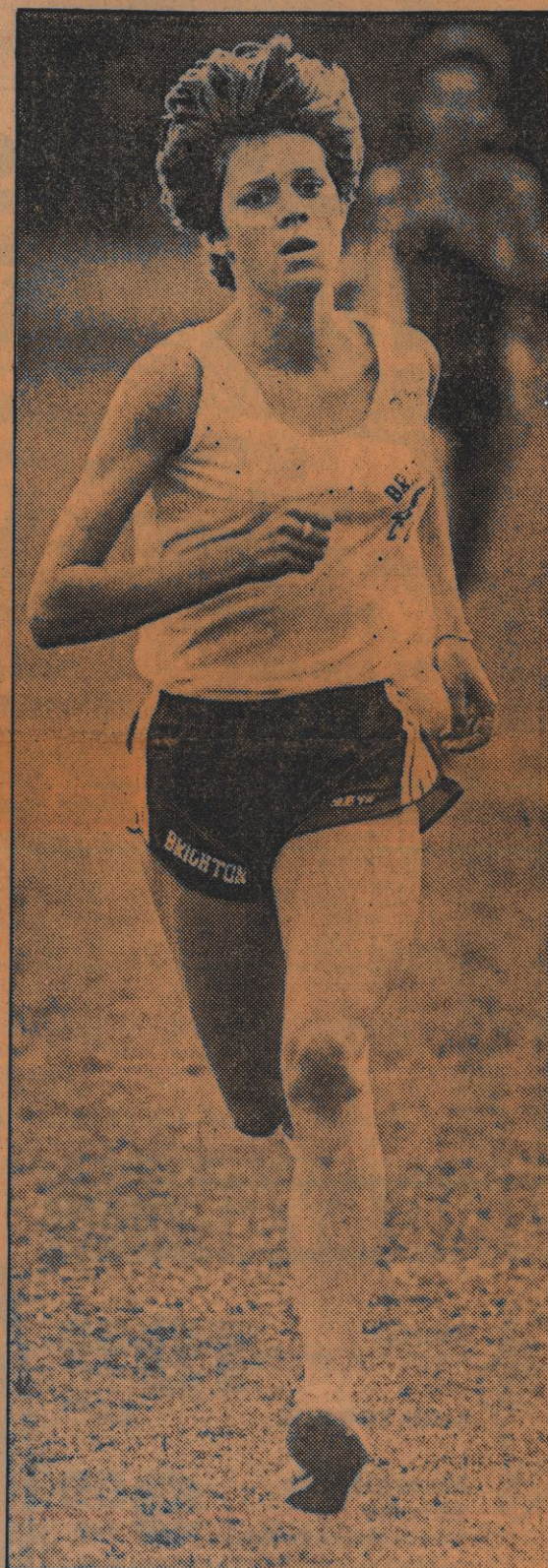


# Big day for Milles, Hosmer, Bolt



Sophomore Rachel Hosmer of Brighton closing in on victory in girls' Class AA-2 unseeded race. She won in 18:12, a comeback of sorts after not feeling well and sitting out a triangular meet Tuesday. She also won last year's McQuaid Invitational.

## Fly first overall but area runners capture divisions

By John Moriello

Democrat and Chronicle

Section 5 has produced a wrestler named Matt King and a lacrosse player named Mike LaCrosse in recent years.

However, the running equivalent of those appropriately named individuals lives in Section 6. Kerry Fly of Lockport, the No. 1 high school runner in the Buffalo area, came within a fraction of a second of the course record yesterday to finish the 22nd McQuaid Invitational cross country meet at Genesee Valley Park.

The senior, who also won the large-school division of the Newark Invitational last week before falling seven-tenths of a second short yesterday as he pursued the 1984 course record of Ron Markezich (Williamsville North), then summed up his latest accomplishment.

"This is definitely the topper to my list," he said after winning in a time of 14 minutes, 40.7 seconds on the three-mile course. "McQuaid tops it all."

He'd get no argument, particularly from the Section 5 representatives, who enjoyed their usual fine day at what has become one of the largest such meets in the country.

The local winners were:

- Irondequoit senior Paul Milles, who edged Sean Burns of Creighton Prep (Omaha, Neb.) in the final 300 yards for the AAA-2 unseeded championship. His finish helped the Indians to a second-place showing in the team standings.

- Rachel Hosmer of Brighton, who held off the AA-2 unseeded field to defend her title a week after an unusually poor showing in Newark.

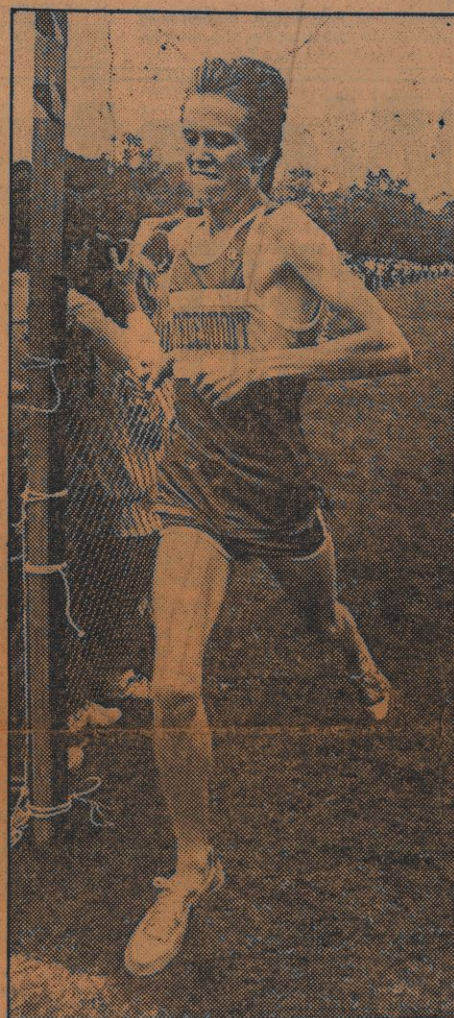
- Harley-Allendale-Columbia junior Richard Bolt, who defended his title in the A-3 unseeded race with a time of 15:28.5. East Rochester's boys, led by No. 3 Kevin Clancy, defended their title in that same class.

- The Newark girls, who totaled 135 points to win the Class A-3 unseeded run as Erica Reed took seventh place.

Milles, for his close victory, and Hosmer, for her reversal of form, were the attention getters.

"A lot of people went out fast," Milles said. "I didn't finish well, but a lot of people were cheering for me. It was a great feeling."

The junior he shadowed for much of



Paul Milles of Irondequoit leading way in boys' unseeded Class AAA-2 race.

the race before surging ahead in the final 300 yards to win (time of 15:25), was a victim of shock and perhaps strategy.

Burns, the Nebraska runner, was amazed by the surroundings.

"I've never seen so many people at a meet," he said. "This is great. They're not just coaches or parents. They came to watch. That's cool."

Burns and 12 teammates from the Jesuit school flew here earlier in the week.

"Our coach wanted us to see what real runners are like," Burns said. "It seems like there's nothing but football players in Nebraska."

As Milles sees it, there is something in the greater Rochester area besides football players.

"I think I'm better on hills," the Irondequoit senior said as he compared the difficult course at Ultra Technologies Park in Newark to the one he had just completed. "I knew Ron Dirkx (Greece Olympia) was here, and he's a great

## MCQUAID INVITATIONAL

miler. "And there are so many good runners in the section this year, with people like Chris Cusack (McQuaid), Ken Loncz (Batavia), Jason Urckfitz (Churchville-Chili) and Dirkx. The section is very close."

Kind of like his race, which was even two miles through the looping course as Milles, who was one of what seems like thousands of Section 5 runners to attend the Blue Mountain camp in the Poconos, stayed right behind Burns.

"Paul and I traded the lead, then I tried to pull away because I don't have the world's best kick," Burns said. "He blew by me at the end. I don't know if he used me (to block the wind), but that's fine if he did. It was good strategy."

Milles wasn't drafting.

"I was just trying to keep up with him," said the fifth-place finisher in last week's Newark race, "and then he started to pick it up. I thought I was going to settle for second, but I caught him ... When I found myself in front, I was a little surprised."

If Milles' race was the closest, then Hosmer's represented the shortest — as in shortest career as an also-ran.

The sophomore finished seventh — more importantly, she was 1:29 behind the winner — last week at Newark and was a physical wreck.

"It was not really that I wasn't at my best. I didn't have a lot of fluids in me," said Hosmer, who was second at the 1985 state championships and seventh the season before. She knew that she was in trouble at Newark, too.

"After the first mile my body felt really heavy. I knew something was wrong, and when Kim (Trawitz) and Deresa (Walters) pulled away, I couldn't go."

After a good breakfast, Hosmer had absolutely no difficulty yesterday in winning with what was a somewhat slow time of 18:12. She feels the race should be taken as notice that her difficulties, which caused her to skip a triangular meet during the week, are over.

"I feel I'll be up there for the end (of the season)," she said. "It's the end of the season that's important. These meets are a way to get in shape."

Hosmer repeating her 1985 McQuaid performance (her winning time then was about 16 seconds faster) by again attacking for the lead from the crowded starting line.