

1993

Our 20th Anniversary Season in Section V

McQuaid X-C in Section V Championships

<u>1973 - CHAMPS</u>	<u>1983 - CHAMPS</u>
1974 - Runners-up	<u>1984 - CHAMPS</u>
1975 - Fifth	<u>1985 - CHAMPS</u>
1976 - Sixth	1986 - Third
1977 - Third	1987 - Fourth
<u>1978 - CHAMPS</u>	1988 - Fifth
1979 - Runners-up	1989 - Fourth
<u>1980 - CHAMPS</u>	1990 - Third
<u>1981 - CHAMPS</u>	<u>1991 - CHAMPS</u>
1982 - Runners-up	<u>1992 - CHAMPS</u>
<u>1993 - CHAMPS</u>	

# McQuaid loses strength, but still a heavyweight

By **Urie Hill**  
Staff writer

McQuaid coach Bob Bradley said his cross country team will have a new look this season. "We won't be scaring anybody early this season," he said.

But other Section V Class A coaches say they won't be fooled.

"Well, he says he's down," Webster coach Jim May said. "I still think McQuaid is a factor to be reckoned with. He's got a great program, and he always has a great group of freshmen."

"The thing about McQuaid," Brockport coach Michelle Marasco said, "is its fourth and fifth men are always pretty strong. In other words, they go deep."

The Knights set a scoring mark (20 points) in capturing the Section V Class A title last fall, then won the state Class A championship.

Bradley was hoping three of his top seven runners from last year's team would compete this season, but only two — seniors Dan Lesser and Adam Reitz — returned. Reitz, the '92 sectional champion, has mononucleosis and isn't expected to be in top form until late October.

"We've got some good young runners coming along, but we won't look great team-wise until Reitz is back," Bradley said. "I think this will be a

## CROSS COUNTRY

wide-open season. We lost enough runners to be vulnerable."

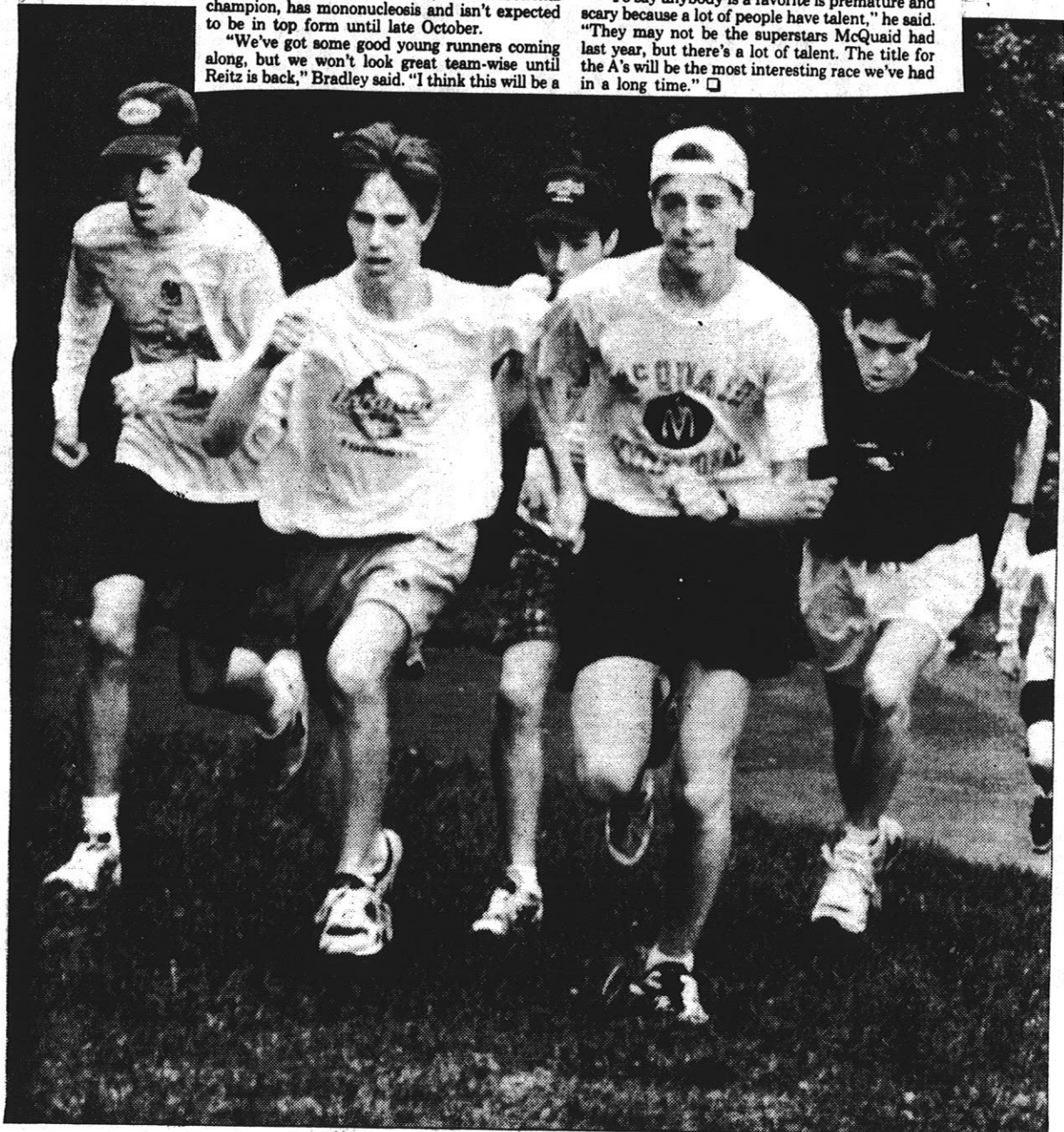
In McQuaid's season debut last weekend at the Liverpool Invitational, which was run in flights, Lesser won the first 3.1-mile race in 17 minutes, 13.7 seconds for the fastest time of the day. Jeff Clark won the second race (18:32), Pat Bernal the third (19:36) and Mike Perrotta the fourth (19:20).

McQuaid, along with Webster and Newark, will compete at the Auburn Invitational today on the first big racing weekend of the season. Bradley expects Lesser to receive competition from Webster's Mike Dahrea and Joe Matias of Newark.

He also expects the Knights to be challenged by Penfield, Webster and Fairport over the course of the season.

Penfield coach Dave Hennessey said almost every coach is in pretty much the same shape as McQuaid — a couple of senior runners followed by a group of youngsters.

"To say anybody is a favorite is premature and scary because a lot of people have talent," he said. "They may not be the superstars McQuaid had last year, but there's a lot of talent. The title for the A's will be the most interesting race we've had in a long time." □



Dan Lesser, in baseball cap and McQuaid T-shirt, leads teammates up a hill in Highland Park during practice.

Jim Laragy Staff photographer



# McQuaid begins season with some question marks

What a difference a year makes. Last Fall, McQuaid Jesuit's cross-country team had all its scorers back and was looking beyond sectionals to a state Class A championship.

This year, Coach Bob Bradley still has a lot of optimism but a whole van full of unknowns.

"Right now," said Bradley, "we have only one man ready from last year's team. I think we're going to be good, but our lineup is anybody's guess."

Senior co-captain Dan Lesser stands out among the unknowns of McQuaid's equation. Lesser was the dominant distance man in Section 5 last Spring and looks ready to have a banner season. "Dan put in a good Summer of running, and he'll be one of the best in the state," said Bradley.

Then come the question marks. Senior co-captain Adam Reitz, the section's "Runner of the Year" in '92, spent all of August dealing with mononucleosis and won't be able to compete for several weeks. "We'll just have to see how Adam bounces back. He's taking it very gradually, and we're hoping he'll be himself by mid-October."

McQuaid's third returnee from its state champs is senior Shawn Watts, sectional Class AA 800-meter winner, who placed second to Fairport's Adam Seavey in the Empire State 800. After a late start, he'll also miss the first two meets. "Shawn has a lot of distance potential still to tap," said Bradley. "He could be the surprise of the season."

That leaves sophomore Jeff Clark as

Lesser's first support, and last weekend's Liverpool meet was Clark's first 5K cross-country race. Bradley has ample reason for thinking Clark will be outstanding. "He's run a 4.40 1,600 and a 9.29 3,000, and he put on almost 600 miles this Summer, so the main question about Jeff is how good is he going to be. He could be one of the section's best this season."

The rest of the McQuaid early-season picture will depend on a number of promising graduates from the Varsity-2 and JV-Junior High ranks, plus a handful of brand-new cross-country men.

Heading the list after two weeks of practice are seniors Ian Sohn, Tim Reilly, and Jim Barnum, juniors Pat Bernal, Mike Perrotta, Dan Deckman, and Rob Pacer, and sophomores Andy

Robertson, Brendan Hogan, and Kieran Chaudhry, all veterans of at least one season. Juniors Kevin Chesterton and Pat Shaw and sophomore Brian Beecher, three newcomers to cross-country, are also good bets to break into the Knights' lineup.

"It's been a long time since we've gone into a season with so much inexperience," said Bradley. "But a lot of the guys have worked hard over the Summer and their spirit is super. When we get our lineup down to sectional entry time, I think they'll be ready to go for the championship."

Assisting Bradley in his 33rd year of coaching will be holdover Tony Trama and Bill Dodd, a McQuaid alumni parent with a long background of road racing. They'll also be working with a bumper turnout of almost 30 runners for McQuaid's junior high program.

## SCHOLASTIC CROSS COUNTRY

### Lesser, Clark lead McQuaid varsity

Senior Dan Lesser opened his season with a runaway victory, and sophomore teammate Jeff Clark made his varsity debut with a much closer win as McQuaid Jesuit's new edition had an auspicious beginning at the Liverpool Invitational last Saturday.

The Knights posted an incomplete team score in the eight-team field due to the absence of senior Adam Reitz, last year's sectional champion. Reitz normally would have been right with Lesser in the fast flight of the four-race set-up but is still working back into shape after a bout with mono. Instead of replacing him, McQuaid coach Bob Bradley left that slot open and ran the balance of his squad in their regular positions.

Lesser had his hands full with Henninger's Mike Melfi for the first half of the longish 5K but pulled away steadily and won by more than 100 yards. Clark's competition lasted for

the whole race, first from a Liverpool runner, then from a member of Corcoran's powerful squad. He regained the lead in the final 800 meters and turned loose a sprint to open a six-second victory margin.

Clark's companion in the second flight was senior Ian Sohn, who worked his way up to eighth place in his first Varsity-1 race. In the third flight, junior Pat Bernal also had an impressive start with the Knights' top group, laying off the early pace and coming on to finish third. Senior Jim Barnum was 14th in the same race.

Another Varsity-1 newcomer, junior Mike Perrotta, started out near the rear of the field in the fourth flight and wound up in second place with a last-second spurt past a Fairport runner. Senior Tim Reilly finished 10th.

McQuaid took home its first trophy of the season in the JV race, which was

run in two flights. Sophomore Brian Beecher, running his first race ever, made it a memorable one by running off course for more than 100 meters, then coming back to take first with a strong kick. Soph teammate Andy Robertson followed Beecher on his detour, but also recovered nicely to place third. Junior Dan Deckman also had a strong race, placing seventh.

The Knights sewed up their victory in the second flight as junior Kevin Chesterton, soph Kieran Chaudhry, and senior Brian Kubiak produced a 3-4-6 for a team score of 24 points. In the same race, soph Tim Liebert was 10th, senior Joe Perry 12th, and soph Sean Gallagher 14th.

This weekend, McQuaid's runners will go back to the seven-man team format in the Auburn Invitational, and the Knights' junior high team will open its season there under new coach Bill Dodd.



Varsity-1 Meet #1

Liverpool Invitational  
Long Branch Pk. 9/11/93

Weather: Cloudy  
Cool, Breezy  
Course a bit wet

Varsity Incomplete

Flight 1 - 1. Dan Lesser 17:13.7 (long 5K)  
DNR Adam Reitz

Flight 2 - 1. Jeff Clark 18:32  
8. Ian Sohn 19:34

Flight 3 - 3. Pat Bernal 19:36  
14. Jim Barnum 22:49

Flight 4 - 2. Mike Perrotta 19:20  
10. Tim Reilly 21:02

J.V. first of 6 Schools

Flight 1 - 1. Brian Beecher 20:39  
3. Andy Roberetson 20:43  
7. Dan Deckman 20:50

Flight 2 - 3. Kevin Chesterton 21:00  
4. Kieran Chaudhry 21:26  
6. Brian Kubiak 21:46  
10. Tim Liebert 22:13  
12. Joe Perry 22:44  
13. Sean Gallagher 23:13

Team Scores: McQ 24, Corcoran 36, etc.



Varsity-1 Meet #2

Auburn Invitational Weather: Light rain  
Holland Stadium Temp 65; Course slick  
9/18/93

Varsity 3rd of 12 A & B Schools

		<u>1992 Time</u>
2. Dan Lesser	15:31	16:17 ('91)
13. Jeff Clark	16:39	DNR
22. Pat Bernal	17:14	19:01
28. Mike Perrotta	17:18	19:58
32. Ian Sohn	17:27	18:30
56. Tim Reilly	18:19	19:04
60. Dan Deckman	18:38	DNR

92 runners finished

Team Scores: Auburn 72, Horseheads 84, McQ 97, Central Sq. 98,  
Henninger 102, Webster 144, etc.

J.V. 2nd of 16 Schools      '92 Time

9. Brendan Hogan	18:07	DNR
12. Andy Robertson	18:11	DNR
14. Rob Pacer	18:13	18:13
17. Kevin Chesterton	18:23	DNR
30. Brian Beecher	18:57	DNR
36. Tim Liebert	19:28	DNR
38. Kieran Chaudhry	19:30	DNR
39. Brian Kubiak	19:30	20:05
44. Joe Perry	19:34	20:10
59. Pat Shaw	20:03	DNR
61. Jim Whitcomb	20:08	DNR
73. Sean Gallagher	20:33	DNR
90. Dave Laux	20:56	22:10
97. Aaron Nolan	21:04	19:53

147 runners finished

Varsity-1 Meet #3

Newark Invitational  
Stuart Park 9/25/93

Weather: Sunny & Warm  
Turning cooler during  
meet; course dry

McQuaid 11th of 15 Seeded Teams

2. Dan Lesser	16:36
21. Jeff Clark	17:42
59. Pat Bernal	18:52
72. Mike Perrotta	19:08
74. Andy Robertson	19:16
85. Tim Reilly	19:37
102. Dan Deckman	20:19
108. Jim Barnum	20:46

Team Scores: Suffern 94, Cicero-No.Syr. 125, Arlington 125.....  
McQuaid 228, etc.

J.V. (No Team Scoring)

8. Brendan Hogan	19:41
15. Rob Pacer	19:56
21. Kevin Chesterton	20:12
43. Kieran Chaudhry	20:43
75. Brian Kubiak	21:12
87. Tim Liebert	21:27
93. Joe Perry	21:31
124. Pat Shaw	22:07
133. Aaron Nolan	22:16
149. Sean Gallagher	22:41
151. Jim Whitcomb	22:42
157. Brian Nasipak	22:52
205. Dave Laux	23:54



Varsity-1 Meet #4

**29th Annual McQuaid Invitational  
Genesee Valley Park  
October 2, 1993**

Weather: Rainy and 60° Course muddy

**Varsity:**

Race #21 AAA #2

McQ 3rd of 17 Schools (Course 3.0)  
(Walsh-55, St. Mike's 79, McQ-136, Fairport-163)

V.G.!	1. Dan Lesser	15:10	5 FAIRPORT
	10. Adam Reitz	16:10	3 PENFIELD
	11. Jeff Clark	16:13	
NEED WORK!	48. Ian Sohn	17:07	2 FAIRPORT
	66. Mike Perrotta	17:30	4 PENFIELD
	84. Tim Reilly	17:48	
	89. Pat Bernal	17:57	

**Varsity-2**

Race #20 AAA #1

73. Rob Pacer	17:33
87. Jim Barnum	17:58
102. Dan Deckman	18:27
109. Kevin Chesterton	18:53
112. Pat Shaw	18:58
116. Brian Kubiak	19:13
119. Dave Laux	19:33
122. Aaron Nolan	19:45
125. Joe Perry	19:58
133. Brian Nasipak	21:26

**Sophomore**

McQ 5th of 17 Teams  
(Webster-44, Corning-95, Guilderland-145, McDowell-194, McQ-243)

9. Andy Robertson	17:25
17. Brendan Hogan	17:43
50. Kiernan Chaudry	18:45
75. Tim Liebert	19:25
92. Sean Gallagher	19:58
93. Jim Whitcomb	19:59

Varsity-1 Meet #5

Stock-Conwicke Invitational Weather: Sunny, Warm  
IBM Golf Course, Endicott Temp 68, Course a  
Sat. 10/9/93 bit soggy

**Varsity-1 2nd of 21 School's**

		'91 Time
1. Dan Lesser	16:31 (3.05)	17:28
12. Jeff Clark	18:20	-
19. Adam Reitz	18:33	17:04
32. Ian Sohn	19:06	20:24
48. Mike Perrotta	19:30	-
66. Rob Pacer	20:01	-
82. Dan Deckman	20:36	-

Team Scores: Vestal 100 (8-10-14-24-44), McQ 112, Horseheads 114,  
Corning 122, Ithaca 142, Webster 144 (4-11-35-38-56)



# Lesser rises to the top at McQuaid Invitational

## Senior triumphs over large field

By Mike Latona  
Staff writer

In the Sept. 30 issue of the *Catholic Courier*, McQuaid Jesuit cross-country Coach Bob Bradley remarked that Dan Lesser, his senior star runner, is "beginning to realize he can run with anybody in any race."

Bradley obviously knew what he was talking about.

Lesser became only the second McQuaid runner ever — and the first since the McQuaid Invitational's first running in 1965 — to take first place overall in the mammoth competition hosted by his school.

The 29th annual meet, which attracted 180 teams from the northeastern United States and Canada, was held this past Saturday, Oct. 2, at Genesee Valley Park in Rochester.

Lesser posted a time of 15 minutes, 10 seconds as he placed first in Race Two of the boys' mixed varsity AAA division. The invitational's next-best time came from Paolo Frescura of St. Michael's in Toronto, who competed in the same heat as Lesser and finished six seconds behind him.

With the victory, Lesser earned the Steve Prefontaine Memorial Award. Teammate Adam Reitz added a 10th-place finish as the Knights placed third in team competition within their division.

Other noteworthy finishes among the diocesan Catholic high school teams and runners also competing in the McQuaid Invitational were:

- Our Lady of Mercy, third in team scoring in girls' mixed varsity AA;

## Dan Lesser wins Prefontaine Memorial plaque

McQuaid senior Dan Lesser won one of the great two-man battles in 29 years of McQuaid Invitational competition to capture the prized Prefontaine Memorial plaque and provide the local highlight of the annual cross-country spectacular at Genesee Valley Park last Saturday.

Lesser and Paolo Frescura of St. Michael's, Toronto, had pulled away from the pack of 120 runners by the time the race re-entered the main glen heading for the mile-and-a-quarter mark. For the next nine minutes, the two went at each other, Lesser trying to open a gap and Frescura coming back to challenge each time.

The Toronto senior edged ahead just before the course's final hill, but Lesser regained the lead on the downhill slope with a quarter to go. With a 200-yard straightaway left, the two

were matching strides next to each other, Lesser just a bit ahead. Then, about 50 yards from the finish, Frescura's legs faltered, and he broke stride as Lesser continued his victory sprint to the line.

Lesser's time of 15:10 topped the earlier best of 15:19 by Tim Englehardt of East Syracuse-Minoa, who out-kicked him two weeks earlier at Auburn. So for the first time, a McQuaid runner will have his name on the Prefontaine plaque, awarded since 1975 in memory of the American distance great who died in a car accident at age 24.

The victory was also the first by a McQuaid runner in his own meet since Eric Kendrick won the very first one in 1965.

McQuaid coach Bob Bradley, who watched Kendrick's win from the back

of a Brighton police car leading the race, saw Lesser's victory from his place at the announcing spot in the middle of the glen.

"This has to be one of the best ever," Bradley said. "We've had a lot of two- or three-man battles for the Prefontaine award over the years, but they almost all resolved themselves before the last quarter. This one was the kind that really had the crowd in a tizzy until the end. For a guy who's not supposed to be a kicker, Dan reached down and came up with a tremendous stretch run."

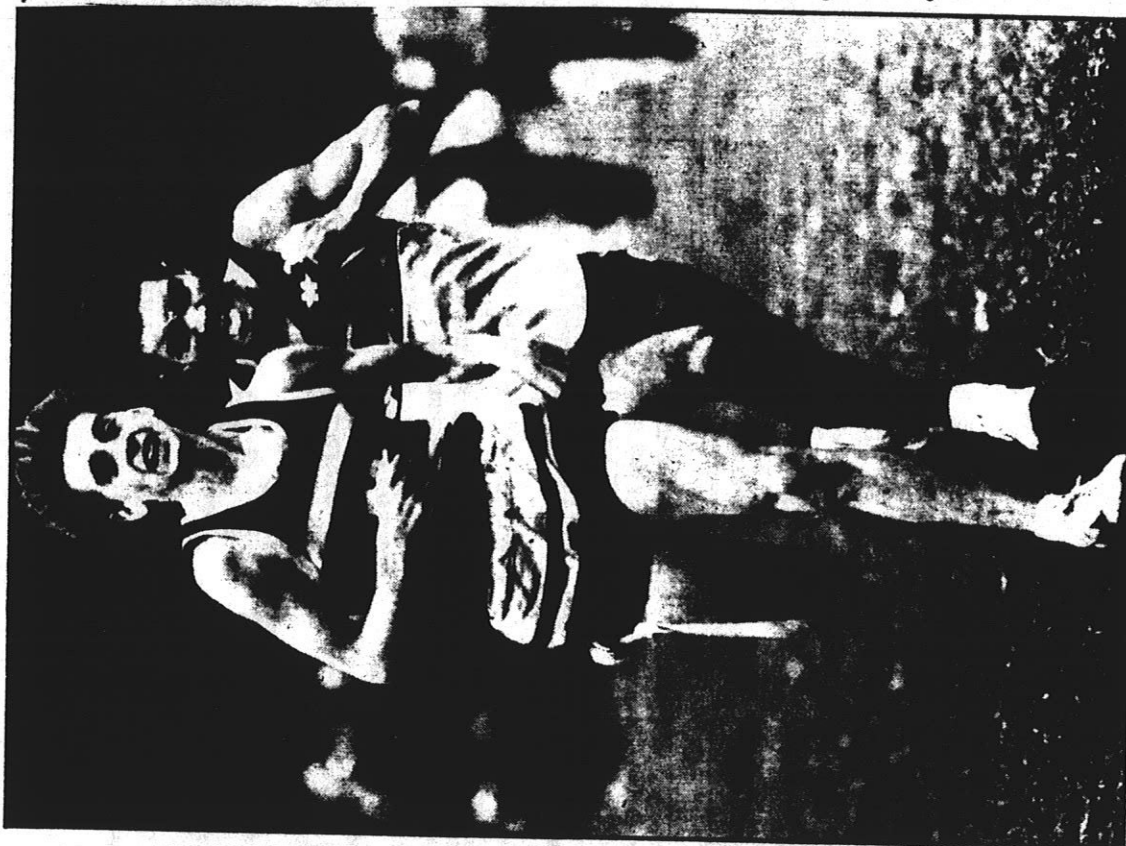
Less spectacular but very encouraging to the McQuaid seasonal picture was senior Adam Reitz's 10th-place finish in his return to major competition after mono, and Jeff Clark's 11th-place in a race loaded with talent.

The Knights had to go back to 48th

and 66th to pick up their last two scores from Ian Sohn and Mike Perrotta but still wound up third, behind Walsh Jesuit of Ohio and St. Michael's.

Andy Robertson (ninth) and Brendan Hogan (15th) had strong finishes in the sophomore race, and freshman John Sullivan provided a final high spot by winning the last of the three junior high races with a closing sprint.

Sullivan led Coach Bill Dodd's junior high squad to a first-place tie with Guilderland at 56-all, with the Section 2 team winning on a tie-breaking dual meet score, 26-29. Running strongly behind Sullivan were freshmen Tim Huver (5) and David Sohn (16) and eighth-graders Sanjay Narayan (13) and Shane Woityra (21).



St. John Wilson/Staff photographer  
McQuaid Jesuit's Dan Lesser (left) passes Paolo Frescura of St. Michael's in Toronto to win the mixed varsity AAA race during the 29th annual McQuaid Invitational at Genesee Valley Park Oct. 2.



# Time slows to grueling, poetic pace

**S**een through a steady mist, the runners were blurs of bright color against the green of Genesee Valley Park at last Saturday's McQuaid Invitational cross county meet.

A red singlet pursued a yellow singlet. Farther back a runner in blue began to lag as a runner in white made up ground. Like beads on a string, the runners traded places but somehow remained linked.

The distant view of the races is hallucinating, as it gives the impression that the runners are effortlessly gliding.

Up close, the strain is clear. The runners labor as they round corners, their eyes grimly seek the finish line and relief.

Near the end of one of the boys varsity races, a runner collapsed only 20 yards from the end. "I just gave out," he said later.

In all, 4,800 young athletes — boys and girls from junior high schools and high schools — took part in the day's 23 races.

The younger athletes navigated a 1.55-mile course, the older runners went the full 3 miles. Their singlets carried the evocative names of their com-

munities: Chittenango, Irondequoit, Skaneateles, Canastota, Hammondsport, Allegany, Oswego, Canandaigua, Susquehanna, to name a few.

**OUT ON THE** course, Jim Whitcomb of Rochester stood with a yellow flag in his hand.

He'd be there all day, directing runners into and out of one of the course's loops. His son, also named Jim, is one of the younger McQuaid runners.

"It's such a pure form of sport," the elder Whitcomb said of cross country.

It is. The starter shoots a pistol into the air and the runners run. First one to the finish line wins.

From where he stands on a knoll in the middle of the course, Bob Bradley, the McQuaid coach and the meet's director, can see the start, finish and the in-between of the races.

Microphone in hand, he announces the progress of the races, reporting on the leaders as they revolve around him.

About mid-day during last week's races, a younger athlete nervously approached Bradley. He had lost his watch and asked if one had been turned in.

"What kind was it, son?" Bradley asked.

"Just a Timex. It wasn't expensive," the boy answered.

"Was it this one?" Bradley asked, pulling a watch out of his pocket.

"No," said the boy, shrugging his shoulders.

It was a little moment in the middle of all that activity, but it seemed to fit in with the simplicity of the day.

Bradley trusted the boy to be honest. The boy returned the trust.

**ONE OF THE BEST** races of the day pitted McQuaid's Dan Lesser against Paolo Frescura, who competes for St. Michael's of Toronto.

From Bradley's knoll, the race was a study in point/counterpoint. Frescura would go ahead on the flats, Lesser would catch him on the hills.

As the runners rounded a corner for the last 200 yards, Bradley seemed to be rooting them both on, even though only one of the runners ran for McQuaid.

"What a foot race," Bradley said, using a term that seemed both dated and appropriate.

Lesser ended up winning by a few seconds. After the race, he and Frescura smiled and praised each other and talked of other races down the road.

Behind them, the third girls junior high race of the day was under way, to be followed by the third boys junior high race.

Bob Bradley stood on his knoll, calling the race. He was a still point in the midst of bright colors on a day that seemed, in its own way, as pure as the sport it served. □

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**JIM  
MEMMOTT**



Varsity-1 Meet #6

Fordham University Invitational  
Van Cortland Park, NYC  
Sat., Oct. 16, 1993

Weather:  
Sunny, Mild  
Course dry

## Var-1 5th of 12 Schools in "A" Race

2. Dan Lesser	12:54 (2.5) *
18. Adam Reitz	13:43
32. Jeff Clark	14:03
51. Andy Robertson	14:28
53. Mike Perrotta	14:29
58. Ian Sohn	14:40
61. Rob Pacer	14:44

\* 2nd fastest McQ time in 31 years on this course. Our record is 12:52, by John Farrell in 1974.

Team Scores: CBA, NJ 62, Msgr Bonner, Phila 78, Londonderry, NH 84, Paul VI, NJ, 107, McQuaid 156, Arch. Ryan, Phila. 162, Toms River So., NJ 171. etc.

Varsity-1 Meet #7

Brown U. Invitational  
Slater Park, Pawtucket, RI  
Sat. Oct. 23, 1993

Weather: Perfect  
Sunny, 52, Breezy  
Course fast

## McQ 9th of 16 Seeded Schools

2. Dan Lesser	15:10 (3:03)*
18. Adam Reitz	16:00
62. Jeff Clark	16:43
69. Ian Sohn	16:48
74. Mike Perrotta	16:54
94. Rob Pacer	17:20
99. Andy Robertson	17:31

\* School record for this course. Previous best was 15:44 by Rob Smillie in 1984.

Team Scores: Suffern 94, Tottenville 125, St. Raphael's, RI 143, Bishop Ford 150, Plymouth 178, St. Anthony's 188, Taconic, MA 205, Xavier (CT) 212, McQ 225, etc.

Varsity-1 Meet #8

Greenman Invitational  
Ely Park, Binghamton 10/27/93

Weather: Cold  
Windy, light snow

## McQ-1 2nd of 19 Schools

		1992
1. Dan Lesser	15:50	16:10
6. Adam Reitz	16:30	15:48
16. Jeff Clark	16:58	
31. Ian Sohn	17:21	18:19
38. Mike Perrotta	17:35	18:43
53. Andy Robertson	18:06	
58. Rob Pacer	18:12	18:33

Team Scores: Corning 60, McQ 92, Horsheads 94, Ithaca 128, Vestal 141, Binghamton 177 etc.



Varsity-1 Meet #9Section V Championships  
Newark Sat. 11/6/93Weather: Cloudy, Cool  
Course slow

## McQ Wins its 10th X-C Section V Trophy

		<u>9/25/93</u>
1. Dan Lesser	16:39	16:36
5. Jeff Clark	17:35	17:42
6. Adam Reitz	17:40	dnr
17. Ian Sohn	18:28	dnr
22. Mike Perrotta	18:41	19:08
42. Andy Robertson	19:30	19:16
52. Rob Pacer	19:53	19:56

Team Scores: McQ 51, Penfield 54 (7-9-11-12-15), Fairport 80, etc.

Varsity-1 Meet #10State Championships  
Stuart Park 11/13/93Weather: Cloudy, Cool  
Temp 40, Winds 15

## McQuaid 8th of 9 Class A Teams

7. Dan Lesser	16:44
15. Adam Reitz	16:58
70. Jeff Clark	17:59
100. Mike Perrotta	18:50
102. Ian Sohn	19:08
103. Dan Deckman	19:20
105. Andy Robertson	19:30

Team Scores: Suffern 44, Cicero-No.Syr. 79, etc.

Varsity-1 Meet #11Jesuit Championships  
VC Park, NYC 11/20/93Weather: Windy, Cool  
Temp 50, Course dry

## McQ 1st of 10 Schools

1. Adam Reitz	13:15
3. Jeff Clark	13:58
6. Mike Perrotta	14:09
7. Ian Sohn	14:15
26. Dan Deckman	15:01
29. Andy Robertson	15:05
43. Rob Pacer	15:29

Team Scores: McQuaid 46, St. Joe's, Phila. 49, Xavier, NYC 110  
Loyola, Balt. 115, Canisius 147, Georgetown Prep 157,  
Regis, NYC 170, St. Peter's, NJ 173, Scranton Prep 184  
Fordham Prep 207



# Varsity-1 Places - 1993

	L I V E R P O O L	A U B U R N	N E W A R K	M C Q U A I D	S T O C K - C O N W.	E A S T E R N S	B R O W N	G R E E N M A N	S E C T I O N A L S	S T A T E S	J E S U I T S		
Lesser	1	1	1	1	1	1	1	1	1	1	dnr	10/10	1.0
Reitz	dnr	dnr	dnr	2	3	2	2	2	3	2	1	8/17	2.1
Clark	2	2	2	3	2	3	3	3	2	3	2	11/27	2.5
Sohn	4	5	dnr	4	4	6	4	4	4	5	4	10/44	4.4
Perrotta	3	4	4	6	5	5	5	5	5	4	3	11/49	4.5
Bernal	5	3	3	10								4/21	5.3
Robertson	7	7	5	5	dnr	4	7	6	6	7	6	10/60	6.0
Beecher	6											1/6	6.0
Pacer	dnr	8	8	7	6	7	6	7	7	dnr	7	9/63	7.0
Hogan	dnr	6	7	8								3/21	7.0
Deckman	8	11	10	11	7					6	5	7/58	8.3
Reilly	10	9	6	9								4/34	8.5
Chesterton	9	10	9									3/28	9.3

# Varsity-2 Places - 1993

	H - A - C	C I T Y - C A T H #	D A N S V I L L E	F A I R - B R I G H T.	C I T Y - C A T H #	C A N A N D A I G U A	C I T Y - C A T H #	G R E E N M A N	C - C H A M P S		
Reitz		1								1/1	1.0
Clark							1			1/1	1.0
Sohn	1									1/1	1.0
Robertson	2	4	1				2			4/9	2.6
Deckman	4	2		3	3	1	7	2	1	8/23	2.9
Pacer	3	5			1		3			4/12	3.0
Hogan	6	6	2	4	2	2	4	1	2	9/29	3.2
Bernal				2	5	5	9	3	3	6/27	4.5
Reilly	5	3	3	1		4	8	6	8	8/38	4.8
Chaudhry	10	10	4	5	6	3	6	4	7	9/52	5.8
Barnum	7	7	5	6	4	6	5	7	6	9/53	5.9
Shaw			6	7	7			5	5	5/30	6.0
Chesterton	8	8								2/16	8.0
Kubiak	9	9	7		8		10		7	6/50	8.3
Liebert					9	7			9	3/25	8.3
Perry									10	1/10	10.0
Whitcomb					10					1/10	10.0



Varsity -2 Meet #1

H-A-C Invitational  
Allendale-Columbia Campus  
Wed., Sept 22, 1993

Weather: Perfect  
Sunny, 70  
Course dry

## Varsity-2 1st of 12 schools

		<u>'92 Time</u>
2. Ian Sohn	16:45 (short 5K)	18:32
4. Andy Robertson	17:19	
11. Rob Pacer	17:33	18:23
12. Dan Deckman	17:36	DNR
13. Tim Reilly	17:37	DNR
15. Brendan Hogan	17:46	
17. Jim Barnum	17:53	18:48

Team Scores: McQ 42, Dansville 119, etc.

## J.V. (No team scoring)

1. Kevin Chesterton	18:14	
2. Brian Kubiak	18:50	19:51
4. Kieran Chaudhry	19:04	
9. Tim Liebert	19:21	
11. Joe Perry	19:31	23:54
13. Sean Gallagher	19:48	
14. Brian Nasipak	19:59	21:26
20. Jim Whitcomb	20:15	
22. Pat Shaw	20:25	
29. Aaron Nolan	20:51	19:50
37. Kevin Buell	21:56	22:31

**McQuaid vs. Aquinas Dual****Cobbs Hill Park**Varsity-2 Meet #2**9/29/93****McQ-22, Aq-37**

1. Adam Reitz	17:46
3. Dan Deckman	18:56
5. Tim Reilly	19:04
6. Rob Pacer	19:14
7. Jim Barnum	19:28
8. Brian Kubiak	20:09
11. Joe Perry	21:22
12. Aaron Nolan	21:33

**J.V. Race:**

1. Andy Robertson	19:05
2. Brendan Hogan	19:18
3. Kevin Chesterton	19:48
4. Kier an Chaudry	20:50
5. Pat Shaw	20:54
6. Dave Laux	20:55
7. Tim Liebert	21:12
8. Sean Gallagher	21:26
9. Brian Nasipak	22:54
12. Kevin Buell	24:01



Dansville-Wayland Invitational Weather: Sunny  
Stony Brook Park warm, 70  
Fri., 10/8/93 Course dry

Varsity-2 Meet #3

Varsity-2 9th of 17 Schools

		Past times
1. Andy Robertson	16:26 (2.9)	
45. Brendan Hogan	17:43	
49. Tim Reilly	17:51	
51. Kieran Chaudhry	17:54	
62. Jim Barnum	18:06	18:20, '92
76. Pat Shaw	18:31	
80. Brian Kubiak	18:45	19:11, '91

Team Scores: Bolivar 96, Horneil 116.....McQuaid 217, etc.

Penfield-Irondequoit Invitational Weather: Cloudy,  
Harris-Whalen Park Cool; course dry  
Sat., 10/9/93

25. Jim Whitcomb	21:08 (5k)
26. Joe Perry	21:17
28. Tim Liebert	21:24
29. Aaron Nolan	21:26
42. Dave Laux	22:25
44. Sean Gallagher	22:31

Fairport-Brighton Invitational  
Mendon Ponds Park  
Sat., Oct. 16, 1993

Varsity-2 Meet #4

Var-2 4th of 9 Schools

19. Tim Reilly	19:02
21. Pat Bernal	19:06
24. Dan Deckman	19:12
26. Brendan Hogan	19:14
27. Kieran Chaudhry	19:16
31. Jim Barnum	19:36
45. Brian Kubiak	20:24

J.V.

19. Pat Shaw	20:17
21. Tim Liebert	20:35
24. Joe Perry	20:40
27. Jim Whitcomb	20:46
43. Sean Gallagher	21:29
60. Dave Laux	22:18
62. Aaron Nolan	22:25



Varsity-2 Meet #5 McQuaid 15 Edison-Wilson 40 Weather: Sunny, Cool  
Cobbs Hill 10/19/93 Course dry

1. Rob Pacer	18:35
2. Brendan Hogan	18:54
3. Jim Barnum	19:06
4. Dan Deckman	19:07
5. Pat Bernal	19:11
6. Kieran Chaudhry	19:24
7. Pat Shaw	19:46
8. Brian Kubiak	19:49
9. Tim Liebert	20:18
10. Aaron Nolan	21:26

J.V.

1. Jim Whitcomb	20:36
2. Dave Laux	20:45
4. Sean Gallagher	21:14
10. Brian Nasipak	22:01

Varsity-2 Meet #6 Canandaigua Invitational: Weather: Perfect  
CCFL - Sat.10/23/93 Sunny, Cool

Var-2 3rd of 10 Schools

13. Dan Deckman	19:06 (5K)
14. Brendan Hogan	19:18
25. Kieran Chaudhry	19:42
29. Tim Reilly	20:01
31. Pat Bernal	20:03
36. Jim Barnum	20:15
46. Brian Kubiak	20:43

J.V. 1st of 6 Schools

5. Tim Liebert	20:40
6. Pat Shaw	20:41
10. Jim Whitcomb	21:12
12. Joe Perry	21:26
20. Dave Laux	22:04
32. Sean Gallagher	23:10
34. Brian Nasipak	23:29

Varsity-2 Meet #7 McQ 18 East 43 Weather: Sunny, Cool  
Cobbs Hill 10/19/93 Course dry

McQuaid Wins City-Catholic Title\*

1. Jeff Clark	17:26**
2. Andy Robertson	18:17
3. Rob Pacer	18:21
5. Brendan Hogan	18:37
7. Jim Barnum	18:53
8. Kieran Chaudhry	19:00
9. Dan Deckman	19:01
10. Tim Reilly	19:10
12. Pat Bernal	19:22
14. Brian Kubiak	20:02

\* Our 22nd straight without a loss. McQuaid has not lost a dual meet since Oct., 1971. In round figures, that's about 200 wins in a row.

\*\* Fastest time of the season at Cobbs Hill.

J.V.

5. Pat Shaw	20:06
8. Jim Whitcomb	20:39
10. Sean Gallagher	21:05
11. Tim Liebert	21:07
22. Brian Nasipak	22:16



Varsity-2 Meet #8

Greenman Invitational  
10/27/93

Var-2 11th of 19 Teams

		<u>1992</u>
60. Dan Deckman	18:16	19:25
62. Pat Bernal	18:18	18:17
87. Tim Reilly	19:03	18:46
89. Jim Barnum	19:07	
105. Brian Kubiak	19:49	19:32

J.V. 5th of 10 Schools

		<u>1992</u>
7. Brendan Hogan	18:13	
19. Kieran Chaudhry	18:36	
30. Pat Shaw	19:00	
36. Tim Liebert	19:21	
45. Jim Whitcomb	19:44	
54. Sean Gallagher	20:34	
57. Joe Perry	20:52	
63. Aaron Nolan	21:05	19:01
64. Brian Nasipak	21:09	19:55

Varsity-2 Meet #9

City-Catholic Championships  
Cobbs Hill Wed. 11/3/93

Weather: Cold; 37  
Course slow  
w/snow & mud

Varsity - No Team Scoring

3. Dan Deckman	19:00
4. Brendan Hogan	19:12
6. Pat Bernal	19:39
9. Kieran Chaudhry	19:44
11. Pat Shaw	19:55
12. Jim Barnum	20:03
13. Brian Kubiak	20:07
16. Tim Reilly	20:29
21. Joe Perry	21:40
23. Aaron Nolan	22:22

J.V.

3. Tim Liebert	21:03
8. Sean Gallagher	21:52
15. Brian Nasipak	22:46



B-P Post 10/20/93

McQuaid Jesuit senior Dan Lesser has made Saturday his "go for the record" day this season, and his latest two races have been among his best in that regard.

Last Saturday, the McQuaid mark for the 2.5 mile Van Cortland Park course in New York City was his target: John Farrell's 12:52 from 'way back in 1974. Lesser came very close, running 12:54 against the winning 12:51 of Londonderry, New Hampshire's Jim Mortimer.

A week earlier on a 3.05 layout that coach Bob Bradley considers the toughest (and most scenic) in the state, Lesser attacked the hills of the IBM golf course outside of Binghamton and tied the 16:39 McQuaid mark of Tom Warth, set back in 1981. Lesser won going away in that one, clocking the fifth-fastest time ever for Section Four's favorite site.

In four prior races, Lesser, in winning twice and finishing second twice, succeeded in posting either the fastest or second fastest McQuaid times at four courses: Liverpool, Auburn, Newark, and Genesee Valley Park.

This Saturday, he'll try for a new McQuaid 5k record at the flat Brown University Invitational course in Pawtucket's Slater Park. The unofficial record is 15:44, set by Rob Smillie in McQuaid's only other visit to the Brown meet in 1984. "I call it 'unofficial'," said Bradley, "because the course is widely considered to be short, although Brown lists it as 5k. We're going to take our wheel up and find out. Either way, Dan will be shooting to win the race."

As interesting as Lesser's high-calibre running is, the top priority of the McQuaid season remains the putting together of a winning combination for the Section V championships on November 6th. The Eastern States meet was encouraging on that count as well, with Adam Reitz running strong 13:43 for 19th place, Jeff Clark placing 32nd in 14:03, and the crucial 4th through 7th spots clustering in 16 seconds between 51st and 61st places. Soph Andy Robertson (51) led the way, followed by junior Mike Perrotta (53), senior Ian Sohn (58) and junior Rob Pacer (61). Those places earned the Knights a fifth place finish among 12 schools in the top-seeded "A" race.

Closer to home, McQuaid's junior high squad has been establishing itself as one of upstate's best. Two weeks ago, at the Penfield-Irondequoit meet, the Knights put 5 men in the top ten to win easily. At Baldwinsville last Saturday, the Knights battled the best jr high team in Section Three -- Fayetteville-Manlius -- and lost by a 51-60 score. The same five scorers did the heavy work up front: John Sullivan (3), Tim Huver (4), Shane Woityra (16), David Sohn (18) and Sanjay Narayan (19).

This weekend, while their Varsity-1 group heads for Rhode Island, the rest of the Knights will be at the Canandaigua Invitational on the CCFL course.



B-P Post 11/3/93

Sunshine or snow, it makes no difference to McQuaid's Dan Lesser when it comes to running the hills of the Southern Tier. A runaway victor in warm humid weather three weeks ago at the IBM Golf Course outside of Endicott, Lesser moved east to the challenging slopes of the Ely Park course overlooking Binghamton and once again won by over 100 yards in Saturday's snowy Loyal Greenman Invitational.

Lesser's win was his fourth on the invitational circuit, coming in his final preparation for this Saturday's Section Five championships on the tough Newark course.

Also tuning up at Binghamton was Lesser's fellow captain Adam Reitz, last year's sectional champion and a two-time winner of the Greenman meet. Reitz, who has been getting stronger week by week in his comeback from a mono-enforced layoff, had his best race so far, sticking with the front pack for most of the race and winding up sixth.

Completing the Knights' scoring group were Jeff Clark(16), Ian Sohn(31), and Mike Perrotta(38). McQuaid's score of 92 points was good for second place in the 18-school field, just ahead of Horseheads's 94 but well behind Corning's tightly grouped 60.

McQuaid's other two Varsity-1 men were Andy Robertson (53) and Rob Pacer(58), finishing just ahead of Varsity-2 leaders Dan Deckman (60) and Pat Bernal (62). The Knights' Varsity-2 team placed 11th with 313 points.

In the J.V. race, sophs Brendan Hogan (7) and Kieran Chaudhry (19) and junior Pat Shaw (30) led the Knights to a fourth-place finish.

Coach Bill Dodd's junior high team had another impressive outing in their race, scoring a low 38 points to win easily in the 9-team field. John Sullivan, improving on his '92 performance by over a minute, led for most of the two-mile race, only to be overhauled by Jeff Russell of Union-Endicott in the final stretch. Tim Huver was close behind in 3rd, and the consistent threesome of Shane Woityra, David Roth, and Sanjay Narayan sewed up the victory with a cluster of 10-11-12.

This Saturday, the Knights will be defending their sectional championship against expected challenges from Fairport, Penfield, and Webster. Reitz and Lesser, 1-2 a year ago, will be looking for the same numbers this time, though perhaps not in the same order. McQuaid's Class A race will be at 3:30.



# Cocca, Lesser spark team wins

By **Urle Hill**

Staff writer

## CROSS COUNTRY

**NEWARK** — Carrie Cocca had to improvise, but everything turned out the way it often does in the world of Section V cross country.

The Fairport junior won, leading the Red Raiders' girls girls to the team championship yesterday at Stuart Park.

"This race went the opposite of how I thought it was going to go," said Cocca, who finished the demanding 3.1-mile course in 20 minutes, 17 seconds. "It went out slow. I was expecting to have a faster time and wanted to run under 20, but with the way we went out I couldn't."

Cocca, Webster's Kirsten Doehler and Spencerport's Tammy Bush broke away from the pack.

"But no one wanted to take the lead," Cocca said. "Every time someone went ahead of the others, they would end up stepping back."

Cocca said she finally made her move about halfway through the race. She was able to maintain her distance ahead of Doehler (20:25), with Melissa Salzman of Fairport taking third in 20:48.

In the boys' Class A race, Dan Lesser continued an outstanding fall season by covering the course in 16:38 to help McQuaid (51) edge Penfield (54) for team honors.

The Knights have won the championship three consecutive years.

"This race was all for the team," said Lesser, who finished second to teammate Adam Reitz a year ago. "I'm happy I could win it for the team. That's what sectionals is all about."



Annette Lein Staff photogr

McQuaid's Dan Lesser is all alone crossing the finish line to win the Class Section V cross country championships yesterday in Newark.



## SCHOLASTIC CROSS COUNTRY

# McQuaid runs to 3rd straight sectional championship

McQuaid Jesuit's cross country team sent two veterans and five rookies in quest of a third straight Section 5 championship on Saturday, and three of the rookies came through with key performances as the Knights prevailed, 51-54, over county champion Penfield at Stuart Park, Newark.

Up front it was sophomore Jeff Clark, working his way up from the teens to finish fifth, who made the difference. Clark trailed four of Penfield's scorers at the mile mark but caught them all in the hilly middle mile. His high finish was the second best ever for a McQuaid sophomore, almost matching the fourth place of Adam Reitz two years ago.

Further back in the race, senior Ian Sohn and junior Mike Perrotta, both sectional newcomers, did just what they had to do for the Knights to win. Running in the 20s and 30s early on, the two came with a rush in the final mile to wind up 15th and 22nd.

"Ian and Mike were great," said Coach Bob Bradley. "We knew Jeff was capable of the big race he had, but our fourth and fifth were the big question marks. They knew it was up to them on the last ridge, and they passed enough runners to push us ahead."

McQuaid's other two rookies, sophomore Andy Robertson and junior Rob Pacer, finished 42nd and 53rd.

And then there were the two veterans, seniors Dan Lesser and defending



McQuaid's Dan Lesser charges through the woods at sectionals. (Photo by Keith McMakin)

champion Adam Reitz. Lesser went into the race as a strong favorite and won accordingly, 20 seconds ahead of Brockport's Dierk Flemming. Reitz, whose season has been a long road back from mono, didn't yield his title without a battle. He matched strides with Lesser, Flemming, and Webster's

Mike Dahrea for the first half of the race until the infamous Death Mountain did him in.

"Adam showed a lot of guts hanging on as well as he did. He was cramping up in the last part of the race but came back to pass Penfield's first man," said Bradley.

The victory, coming 20 years after McQuaid's first sectional win – also by three points – marked the 10th time the Knights have taken home the trophy and their third in a row.

This Saturday, they'll return to Newark as defending Class A champions for the state meet. McQuaid will be seeded no higher than sixth in its 10:30 a.m. race, but Lesser will be a top contender for individual honors.

Earlier last week, McQuaid's Varsity 2 squad placed four men in the top 10 at a snowy City-Catholic individual invitational at Cobbs Hill, junior Dan Deckman challenged eventual winner Jason Hasert of Aquinas before finishing third. Behind him came sophomore Brendan Hogan (fourth), junior Pat Bernal (sixth), and sophomore Kieran Chaudry (ninth). The Varsity 2 runners had clinched the league title the previous week with a 22-38 win over East.

Sophomore Tim Liebert (third) was the first Knight home in the JV race, finishing his first cross country season in style.

The Knights' junior high team had an impressive 1-7 sweep in its race, with freshman John Sullivan taking the gold medal. Behind him were freshman Tim Huver (2), David Sohn (3), Joe Wiltberger (6), and Steve Jones (7), and eighth-graders Shane Woltyra (3) and Sanjay Narayan (4).



# McQuaid runners hit top 15

By Mike Latona  
Staff writer

NEWARK — It was a day of mixed feelings for Dan Lesser.

The McQuaid Jesuit senior achieved a milestone, tying his school's record for the highest finish ever at the state cross-country championships.

Yet Lesser, a senior, was not ecstatic about his seventh-place finish in the New York State Public High School Athletic Association Class A race.

"I just never really felt strong," said Lesser, who ran a time of 16 minutes, 43.5 seconds this past Saturday, Nov. 13. The state meet was held at Stuart Park in Newark.

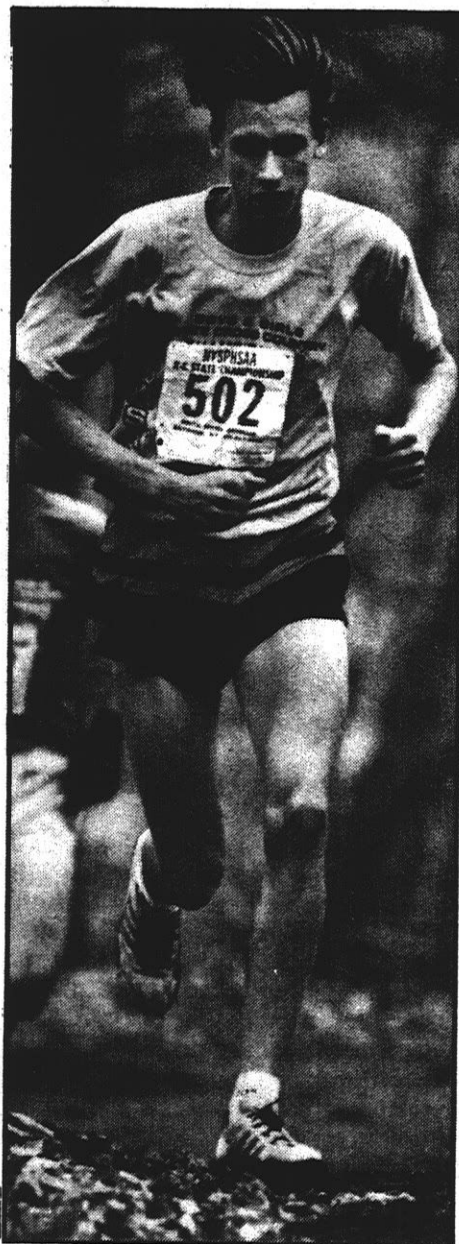
Lesser added that his performance may have been affected by a cold which had temporarily sidelined him earlier in the week.

On the other hand, McQuaid Coach Bob Bradley felt that Lesser was being a little too hard on himself. Bradley noted that only Scott Patterson, who finished seventh in 1985, had ever placed as high as Lesser for the Knights at the state level.

"When you've finished no lower than second in a race all year, and then you finish seventh, it's a jolt. But that's the way it is at states," Bradley said.

The Knights' Adam Reitz joined Lesser among the top runners at the state meet, finishing 15th with a time of 16:57.9.

As a team, McQuaid had to settle for eighth place after winning the state crown in 1992.



S. John Wilkin/Staff photographer  
**McQuaid Jesuit's Adam Reitz placed 15th overall, with a time of 16:57.9, in the New York State Public High School Athletic Association Class A race on Nov. 13 at Stuart Park in Newark.**

## SCHOLASTIC CROSS COUNTRY

# McQuaid wins title

## Adam Reitz captures individual honors

With fellow captain Dan Lesser out of action, McQuaid senior Adam Reitz continued his late-season surge to lead his team to a close victory in the annual Jesuit Schools Championships at New York's Van Cortlandt Park on Saturday, Nov. 20.

Reitz took individual honors for the Knights, covering the 2.5-mile course in 13:15, the fastest winning time at the Jesuits in recent years. Coming a week after his strong showing in the state meet, where he finished 15th, Reitz's victory was his strongest race of the season, bettering by 28 seconds his time of last month over the same course.

Sophomore Jeff Clark placed third in 13:58 and junior Mike Perrotta and senior Ian Sohn came through with big races in sixth and seventh. The latter pair both improved substantially on their previous times at Van Cortlandt, running 14:09 and 14:13.

Missing Lesser, the Knights had to

go back to their normal sixth man to complete their team score, and junior Dan Deckman finished in 26th place, good enough to preserve a six-point win over St. Joseph's of Philadelphia.

"Our guys had to run well to win without Dan," said Coach Bob Bradley. A few days earlier Bradley had found out that Lesser would have to forego running for at least two weeks to recover from a touch of pericarditis that had produced some fluid around his heart. Lesser will miss having a shot at the national qualifying meet Saturday, but Reitz and Clark will compete.

McQuaid's junior high team also fared well in New York, edging Fordham Prep, 52-66, for team honors. Coach Bill Dodd's squad had strength up front with John Sullivan (third) and Tim Huver (fourth) and in the middle with Sanjay Narayan (12th) and David Sohn (13th). Joe Wiltberger was the clincher in 20th place.



# McQuaid runners finish season with banquet

The "Reitz-Lesser Years" of McQuaid cross country officially ended last Wednesday with the annual awards dinner at the school. But the impact of the two 17-year-old seniors' four years of varsity achievements will likely remain in the record books for years to come.

McQuaid coach Bob Bradley hailed his pair of captains for their unprecedented contributions to an already successful McQuaid program. "We've never had a pair of freshmen become varsity scorers right off the bat, and Dan and Adam sustained that for another three years. We got so used to their leading the way that we almost took them for granted, but it's going to be tough to fill those four shoes."

Ironically, neither runner was able to put in a complete season; Reitz missing the first three meets because of mononucleosis and Lesser sitting out his last two races with a touch of pericarditis. But in between those two misfortunes, they led the Knights to a third straight Section 5 championship and set a host of school records in the process.

Lesser posted McQuaid course records at Genesee Valley Park, Auburn, Newark, and Brown University, tied another at the Stock-Conwicke meet, and barely missed the Van Cortlandt Park mark.

Reitz had the most impressive statistics of any McQuaid runner who ran varsity for four years. Even as a freshman, he was the team's leading runner, with a 1.77 team finish index. He continued that pace in sophomore year with a 1.55 and last year with a 1.8.

This season, Lesser stepped into the No. 1 spot by leading the team in all 10 races for a 1.0 index, but Reitz was a solid 2.0. In all, Reitz's index for his 43-race varsity career was 1.78, a mark exceeded only by McQuaid's first great cross country man, Eric Kendrick, in 1963-65. Lesser's index for his 45 races over four years was 2.67.

Lesser, whose stellar senior year saw him win five major races, took home most of the hardware from the awards dinner. He was honored with a plaque as Section 5's Runner of the Year, and also won McQuaid's premier cross country award, the Vince Lombardi Memorial, for his exemplary leadership. Along with those, he also earned the Bossert Cup as the top Catholic schools finisher in the sectionals, the Outstanding Senior Student-Athlete trophy, and the Best Index award.

McQuaid's two other memorial awards went to junior Mike Perrotta, winner of the Royden Smith Jr. plaque as Most Improved, and to freshman

John Sullivan, winner of the Jeremy Abbott trophy as the top junior high runner.

Tim Huver, a close second to Sullivan all season, won the Best New Runner trophy.

Two runner-up Most Improved plaques went to sophomore Brendan Hogan and freshman Brian Burrows, while junior Dan Deckman led a trio of Most Improved During Season winners that included sophomore Tim Liebert and freshman Joe Wiltberger.

Student-athlete trophies also went to junior Pat Shaw, sophomore Jeff Clark, freshman David Sohn, and middle-schooler Kevin Freytag. Bradley noted that 40 of the Knights' 53 runners made one of the three honor rolls for the first marking period.

Clark, the heir-apparent to Lesser and Reitz as leader of the McQuaid team, appropriately was a double winner, being named to the second All-Section 5 team by virtue of his fifth-place sectional finish.

The evening's final awards were captain's insignia to the Knights' captains-elect for next year, juniors Dan Deckman and Rob Pacer.

McQuaid's Varsity-2 and JV coach Tony Trama and junior high coach Bill Dodd assisted Bradley with the presentations before a crowd of 120 people in the McQuaid cafeteria.

As Bradley remarked, "It was both a happy and sad occasion. Dan and Adam have meant a lot to cross country at McQuaid. I'm going to miss them. Not only were they great runners, but they were also a lot of fun to coach."

Bradley feels that both runners have their best races ahead of them. "They're both Division 1 caliber, and if anything, they'll be better at the college 10K distance than at the high school 5K."

Lesser, a probable science major, has been contacted by many schools and plans to visit Brown, Princeton, Duke, Notre Dame, and Stanford.

Reitz, whose career interest is in design and graphic arts, has also had numerous contacts and will choose from among Penn State, University of Massachusetts, Bowling Green, Cincinnati, and SUNY Buffalo.



