## 1994 CROSS-COUNTRY



1994 Cross-Country Team

Back Row: Ronan Kennedy, Dave Sohn, Kieran Chaudhry, John Sullivan, Jeff Clark, Andy Robertson, Matt Gracie, Coach Bradley; Middle Row: Jim Whitcomb, Pat Bernal, Brian Beecher, Joe Wiltberger, Steve Shaw, Brian Burrows, Pat Shaw; Front Row: Dan Deckman, Sean Gallagher, Steve Jones, Mike Perrotta, Brendan Hogan, Brian Nasipak, Kevin Chesterton. Absent: Rob Pacer



Profile: Coach Bob Bradley

Bob Bradley is at home in the English classroom as well as on the cross country course. The gentleman who teaches our sons the ways of American Literature while giving them an appreciation of classical music, also directs one of the most successful athletic teams in McQuaid history. The New Jersey native came to McQuaid steeped in Jesuit tradition. Bob was educated at St. Peters Prep in Jersey City, and earned his bachelors and masters degrees from Fordham. It seemed only natural that he would pursue an opening in the English Department at the new Jesuit high school in Rochester, and Bob Bradley joined the McQuaid faculty in 1960. He took over the reigns of the varsity cross country team in 1962, armed with little practical experience, having competed only briefly in the sport in high school. However, Bob possessed the gift of developing young men with an interest in running into a team of dedicated, determined and successful runners. In fact, Bob credits the many varsity cross country team successes at McQuaid to the fine pool of

In fact, Bob credits the many varsity cross country team successes at McQuaid to the fine pool of student-athletes who come out each year to begin their distance running careers as junior high/ freshmen participants. Bradley says that from the nucleus of young runners come the successful veteran runners. Every McQuaid state champion emerged from a group of good freshman runners. And we at McQuaid know these young men were developed, trained and encouraged in their sport by their fine and caring coach.

Coach Bradley is married to the former Anne Marie Bocella. They make their home in Penfield with their family that includes daughters Amy and Audrey, both in graduate school, son Rob (McQ '93), a sophomore at Villanova, grandson, Christopher, and Bob's mother.

## WHAT MAKES A MAN RUN?

"People can't understand why a man runs. They don't see any sport in it, argue that it lacks the sight and thrill of body contact. "Yet, the conflict is there, more raw and challenging than any man versus man competition.

"In running it is man against himself, the cruelest of opponents. The other runners are not the real enemies. His adversary lies within him, in his ability, with brain and heart, to control and master himself and control his emotions."

--Glenn Cunningham, world-record miler in the late '30's



Co-Captain Dan Deckman with Coach Bob Bradley

You're out of gas. The tank is empty. You're two miles out on a three mile course and you have expended every ounce of strength and oxygen that you have, just to hold your position. Nevertheless, you've got to run another mile and, if you are going to be judged as anything but a failure on this particular day, you must pass fifty other runners in order to score for your team. It's not preparation for college, and it's not preparation for life. It is life. It's the most real thing that you are ever going to experience as long as you live. It's cross-country.

(Bob George '60)

## McQuaid Cross-Country Through the Years



				electric description of the second	
1957	· ?	1969	94-14	1981	12-0
1958	7.5	1970	115-22	1982	5-0
1959	40- 1	1971	7-1	1983	5-0
1960	56-27	1972	10-0	1984	
1961	44-24	1973	11-0		6-0
1962	72-34	1974	7-0	1985	7-0
1963	99-20			1986	9-0
		1975	7-0	1987	7-0
1964 1		1976	7-0	1988	7-0
1965	66-52	1977	7-0	1989	7-0
1966 1	20-52	1978	12-0	1990	7-0
1967	86-46	1979	12-0	1991	7-0
1968 1	27-37	1980	12-0	1992	8-0
O'EN EEKE	t dapenda ac em			September 1985 September 1985 September 1985	
				1993	7-0

(Prior to the commencement of City-Catholic dual meet competition in 1971, "wins & losses" were recorded as teams scoring worse or better than McQuaid in invitational meets.)