. Therese Devin (Wantagh) 18-53; Maureen Meldrim (Clarence) 19-02; 4. Megan Holden (Shoreham-Wading River) 19-02; 5. Teri Dillingham (Wantagh) 19-08; 6. Christine Gentile (Babylon-11) 19 12, 7, Sue Parkhurst (Hilton), 19:13, 8, Becky Williams (Port Jefferson-11), 19:15, 9, Stacey Lennon (Washington-ville), 19:17, 10, Michelle Franklin (Homer), 19:23

Other Secton 5 runners: 19, Sarah Martini (Penn Yan) 19 43, 33, Karen Griffith (Victor) 20:01; 41, Erica Reed (Newark) 20:15:53, Natalie Schwalm (Victor) 20:30; 58, Julie Chiumento (Dansville) 20:38; 60, Kelly Wilder (Victor) 20:40, 67, Emily Hancock (Victor) 20:48; 70 Lynn Griffith (Victor) 20:56, 72, Jenny Nelson (Victor) 21:02; 81, Robin Peg-low (Victor) 21:31.

### Class C

Team

Beaver River-3 36. Bronxville-1 94. Tri-Valley-9 105. Silver Creek-6 109. Sodus-5 135. Delaware Academy-4 144. Norwood-Norfolk-10 167. St. John's-7 172. Hampton Bays-11 177. Chatham-2 183. East Rockaway-8 334. Individual

1. Chris Burcroff (Port Byron-3) 18:49, 2. Elizabeth Brendan (Rye Neck-1) 18:59: 3, Lauren Brennan (Silver Creek) 19 20, 4. Kim Fuller (Delaware Academy) 19 25, 5, Dawn, Fitzpatrick (Irvington-1) 19 32, 6, Tammy Widrick (Beaver-River) 19:38, 7, Katie Tyler (Potsdam-10) 19:46, 8, Height Andrews (Hamilton-3) 19:48; 9, Cathy Coombe (Tri-Valley) 19 54; 10, Cynthia Zehr (Beaver River) 19 55

Other Section 5 runners: 11 Julie Darling (Sodus) 20.04: 19, Mary Linquist (Pavilion) 0:17, 36, Alicia Overton (York) 20.58, 42, Lynn Shufelt (Alexander) 21.06; 58, Jenny Wiegartz (Sodus) 21.41, 59. Heidi Baist (Sodus) 21.44, 65. Anne Fishbach (Harley-Allendale-Columbia) 21:55; 68. April Oathout (Sodus) 22:14, 78. Tina Wiegartz (Sodus) 22:34; 86. Hyla Sweet (Sodus) 2:49, 109, J. Rudolph (Sodus) 25:37;

3-3-3-3-3-3-3- NEW YORK STATE SPORTS WRITERS ASSOCIATION NEWSLETTER N.Y.S. Autumn Sports Update - 11/10/85 - Volume 19

TIMES UNION

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Schen. Niskayuna-2 A

Cold Spring Harbor-8 C

Sen. Falls Mynderse-5 C

Berner-8

Cornwall-9 · B

Marcellus-3 B

Solvay-3 B

Tully-3 C.

Liverpool-3

East Syr.-Minoa-3

Washingtonville-9

Lewiston-Porter-6

Monroe-Woodbury-9

Mechanicville-2

North Tonawanda-6

No honorable mentions.

scores and schedule, flip side. .

finals this Saturday, 4 games.

\* FROM: Editor and State

wille-9 (914-534-2941). Thanx.

West Islip (1)

East Islip (2)

Bellport (11)

Babylon (15)

Hempstead (3)

Bay Shore

2. Bethpage (4)

3. Garden City (5)

Elmont (10)

East Meadow (7)

Massapequa (9)

Sachem (8)

North Babylon (6)

Harborfields (13)

+++ (Section 8)

\*\*\*MORE\*\*\*

John Glena (14)

Cortland State will host the State

Chairman Paul Krupa of Washington-

Long Island Football - Sect.

NOTE-State tourney playoff

Worcester-4 D

	New York State Girls' Soc	200	
	kings 8-8-8-8	COL	* ADD: New York State Field Goal Leaders:
	CO C		* Bob Seaman, Garden City-8, 11/9/85
1.	Greece Arcadia-5 A	20-1	* 50 yards.
2.	Walt Whitman-11 A	18-0-2	* Moresea, Lawrence-8, 11/9/85
3.	Clarke-8 B	19-0-1	* 50 yards.
4.	Northport-11 A	18-1	* Mack, North Shore-8, 11/9/85
5.	Pittsford Mendon-5 B	20-1	* 47 yards.
6.	Vestal-4 A	17-3	* NOTEWe are seeking first names for the above
7.	Oneonta-4 B	17-3-1	
8.	Scotia-2 B	17-5	* New York State Boys' Cross Country Rankings
9.	Hilton-5 B	12-5-4	* 9-9-9-9 '

18-1

12-4-2

18-1-2

17-2-1

15-1-1 14-3-2

16-1-2

15-3-1

12-3-3

16-2-1

18-3-1

23-0

21-0

14-2

15-1

7-0

7-0

16-3

B

New York State Boys	· Cross	Country	Rankings
9-9-9-9			
1. Beaver River-3	. 23.	Liverpo	01-3
2. William Floyd-11		Rocky P	

CONTRACTOR OF THE PARTY OF THE	7070707	
1.	Beaver River-3	23. Liverpool-3
2.		24. Rocky Point-11
3.	Rochester McQuald-5	25. Arch. Molloy-NYC
4.	East Aurora-6	26. Wantagh-8
5.	Monroe-Woodbury-9	27. Allegany 6
6.	Longwood-11	28. Mayfield-2
7.	Syr. Nottingham-3	29. Chaminade-CHSAA
8	Onondaga-3	30. Mepham-8
9.	Grand Island-6	
10.	Washingtonville-9	Hon. Mention: Ping-
	Victor-5	hamton, Collegiste

hamton, Collegiate School, Sidney, Syracuse Corcoran, Troy, Vestal, Kaverian.

USA TODAY · MONDAY, MAY

NOTE-State Met

SHORTS-Beaver River is new No. 1, based on comparative times from separate races at State Meet. The Class C race had the best times.

Federation Meet this week will determine the final rankings. Sunken Meadow Park on L.I. will host the moet. 中市中华中华中华中华中华中华中华中华中华中华中华中华中华

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483-	1383	).			
rate with other other day		4000000000	-	-	and about

12. Msgr. Farrell-NYC

Newburgh Free-1

West Genesee-9

19. Newark Valley-4

21. Syr. Henninger-3 22. Norwood-Norfolk-10

20. St. Anthony-11

15. Tottenville-NYC

13. Somers JFK-1

16. Queensbury-2

17. Marcellus-3

18.

3.	Locust	. Va.	Lley	7-0	• =
9.	Uniond	ale		5-2	1
ASSESS:	G.C.		Paul	8-0	
	FROM	: Ta	ad Mat	ylewich	*
- 0				a melica	

## Commack (516-543-7546). \*\*\*\*\*\*\*\*\*

### ILLINOIS.

Pairings for the weekend's state high school quarterfinal games:

Cames:
Ctass 6A: Chicago Brother Rice (9-2)
vs. Chicago St. Rila (10-1); Oak Park River
Forest (10-1)-vs. Chicago Gordon Tach (92); Buffalo Grove (8-3) vs. Schaumburg (92); East St. Louis Senior (11-0) vs. Orland
Park Sandburg (9-2). Ctass 5A: Antiloch (92) vs. Artington Heights Forest View (101); Jollet Camolic (10-1) vs. Park Forest
Rich East (11-0); Decatur McArthur (8-3)
vs. Bartonville Limestone (8-3); Rockford
East (3-3)-vs. Gan Elivin Gtenbard West
(10-1). Ctass 4A: climwood Park (11-0) vs.
Cosk Lawn Richards (10-1); Rocklon Hononegah (8-3) vs. Lombard Montini (9-2);
Goneseo Darnall (10-1) vs. Washington
(10-1); Rozana (10-1) vs. Marion (9-2).

Eastern Basketball Publications 7 May Court West Hempstead NY 11552

### 7-0 6-1 6-0-1 8-0 5-2 West Islip S.J.B. 6-0-1 7-0 6-1

7.0

WISCONSIN Pairings in Saturday's second round of the Wisconsin Interscholastic Athlette Association high school football play-Division 1: Watertown (9-1) at Marifo-woc (10-0), Racine Park (10-0) at Menom-onee Falls (8-2). Division 2: Menom-onee Falls (8-2). Division 2: Menomonie (10-0) at Rice Lake (9-1), Port Washington (11-0) at Antipo (10-1). Division 2: Sey-mour (9-1) vs. Mayville (10-0) at Beaver Dam, Prairie du Chien (10-0) at Waunskee (9-1).

In Class B semis, it was Sheepshead Bay over Beach Channel, 34-0, and Erasmus over Stuyvesant, 6-0. Winners tangle at 10 a.m. this Saturday at Midwood.

FROM: Editor Neil Kerr

The Daily Messenger

and Cohorts, NYSSWA.

The Sullivan County Democrat

Cortland Standard, Fri., Mar. 30, 1984-

□ McQuaid finishes 2nd — Defending champ McQuaid had to settle for second place in this year's Class A state cross country meet Saturday at SUNY-Binghamton. The Knights finished six points behind Section 11's William Floyd (65). "We gave it a good shot," said McQuaid Coach Bob Bradley, whose team was attempting to match Arcadia's (1974 and '75) back-to-back titles. "We didn't run our best race but we ran well." Section 5 champ Scott Paterson (16:11) was McQuaid's top man, finishing seventh. He was edged by Penfield's Al Smith (16:10) for sixth. Defending champ John Trautmann of Monroe-Woodbury won the race in a course-record 15:37. The Section 5 boys were second to Section 11 (Suffolk County). Meanwhile, Section 5's girls easily won the Class A title over Section 2 (Albany), thanks to placing the Nos. 2 through 6 runners. Brighton freshman Rachel Hosmer (18:19) was second, Penfield seventh-grader Deresa Walters (18:27) third, Fairport junior Kim Trawitz (18:31) fourth, Webster junior Erika Schwarz (18:35) fifth and Penfield senior Rachel Korn (18:39) sixth. Webster was third in the team race.

Dear BUMBLEBEES,

Congratulations, on the state meet.

You now have to look ahead to the Federations Meet. The state meet may act as an "inflatuation of the mind" breaker, as the Eastern meet did for us last year. You can gain as much, or more, respect in winning Federations. Down state people (Long Islanders) consider Feds as the state meet because it is everyone, all classes of NYSPHSAA, CHSAA, NYSIS, PSAL, together so you can truly see who is truly the best team.

Some advice from people who have run there:

get out quick

stay together

the race is over at the 2 mile mark the last mile is downhill.

At the start you go out 500 yards then cross a bridge onto a path about 5 body widths wide. It inclines to the mile and half point - "cardiac hill" (L.I. only hill) just before the 2 mile mark. "Real steep, Killer" after that 1 mile left--move off the hill, you can catch literally at least 50 people.

I thing the general ideas are get out quick and stick together, know where each othe are. Don't get lost - places in the 70s and 80s don't help.

I wish you the best of luck. You are THE team, you can not live off the past teams repuation—"fat cat" attitudes.(you have your own rep.) The rest of the season means nothing now — this is THE race.

Peace & Good Tuck
Ref. + 05 cm 85

## McQuaid Runners Lead Section 5

A second straight state championship eluded McQuaid Jesuit's cross-country Knights by a narrow margin last Satur-

day at SUNY Binghamton.

Top-rated in Section 5 and around the state, the Knights came up short by a 65-71 score against William Floyd High of Long Island's Section 11 in the Class A race. Monroe-Woodbury, the Section 9 team that McQuaid defeated by 31 points last year in winning its first state title was a close third this time with 79 and Longwood, the second Section 11 entry, was fourth with 81 in the 11-school field.

"We ran a solid team race, but our group was back just about 10 seconds too far," was Coach Bob Bradley's comment about his squad's near-miss. "Sure, we're disappointed, because we

definitely could have won it. But any time you get all your scorers into the top 50 at the States, you can't feel that you ran a bad race. We're looking forward to having another crack at Floyd in the Federation meet."

That return match will occur this Saturday at Sunken Meadow State Park on Long Island, where the CHSAA (downstate Catholic schools), PSAL (New York City public schools), and private school association will join the NYSPHSAA schools in a 36-team season finale. On Saturday morning, McQuaid's Varsity-2 squad will also conclude its season in the annual Jesuit Schools Championship at New York's Van Cortland Park.

Senior tri-captain Scott Paterson is also looking ahead to his next test after

suffering his first loss to a Section 5 opponent at Binghamton. Penfield senior Al Smith finished just ahead of Paterson as the two placed 6-7 to lead the sectional runners.

Sophomore Chris Cusack was the Knights' second man, taking 33rd, and behind him, in a 15-second block, came seniors Brian Mack (39) and George Schell (44), and junior Matt Smith (49), whose 17:08 clocking made him the fastest fifth man of the day. With the individuals pulled out of the team scoring, that left McQuaid with a 2-11-15-19-24 spread that didn't match Floyd's 4-8-12-16-25.

"Our two teams seem to be very equal," said Bradley. "It'll be interesting to see how it comes out in that big Federation field."

## Section 5 Girls' Win States

THE BRIGHTON-PITTSFORD POST NOV. 14, 1985

The Section 5 girls' cross-country team unveiled its youth movement last Saturday at the New York State Intersectional Meet held at Binghamton State

For the first time in the history of girls' participation in the States, Section 5 was a team winner. With Brighton freshman Rachel Hosmer leading the pack, the local runners finished in the second through sixth spots in the Class A race for large schools.

Denise Bushallow of Auburn from

Section Three won the race in a course record time of 18:00 for the 3.1 mile distance. Hosmer's time of 18:19 spearheaded a 20-second grouping, with Penfield's seventh-grade sensation, Deresa Walters, third in 18:27; Kim Trawitz, a junior from Fairport, the fourth finisher, in 18:31; Webster junior Erika Schwartz was clocked in 18:35 for fifth; and the only senior in the group, Rachel Korn, wearing the crimson-white of Penfield, was sixth in 18:39.

Monroe County chairman Dave

Henessey, Penfield coach, commented, "The girls did a fantastic job. Before the race, they got together and decided to try and stay together as a group. Boy, did they ever! Their 227 team points beat out Section 2, which had 289

"We are taking dead aim on repeating as team champs again next year. Our top level of competition is shown when Patty VanderMallie from Spencerport, who finished sixth in the State Meet last year, couldn't qualify this year locally for the States."

□ CROSS COUNTRY runners
Al Smith of Penfield and Scott
Paterson of McQuaid lead local
participants into tomorrow's New
York State Public High School Athletic Association Federation Meet at
Sunken Meadow Park on Long Island. The meet is the last of the
season.

Smith and Paterson will be chasing two-time state champ John Trautmann of Monroe-Woodbury High, one of the best schoolboy runners in the country. Trautmann won last weekend's Class A state meet in Binghamton in a course-record 15:37.

Smith was Section 5's top finisher, sixth in 16:10. Paterson was seventh in 16:11. It was the first time Paterson, the Section 5 champ, lost to a local runner this year. W 11-15-85

## Smith Leads

## Local Runners

Brighton Pithford Post 11-14-85

Al Smith led the local finishers in the State Boys' Cross-Country meet Saturday at Binghamton. Smith, from Penfield High School, led the Section 5 team in the Class A race with a sixth-place finish.

McQuaid's Scott Paterson finished seventh. Brighton's Mark Emmons finished 22nd, followed by Irondequoit's Eric Fillinger in 25th place, and Fairport's Mike Schultz in 27th place.

The remainder of the McQuaid scoring can be found in the McQuaid story.

Section 5 as a team finished second to Section 11.

### CROSS COUNTRY AT A GLANCE

What — New York State Federation championships.

When — Tomorrow: Girls' team race at 1 p.m. Girls' individual at 1:30 p.m. Boys' team race at 2 p.m. Boys' individual at 2:30 p.m.

Where — Sunken Meadow State Park, Long Island.

Overview — The Public High Schools Athletic Association held its championships in Binghamton last weekend. The Federation meet will include some of the top teams and individuals from the NYSPHSAA as well as from Public Schools Athletic Association and the Catholic High Schools Athletic Association. Among the local participants are the boys' teams from McQuaid and Victor and the girls' teams from Webster and Victor. Individually, Penfield's AI Smith is the top boys' entrant. Brighton's Rachel Hosmer, Fairport's Kim Trawitz and Deresa Walters and Rachel Korn of Penfield are in the girls' field.



1985 NEW YORK STATE

**CROSS COUNTRY** HALL OF FAME

"CC IN THE 1990s"

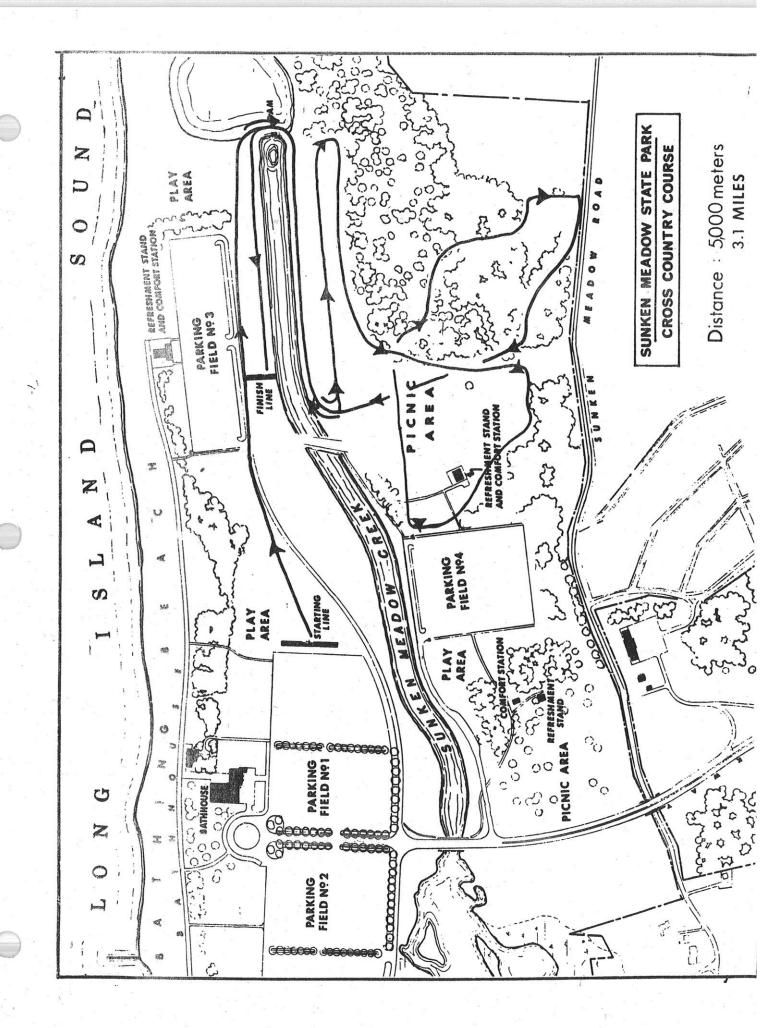
## **CLINIC NOTES EXCLUSIVELY FOR** THIS PROGRAM

MARC BLOOM BOB BRADLEY AL BUEHLER AL BUEHLER
JOHN CARROLL
ROLLIE GEIGER
JOE HENDERSON
BROOKS JOHNSON
PAUL LIMMER
JUDY PICKERT

HARRY SCHNEIDER Dr. GEORGE SHEEHAN JIM SMITH

- THE RUNNER
  JESUIT MCQUAID H.S.
  DUKE UNIVERSITY
- FALMOUTH H.S. NO.CAROLINA ST. UNIV.
- RUNNING COMMENTARY STANFORD UNIVERSITY MEPHAM H.S. MOHOPAC H.S.

- CENTEREACH H.S.
- RED BANK, N.J. PORT JEFFERSON H.S.



### SCHEDULE OF EVENTS:

12:30 P.M. Opening Ceremony 1:00 P.M. Girls Team Race

1:30 P.M. Girls Individual Race

2:00 P.M. Boys Team Race

2:30 P.M. Boys Individual Race

3:30 P.M. Awards Presentation

4:00 P.M. Closing Ceremony

### OPENING CEREMONY

To all schools entered in this championship: Please arrange to have at least two representatives from your school team, dressed in full sweat uniforms, and the team coach participate in the opening ceremony. Individual entries should also participate.

### SCHEDULE

- Call for general assembly band music
- Assemble around the flag pole at the end of the finish chutes (marshals will assist in placing teams and individuals)
- Flag raising by the defending boys and girls championship teams
- The National Anthem
- Taking the competitor's oath (girls)
- Taking the competitor's oath (boys)
- Band music
- Disassemble: Call for the first race

### FACTS ABOUT THE NEW YORK STATE FEDERATION MEET

by Tom Putnam, Suffolk Coaches Association

## Results of Previous Federation Meets at Sunken Meadow State Park, Kings Park, New York

197	77 - 5,000 Meters				
	BOYS TEAM RACE		TOP	BOYS TEAM FINISHERS	
1. 2. 3. 4. 5.		100 129 197 219 249	1. 2. 3. 4. 5.	Gregorek, St. Anthonys Sanders, Freeport M. Whitney, Stony Brook O'Connell, Glens Falls Lippert, Walt Whitman	15:32 :37 :44 :48 :50
	GIRLS TEAM RACE		TOP	GIRLS TEAM FINISHERS	
1. 2. 3. 4. 5.	Yorktown Monroe-Woodbury Washingtonville	50 95 100 146 160	1. 2. 3. 4. 5.	Montes, East Islip Halpin, Monroe Woodbury Rogers, Ward Melville Frank, Valley Stream Cen. Patrick, Yorktown	19:02 :14 :20 :23 :40
A. 42 (12)	BOYS INDIVIDUAL RA	<b>ICE</b>		GIRLS INDIVIDUAL RACE	
1.	DeGraff, Adirondack		1.	Whitney, Stony Brook Moss. St. Saviors	19:06

### Taylor, Wilson Meyers, JFK-Bellmore DeRosa, Harborfields

5:46	1.	Whitney, Stony Brook	19:06
5:01		Moss, St. Saviors	:28
:01		Maher, Valley Stream So.	:31
:04		Sullivan, Kings Park	:35
:06		Casey, Kingston	:37

### 1981 5,000 Meters

3.

GIRLS TEAM RACE	TOP	GIRLS	TEAM	FINISHERS

1.	Mephem	100	1. C. Curtin, Mepham	18:07.5
2.	Pearl River	102	2. A. Begley, Valley Str Cen.	:34
3.	Scarsdale	126	3. L. Paddock, Scarsdale	19:03
4.	Washingtonville	179	4. D, Cuttitta, Mepham	:23
5.	Delaware Academy	212	5. L. Lamena, Shaker	:44

### BOYS TEAM RACE TOP BOYS TEAM FINISHERS

1.	Molloy	151	1. J. Hopkins, Walt Whitman	16:04.9
2.	Farrell	179	2. M. Treitler, Schuylerville	:17
3.	Franklin Academy	188	3. J. Cartin, Bishop Gibbons	:18
4.	Pearl River	212	4. J. Van Wie, Suffern	:18
5.	Clarkstown South	219	<ol><li>Lewandowski, Lockport</li></ol>	:22

### GIRLS INDIVIDUAL RACE

### BOYS INDIVIDUAL RACE

1.	L. Whitney, Stony Brook	18:27.9	1.	G.	Whitney, Penbrook	15:54.8
2.	A. Kelly, Rush-Hen	:47	2.	S.	SanAntonio, Groton	16:01.1
3.	Alborano, Poly Prep	:48	3.	M.	Stahr, Carmel	:03
4.	J. Matta, J.S. Burke	19:04	4.	В.	Reid, Uniondale	:17
5.	D. Scott	:09	5.	Α.	Smith, Port Chester	:18

### Results of 1984 Federation Meet at Van Cortlandt Park, Bronx, New York

	BOYS TEAM RACE		ТОР	BOYS TEAM FINISHERS	
4.	St. Anthonys Wantagh East Aurora Mt. St. Michael Monroe-Woodbury	238 244 262 285 302	2.	B. Going, Chaminade D. Aman, Liverpool C. Flynn, St. Anthonys	:47 :51
	GIRLS TEAM RACE		ТОР	GIRLS TEAM FINISHERS	
1.	Brighton	108	1. 2. 3.		17:42.5 18:18.3 :24.2
	BOYS INDIVIDUAL RAG	CE		GIRLS INDIVIDUAL RACE	
	D. Redding, Dansville H. Cuevas, Kings Park	15:46.6 :52.6	1. 2. 3. 4. 5.	D. Bushallow, Auburn J. Radice, St. Josephs K. Pitcher, Bay Shore	18:11 :19 :28 :34 :44

### HISTORY OF SUNKEN MEADOW STATE PARK 5,000 MÉTER COURSE

Approximently 240,000 boys and girls have competed on the 5,000 meter course since it was first used in the St. Anthony's Invitational in 1977. There have been 32 Invitationals, 7 State Qualifiers, 2 Federation Meets, and 1 State Meet held on the course since its conception eight years ago.

During this eight year span only 15 boys have cracked the 16 minute barrier and only 16 girls have broken the 19 minute barrier. I would like to honor those individuals by listing their name and statistics below:

### GIRLS

1. Chris Curtin	Mepham	1981	18:07.5
2. Laura Whitney	/ Stony Brook	1981	:26.2
3. Ann Begley	Valley Stream Centra		:34.0

13 14 15	. Regina Rogers . Cathy Franey	Rush-Henrietta Sperry Poly Prep Miller Place Longwood Babylon Bay Shore William Floyd Ward Melville Massapequa West Islip Warwick Valley St. Agnes Huntington	1981 1981 1982 1982 1984 1984 1978 1984 1983 1980 1984 1978	18:47.0 :48.0 :49.3 :50.6 :52.0 :52.9 :54.8 :56.0 :56.9 :57.9 :58.9 :59.8 :59.9
		BOYS		
11 12 13 14 15		St. Anthonys Freeport Stony Brook Stony Brook Adirondack Walt Whitman Glens Falls Walt Whitman Chaminade Half Hollow Hills West Penfield Comsewogue William Floyd Warwick Valley North Rockland Monroe-Woodbury	1977 1977 1978 1977 1977 1977 1977 1977	15:32.3 :37.0 :43.0 :44.0 :46.2 :48.6 :49.0 :50.0 :54.6 :54.8 :58.5 :58.6 :59.0 :59.3

Editors Note: Why did I add the last name?

Records are always interesting and gives the competition something to shoot at; so I am going to add the "CLASS" and "TEAM" records. You will note that two of the runners holding class records are running today:

### CLASS RECORDS - 5,000 METERS

### BOYS

Sr	John Gregorek	St. Anthonys	1977	*15:32.3
Ju	Joe Greene	Walt Whitman	1978	15:48.6
So	Tom Wood	Half Hollow Hills West	1978	16:15.0
Fr	Mike Hedgecock	Wantagh	1983	16:43.3
		GIRLS		
Sr	Laura Whitney Chris Curtin Chris Curtin Christine Gentile	Stony Brook	1981	18:26.2
Ju		Mepham	1982	18:39.7
So		Mepham	1981	*18:07.5
Fr		Babylon	1984	18:52.0

19:44.9

This five runner average was set in the New York State Federation Meet held on November 15, 1981 by the following individuals:

Chris Curtin	18:07.5
Debbie Cuttitta	19:23.0
Cheryl Stibritz	19:56.0
Regina McKenna	20:26.0
Sue Nelson	20:55.0

BOYS - Glens Falls High School

16:30.4

This five runner average was set in the New York State Federation Meet held on November 19, 1977 by the following individuals:

Jim O'Connell	15:49.0
Doug Gaulin	16:26.0
Chris Sommo	16:38.0
Brian O'Connell	16:39.0
George Clevenger	16:50.0

A "Class A" rated course with plenty of opportunity for spectator viewing. A 3/4 mile start with the last half mile run left to right around a pond, after turning through the gate at the end of the pond you turn left and proceed up a hill called "Cemetery" for a 1/4 of a mile, at the top you bear right and proceed back down the hill, turn left at the bottom and proceed along the path to the picnic area, follow the path through the picnic area in a clockwise direction for a 1/2 mile slight incline, this path will bring you back to where you entered the path and the base of "Cardiac Hill," proceed up "Cardiac Hill" turn right to the back meadow and the course will bring you back to the gate entering the pond (after you leave the top of the last hill the course is on a down hill grade back to the gate), enter the gate and follow the path 1/2 mile in a counter-clockwise direction back to the finish line. Everything but the back meadow is in full view of any spectator with enough stamina to run back and forth across the bridge.

## NOTEBOOK OF WINNERS

Rochester McQuaid Buys Ranked #1

# QUEENSTRURY BOYS Ranked in Top 3



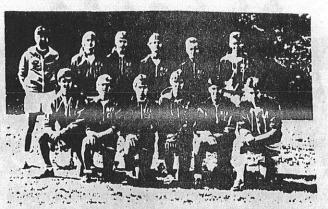
1985 - NANUET BOYS CROSS COUNTRY FRONT Row: Left to Right

James DeCicco, Mark Kelly

Back Row Left to Right

FRUNK Visingardi, JEFF BLATTWER, Dave Taylor, Mike Brockway, MARK KAUTZ BILL Helmke, . WILLIAM HU, ANDY ULLMAN

NANUET Boys Ranked in the top 35



NEWBURGH F.A. BOY!

BACK LEFT TO Right

COACH TOM FRANKLIN Doug SHERMAN

CHARLES CONNECLY

FRED LAMEY

ADAM STONE

DAVE Mitchell

FRIONT L HOR ART MCATRER

TIM EVANS

CRAIG HARRISON

Ken Davies

Joe Schuyler

BASIL KOMONDOREA

NEWBURGH CITY SCHOOL DISTRICT OF THE CITY OF NEWBURGH NEWBURGH FREE ACADEMY 201 FULLERTON AVENUE NEWBURGH, NEW YORK 12550

Rawked # 10

NFA VORSITY BOYS

CROSS COUNTRY

TEAM

1985 - Undefeated dual meet.

- ST. ANTHONY INVITATIONAL

- 5TH IN EASIERN STATES

Doug SHERMAN - CAPT,
2ND PLACE INOW. ST. ANTHONYS

# H.S. UPDATE Schwarz first in state race

Democrat and Chronicle

Erika Schwarz of Webster won the girls' individual race for team members in yesterday's New York State Federation meet at Sunken Meadow State Park in Stony Brook.

Schwarz posted a winning time of 18:45 over the 3.1-mile course. Webster led the Section 5 girls' team by finishing third with 182 points.

Pearl River of Section 9 was first with 118 points and Baldwinsville of Section 3 was second with 170. Victor of Section 5 finished 12th with 323. Its top runner was Karen Griffith, 28th, in 20:22.

In the girls' individual race, Rachel Hosmer of Brighton finished second in 18:38 and seventh-grader Deresa Walters of Penfield was sixth in 18:56. Kim
Trawitz finished eighth in 19:04 and Rachel Korn of Penfield was ninth in 19:06.

Victor finished third with 200 points and McQuaid finished fourth with 217 in the boys' team scoring.

Scott Paterson of McQuaid was fourth in 16:20 to lead Section 5 runners. Scott Knapp led Victor, finishing 16th in 16:49. John Trautmann of Monroe-Woodbury finished first in 15:43.

Tom Ball of Pittsford led Section 5 in the individual race with a 29th-place finish. Al Smith of Penfield was 37th and Richard Bolt of Harley-Allendale-Columbia was 47th.

## HIGH SCHOOLS

Yesterday BOYS' CROSS COUNTRY New York State Federation meet At Sunken Meadow State Park In Stony Brook (5 kilometers) Team

Onondaga 152 Monroe-Woodbury 195.
Victor 200 McQuaid 217 Monsignor Farrell 220 William Floyd 222 Longwood 247 East Aurora 259, Tottenville 283. St. Anthony's 297 Newburgh Free Academy 321, Queensbury 330, Washingtonville 338, Vestal 415, Newark Valley 435, Nottingham 451, Holy Trinity 453, Chaminade 453, Somers-JFK 460, Marcellus 471, West Genesee 489, Archbishop Malloy 491, Wantagh 509, Malone-Franklin 521, Liverpool 551, Norwood-Norfolk 585, Xaverian 600, Binghamton 619, Holy Cross 625, Collegiate 784, Horace Mann 858, Kennedy-Bronx 926, Curtiss 944, Newton 986.

Individual results for team members

1. John Trautmann (Monroe-Woodbury) 15:43. Victor finishers: 16. Scott Knapp 16:49; 33. Ben Wiley 17:09; 45. Bob Bagley 17:17: 50. Brent Crum 17:19; 56. Brian Simonds 17:25; 67. James Davis 17:31; 107. Chris Sybert 17:51. McQuaid finishers: 4. Scott Paterson 16:20; 41. Brian Mack; 43. George Schell, 47. Chris Cusack; 84. Matt. Smith, 116. Conor Cusack; 158. Tim Hess.

Individual race Section 5 finishers: 29

Section 5 finishers: 29 Tom Ball (Pittsford) 37. Al Smith (Penfield), 47 Richard Bolt (Harley-Allendale-Columbia), Rich MacLaren (Newark), Dave Admirral (Newark), results unavailable

### BOYS TEAM RACE

Team standings

1. Onondaga Central 150, 2. Monroe-Woodbury 193, 3. Victor 200, 4. McQuaid Jesuit 217, 5. Monsignor Farrell 220, 6. William Floyd 222, 7. Longwood 247, 8. East Aurora 259, 9. Tottenville 283, 10. St. Anthony's 297 ... 20. John F. Kennedy-Somers 460. (32 teams entered).

Note — individual results in team race were unavailable. The race was won by John Trautmann of Monroe-Woodbury in 15:44. Here follows the John F. Kennedy-Somers finishers: 30. Piazza 17:09, 72. Weis 17:33, 117. Hillery 17:55, 119. Garger 17:56, 122. Brennan 17:58, 143. Dolger 18:09, 145. Wall 18:10.

### INDIVIDUAL RACE

1. Fly (Lockport) 16:13.3, 2. McArdle (Garden City), 3. Camacho (Babylon), 4. Potter (Glens Falls), 5. Capers (East New York), 6. Breit (Pt. Jefferson), 7. Giovanniello (Smithtown East), 8. Nordenholz (Lynbrook), 9. Rogers (Norwich), 10. Serrao (Corcoran), 11. Kearns (Calhoun), Toepfer (Pine Bush), 13. Shipley (Glens Falls), 14. Van Wagenen (Spackenkill) 16:54, 15. O'Donnel (Floral Park), 16. Thompson (Baldwwinsville), 17. Lane (Shoreham-Wading River), 18. Elmer (South Jefferson), 19. Kautz (Nanuet) 16:57, 20. unavailable, 33. Freeman (Somers) 17:07, 34. Rogan (Clarkstown North) 17:08, 77. Dinan (Nanuet) 17:57; places were unavailable for the following: Haughey (Valhalla) 17:17, Flanagan (Iona Prep) 17:33, Reitter (Hastings) 17:43, Pierotti (Iona Prep) 18:47.

GIRLS' CROSS COUNTRY
New York State Federation meet
At Sunken Meadow State Park
In Stony Brook
(5 kilometers)
Team

Pearl River 118, Baldwinsville 170, Webster 182, Homer 196, Washingtonville 213, Colonie 227, St. Anthony's 231, Shoreham-Wading River 263, Nottingham 276, Frontier 290, Hamilton 302, Victor 323, Newfane 351, Monroe-Woodbury 359, Canastota 359, Wantagh 372, Mepham 376, Liverpool 405, Horace Mann 409, New Rochelle 469, Binghamton 502, Sacred Heart 612, Notre Dame 625, St. Francis Prep 784, Dewitt Clinton 784, Holy Trinity 795, St. Joseph's 803, Abraham Lincoln 813, Bishop Loughlin 817, Friends 826, Harry S. Truman 828, Moore Catholic 845.

### Individual results for team members

1. Erika Schwarz 18:45 (Webster); Victor finishers: 28. Karen Griffith 20:22; Ernily Hancock 20:42; Natalie Schwalm 20:59; Lynn Griffith 21:10; Kelley Wilder 21:15; Jennifer Nelson 21:26; Lesley Nelson 21:38.

### Individual race

Section 5 finishers: 2. Rachel Hosmer (Brighton) 18:38; 6. Deresa Walters (Penfield) 18:56; 8. Kim Trawitz (Fairport) 19:04; 9. Rachel Korn (Penfield) 19:06; 70. Chris Gaylo (Fairport) 21:15.

Leaders in the New York State Federation Cross Country Meet

> GIRLS TEAM RACE Team standings

1. Pearl River (PR) 118, 2. Baldwinsville (B) 170, 3. Webster (W) 182, 4. Homer (H) 196, 5. Washingtonville (Wash) 213, 6. Colonie (C) 227, 7. St. Anthony's (SA) 231, 8. Shoreham-Wading River (SWR) 263, 9. Tottenville (T) 276, 10. Frontier Central (FC) 290, 11. Hamilton Central (HC) 302, 12. Victor (V) 323, 13. Newfield (New) 351, 14. Monroe-Woodbury (MW) 359, 15. Canastota (Can) 359, 16. Wantagh (Wan) 371, 17. Mepham (M) 376, 18. Liverpool (L) 405, 19. Horace Mann (HM) 409, 20. North Rockland (NR) 469, 21. Binghamton (Bing) 502, 22. Sacred Heart (SH) 612, 23. Notre Dame (ND) 625, 24. St. Francis Prep (SFP) 782, 25. Clinton (CI) 784, 26. Holy Trinity (HT) 795, 27. St. Joseph's by the Sea (SJS) 803, 28. Lincoln (Li) 813, 29. Bishop Loughlin (BL) 817, 30. Friends Academy (FA) 826, 31. Tryman (Tr) 828, 32. Moore Catholic (MC) 845.

Individual results

1. Schwarz (W) 18:45.1, 2. Haley (PR)
19:06, 3. Wiegand (Can), 4. Franklin (H), 5.
Reilly (C), 6. Devlin (Wan), 7. Gleeson (B),
8. Holden (SWR), 9. Lerner (T), 10. Dillingham (Wan), 11. Kothe (SWR), 12. Lennon
(Wash), 13. Eastman (H), 14. Allen (SA), 15.
Townsend (SA), 16. Andrews (HC), 17. Aman
(L), 18. Carr (W), 19. Bertrand (New), 20.
May (PR) 20:06, 29. Roberts (PR) 20:21, 33.
Marquis (PR) 20:26, 34. Giardina (PR) 20:26,
36. Dunne (NR) 20:29, 42. Clarke (PR) 20:31,
45. Turilli (PR) 20:39, 72. Sayre (NR) 21:05,
88. Marton (NR) 21:12, 123. Pakula (NR)
22:03, 150. Maltbie (NR) 23:54.

INDIVIDUAL RACE

1. Bushallow (Auburn) 18:11.6 (second alltime), 2. Hosmer (Brighton), 3. J. Peterson (St. Agnes), 4. Brenden (Rye Neck) 18:48, 5. Burcroff (Port Byron), 6. Walters (Penfield), 7. K. Peterson (Massapequa), 8. Trawitz (Fairport), 9. Korn (Penfield), 10. Gentile (Babylon), 11. Meldrim (Clarence), 12. Sindaco (Kings Park), 13. Dougan (Suffern) 19:26, 14. Certain (Half Hollow Hills), 15. Bertrand (Newfield). 16. Ji. Vollweiler (Hackley) 19:30, 17. Perry (Valley Stream Central), 18. Williams (Pt. Jefferson), 19. Ryan (John Jay Cross River) 19:47, 20. Covi (Rocky Point), 22. Je. Vollweiler (Hackley) 19:50, 23. D. Fitzpatrick (Irvington) 19:51, 24. Homko (FDR-Hyde Park) 19:52, 26. Marks (Westlake) 19:58, 30. Nielsen (Arlington) 20:03, 37. Lotze (Arlington) 20:17, 40. Kirby (Irvington) 20:26, 50. LaBruna (Suffern) 20:33, 55. T. Fitzpatrick (Irvington) 20:41, 69. Pietropaolo (Somers) no time, 77. Keller (Suffern) 21:22.

Jesuit Championships At Van Cortlandt Park In New York City (2.5 miles) Team

St. Joseph's (Philadelphia) 60, Regis (New York City)) 76, Gonzaga (Washington D.C.) 79, McQuaid-2 91, Canisius 103, St. Peters (NYC) 124, Loyola (Baltimore) 132, Xavier (NYC) 205, Fordham Prep (NYC) 222. Individual

1. Ken O'Dea (St. Joseph's) 13:51, 2. Joe Crangle (Canisius) 13:53, 3. Peter Gonzalez (Regis) 13:56, 4. Brian Conheady (St. Peters) 13:57, 5. Joe Russo (Gonzaga) 13:58. McQuaid finishers: 14. Mark Wiltberger 14:22, 17. Marc Dovi 14:28, 18. Chris Adin 14:29, 19. Dave Schickler 14:34, 23. Marc Lavallee 14:37.

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Tuesday, Aug. 6, 1985 . ITHACA JOURNAL BUFFALO COURIER-EXPRESS, Sunday, October 11, 1981 V THE KOREA HERALD.
                                   TSSUE No. 12 -- Volume 19 N.Y.S. Autumn Sports Report - 11/17/85
                                                                              ISSUE No 12
       New York State Girls' Soccer
                                                 New York State Boys Cross Country Ratings
    Rankings -- FIHAL
                                               10-10-10 - (FINAL) -
                                           1. Beaver River-3
                                 20-0-2
        Walt Whitman-11 A
                                                                  30. Mepham-8
                                            - Onondaga-3, tie
                               18-1
18-4
       Northport-11 A
                                                                     Pearl River-1, tie.
                                            3. Monroe-Woodbury-9
       Yestal-4 A
                                           4. Roch. McQuaid-5
                                21-0-1
       Clarke-8 B
                                                                  Hon. Mention: Allegany,
Mayrield, Shenendehowa,
Syracuse Corcoran, Troy.
                                            5. William Floyd-11
                                17-2-1
       East Syrachse-Minoa-3 A
                                13-6-4
                                         * 6. East Aurora-5
       Hilton-5 B
                                            7. Msgr. Farrell-NYC
                                12-5-2
       Berner-8
                                20-2
                                         * 8. Longwood-11
       Greece Arcadia-5 A
                                                                    State Federation X-Cee
                                            9. Victor-5
                                20-1
       Pittsford Mendon-5 B
                                                                      Team Scoring
                                            10.Tottenville-NYC
                                .17-4-1
   10. Oneonta-4 B
                                                                                     150
                                           11. St. Anthony-CHSAA
                                                                   1. Onondaga-3
                                18-2
   11. Niskayuna-2 A
                                         * 12. Newburgh Free-1 2. Monroe-Woodbury-9 193.
                               17-6
   12. Scotia-2 B
                                                                                     200.
                                                                   3. Victor-5
                                          13. Queensbury-2
                                18-2-2
   13. Cornwall-9 B
                                       * 14. Washingtonville-9
                                                                   4. McQuaid-5
                                                                                      217.
                                14-3-2
   140
       Washingtonville-9 B
                                       • 15. Grand Island-6
• 16. Vestal-4
                                                                   5. Farrell-CHSAA
                                                                                      220.
                                17-1-1
16-3
       Cold Spring Harbor-8 C
   15.
                                                                   6. Wm Floyd-11
                                                                                      222.
       Lewiston-Porter-6 B
   16.
                                                                                      247.
                                                                   7. Longwood-11
                                       * 17. Newark Valley-4
                                15-3-1
       Solvay-3 B
                                                                   8. East Aurora-6
                                                                                      259.
       Marcellus-3 B
Worcester-4 D.
                                16-1-2
                                            18. Syr. Nottingham-3
   18.
                                                                                      283.
                                                                   9. Tott ville-NYC
                                            19. Chaminade-CHSAA
                                19-3-1
  19.
                                        * 20. Somers JFK-1
* 21. Marcellus-3
                                                                                      297.
                                                                  10. St. Anth.-11
  20.
       Seneca Falls Mynderse-5 C 21-1
                                                                   11. Newburgh FA-1, 311
       Tully-3 C .
                               17-2-2
  21.
                                                                   12. Queensbury-2 330.
                                         * 22. Syr. Henninger-3
                                14-2
  220
       Liverpool-3 A
                                                                   13. Wash ville-9 338.
14. Vestal-4 422.
15. Newark-Vall-443.
                                        • 23. West Genesee-3
• 24. Arch. Molloy-CHSAA
  23.
                                12-3-3
      Monroe-Woodbury-9 A
      Mechanicville-2 C
                                23-1
                                           25. Wantagh-8
      North Tonawanda-6 A
                                           26. Liverpool-3
                                                                    16. Nottingham-3 458.
                                           27. Malone Franklin-10 17. Chaminade-8 461.
28. Norwood-Norfolk-10 18. Somers JFK-1 167.
      State Finals
                                           28. Norwood-Norfolk-10 18.
Glass As Whitman 1, Vestal 0.
Class B: Clarke 2, Hilton 1.
                                                                         Marcellus-3 479.
                                           29. Rocky Point-11
                                                                    19.
                                                                        W. Genesee-3 489.
                                          THE PEEKSKILL EVENING STAR 20.
Class C: Cold Spr. Har. 2, Mynderse 1.
                                           Class D: Seward 9 and Worcester-4 were
                                              (Section Four)
   declared co-champions, game cancelled *
    by poor weather, field conditions.
                                            Bowl I: Binghamton beat Elmira Free, 21-12.
                                            Bowl II: Chenango Forks beat Bing. Seton, 26-6.
        FROM: Editor and State Chairman
                                            Bowl III: Newark Valley beat Elmira N.D., 2-0. 1
 Paul Krupa (914-534-2941) of Washington-*
 ville-9. Thank, P.K.
                                            Bowl IV: Delhi beat Odessa-Montour, 29-0.
                                                      (Section Five).
   New York Football Playoff Results
                                            Class AAA: Fairport beat McQuaid, 32-31.
                                             Class AA: Canandaigua beat R-H Roth, 37-12.
           (Section Two)
           Albany CBA beat Burnt Hills, 20-6. Class A: East Rochester beat Geneva, 36-0.
Bowl A-1:
           Shenendehova beat Amsterdam; 16-0. Class B: Red Jacket beat Cal Mumford, 6-0.
Bowl A-2:
                                              Class C: Clyde-Savannah beat Oak.-Alabama, 31-7.
Bowl B:
           Scotia beat Hudson, 20-14.
Bowl C:
           Manajoharie beat Rensselaer, 34-0.
                                                            (Section Six)
           Watervliet beat Hoosick Falls, 31-6.
Bowl C-2:
                                                    Bowl I: Maryvale beat Lancaster, 14-7.
                                                    Bowl II: Clarence beat Lockport, 12-0.
                 (Section Three)
           Rome Free beat Baldwinsville, 16-6.
                                                    Bowl III: Springville best Lackswama, 20-6
Class AA;
           Central Square beat Oswego, 35-12.
                                                    Bowl IV: Fredomia beat Wilson, 31-18.
Class A:
          Homer beat Y-Y-Sherrill, 13-7.
Class B:
                                                    Bowl V: Falconer beat Roy-Hart., 9-0.
Class C:
           Ilion beat Hannibal, 36-32. 1
                                                    Bowl VI: Ellicottville beat Sherman, 13-6.
          Dolgeville beat Beaver River, 35-6.
  33 D:
                                                               Adirondack Bowls:
                                                     A: Carthage beat Peru, 36-21.
Newspapers of St. Lawrence, Inc. BINGHAMTON PRESS COMPANY P.O. Box 409

P.O. Box 409

P.O. Box 409
                                                     B: Ticonderoga beat Tupper Lake, 22-0.
                                                                SCHENECTADY GAZETTE.
OGDENSBURG, NEW YORK 13669 BINGHAMTON, N.Y. 13902-1270
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Runners Place in States
The Brighton-Puttsford Post Nov. 21, 1985
Section 5 was well represented at the In the boys' team race, Scott Patter-

Section 5 was well represented at the New York State Federation Cross-Country Meet held at Sunken Meadow State Park near Stony Brook on Saturday.

Brighton's Rachel Hosmer finished second in the girls' individual race, posting at time of 18:38 for the five-kilometer course.

Penfield's Deresa Walters placed sixth, and Rachel Korn was ninth. Kim Trawitz, from Fairport, came in eighth, and Chris Gaylo was 70th. In the boys' team race, Scott Patterson, from McQuaid, covered the 3.1-mile course in 16:20 for a fourth place. The Knights finished fourth in the team standings with 217 points.

Also scoring for McQuaid were Brian Mack, 41st; George Schell, 43rd; Matt Smith, 84th; Connor Cusak, 116th, and Tim Hess, 158th.

Tim Hess, 158th.

Tom Ball, from Pittsford, placed 29th. Penfield's Al Smith finished 37th and Richard Bolt, from HAC, was 47th.

# H.S. cross country

SYRACUSE, N.Y. — Final rankings of boys and girls High School cross-country teams by the New York State Sports Writers Association.

BOYS

	BO	YS	
1.	Beaver	River	(3)
tie	Onone	daga	(3)
3.	Monroe-W	oodbury	(9)
4.	Rochester	McQuaid	(5)
5.	William	Floyd	(11)
6.	East	Aurora	(6)
7.	Monsignor	Farrell	
8.	Longw	bood	(11)
9.	Vict	or	(5)
10.	Tottenv	ille	(NYC)
11.	St.	Anthony	(11)
12.	Newburgh	Free	(1)
13.	Queens	bury	(2)
14.	Washing	tonville	(9)
15.	Grand	Island	(6)
16.	Ves	al	(4)
17.	Newark	Valley	(4)
18.	Syracuse	Nottingham	(3)
19.	Chaminac	te (1	CHSAA)
20.	Some		(1)
21.	Marce		(3)
22.	Syracuse	Henninger	(3)
23	West	Genesee	(3)
24.	Molloy		(NYC)
25.	Want		(8)
26.	Liver		(3)
27.	Malone	Franklin	(10)
28.	Norwood-I		(10)
29.	Rocky	Point	(11)
30.	Rocky	River	(1)
tie	Meph		(8)
,,,,	GIR		
1.	Pearl	River	(1)
2.	Baldwin		(3)
3.	Webs		(5)
4.	Hom		(3)
5.	Washingt		(9)
6.	Beaver	River	(3)
7.	Color		(2)
8.	St. A	Anthony	(11)
9	Shoreham	W.R.	(11)
10.	Tottenvi	lle	(NYC)
11.	Hamburg	Frontier	(6)
12.	Hamil	ton	(3)
13.	Vict	or	(5)
14.	Newfi		(11)
15.	Monroe-W	oodbury	(9)
16.	Canas	tota	(3)
17.	Wanta	agh	(8)
18.	Meph		(8)
19.	Liverp		(3)
20.			(NYC)
21.		Rockland	(1)
22.	Fairp		(5)
23.	Clarer		(6)
24.	Bronxy		(1)
25.	Jamest		(6)
26.	Tri-Va		(9)
27.		Creek	(6)
	Silvar		
	Silver		
28.	Bay	Shore	(11)
		Shore	

# **Awards**

McQuaid's Bob Bradley has been named the outstanding cross country coach of New York State by the National Federation of Interscholastic Coaches Association. Bradley guided the Knights back to the No. 1 spot in Section 5.

# Runners honored by state

A number of area cross country runners were selected recently to the New York State Sports Writers Association's all-state team.

Topping the list was Queensbury's Jeff Dybas, who was chosen as a first-teamer along with Binghamton's Geoff Coco, Rob Colvin of Syracuse Nottingham, Kerry Fly of Lockport, Garden City's T.J.

McArdle, Scott Patterson of Rochester McQuaid, and John Trautmann of Monroe-Woodbury. Trautmann was selected as the state's Athlete of the Year.

Locally, on the fifth team was Greg Potter of Glens Falls, while teammate Loren Shipley was an honorable mention selection as was Jon Bordeau of Queensbury.

### H.S. UPDATE

### 4 runners earn all-state honors in cross country

Democrat and Chronicle

Four Section 5 runners — including a seventh grader — were named by the New York State Sports Writers Association to the all-state cross country first team.

Named to the girls' first team were freshman Rachel Hosmer of Brighton, junior Erika Schwarz of Webster and seventh-grader Deresa Walters of Penfield. McQuaid's Scott Paterson made the boys' first team.

The other girls' first-team selections were Chris Burcross of Port Byron, Denise Bushallow of Auburn, Patty Weigand of Canastota, all from Section 3 (Syracuse area), and Jean Peterson of St. Agnes of the Catholic High School Athletic Association.

Seniors Rachel Korn of Pen field and Kim Trawitz of Fairport were named to the second team and junior Sue Parkhurst of Hilton was a fifth-team pick.

Hosmer finished second in the New York State Public High School Athletic Association meet and 17th in last Saturday's Kinney National finals. Schwarz won the New York State High School Federation title. Walters finished third in the NYSPHAA meet.

Paterson was the only boys' first-team pick from Section 5. Allen Smith of Penfield was named to the second team and Scott Knapp of Victor was named to the third team. Paterson finished fourth in the state federation meet, seventh in the NYS-PHAA meet and won six individual titles at invitationals. Smith finished sixth in the NYS-PHAA meet.

Other first-team members were Geoff Coco of Section 4 Binghamton Rob Colvin of Section 3's Nottingham, Jeff Dybas of Queensbury in Section 2 (Albany area), Kerry Fly of Section 6's Lockport, T.J. McArdle of Garden City in Section 8 (Nassau County), and John Trautmann of Monroe-Woodbury in Section 9.

Bushallow and Trautmann were named athletes of the year.

#### Wrestling

Non-league: No. 1 East Rochester (3-0) defeated No. 10 Le Roy (1-1) at Le Roy, 53-6. Dave Kreyer (98), Paul Fioravanti (126), Mike Rossi (177) and Warren Brant (heavyweight) scored pins for East Rochester. Le Roy's Steve Smith scored a pin at 119.

Livingston County: Ninth grader Ron Sweet (98) and his brother, Brandon Sweet, an eighth grader (105) had pins as Livonia (1-1) defeated host Mount Morris, 53-23 ... Avon (2-0) recorded four pins in defeating host Keshequa (0-2), 54-24. The Braves had pins by Tom Nadeau (98), Chris Cott (112), Stan Dauphinee (119) and Pete Vonglis (119). Dauphinee's pin was in :35.

#### Swimming

Genesee Region: Ray Laney and Dino D'Angelo were double winners and swam in the winning 200-yard medley relay as Oakfield-Alabama (2-0, 3-0) defeated visiting Byron-Bergen, 112-54. Laney won diving and the 100-yard backstroke and D'Angelo won the 200 butterfly and 200 individul medley. Shannon Hilchey won the 50- and 100- freestyles and swam in the 400 freestyle relay for O-A.

Non-league: Honeoye Falls-Lima (6-0) finished first and third in the 400-yard freestyle relay to wrap up a 90-82 victory over host East Rochester (3-3). Members of the winning relay were Benji Schultz, Dave Brown, Tim Levis and Todd Holbrook. Meg White won the 200 individual medley and 100 backstroke and Brown won the 50- and 100- freestyles for HF-L.

# high schools

Yesterday
BOYS' CROSS COUNTRY
NYS Sports Writers Association
All-State team
First team — Scott Paterson (McQuaid),
Geoff Coco (Binghamton-4), Rob Colvin
(Nottingham-3), Jeff Dybas (Queensbury-2),
Kerry Fly (Lockport-6), T. J. McArdle (Garden City-8), John Trautmann (Monroe-Woodbury-9)
Other Section 5 selections: Second team
— Allen Smith (Penfield), Third team —
Scott Knapp (Victor).



NEWSLETTER

ROCHESTER, NEW YORK

December 1985-January 1986

## GRTC All-Section V Cross-Country Team

GIRLS

1. Rachel Hosmer (Brighton, 9th grade)! Place: Sectionals Class A, 1st, States, 2nd.
Dave McLoughlin, coach. Rachel is the outstanding female runner-of-the-year
for cross country in Section V for 1985.

 Erika Schwarz (Webster, 11th): Sectionals Class A, 2nd, States, 5th. Jim May, coach.

- Kim Trawitz (Fairport, 11th): Sectional Class A, 3rd, States, 4th. Nancy Booth, coach.
- 4. Deresa Walters (Penfield, 7th): Sectional Class A, 5th, States, 3rd.
  Daye Hennessey, coach.
- Dave Hennessey, coach.

  5. Rachel Korn (Penfield, 12th): Sectional Class A, 4th, States, 6th.
  Dave Hennessey, coach.
- 6. Sue Parkhurst (Hilton, 11th): Sectional Class B, 1st, States, 7th.
  Mike VanAuker, coach.
- 7. Liz Carr (Webster, 11th): Sectional Class A, 8th, States, 25th.
  Jim May, coach.

BOYS

1. Scott Paterson (McQuaid Jesuit, 12th grade); Place: Sectional Class AArace, 1st, States, 7th. Bob Bradley, coach. Scott is the outstanding male runner-of-the year for cross country in Section V for 1985.

Alan Smith (Penfield, 12th); Sectional Class AA, 2nd, States, 6th, Class A
 Dave Hennessey, coach.

- Richard Bolt (Harely Allendale-Columbia, 10th); Sectional Class A, 1st, States Class B, 5th. Sandy Foster, coach.
- 4. Mike Schultz (Fairport, 12th); Sectionals Class AA, 3rd, States Class A, 27th. Paul Beicke, coach.

Scott Knapp (Victor, 12th); Sectional's Class A, 2nd, States Class R 3rd. Gary Thompson, coach.

- 6. Eric Fillinger (Irondequoit, 12th): Class AA, 4th, States Class A, 25th.
- Ray Manuszak, coach
  7. Mark Emmons (Brighton, 12th); Class AA, 5th, States Class A, 22d
  Steve Pulos, coach

SECTION V CROSS COUNTRY COACHES-OF-THE-YEAR FOR 1985

- BOYS AA Bob Bradley, McQuaid Jesuit High School (McQuaid was the #1 rated HS Boys team in NYS through September and October).
- BOYS A Gary Thompson, Victor Central High School (3rd place in the Intersection Meet).

  B/C Winn Hat, East Rochester High School (8th place finish in the Intersectionals).
- GIRLS A

  Jim May, Webster High School (3rd place in the Intersectional Meet).

  Gary Thompson, Victor Central High School (5th place in the Intersectionals).

  Kurt Wertz, Sodus Central High School (5th place finish in the Intersectionals)

The 5th annual All-Section V Cross Country team, sponsored by the Greater Rochester Track Club, is determined by sectional and intersectional performances.

1985 was another great year for Section V Cross Country; the tradition continued with exceptional performances by many athletes, especially the returning runners. The 1985 Intersectional Neet saw the Girls Class A Sectional team win another State Championship (227-289 for Section 2) with an unprecedenced finish order of 2nd (Buchel Hosmer, 9th grade); 3rd (Derese Walters, 7th grade); 4th (Kim Trawitz, 11th); 5th (Erika Schwarz, 11th); 6th (Rachel Korn, 12th). In addition to an exceptional performance by the Class A Girls team (with the Webster Girls earning 3rd place in the team race), McQuaid's Varsity Boys placed second (with 71 points, to William Floyd's 65). Incidentially, McQuaid was the NYS #1 rated team through September and October. The Class A Boys Sectional Team placed 2nd with 238 points behind Section 11's 196. In Class B, the Victor Boys Team, behind Scott Knapp's great 3rd place finish, placed 3rd in the team race, 1 point behind Nottingham's 121 points, In other races, the Victor Girls placed 5th, as did the Sodus Girls in their respective Team Class Championships.

Rick Guido

Assistant Section V Cross Country Chairman

Meet #1

## **Liverpool Invitational**

September 7, 1985

Weather: Very Warm Very Humid Temp. 92 Course: Dry

McQ - 1st of 10 Schools

	Flight One	
1.	Scott Paterson	16:59 (5k)
3.	George Schell, Jr.	17:27
	Flight Two	
3.	Brian Mack	18:02
7.	Matt Smith	18:19
	Flight Three	
1.	David Schickler	18:29
2.	Conor Cusack	18:46

18:40 1. Tim Hess 3. Mark Wiltberger 19:15

Flight Four

Team Scores: McQ 21, Henninger 67, Corcoran 68, Onondaga 68, Liverpool 73, etc.

Meet #2

#### **New Hartford Invitational** September 14, 1985

Weather: Perfect Temp. 65, Sunny Course: Dry

McQ - 1st of 17 "A" Schools

1.	Scott Paterson	16:34* (5k)
3.	George Schell, Jr.	17:07
	Brian Mack	17:24
10.	Chris Cusack	17:43
16.	Matt Smith	17:55
21.	Tim Hess	18:01
22	David Schickler	18:05

\*School Record for this course - old record of 16:59 set by Mike Das in 1980.

Team Scores: McQ 37, Corcoran 93, Henninger 96, West Genesee 104, etc.

Meet #3

#### Newark Invitational September 21, 1985

Weather: Warm

Sunny

Course: Dry

McQ - 1st of 13 Schools

1.	Scott Paterson	16:29.2 * (5k)
6.	George Schell, Jr.	16:58.9
12.	Brian Mack	17:16.4
16.	Chris Cusack	Unk.
18.	Matt Smith	Unk.
??	Tim Hess	Unk.
??	David Schickler	Unk.

\*School Record for this course - old record of 16:31 set by Chris Lyboldt in 1984.

Team Scores: McQ 53, Fairport 100, Liverpool 104, Brighton 122, etc.

Meet #4

#### McQuaid Invitational September 28, 1985

Weather: Perfect

Sunny Course: a bit slow

McQ - 2<sup>nd</sup> of 12 Schools

5.	Scott Paterson	15:06.9 * (5k)
12.	George Schell, Jr.	15:43.6
23.	Chris Cusack	16:00
26.	Brian Mack	16:02
31.	Matt Smith	16:16
48.	Conor Cusack	16:34
52.	David Schickler	16:39

<sup>\*</sup>School Record for this 3.0 course. Previous record of 15:18 set by Peter Glavin in 1979.

Team Scores: Central Catholic (Pgh) 70, McQ 97, Fpt. 141, Lockport 150, St. Mike's 153, etc.

Meet #5

#### Baldwinsville Invitational October 5, 1985

Weather: Cloudy

Drizzy

Course: Muddy

McQ - 1st of 22 Schools

1.	Scott Paterson	15:38 * (3.0)
8.	George Schell, Jr.	16:17
24.	Brian Mack	16:42
26.	Matt Smith	16:44
28.	Chris Cusack	16:52
38.	David Schickler	17:08
56.	Conor Cusack	17:26

<sup>\*</sup>Course Record. Fastest Time of Day.

Team Scores: McQ 87, Beaver River 124, W. Genesee 145, Brighton 182, Churchville 188, etc.

Meet #6

## Wickham Park Invitational October 12, 1985

Weather: Unk. Temp. Unk. Course: Unk.

McQ - 2<sup>nd</sup> of 15 Schools

2.	Scott Paterson	16:12.76 (5k)
22.	George Schell, Jr.	17:15.22
23.	Brian Mack	17:20.52
26.	Chris Cusack	17:24.98
35.	Conor Cusack	17:36.11
38.	Matt Smith	17:39.33
60.	David Schickler	18:17

Team Scores: Xavier 46, McQ 108, Rockville 135, North West Catholic 154, etc.

Meet #7

### Catholic Memorial Invitational

October 19, 1985

Weather: Unk. Temp. Unk. Course: Unk.

#### McQ - 1st of 26 Schools

1.	Scott Paterson	15:08 *(3.0)
11.	George Schell, Jr.	15:52
20.	Brian Mack	16:13
23.	Matt Smith	16:16
24.	Chris Cusack	16:16
	Conor Cuasck	16:28
43.	Tim Hess	16:45

<sup>\*</sup>Course Record. Previous record of 15:11 set in 1984.

Team Scores: McQ 79, Archbishop Wood 92, Xaverian 95, Boston College High 111, etc.

Meet #8

#### 20th Annual Greenman Invitational

Ely Park Golf Course, Binghamton October 26, 1985 Weather: Unk. Temp. Unk. Course: Unk.

#### McQ - 1st of 16 Schools

1.	Scott Paterson	15:18 *(3.0)
6.	Brian Mack	16:15
10.	George Schell, Jr.	16:25
11.	Chris Cusack	16:29
15.	Matt Smith	16:38
??	Conor Cuasck	??
??	Tim Hess	??

<sup>\*</sup>School Record for this 3.0 course.

Team Scores: McQ 43, Vestal 84, Aquinas 115, Ithaca 131, Horseheads 151, etc.

Meet #9

#### Section V Championships

Stuart Park, Newark November 2, 1985 Weather: Unk. Temp. Unk.

Course: Unk.

#### McQ - 1st of 17 Schools

1.	Scott Paterson	16:24 *(3.1)
11.	Brian Mack	17:11
12.	George Schell, Jr.	17:13
14.	Chris Cusack	17:16
31.	Matt Smith	17:39
32	Tim Hess	17:45
35	Conor Cusack	17:48

<sup>\*</sup>School Record for this course - old record of 16:29.2 set by Scott Paterson on September 21, 1985.

Team Scores: McQ 69, Fairport 83, Brighton 97, Pittsford 106, Irondequoit 167, Aquinas 169, etc.

Meet #10

State Championships SUNY Binghamton

SUNY Binghamton November 9, 1985 Weather: Cloudy Temp. 50 degrees Course: Unk.

McQ - 2<sup>nd</sup> of 11 Schools

(Team scoring position	7(2)	Scott Paterson	16:11 (5k)
in parentheses)	34 (11)	Conor Cusack	16:53
•	40 (15)	Brian Mack	17:00
	45 (19)	George Schell, Jr.	17:03
	50 (24)	Matt Smith	17:08
	70 (40)	Chris Cusack	17:31
	90 (58)	Tim Hess	18:01

Team Scores: William Floyd (XI) 65, McQ 71, Monroe-Woodbury (IX) 79, Longwood (XI) 81, Grand Island (VI) 113, Newburgh (I) 118, Mepham (VIII) 184, Vestal (IV) 211, Troy (II) 216, Henninger (III) 234, Uniondale (VIII) 253

Sections 7 & 10 did not field entries.

Meet #11

**NYS Federation Championships** 

Sunken Meadow State Park November 16, 1985 Weather: Cloudy Temp. 50 degrees Course: Unk.

McQ - 4th of 34 Schools

4.	Scott Paterson	16:20 (5k)
41.	Brian Mack	Unk.
43.	George Schell, Jr.	Unk.
47.	Chris Cusack	Unk.
84.	Matt Smith	Unk.
116.	Conor Cusack	Unk.
158.	Tim Hess	Unk.

Team Scores: Onondaga 152, Monroe-Woodbury 195, Victor 200, McQ 217, Monsignor Farrell 220, William Floyd 222, Longwood 247, East Aurora 259, Tottenville 283, St. Anthony's 297, Newburgh 321, Queensbury 330, etc.

#### Season's Summary of Varsity-1 Places

Paterson	1	1	1	1	1	1	1	1	1	1	1	=	11	1.0
Schell	2	2	2	2	2	2	2	3	3	4	3	=	27	2.5
Mack	3	3	3	4	3	3	3	2	2	3	2	=	31	2.8
Cusack (10)	-	4	4	3	5	4	5	4	4	6	4	=	43 (10)	4.3
Smith	4	5	5	5	4	6	4	5	5	5	5	=	53	4.8
Cusack (11)	7	-	-	6	7	5	6	6	7	2	6	=	52 (9)	5.8
Hess	6	6	6	-	-	-	7	7	6	7	7	=	52 (8)	6.5
Schickler	5	7	7	7	6	7	-	-	-	-	-	=	39 (6)	6.5
Wiltberger	8	_	_	-	-	-	-	-1	-	-	-0	=	8(1)	8.0

Varsity-1 Record: W-175 L-6 Pct. 967

#### **SEASON'S HONORS**

All-State 1st Team: Paterson

GRTC Section V All-Stars: Paterson

Gannett Athletic Excellence Award: Paterson

Brighton-Pittsford Post All-Stars: 1st Team: Paterson 2nd Team: Schell, Mack 3rd Team: Cusack, Smith

### McQuaid Cross Country Invitational Open Race

The RIT River Road Running Club & the McQuaid Jesuit High School Alumni Association are joining together in an attempt to collect the complete results of the McQuaid Cross Country Invitational Open Races. The results obtained thus far will be listed on these pages. We gratefully accept changes, corrections and additional information with regards to the Open Race portion of the Invitational. *Personal comments added to original result documents have been placed in italics*. Send all corrections/info/questions to: Bill Quinlisk at billq@frontiernet.net

#### McQuaid Jesuit

McQuaid Jesuit High School, named for the first Catholic bishop of Rochester, the Most Reverend Bernard J. McQuaid, D.D., is a private, Jesuit college preparatory school for young men in grades 7 to 12. It is located at the southeast corner of Clinton Avenue and Elmwood Avenue in Brighton, a suburb of Rochester, NY. Ground was broken for the 32 acre campus on 23 June 1953, and the building was completed by September, 1955. The first class of McQuaid Jesuit (196 students) was admitted on 8 September 1954. That group of young men, together with the new first year class, started the school's second year in the new complex on 7 September 1955.

#### The First Invitational

The first McQuaid Cross Country Invitational was held in 1965. The races started and finished at the school's Brighton campus and partly ran through the streets. Fittingly, the very first Varsity Champion was McQuaid Athletic Hall-of-Famer, Eric Kendrick, who was undefeated in all of his Cross Country races that season. The McQuaid Invitational was the brain child of Bob Bradley, an English teacher at McQuaid, who also served as the Cross Country, Indoor and Outdoor Track Coach at the school. He founded the McQuaid Invitational back in 1965 because local schools did not have a competition planned for that weekend. Over the years, what began as a small series of races turned into one of the largest High School sponsored cross country meets in the nation. After only 3 years the McQuaid Invitational had outgrown the school's Brighton campus and area streets. In 1968 the McQuaid Invitational moved to the Henrietta campus of the Rochester Institute of Technology (R.I.T.) where it stayed for 5 years. In 1972 torrential rains and thousands of runners combined to tear up the athletic fields at RIT. In 1973 the McQuaid Invitational moved to a permanent home in Genesee Valley Park.

#### Coach Bob Bradley

According to McQuaid Alumnus, Michael Ansaldi, Bob Bradley's fondness of a Jesuit education began at St. Peter's Prep back in New Jersey. He recalls his own running career by quickly retorting, "I was one of the last people to finish the races." Upon graduation from St. Pete's, young Bradley entered the Marines and traveled to Korea. He praises his company commander for keeping him alive and out of combat. His memories of Korea were an incredibly enjoyable experience for growing and learning. After returning to the states, Bob attended Fordham University in New York. It is here where he recalls contemplating life as an English teacher. After skipping a test for one of his English classes, his professor spotted and questioned him. Bob responded honestly, saying he was unprepared for the test. The professor told Bob to have confidence in himself and gave him an oral exam on the subject. As Bob remembers, the professor stayed away from tough material and instead asked easy questions. It was at Fordham where Bob began to realize the importance of educators and their influence on the students. When Bob left Fordham for McQuaid Jesuit High School, it was from the advisement of a Jesuit teacher at Fordham. He felt a call to continue down the path of a Jesuit education. Upon arriving in Rochester, Bob quickly found himself immersed in the close knit McQuaid community. The young bachelor religiously attended mass, sporting events, and stayed after school to help his students. His freshman level classes read and studied Bob's favorite novel, J.D. Salinger's, The Catcher in the Rye. Bob used the book because "high school students can relate to and understand" its main character, Holden Caulfield. In customary fashion, a Jesuit friend came to the young teacher when the Cross Country team was in need of a coach after Terry Foley, McQuaid's first coach, left for Penfield High School. Bob decided to test his own endurance on the track that afternoon to see if he would be able to jog with the runners to Cobb's Hill, a destination approximately one and a half miles away. Upon completion of his own physical test, Bob Bradley became the coach of the Cross Country team.

With his life revolving around McQuaid, it is no surprise that Bob met his wife, Ann Marie, in the basement just down the hall from his office. They were introduced by Fr. O'Malley, S.J., who is well known for his performance in the movie *The Exorcist*. The two married in August of 1968. Their three children and numerous grandchildren have grown up under the principles that Bob has devoted to his career, students and family.

Recalling the early years with Bob brought back memories of Diocesan championship meets with tight scores between rival Catholic schools. Bob remembers the details of races as if they just occurred. Today when runners approach the now retired coach, they always leave shocked at the phenomenal memory and ever vibrant and engaging personality. Bob is quick to mention the stunning races of the likes of greats like Erik Kendrick, Peter Glavin, Chris Horton, and Brad Sumner. The countless stories of spectacular finishes, numerous championships, and record-breaking performances are understandable for a coach to recall. However, Bob Bradley is just as quick to recant stories of runners who never gave up even with a lack of natural talent. They push themselves to remarkable things and often times are the difference makers on teams, he states. These are the runners that are there every day of practice, every meet (even if they aren't racing), and turn themselves into 'new runners' over the summer, fueled by a drive to make a difference. Cross-country is considered by most as the prize season of high school distance running. According to Bob, "Cross-country is pure. You need five runners to sacrifice to make a championship team. It is not just one individual who can win a race for the team." Bradley encouraged all students who were not involved with other teams to come out and learn the beauty and fun of running. This encouragement led to some great runners coming out and stepping up to complete a team.

When reflecting on his legacy, many recall Bob's coaching accolades. However, his pride for the McQuaid education meant that excellence off the field was most important on the team. Commitment to faith was never forgotten, with the teams praying before every race and going to masses each season. Also, at award ceremonies the 'Vince Lombardi Award' is given to the team member who shows a commitment to faith, team, and sport. Bob will also attend funerals to show support for students and alumni who face the death of a loved one. The most important part of his career was his position as a provider of opportunity. Bob would say about his athletes "[he] was just driving, they had to race". Bob Bradley would always make sure his teams had the opportunity to race against the best talent they were capable of competing with. This played a role in his constant drive to improve and expand the McQuaid Invitational into, what one runner remarked, "the Woodstock of Cross-country races." He provided opportunity to city school runners by directing and organizing the City-Catholic league for years. He also helped to organize the first Rochester Indoor Track League. He is a constant advocate for many people in need of help.

Bob is truly a 'salt of the earth' type of person. When discussing the success of Bob's career one should not forget it is the product of a life spent serving others. Bob's devotion to his profession, values and faith has enabled him to make a mark on the world, especially in McQuaid and the Rochester running community. He is, quite simply, an inspiring and remarkable person. If you're at the McQuaid Invitational, stop by and say "hello" to Bob – he's the man in the middle of the chaos still serving as race announcer.

The "Bumblebee"\*\*

by

John W. Schell

Winner of a SOKOL Junior Literary Award for Prose given by the Friends of the Rochester Public Library.

August, 1987

<sup>\*\*</sup>The following is the original version of the "Bumblebee" and does not include edits that were made at a later date before submission to the Rochester Public Library contest.

The sun beat down upon the five men. Of the five, four were runners with the fifth being an old washed up track coach. The five of them were standing around talking while they waited for the next race of the meet to start.

"So, Scott, how's your car been treating you?" the track coach asked.

Scott's car was a beat up old Volkwagen Beatle that was painted the school colors. The school colors were black and gold and Scott had used them when he touched up the car's paint after he bought it. He had painted the car so that it looked like a giant bee with its black and gold stripes in the same order as the ones on his track teams uniforms. The car was always falling apart and wouldn't have looked out of place in a junkyard.

Despite all this, everyone loved his car.

"Oh, didn't I tell you?" Scott jokingly asked, "I sold it to a friend of mine for fifty bucks and bought a new 380 psi.

Everyone laughed at this one, except for the youngest man among them. He was a sort of passive guy that never really felt like he belonged. He always felt separated from the rest of the group by some unseen barrier and was seldom comfortable around people. He simply watched painfully as Scott told about his new car. That car had meant a lot to the passive wimp and he wanted to know why Scott got rid of it. When Scott had finished, the youngest man spoke up.

"You really got rid of your car Scott?" the youngest man asked sheepishly. "Why?"

Scott looked over at the younger runner with a grin on his face and said, almost seriously, "Because I didn't like the color."

Everyone laughed this time and Scott excused himself saying that he was going for a jog. The youngest runner, slightly confused, made his exit and headed for the parking lot. He wanted to check the car. To make sure it was still there. It was!

It was three weeks later. The track meet had long since ended and with it had gone the track season and school. It was 3:00 am and the young man lay in bed thinking. He was thinking about three weeks earlier when Scott had joked about getting rid of his car.

"How could Scott joke about getting rid of his car?" he asked himself. If he saw that car on the road, he saw it as more than just a doctored up junkpile. To him, the car was more than just a car. It was a symbol. It stood for the outrageous school spirit that everyone had. For the pride he had in his running, his school, and himself. It stood for every reason he went to the school he did. Even if he didn't always show these qualities himself. He knew that other runners felt the same way about the car as he did and would hate to see it go. He wondered how Scott could ever dump all this for a quick buck. "Scott couldn't simply get rid of the car," he said, trying to console himself. "Someone would stop him! Yes, someone would have to stop him. Someone with the leadership qualities that Scott had. Someone that would be willing to fix up and then

drive around a giant black and yellow bee. Yes, someone would take charge, but who? He started making up a list of candidates in his head. How about Mike Honch? No, that was impossible. Mike Honch was not the type of kid someone could look up to. He couldn't give a shit about anything except his army boots and his rock group that sung about dead fetuses. All right then, what about Matt Smith? He had to have been kidding himself. Matt Smith was the classic mooch. He would eat, borrow, or simply take whatever he didn't have to pay for. That was not the ideal person for this task. Two down, seven to go. The Cusacks wouldn't be that bad for the job. You could look up to them and they were both good runners. Besides, the older Cusack was going to be this years team captain. Nope it just wouldn't work. First of all, neither of them would ever go for the idea and, second of all, neither of them needed, or could afford, a car. He went down the list of names and mentally crossed off each one. Lavalle? Not his style. What about Dovi or Adin? Impossible! Neither of them would find it logical to drive around a gas guzzling, rusted out, piece of shit that had trouble making it up to thirty-five miles per hour, going down a hill. That left only Tim Hess and Jeff Stone. Tim was out of the question. He had too many problems, already. His parents were constantly on his back for either his grades or simply life in general. They wanted him to look a certain way, eat a certain way, and sit a certain way. With all this in front of him, there was no way he could buy the car. Besides, his parents had stashed away an old MG sports car for him for when they thought that he had lived up to their expectations

enough to deserve it. That left Jeff Stone. Jeff had all the qualities needed for the task of owning the car. He had leadership qualities somewhat like Scott's and wasn't afraid to stick his neck out for something he believed in. There, of course, was a problem. Jeff already had a car. His parents had also stashed away an old MG sports car for him for when he was old enough and mature enough to own a car of his own. From the looks of things, he would be getting his car sometime during the summer, making it ridiculous for him to buy another car with the MG on its way. That was it. There was nobody else to consider and nobody to take on the car. He had eagerly gone through them all hoping to get at least a possible candidate. Instead, he came out empty handed. Where was he going to find someone to take on the resposibility of the car." With this question on his mind, he fell asleep.

Days passed and the young man's time was taken up by more important things like running, baseball, and girls. He didn't have time to think until he was injured in a baseball game. The doctor said he would be layed up for two to three weeks and shouldn't be allowed to run or play baseball during this time. As he lay awake that night, his mind drifted back to the car and its predicament.

"Who would be able to take on that God damned car?" he calmly asked himself. "Not a person on the team could do it. Nobody! Not a one! Zilcho! What was he supposed to do? Who was willing to take on the responsibility of the car? Who had the leadership qualities and the guts to use them? Who was

not afraid to stand up for the car? ...for all it symbolized and meant? Who? Who? WHO... He asked himself that question so many times that he began to feel like an owl. Then, suddenly, it hit him. He could do it! He was the one willing to take charge. Hadn't he done this when he had started to try and find a way to keep Scott's car and all it stood for from being lost. Yes! He had the knowhow to fix up the car and the team. It would be the first step towards becoming the much needed leader. It was him that the team needed. Thoughts swept through his mind faster than he could use them. It was time for him to break out of his protective shell and face the world. It was time for him to take charge. For him to stick his neck out for what he beleived in. No more passive wimp. He had played that role for too long. Leaving everything up to someone else while he sat back and watched. Now it was time for him to forge his own way. To become the person that he knew he had inside of him. It was time he let his parents, his friends, and especially himself, know that there was more to him than that wimp they knew so well. He had ideas, guts, and knowhow and nothing was going to get in his way. It was time to get his life together. To make his ideas reality. To be the best God damned leader that the team ever had. It was time to step out of line and set a new course." By the time the young man had come to this conclusion, he was exausted, and fell into a deep sleep.

It was the next morning. The sun streamed in through the window, adding a lustre to the otherwise dull room. The boy awoke and lay in bed stairing at the wall. Then, suddenly,

everything from the night before hit him. He began to have doubts and started to ask himself questions that he knew he couldn't really answer.

"How was he ever going to explain to his parents the change that had taken place? How could he tell them that he was ready to take charge of his life and team? It just wouldn't work. They would simply laugh off whatever he said and go back to their monotonous activities. Not only would they laugh at him when he tried to explain the new person he had become, they would also go into uncontrollable hysterics when he tried to tell them about the car. To them, it would just be another ploy to get a car. They would never let him own a car or even understand his reasons for wanting this particular car. They had become too conditioned by the world to understand anything that wasn't logical. They had forgotten that the way a person thought was not necessarily logical. That people could do things for other reasons than those that were looked upon as correct by society. They had forgotten that people were individuals with individual thoughts, ideas and reasons. They had forgotten that just because a person looked at the picture of life from a different angle he wasn't necessarily wrong. To them, a car was a mode of transportation It was something that must have good gas mileage and be fairly cheap to keep running. They saw nothing of what he saw in a car. To him, there was more to a car than whether its monthly bill was more than what Consumer Reports said was correct. It was a way to break out of his shell. To step out of line and take a different path than the rest. To be a leader for a change instead of a passive wimp. He was no longer content

with his life. He felt as though he was rotting away like the people in Mt. Hope cemetery. He felt unclean. Was the world really so bad that he could be controlled by people that didn't seem to understand him? What could he do? To his parents and all the other grownups in society, it just wasn't logical, or correct, for him to step out of line. To take his own selfmade path. He wasn't supposed to be ready yet. He didn't understand the real world, yet so he couldn't be ready to decide his own fate. He had to be conditioned first by his parents. They were supposed to teach him that he couldn't always have what he wanted. That he couldn't simply go for something he longed for or even needed if it was against societies wishes. learned that societies reasons were always correct when it came to a decision and trying to prove them wrong was like pissing in the wind. You can't win. With all this on his mind, he got out of bed, got dressed, and went to find his mother.

"Mom!" he yelled, "Mom, where are you?"

He heard the downstairs toilet flush and then muffled obscenities being yelled out to the world in general. He had caught his Mom at a bad time. His brother had used the toilet again.

Everytime his brother used the toilet, it got stuck up. No matter how many times his mother yelled at his brother, his brother always clogged the toilet.up. His father said that it was the food that his brother ate but he knew better. What would really happen was his brother would take the newspaper into the bathroom and read it. When he was done with the toilet and the paper, he would crumple the paper into a ball and shove it into the

toilet. The newspaper would be sucked down the pipe easily enough but would lodge itself a few inches from sight. By the time the newspaper had completely stopped up the toilet, there was no trace of it or his brother's previous presence. refuse had been sucked down the pipe and the only trace of his brother left in the room was his distinct odor. The bowl would fill up and await its next victim. This morning it had been his mother. He guessed that his mother had probably used the bathroom without thinking. When she was done, she would have flushed the toilet as usual and been well into washing her hands before the problems began to arise. The toilet would usually overflow, spilling refuse, and whatever else was floating around in the toilet, all over the bathroom floor. After this first wave of flooding was over, the toilet would overflow a second time instead of refilling the already full bowl. If his guess was correct, his mother was standing ankle deep in shit before she knew what was happening. Now, was, definitely, not the time to talk to her. So, instead of reaping the benefits of his mother's ill fortune, the young man split, deciding that the backyard was a much more suitable place for the newborn leader.

At a much later time that day, the young man returned to his search for his mother. He decided that the house was the best place to look for his mother and began the search there. As he entered the house, he spied a note on the kitchen table. It read;

John,
I went to pick up your father at work. Dinner

is at five o'clock. When your brother gets home, tell him not to go anywhere.

#### Love Mom

He looked over the note for any hint as to his mother's mood. Everything in the letter seemed plain enough to him, except for the "Love Mom". What did she mean by that? Was it a trap? Was she trying to lure him into a false sense of security so that she could catch him with his defenses down. He started to break out into a cold sweat. "What the hell are you babbling about, you dumb shit?" he asked himself as he stood there looking at the note. "Mom always signs her notes "Love Mom." So what the hell are you worrying about?" He started to feel dumb and foolish and needed something to keep him occupied until his parents got home. He began to clean up the kitchen. By the time he heard the familiar car in the driveway, he had cleaned up the kitchen and was about to take out the garbage. As he picked up one of the many bags that had accumulated, his father walked in. His father supported the family. He worked from nine to five in a big, comfortable, office that was complete with wood paneling and degrees on the walls. He was a lawyer, one of the best. He knew his job well and people often came to him for advice and answers to their problems. As a father, though, he was a little bit rusty. To the young man, his father seemed to lack compassion for his family. If someone was hurt, his father always seemed awkward saying something other than "Put ice on it." His father had spent the bulk of his life working, studying, and surviving, and had lost the qualities that made him human. He was slowly turning in to a machine.

If he had a choice between work or being with his family, he chose work. Life was no longer something that his father could enjoy. It was something to survive. His father had lost the ability to simply stop work, go home, and spend some time with his family. His father no longer knew his family and was on his way to becoming one of the many living machines that inhabit the earth. Yes, that was his father. A man that had lost all that had made him human. The young man watched as his father went to the refrigerator, grabbed a beer, and sat down at the kitchen table. After a few minutes, his father realized that he was home and looked up to see what was going on. The young man looked over at his dad and said, almost apoligetically, "Hi Dad. How was your day?" The young man's father answered with a simple "fine" and then just sat there feeling awkward. The young man talked to his father for a while and was able to get a few grunts out of him. After a few minutes of this, the young man gave up and let his father alone. His dad quickly became preoccupied with his beer, cigarettes, and other problems, leaving the young man a chance to finish up taking out the garbage.

When he had finished taking out the garbage and was well into setting the table, his mother walked in. She was frowning. She was pissed off at something. She was always pissed off at something. She was always frowning. She always looked worried and always had a million and one things on her mind. It was as though she had never had anything nice happen to her. She never seemed to get things the easy way. She hardly ever smiled anymore. The young man knew that she had a colorful past.

She had told him about her younger days when she was a free spirited, fun loving college girl. If everything she told him about was true, then she had gotten into more mischief and had more fun than was deemed proper by society in her day. Those days she held close to her heart and wouldn't give up for anything. Now, she was supposed to be the middle aged housewife that drove a car pool once a week and cleaned up after the kids. Maybe, it was because she was thrown into the responsibility of running a family before she was ready or maybe she just felt left out, tied down, cheated. It might even have been that she thought she couldn't handle the world she once knew. He didn't really know why but his mother always carried frown.

"Hi Mom." the young man said.

"Hello." she sighed as she walked into the kitchen. At first, she simply looked around the room in a forlorn sort of way. Then, the fact that it was clean sunk in. The table was set, the garbage was taken out, and the dinner was in the oven. All she had to do was sit down and wait for the buzzer on the stove to go off. The young man watched as relief spread over his mother's face like wildfire and some of the worry lines in her face became a little less noticeable. She sat down at the table and simply stared in disbelief at the room. For a moment, she returned to that care free, fun loving, college girl. Then, the doorbell rang, the buzzer on the stove went off, and "the young man's brother got home.

The young man ran to get the door as his mother shut the buzzer on the stove off and confronted his brother. By the

time he got the front door open, his mother had launched herself, in her full fury, at his brother. As he opened the door, the young man heard muffled shouts and screams followed by the breaking of glass and loud grunts. He looked outside to see a large, burly, man, that was wearing a big, brown, trenchcoat and was carrying a sign that said, "I've got a balloon for you," run across the lawn.

Not knowing what to do or, even who the balloon man was, the young man shut the door and headed back to the kitchen. As he walked through the hall, towards the kitchen, he realized that the torrent of shouts had stopped and all was quiet. He stepped into the kitchen and looked tentatively around. His brother was sitting at the table reading the paper. The young man's mother was taking the food out of the oven. His sister was bouncing around the room and his father was studying a cigarette.

"Mom, let me give you a hand with that." the young man said.

His Mom was upset now and looked as though she would kill anyone or anything that bothered her. She turned and glared at the young man who promptly sat down. As dinner was set upon the table, the boy began to think.

"What are you doing?" he asked himself. "This isn't how leaders act! How many good leaders do you know that don't have a backbone? None! They aren't afraid to stand up for what is right. They aren't afraid to stand up for something that they believe in. You didn't think that your mother should be serving dinner but you didn't do anything about it. A leader would have simply brushed by his mother and finished serving the dinner. Did you do that? No! You succumbed to authority

even though you didn't agree with it. If you're going to be a leader, act like one!"

By the time the young man had finished bitching himself out, his dinner was cold and his broccoli was moldy. He decided that, as a leader, and a new person, he should redeem himself by starting up a conversation. He tried his mother first by asking her about her day.

"How was your day Mom?" the young man asked.

His mother didn't even acknowledge his presence. This was a blow to him but he had to roll with the punches. Next, he tried his brother.

"So, George, how was your day?" he asked.

There was no answer. His brother was not responding. took another shot at it and was rewarded for his efforts. brother grunted. He was getting desperate. He began to worry. He was not taking charge of the situation. He needed something fast. An impetus. But what? Then it came to him. He would use his sister. She would liven things up. She loved to talk because she could go for hours on the phone without a break. "Well here it goes." he mumbled under his breath, "Jennifer, how was your day?" As soon as he had asked the question, he knew that he had done the wrong thing. Asking her a question was like setting off a bomb. She just exploded. Words flew out of her mouth faster than his sophisticated mind could comprehend them. He listened to his sister go on and on in her sixth grade gibberish. The words flew from her mouth so fast, she could have put an auctioneer to shame. The only things that he could decipher were phrases that sounded something like

"OhmyGod" and "yaknowwhat." Life looked hopeless for the young man.

After his sister had stopped spouting at the mouth, the dinner ended and everyone left to do his own thing. When he had cleaned up the kitchen a little bit, the young man went to find his parents. He found them in the living room reading a couple of books. He sat down in one of the chairs and looked at his parents. He wondered if they would listen to him. He wondered if they would understand him. Would they laugh at him or simply ignore him? He didn't know but as he sat there and looked at them, he knew it was hopeless. These were his parents, the authority. There was no way that they would let him own a car or even break out of his shell. They wouldn't understand him. They were too conditioned by society. They had grown up too much. He looked at his parents. Afraid to Not knowing what to do. Then, as all good leaders must do, he went against the odds. He knew that it was hopeless but still kept the faith. He took the good little boy approach making his voice sound so sweet and so innocent, they just couldn't turn him down.

"Mom, Dad, can I talk to you for a second?" he asked in a voice so sweet and innocent it made him sick. Both parents grunted a yes and the young man continued speaking. He told his parents about the change that had taken place. He told them about the new person in him. The one with leadership qualities and the courage to go against the grain. He told them about how he was ready to step out of line and set his own course.

... about how he was willing to take on responsibility, for both his team and himself. He explained to them that he was ready to break out of his shell and that he needed to in order to survive. By the time the young man was done he had exposed the new him and everything that went with it. After he had done all this, the young man asked the question that could change his life.

"Mom, Dad, can I buy a car?" he asked tentatively.

Neither of his parents said no. There was a cloud of silence hanging over the room and he didn't know whether to break through it or not. As he sat there agonizing over the decision, his father spoke, saying one of those brilliant things dad's always say at the wrong time.

"I'm sorry son. I missed the question."

By now the young man was dying. He was so wound up. He felt like standing up and screaming the question into his father's face. When he replied, the young man had to fight all his impulses. He looked his father squarely in the eye and said, "I want to buy Scott's car!"

His father looked back at him with those machine-like eyes and replied, "No!" The young man's mother had also been listening and put in her "No."

The young man, not wanting to give up everything he was fighting for asked, "Why not?" He knew what his mother's reply would be but wanted to see what his father could dig up. His mother replied first with a "because I said no" and his father hung back, not wanting to get into the subject. The young man

turned to his father and said, "Well Dad, what's your reason for not letting me buy Scott's car?" His father began to attack the practical side.

"You can't afford it anyway, son. Cars are very expensive to keep running these days. There is insurance, gas, tune ups, inspections and multiple other expensive things that go with it, to pay for. Where are you going to get the money to pay for all that. Your mother and I are certainly not going to help pay for a deathtrap like Scott's car so that you can drive it around looking like an idiot." His father finished speaking and went back to reading his book, assuming that the issue was closed. The young man knew, however, that it had just begun to warm up. He countered everything that his father had said.

"Dad," the young man said. "first of all, I want you to know that I have taken all this into consideration, already. You said insurance, tune ups, and inspections. I have enough money in the bank to pay for the insurance. The car has already been inspected this year and it doesn't run well enough to bother with a tuneup. As for the gas, I have a summer job right now which will easily pay for the gas during the summer and a good portion of the school year, not to mention the huge sums that I have stashed away for a rainy day. You also mentioned other expensive things, meaning repairs. The money for the repairs will come out of my bank account. There shouldn't be many problems but if there are, I can cover them. There are two very important things that you left out. One of them is the money that it will cost to fix the car up. I have taken care of this by putting my money in the bank. My interest alone, should cover any home

repairs needed. If it doesn't, I'm sure that I can scrape up a few extra dollars somewhere. The other important thing that you forgot was the money that the car itself cost. Don't worry about that, I have enough. The car isn't worth that much, even though it has a new engine, and is a long way from being out of my price range." As he finished, he looked at his parents to see what they thought. They both looked a little bit bored, almost as if they had been through this all before, and neither of them seemed ready to reply. After a few minutes, however, his mother spoke up.

"The answer is no!" she said in a voice so final and so foreboding, it scared him. "Too many young people are getting killed lately. Seven kids your age in the last two weeks. Do you want to end up in a coffin? You know how these things happen in threes. Do you want to be the third accident? Do you want your parents to have to bury you before your time? Don't you know that cars are not toys? Can't you see that cars are dangerous?"

Before he could reply, his father joined in. "Even if you don't see your mother's side, there is a lot of responsibility when it comes to owning a car."

That was the last straw. The young man was broken. He realized then that his parents hadn't heard, or understood, a word that he had said. They couldn't. They were just too far taken by society. They couldn't be reasoned with. It was like trying to reason with a brick wall, it was impossible. Knowing that he was defeated, the young man excused himself and went up to his room. As he left, his parents went back to reading,

When he was in his room, the young man sat down on his bed. He was confused, upset, suicidal. Was the world so bad that there was no hope for him left. Were his parents so engulfed by it that they couldn't understand him. Would he be forced to be a passive wimp all his life? Would he ever be able to become the much needed leader? These questions flew through his mind as he sat there on his bed. If he couldn't break out of his shell then, was life worth living? He couldn't take much more. He was going to explode. He was going to lose his mind. He picked up his typewriter to throw it against the wall. As he lifted it up over his head, he felt a sharp pain cut through his side. He had forgotten about his injury. It hadn't hurt him in so long. He gasped and then fell to the ground with the typewriter landing on top of him. As he sat there in a daze, he looked at his typewriter. It had taken the fall well and looked none the worse fo wear. He looked at it, not as a machine but as a way to vent his anger. It was a way to let the world know how he felt and to help his parents understand him. He looked at the typewriter in a way that he had never looked at it before. He quickly got up and put the typewriter on his desk. He put a piece of paper in the roller and began to type. He typed about all that had happened to him. He typed about all the changes that had taken place and the new person in him. He explained his reasons for doing things and revealed how he thought. He told everyone why he wanted Scott's car and his reasons for wanting to break out of his shell. He typed on and on, going through paper faster than he could thread it through the roller. Everything became a blur. He held nothing back

and let everything just pour out of him. It all went down on paper as he typed. He typed all night without a break, never slowing down. Just as the first rays of dawn streamed through the window, he finished. The young man was exhausted. He stood up from the desk and looked at his work. It was twenty pages of thought, feeling, ideas, triumph, failure, and pain. It was his life. After he had stared at the messy pile of paper for a while, the young man went to bed. Just as his head hit the pillow, he fell asleep. The young man slept better than he had ever slept before in his life.

When he awoke the next day, the young man lay in bed feeling refreshed. He felt like he was ready to take on the world again. He got out of bed and went over to his desk in order to retrieve his papers. He looked at the bare desk top and did a double take. His papers were gone. He knew that he had left them sitting on top of the desk but now, they were nowhere to be seen. He figured that his brother had taken them so he ran downstairs to find his brother before he had stuffed them down the toilet. The young man searched the whole downstairs but couldn't find anyone. He figured that his brother had probably gone outside and that it would be best to look there for him. As he was putting on his shoes to go outside, the young man looked out the window. There, standing in the driveway, was the VW bug. The car that he had wanted and needed. The very same one he had agonized over and fought for. He pinched himself to make sure that he wasn't dreaming and then ran outside.

As he got closer to the car, he realized that his parents

were standing next to it, looking as though they had created a monster. He ran up to them and stared speechless into their faces. His parents looked different. His mother was wearing a smile and his father's face actually showed some compassion. Their eyes told him that he had their approval and he turned to look at the car. The rear fenders were falling off and the tail light was altogether gone. The doors were rusted out and the driver's seat had fallen over. The young man looked at the car, seeing none of this. All that he saw was what the car stood for. A sense of pride filled him and he felt like the leader he had set out to become. Finally, his chance to lead his own way was granted to him. He felt as if he could accomplish everything he set out to do. It was time to break out of his shell, no more passive wimp. The young man's father looked over his son's shoulder and asked, "Well son, was it worth it?"

The young man stood there looking at the beat up, old, VW bug that was painted to look like a giant bee, and replied, "YES!!"

