

McQUAID JESUIT CROSS-COUNTRY - 1995

SEASON HIGHLIGHTS: CITY-CATHOLIC CHAMPIONS (24th Straight Year)

JESUIT CHAMPIONS

CHAMPIONS IN 2 INVITATIONALS:

LIVERPOOL
STOCK-CONWICKE

RUNNERS-UP IN 2 INVITATIONALS:

FAIRPORT CLASSIC (to HF-L)
GREENMAN (to Ithaca)

2ND TO FAIRPORT IN SECTION V CHAMPIONSHIPS

JEFF CLARK - SECTION V CHAMPION (Only our 4th in 24 Years)

INDIVIDUAL CHAMPION: LIVERPOOL INVIT., GENESEO INVIT.

"It is not the critic who counts; not the man who points out how the strong man stumbled, or where the doer of deeds could have done them better. The credit belongs to the man who is actually in the arena, whose face is marred by dust and sweat and blood; who strives valiantly; who errs and comes short again and again; who knows the great enthusiasms, the great devotions; who spends himself in a worthy cause; who, at the best, knows in the end the triumph of high achievement and who at the worst, if he fails, at least fails while daring greatly, so that his place shall never be with those timid souls who know neither victory or defeat."

Theodore Roosevelt

X-C IS FULL SPEED AHEAD

by Matt Evinger

Give up. Think how much better you'll feel. You're just not as good as the rest. That's why they can keep going. You should give up. It won't matter. You won't score points for the team. Or will you? Well, they don't care anyway.

The voice of the dark side reverberates loudly at times in the mind of a cross-country runner. It is very distinct. It seems to make sense. However, beneath that voice whispers a tiny but prominent voice. It is the voice of the one good thing to escape Pandora's Box—*hope*.

Hope speaks soft but clear. It is the strongest thing you can possibly hear— if you are truly listening. It tells the dogged runner to venture on. It speaks the truth; you'll feel better if you keep going now.

(Words of wisdom from one of our youngest runners, a 7th-grader)

December 22, 1995

To all members of our '95 team -

Here, finally, is the season booklet I should have had for you at our awards banquet. (Sometimes I amaze even myself with my ability to procrastinate!)

Giving it to you at this late date at least provides an opportunity to thank you for the theatre tickets your generosity produced. My wife and I will put them to good use very shortly.

A final word of thanks for all of your hard work & spirit this season. You were a great group to coach. A special thank-you to our seniors - it was truly "your season." Do great things!

Enjoy!

Mr. B.

New York All-State Boys' Cross Country Team

** Class A - First Team **

Doug Wilbur, Sr.	Elmira Southside-4
Tony Famiglietti, Sr.	Patchogue-Medford-11
Jason Soricelli, Jr.	Middle Country-11
Scott Wirgau, Jr.	Shenendehowa-2
Brian McKnight, Jr.	Monroe-Woodbury-9
Shawn Higgins, Sr.	Shaker-2
Arthur Pickarski, Jr.	Forest Hills-NYC

** Second Team **

Mark Granshaw, Sr.	Middle Country-11
Ryan Raffa, Sr.	F-Manlius-3
Adam Lindell, Jr.	West Seneca East-6
Kyle Kurtz, Soph.	Middle Country-11
Chris Tuttle, Soph.	Pough. Arlington-1
Jeff Calabrese, Sr.	Spencerport-5
Brian Kuryla, Soph.	Cicero-N.S.-3



** Third Team **

Jeff McGovern, Jr.	Washingtonville-9
Brent Trentowski, Jr.	Sachem-11
Karl Smith, Sr.	Bishop Ford-NYC
Brandan Brouder, Sr.	Xavier-NYC
Sean MacMillan, Sr.	St. Anthony-CHSAA
Joe Mondo, Sr.	Cicero-N.S.-3
Joe Mahler, Jr.	Cicero-N.S.-3

** Fourth Team **

Adam Wasileski, Soph.	F-Manlius-3
C.J. Mahoney, Sr.	Fairport-5
Matt Reda, Jr.	Pough. Arlington-1
Todd Weiss, Sr.	Shaker-2
Ed Tuttle, Sr.	Pough. Arlington-1
Jason Michalec, Jr.	Niskayuna-2
Jeff Gaulrapp, Soph.	Baldwinsville-3

** Fifth Team **

Mike McIntyre, Sr.	Shenendehowa-2
Patrick Nolan, Sr.	Timon-St. Jude-6
Mike Thompson, Jr.	Middle Country-11
Charles Moore, Jr.	Shenendehowa-2
Jeremy Tack, Sr.	Auburn-3
Mike Sinkevich, Soph.	Shenendehowa-2
Adam Shapiro, Sr.	Shenendehowa-2

** Sixth Team **

Pat Anglin, Jr.	Middletown-9
Mike Morris, Sr.	Clarkstown North-1
Alex Dinkels, Sr.	Oceanside-8
Dan Acosta, Jr.	North Rockland-1
Pat Schultz, Soph.	Cicero-N.S.-3
Victor George, Sr.	Niskayuna-2
Brendan Sullivan, Jr.	Clarkstown South-1

** New York State Boys Cross Country Ratings = FINAL

** Class A **

1. Middle Country-11
2. Shenendehowa-2
3. F-Manlius-3
4. Cicero-N.Syr.-3
5. Pough. Arlington-1
6. St. Anthony-CHSAA
7. Curtis-NYC
8. Shaker-2
9. Washingtonville-9
10. Chaminate-CHSAA
11. North Rockland-1
12. Msgr. Farrell-CHSAA
13. John Jay, E.F.-1
14. Ithaca-4
15. Sachem-11
16. Orchard Park-6
17. Liverpool-3
18. Fairport-5
19. Arch. Molloy-NYC
20. Oceanside-8
21. Clarks. South-1
22. Auburn-3
23. Roch. McQuaid-5
24. Tottenville-NYC
25. Niskayuna-2
- Monroe-Woodbury-9

** Class B **

1. Warwick Valley-9
2. Hon. Falls-Lima-5
3. Burnt Hills-2
4. Skaneateles-3
5. Platts. Seton-7
6. Manhasset-8
7. Mt. Sinai-11
8. Rock. Ctr. SS-8
9. Averill Park-2
10. Albion-6
11. Pearl River-1
12. Syr. Corcoran-3
13. Albany Academy-2
14. Roch. Brighton-5
15. Maine-Endwell-4
16. Peru-7
17. Nyack-1
18. Malone Franklin-10
19. Hunter-NYC
20. Bellmore JFK-8

SEASON AWARDS

- Vince Lombardi Memorial Plaque - STEVE SHAW
(Dedication to Faith, Sport, Team)
- Roy Smith Memorial Plaque - BRIAN BEECHER
(Most Improved Runner)
- Best Finish Index (1.6) - JEFF CLARK
- Bossert Memorial Cup - JEFF CLARK
(Top Sectional Finisher)
- Student-Athlete (Senior) - JEFF CLARK
(Junior) - JOHN SULLIVAN
(Sophomore) - MATT DAVIN
(Freshman) - MATT WITMER
(Middle School) - JIM BRASSER
- Most Improved During Season - SANJAY NARAYAN
ANDREW LYBOLDT
- Most Improved (J.V.) - COLIN MURTHA
(Jr High) - SAL GUARNIERI
- Best New Runner - MATT WITMER
- Outstanding Jr.High Runner - JOHN CHAINTREUIL
- Varsity Letters: JEFF CLARK, ANDY ROBERTSON, STEVE SHAW
BRIAN BEECHER, BRENDAN HOGAN
KIERAN CHAUDHRY, SEAN GALLAGHER
TIM LIEBERT, JIM WHITCOMB, DAVID SOHN
JOHN SULLIVAN, JOE WILTBERGER, MATT DAVIN
SANJAY NARAYAN, MATT WITMER
- Section Five All-Star First Team - JEFF CLARK
- City-Catholic League All-Stars - BRENDAN HOGAN, MATT DAVIN
KIERAN CHAUDHRY, JOHN SULLIVAN
JOE WILTBERGER
- Wolfe Publications All-Stars
First Team - JEFF CLARK, STEVE SHAW
ANDY ROBERTSON, BRIAN BEECHER
Second Team - SANJAY NARAYAN

Innovative Edge and Section V Coaches 1995 All Section V Cross Country Team

Boys

Section V Championship			State Championship		
Rank		Time	Rank		Time
1.	Joe Matias (Newark)	16:59	1.	Joe Matias (Newark)	16:55
2.	Jeff Clark (McQuaid)	17:16	2.	Jeff Calabrese (Spencerport)	17:03
3.	Vince Sherry (Victor)	17:29	3.	Vince Sherry (Victor)	17:11
4.	Peter Munyan (Irondequoit)	17:30	4.	C. J. Mahoney (Fairport)	17:16
5.	Scott McArt (Honeyoe Falls-Lima)	17:32	5.	Jurjai Brugos (Honeyoe Falls-Lima)	17:26
6.	Steve Paulsen (Irondequoit)	17:35	6.	Scott McArt (HF-L)	17:28
7.	C.J. Mahoney (Fairport)	17:37	7.	Tony David (HF-L)	17:32.3
8.	Jeff Calabrese (Spencerport)	17:44	8.	Dave Bradshaw (Fairport)	17:32.5
9.	Dave Bradshaw (Fairport)	17:45	9.	Scott Minor (Webster)	17:33
10.	Scott Minor (Webster)	17:46	10.	Derek Davis (Fairport)	17:37
11.	Derek Davis (Fairport)	17:48	11.	Steve Paulsen (Irondequoit)	17:39
12.	Tony David (HF-L)	17:50	12.	Jason Thompson (Notre Dame Batavia)	17:41
13.	Luke Santillo (North Rose-Wolcott)	17:54	13.	Mark Huether (Geneva)	17:50
14.	Jurjai Brugos (HF-L)	17:55	14.	Luke Santillo (North-Rose Wolcott)	17:52
15.	Matt Powers (Brighton)	17:56	15.	Mike Lovenheim (Brighton)	17:58
16.	Bret Crane (Fairport)	17:58	16.	Peter Munyan (Irondequoit)	18:00
17.	Steve Shaw (McQuaid)	17:59	17.	Matt Powers (Brighton)	18:01
18.	Jason Thompson (Notre Dame Batavia)	18:02	18.	Jeff Clark (McQuaid)	18:06
19.	Jarod Cone (Pavilion)	18:06	19.	Brian Lilly (Fairport)	18:09
20.	John Shea (Pittsford Sutherland)	18:06	20.	Jason Sperry (Honeyoe Falls-Lima)	18:10

The All Section V first team (top seven) is determined by rank ordering by time (weighing twice) the overall sectional performance through all classes. A Runner-of-the-Year plaque and six 5 x 7 plaques will be awarded by *Innovative Edge* in cooperation with the Section V cross country coaches. The plaques will be made available the week following states. Rick Guido, Assistant Section V Coordinator, will be in contact with the first and second team winners. The second team All Section V team (runners 8-14) will be determined strictly on sectional performance. Certificates will be awarded. These two teams (runners 1-14) will be forwarded as Section V's All State considerations for 1995. Also, from these lists, individuals will be considered for the USA T&F Regional Elite Distance Camp at Lake Placid's Olympic Training Center in April.

All Section (First Team)				All Section V (Second Team)				Coaches Of The Year			
1.	Joe Matias	12	Newark	Peter Munyan	12	Irondequoit	Class	A	Rick Guido	Fairport	
2.	Vince Sherry	10	Victor	Dave Bradshaw	11	Fairport		B	Bernie Gardner	HF-L	
3.	Scott McArt	12	HF-L	Scott Minor	12	Webster		BB	Dave McLoughlin	Brighton	
4.	C.J. Mahoney	12	Fairport	Derek Davis	12	Fairport		C	Dave Morrissey	Lyons	
	Jeff Calabrese	12	Spencerport	Tony David	11	HF-L		CC	Win Hatt	East Rochester	
6.	Jeff Clark	12	McQuaid	Luke Santillo	12	North Rose-Wolcott		D	Sandy Foster	H-A-C	
7.	Steve Paulsen	10	Irondequoit	Jurjai Brugos	12	HF-L					

Varsity Meet #1
J.V. Meet #1

Liverpool Invitational
Long Branch Park - 9/9/95

Weather: Sunny, Cool
Temp 60 Course dry

McQ 1st of 6 Schools

1st Flight - 1. Jeff Clark 17:39 (Long 5k)
6. Steve Shaw 18:33

2nd Flight - 1. Brian Beecher 18:53
5. John Sullivan 19:59

3rd Flight - 1. Sanjay Narayan 19:38
5. Brendan Hogan 20:55

Team Scores: McQ 19, CBA, Syr. 21, Liverpool 34, Henninger 48, etc

J.V.

McQ 1st of 5 Schools

1st Flight 1. Matt Davin 20:39
3. Joe Wiltberger 20:58
5. Shane Woityra 21:08

2nd Flight 1. Jim Whitcomb 21:16
2. Ben Zyla 21:23
3. Tim Liebert 21:34
Tim Perrotta 21:44
Brandon Smaglo 24:01
Colin Murtha 24:12
Steve Jones 25:16

Team Scores: McQ 12, Henninger 24, CBA 39, etc.

Varsity-1 Meet #2

Chenango Valley Invitational Weather: Cloudy
Corning C.C. 9/16/95 & Mild

McQ 6th of 20 Schools

4. Jeff Clark 16:54 (5k)
14. Steve Shaw 17:39
47. Sanjay Narayan 18:39
49. Brian Beecher 18:39
99. Matt Davin 20:04
103. John Sullivan 20:10

Team Scores: Warwick Valley 53, John Jay 80, HF-L 120,
Ithaca 184, Weedsport 192, McQ 213, etc.

Varsity-2 Meet #1
J.V. Meet #2

Spencerport Invitational Weather: Cloudy, Warm
S.H.S. - 9/16/95 Temp. 75

McQ Incomplete

8. Andy Robertson	17:40
21. Brendan Hogan	18:26
55. Jim Whitcomb	19:5

J.V.

McQ 2nd of 10 Schools

4. Joe Wiltberger	18:54
7. Shane Woityra	19:22
15. Ben Zyla	19:45
21. Tim Perrotta	19:54
25. Brandon Smaglo	20:16
27. Kyle Bowman	20:28
46. Brian Burrows	21:16
54. Colin Murtha	21:54
62. Stefan Bachmann	22:21
79. Marty Ferris	24:09
88. Mike Hughes	25:02
DNF Scott Curtis	

Team Scores: Albion 58, McQuaid 72, Irondequoit 95, Penfield 97, etc.

J.V. Meet #3

Auburn Invitational Weather: Sunny
Holland Stadium 9/23/95 & Mild

McQ 11th of 15 Schools

20. Joe Wiltberger	18:59 (5k)
32. Ben Zyla	19:13
66. Brandon Smaglo	20:10
86. Colin Murtha	20:37
93. Tim Perrotta	20:59

Varsity Meet #3
J.V. Meet #3-A

Geneseo Invitational
SUNY Geneseo - 9/23/95

Weather: Sunny, Mild
Course dry

McQ 4th of 16 'A' Schools

1. Jeff Clark	16:55 (Long 5k)
6. Steve Shaw	17:49
28. Brian Beecher	18:40
29. Andy Robertson	19:42
37. Sanjay Narayan	18:52
Kieran Chaudhry	19:15
John Sullivan	19:44
Brendan Hogan	20:14
Sean Gallagher	22:08

J.V.

75. Brian Burrows	22:19 (Long 5k)
96. Mohsin Ahmed	22:55
113. Felix Schmitt	23:15
120. Stefan Bachmann	23:25
144. Steve Jones	23:59
147. Amit Gupta	24:08
168. Mike Hughes	25:22
169. Marty Ferris	25:28

Webster 88, HF-L 90, Fairport 94, McQuaid 100, etc.

Clark leads Section 5 at McQuaid Invitational

McQuaid Jesuit's Jeff Clark recorded his fourth straight impressive large-field finish last Saturday at his school's own invitational, leading all Section 5 boys in the meet's seven varsity races with a time of 15:27.

The tall senior, who earlier in the week had been recognized as a National Merit Scholarship semifinalist, put his athletic talents to work in the last varsity race of the day at sunny Genesee Valley Park.

For the first half of the three-mile course he followed the pace of eventual winner Derek Holland of St. Michael's of Toronto. At the two-mile mark he had been overtaken by Holland's teammate Sam Dorri, but no one else in the elite field could overcome the margin Clark had established with his early move. At the finish, he still had a 30-yard edge over Mike McKeever of team runner-up Chaminade High from Long Island.

Clark's time was more than 20 seconds faster than the 15:48, 15:51, and 15:56 clocked by Victor sophomore Vince Sherry, HF-L senior Scott McArt, and Newark senior Joe Matias in earlier races. Those four were the only Section 5 runners to break 16 minutes on the fast rolling hills layout.

Earlier this season, Clark had won the Liverpool and Geneseo invitionals and finished fourth behind three of New York's top seniors at Corning over this year's state meet course.

McQuaid coach Bob Bradley, in his 34th year with Knight runners, was very pleased with Clark's aggressive running in all four races, but especially

last Saturday's.

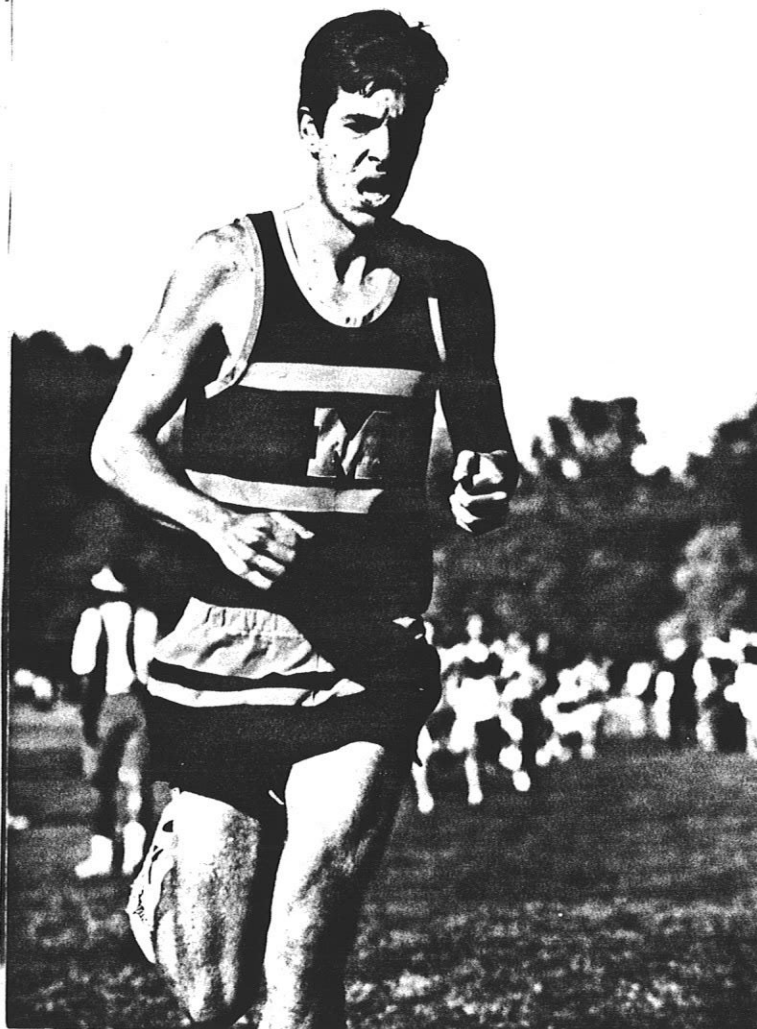
"It was a warm afternoon, and Jeff knew that the St. Michael's man was for real, so he took a chance trying to stay with him. They went through the half in 2:18, and the mile in 4:42, both faster splits than Jeff's ever had. But he kept his form and still had something at the end. It was a very gutsy race for him," Bradley said.

Bradley was also pleased with Clark's fellow senior Steve Shaw, who moved up well to finish 19th in 16:04. Coming on top of his strong sixth-place at Geneseo, Shaw's race was an encouraging note for the Knights as they seek to establish themselves as a Section 5 title contender.

Also scoring for McQuaid were seniors Brian Beecher (47) and Andy Robertson (58) and sophomore Sanjay Narayan (75). McQuaid's 202 points placed seventh behind Fairport with 162.

McQuaid's junior high team, coached by Bill Dodd, provided another meet highlight with its second convincing victory in as many weeks. Freshman Matt Witmer, third at Auburn a week earlier, led almost all the way over the 1.46-mile course to take the gold medal. Behind him came a tight group of Ryan Dougherty (9), Jim Brasser (11), John Chantreuil (13), and Kevin Freytag (16) to give the young Knights a 50-point total, 20 better than runner-up Guilderland.

At Auburn, with freshman John Brewer running a strong fourth to replace the absent Chantreuil, McQuaid won with a 40-point margin, 47-87, over Oswego.



Varsity-1 Meet #4

31st Annual McQuaid Invitational
Genesee Valley Pk. 9/30/95

Weather:
Perfect!
Sunny, 65-70

McQ 7th of 12 Seeded Schools

3. Jeff Clark	15:27 (3.0)*
19. Steve Shaw	16:04
47. Brian Beecher	16:42
58. Andy Robertson	16:57
75. Sanjay Narayan	17:27
77. Kieran Chaudhry	17:28
83. John Sullivan	17:39

* Fastest time by a Section V runner.

Team Scores: St. Michael's, Toronto 66, Chaminade(L.I.) 110, Fayetteville-Manlius 111, Punxsutawney, Pa. 143, Fairport 162, McDowell, Pa. 183, McQuaid 202, etc.

McQ 1st of 14 Schools

3. Jeff Clark	17:27 (18:20 in '93)
6. Steve Shaw	17:44
15. Brian Beecher	18:16
16. Andy Robertson	18:26
27. Sanjay Narayan	18:51
53. John Sullivan	19:42
57. Kieran Chaudhry	19:54

Team Scores: McQ 67, Vestal 75, Webster 81, Corning 127, etc.

Note: Based on times, this year's team would have beaten our '93 team (which won Sectionals) by a 23-32 dual meet score.

J.V. 4th of 12 Schools

2. David Sohn	19:14
10. Matt Davin	19:45
16. Joe Wiltberger	20:06
31. Brendan Hogan	20:49
33. Ben Zyla	20:52
37. Sean Gallagher	21:07
40. Tim Perrotta	21:08
49. Tim Liebert	21:55

Putting together its best scoring group so far, McQuaid Jesuit posted its second invitational victory of the season Saturday in a tight three-term battle at the Stock-Conwicke Meet over the hills of the IBM golf course near Binghamton.

With senior Jeff Clark leading the way in third place and sophomore Sanjay Narayan finishing 84 seconds later in 27th place, the Knights fashioned a total of 67 points, edging Vestal's 75 and Webster's 81 in a 14-school field.

In between Clark and Narayan, seniors Steve Shaw, 6; Brian Beecher, 15; and Andy Robertson, 16, were the key scorers.

Coach Bob Bradley was understandably pleased with his team's grouping.

"Eighty-four seconds doesn't sound that great, but with a runner like Clark out in front, it's like getting your group in under a minute, which is what we like to shoot for," Bradley said.

When the Knights won the Liverpool Invitational a month ago, their team was divided into three

flights of two runners each, so there was no way to really evaluate their group. In McQuaid's next three meets - at Corning, Geneseo, and Genesee Valley Park - the black and gold "Bumblebees" were too far apart to make up a winning group, so Saturday's victory at IBM was especially encouraging.

Another promising note was the second-place finish of junior David Sohn in the junior varsity race. Sohn, who has been slowed by a knee problem, was running only his second race of the season, but finished the tough IBM course in a time that was only 25 seconds slower than Narayan's from the faster varsity race.

Behind Sohn, sophomore Matt Davin, 10, and junior Joe Wiltberger, 16, helped the Knights to a fourth place finish with 92 points.

Earlier in the week, those two runners were part of a narrow 27-28 City Catholic win over Aquinas that preserved McQuaid's streak of dual-meet victories at 186, currently the longest in the country.

Narayan and junior John Sullivan were 1-2, but it was Davin's fifth that broke up the Aquinas scorers just enough to win. Wiltberger was ninth and senior Tim Liebert 10th.

On other fronts last weekend McQuaid's large junior high contingent split into two groups and managed a second place at Baldwinsville and a fifth at the Penfield-Irondequoit Invitational. In the latter meet, eighth grader Andy Lyboldt had a closing sprint that took him up to third place. His co-scorers were Nick Adams, 19; Geoff Steenberge, 21; Sal Guarnieri, 24; and Will Morris, 42.

At Baldwinsville, freshman Matt Witmer repeated his gold-medal performance of the McQuaid Invitational by taking the lead in the final stretch of the slippery two-mile course. Freshman John Chaintreuil was seventh, eighth-grader Jim Brasser was a mudd, 15th after falling, and freshman Ryan Dougherty and John Brewer were 20th and 21st. McQuaid's total of 64 points fell short of the 55 posted by Fayetteville-Manlius.

Varsity-2 Meet #2

McQuaid 27, Aquinas 28
Cobbs Hill 10/3/95

1. Sanjay Narayan	18:14 (5K)
2. John Sullivan	18:15
5. Matt Davin	18:50
9. Joe Wiltberger	19:45
10. Tim Liebert	20:08
11. Tim Perrotta	20:21
12. Ben Zyla	20:43
17. Kyle Bowman	21:42

J.V. Meet #6-A

Penfield-Irondequoit Invitational
Harris-Whalen Park 10/6/95

McQ 7th of 11 Schools

J.V.

Another tight one, 27-28

2. Brian Burrows	21:23
6. Brandon Smaglo	22:12
7. Mohsin Ahmed	22:20
8. Colin Murtha	22:21
9. Amit Gupta	22:34
11. Mike Hughes	24:17
13. Marty Ferris	26:35

23. Shane Woityra	21:00 (5K)
35. Brian Burrows	21:30
38. Brandon Smaglo	21:32
54. Colin Murtha	22:28
59. Scott Curtis	22:41
66. Steve Jones	23:09
73. Amit Gupta	23:53
74. Mike Hughes	24:04
78. Marty Ferris	24:38

Varsity-2 Meet #3

McQuaid 15, SOTA 50
McQuaid 15, Marshall 50
Cobbs Hill 10/10/95Weather: Sunny, Warm
Temp. 75, Course dry

1. Kieran Chaudhry	18:49
2. Matt Davin	19:18
3. John Sullivan	19:19
4. Matt Witmer	19:29
5. Joe Wiltberger	20:31
6. Tim Perrotta	20:56
7. Shane Woityra	21:47
8. Kyle Bowman	21:57

J.V. (Non-Scoring)

3. Colin Murtha	21:39
4. Brandon Smaglo	22:19
5. Brian Burrows	22:22
7. Scott Curtis	22:39
8. Steve Jones	22:59
10. Mike Hughes	24:07
11. Marty Ferris	24:11
13. Amit Gupta	24:18

Varsity-2 Meet #4

McQuaid 15 Bishop Kearney 50
Cobbs Hill 10/17/95Weather: Perfect
Temp. 65, Sunny

Improved over 10/10

1. Kieran Chaudhry	18:19	30 sec.
2. John Sullivan	18:21	58 "
3. Brendan Hogan	18:36	
4. Matt Davin	18:55	23 "
5. Sean Gallagher	19:53	
6. Tim Liebert	20:30	
8. Ben Zyla	20:32	
9. Shane Woityra	21:06	41 "
11. Kyle Bowman	21:12	45 "

J.V.

Improvement

2. Brian Burrows	20:40	102 sec.
3. Brandon Smaglo	21:25	54 "
4. Scott Curtis	21:51	48 "
5. J.C. Rondash	21:59	
10. Steve Jones	22:48	11 "
15. Marty Ferris	25:05	

SCHOLASTIC CROSS COUNTRY

McQuaid falls to HF-L thinclads at Fairport Invitational

For the third time this season, McQuaid Jesuit's cross country Knights came up short against Honeoye Falls-Lima, getting clawed by the Cougars, 64-73, in a nine-school field at Saturday's rainy Fairport Invitational.

McQuaid's front three of Jeff Clark (6), Steve Shaw (9), and Andy Robertson (15) were topped by HF-L's 2-5-10, and its 4-5 of Sanjay Narayan (20) and Brian Beecher (23) could cut only slightly into that margin against the Cougars 18-29 combination.

Close behind those two teams was host Fairport with 78 points, missing its top runner, C.J. Mahoney, who dropped out with a severe blister at the two-mile mark.

Witmer had his first crack at the 5K distance in an invitational race and held on to finish fourth in the 80-runner field. Sophomore Matt Davin was close behind in seventh, and the scoring group was completed by junior Joe Wiltberger (15), senior Tim Liebert (19), and sophomore Tim Perrotta (28).

In City-Catholic action, McQuaid stretched its winning streak to 188 with wins over Marshall and School of

"Our overall group is getting tighter as Sanjay keeps improving," said Knights' coach Bob Bradley, "but we had a 53-second gap between our 1 and 3, and that's where HF-L beat us. They're very tough up front."

McQuaid's JV and junior high squads both had strong finishes, the latter posting their third decisive invitational victory and the former taking second behind a powerful Corning entry.

Freshman John Chaintreuil led the youngest Knights with a second-place finish, eighth-grader Jim Brasser was fourth, and the freshman trio of Ryan Dougherty (6), Kevin Freytag (9), and John Brewer (10) clinched the 60-point win over runner-up HF-L.

In the JV race, freshman Matt

the Arts. Senior Kieran Chaudhry took individual honors, ahead of a cluster of Davin, junior John Sullivan, and Witmer.

This weekend, the Knights varsity will head into New England to compete in the Brown University Invitational at Pawtucket, R.I. The rest of the squad, under assistant coaches Tony Trama and Bill Dodd, will choose among invitationals at Clarence, Liverpool, and Newark.

Varsity-1 Meet #6
J.V. Meet #7

Fairport Invitational
Mendon Ponds 10/14/95

Weather: Rainy, Mild
Temp 65 Course OK

McQ 2nd of 9 Seeded Teams

6. Jeff Clark	16:46 (5K)
9. Steve Shaw	17:09
15. Andy Robertson	17:39
20. Sanjay Narayan	17:46
23. Brian Beecher	17:50
34. David Sohn	18:48
40. John Sullivan	18:57

Team Scores: HF-L 64, McQuaid 73, Fairport 78, Corning 92, etc.

J.V. 2nd of 7 Teams

4. Matt Witmer	18:36
7. Matt Davin	18:47
15. Joe Wiltberger	19:25
19. Tim Liebert	19:49
26. Tim Perrotta	20:16
29. Sean Gallagher	20:19
39. Brian Bunnows	20:58
46. Brendan Hogan	21:25
47. Shane Woityra	21:27
50. Colin Muntha	21:35
51. Kyle Bowman	21:38
61. Amit Gupta	22:12
64. Scott Curtis	22:31
76. Marty Ferris	23:54

Varsity-1 Meet #7
J.V. Meet #8

Brown U. Invitational
Slater Pk. Pawtucket RI
10/21/95

Weather: Rainy, Mild
Very Windy

McQ 12th of 14 Seeded Schools

12. Steve Shaw	16:24 (Short 5k)
46. Andy Robertson	17:07
60. Sanjay Narayan	17:29
72. Brian Beecher	17:53
75. Kieran Chaudhry	18:04
81. Matt Witmer	18:18
93. Jeff Clark	20:59

McQuaid 2nd of 15 Schools

10. David Sohn	17:51
14. John Sullivan	18:06
15. Matt Davin	18:09
24. Brendan Hogan	18:42
39. Tim Liebert	19:11
45. Joe Wiltberger	19:25
54. Sean Gallagher	19:43

J.V. Meet #8-A

Liverpool Invitational #2 Weather: Godawful!
Long Branch Park 10/21/95 Steady Rain; 50

McQ 3rd of 8 Schools

14. Ben Zyla	22:26 (Long 5k)
19. Jim Whitcomb	23:14
21. Shane Woityra	23:17
25. Brandon Smaglo	23:38
26. J.C. Rondash	23:39
33. Kyle Bowman	23:54
41. Brian Burrows	24:33
44. Steve Jones	25:02
45. Felix Schmitt	25:07
46. Amit Gupta	25:42
47. Marty Ferris	26:43
49. Mike Hughes	27:46

Team Scores: F-M 15, Concoran 55, McQuaid 124, So.Jeff. 130, etc.

Varsity-2 Meet #5

McQuaid 15 East 40
McQuaid 15 Edison 50
Cobbs Hill 10/24/95

1. Brendan Hogan 18:20
2. John Sullivan 18:31
3. Matt Witmer 18:47
4. Kieran Chaudhry 18:55
5. David Sohn 18:58
6. Matt Davin 19:01
11. Joe Wiltberger 20:25
12. Sean Gallagher 20:34
16. Brian Burrows 21:27
19. Kyle Bowman 21:47

J.V.

2. J.C. Rondash 20:56
7. Scott Curtis 22:02
11. Mike Hughes 23:59
- Stefan Bachmann 26:11

Varsity-2 Meet #7

City-Catholic Championships Weather: Cloudy
Cobbs Hill 10/31/95 & Cool

McQ takes 4 of Top 5

1. Brendan Hogan 18:04
2. Matt Davin 18:25
3. Kieran Chaudhry 18:42
5. John Sullivan 19:01
8. Joe Wiltberger 19:53
- Tim Liebert 20:16
- Sean Gallagher 20:25

J.V.

2. Tim Perrotta 20:09
3. Ben Zyla 20:14
5. J.C. Rondash 20:39
8. Colin Murtha 20:51
9. Kyle Bowman 20:59
11. Brian Burrows 21:21
13. Brandon Smaglo 21:25
18. Scott Curtis 22:13
19. Amit Gupta 22:16
22. Steve Jones 22:50
23. Marty Ferris 22:59
24. Stefan Bachmann 23:02
27. Mike Hughes 24:50

McQuaid tunes up for Section 5 championship run

McQuaid Jesuit's final tuneup for Saturday's Section 5 championship saw the Knights come up with a strong second behind Ithaca in a field of 19 schools at the 30th annual Greenman Invitational in Binghamton.

"We like to do well in this meet," said McQuaid coach Bot Bradley. "It sends us into the sectionals on a positive note."

The main positives were senior Jeff Clark's second-place finish among a group of outstanding individuals and senior Andy Robertson's strongest race of the year which put him in 13th place, just behind McQuaid's consistent No. 2 runner Steve Shaw.

Clark worked his way through the top 10 until he passed Bishop Timon's Pat Nolan, who had beaten him decisively in the Southern Tier Classic a year ago. Nolan had taken a large early lead over the hilly 2.9-mile course be-

fore the eventual winner, Doug Wilber, of Elmira Southside overhauled him. Clark had no crack at Wilber, but was able to muster a finishing sprint that held off the challenge of Susquehanna Valley's Chad Hunt.

"Jeff needed a race like that," said Bradley. "His back was acting up on him at the Brown meet last week, and he barely finished. Off today's race, he knows he's ready for a good one Saturday."

The same goes for Robertson, who has worked his way back from an early-season gimppiness. The Knights still need to tighten up their scoring group, which slipped back to 90 seconds at Greenman with senior Brian Beecher finishing 29th and sophomore Sanjay Narayan taking 41st.

McQuaid's strong junior high contingent, meanwhile, was enjoying an-

other impressive victory in their race. John Chaintreil won the two-mile race going away, Jim Brasser finishing fourth, and the trio of Ryan Dougherty, Kevin Freytag, and John Brewer combined to give the Knights a winning score of 40 points. Jeff Steenberge and Andrew Lyboldt were strong backups in 17th and 22nd places.

Earlier in the week, the Knights completed their 24th straight unbeaten dual meet season with a sweep of East at Cobbs Hill. Senior Brendan Hogan was the individual winner, followed by junior John Sullivan, freshman Matt Witmer, junior David Sohn, and senior Kieran Chaudhry.

On Saturday, the sectionals will have a double "new look," with the course shifting from Newark to SUNY Geneseo and the races being run in boys' and girls' blocks instead of alternating. With the boys' races going

first, McQuaid will race at 2 p.m. instead of the usual 3:30 p.m.

Fairport is the team favorite off its convincing Monroe County meet championship, with McQuaid, Webster, defending champion Penfield, and last year's runner-up Canandaigua all shooting to pull off an upset.

"We still haven't run our best race," said Bradley. "Saturday would be the perfect time for it."

Varsity-1 Meet #8
Varsity-2 Meet #6
J.V. Meet #9

Greenman Invitational
Ely Park, Binghamton
Sat., Oct. 28, 1995

Weather: Sunny, cool
Windy; Course soggy
Temp. 55-60

McQuaid 2nd of 19 Schools

		'94 Time
2. Jeff Clark	16:04	17:02 (16:58 in '93)
12. Steve Shaw	16:48	18:14
13. Andy Robertson	16:48	17:03 (18:06 in '93)
29. Brian Beecher	17:17	18:09
41. Sanjay Narayan	17:34	--
69. John Sullivan	18:11	18:31
76. Brendan Hogan	18:23	20:20 (18:13 in '93)

Team Scores: Ithaca 78, McQuaid 97, Corning 117, Horseheads 144, etc.

Varsity-2 17th of 19

44. David Sohn	17:45	17:45
53. Matt Witmer	17:56	--
78. Kieran Chaudhry	18:27	17:27 (18:36 in '93)
87. Matt Davin	18:43	--
111. Sean Gallagher	19:38	--
115. Tim Liebert	19:51	18:47
117. Jim Whitcomb	19:58	20:03

J.V. 7th of 15 Schools

45. Joe Wiltberger	19:17	
49. J.C. Rondash	19:26	
52. Ben Zyla	19:35	
72. Brian Burrows	20:10	20:27
73. Tim Perrotta	20:11	
74. Brandon Smaglio	20:13	
77. Kyle Bowman	20:17	
83. Colin Murtha	20:24	
97. Scott Curtis	20:54	

SCHOLASTIC CROSS COUNTRY

McQuaid's Jeff Clark captures Section 5 crown

Ever since he finished fifth as a sophomore two years ago, McQuaid Jesuit's Jeff Clark has been rated a leading contender for a Class A cross country title. Last year, Clark was sick at sectional time, struggled to a ninth-place finish, and missed the state meet.

Last Saturday, though, a healthy Clark ran a confident front-running race through frigid winds at SUNY Geneseo and won his championship by more than 100 yards.

Clark's performance also sparked his fellow Knights to their best showing of the season, a 58-point total that placed them second to champion Fairport's 41. Senior Steve Shaw (10)

won his first sectional patch but missed going to the states by being the sixth non-Fairport finisher. (Only five individuals move on to the states.)

Close behind Shaw came seniors Andy Robertson (11) and Brian Beecher (13), both with season-best races. In the 20s, the Knights had a cluster of junior David Sohn (23), sophomore Sanjay Narayan (26), and freshman Matt Witmer (28).

"With four men right up there, Fairport was too good for us," said coach Bob Bradley, "but I was very pleased with our showing. I hope we can keep our edge for the Jesuit meet two weeks from now."

While his teammates look ahead to

defending their Jesuit school title in New York City, Clark will be concentrating this week on staying sharp for this Saturday's state meet at Corning Community College.

"There isn't a dominant runner in Class A this year," said Bradley, "though Elmira Southside's Doug Wilber looked tough beating Clark at Binghamton last week. Jeff should be right up in the lead pack at Corning. He's gonna be shooting for the win." Clark's Class A race over Corning's hilly 5K is scheduled for 11 a.m.

Last Tuesday, McQuaid runners were prominent in all three races of the City-Catholic individual champion-

ships at Cobbs Hill, senior Brendan Hogan, with a season-best time of 18:04 for 5K, captured the varsity title, with sophomore Matt Davin (2), senior Kieran Chaudhry (3), and junior John Sullivan (5).

At the JV level, sophomores Tim Perrotta and Ben Zyla ran 2-3, and freshman J.C. Rondash was fifth. In the junior high race, the Knights swept the first five spots, with freshman John Chaintreuil posting the only sub-10 time for the 1.7-mile course at Cobbs this year, winning in 9:54. Eighth-grader Jim Brasser was second, and freshmen John Brewer, Ryan Dougherty, and Kevin Freytag filled out the top five.

Varsity-1 Meet #9

Section Five Championships SUNY Geneseo 11/4/95

Weather:
Sunny, Cold
Wind Chill
in 20's

1. Jeff Clark	17:16
10. Steve Shaw	17:59
11. Andy Robertson	18:11
13. Brian Beecher	18:21
23. David Sohn	18:51
26. Sanjay Narayan	18:55
28. Matt Witmer	18:58
63. Brendan Hogan	20:14

Team Scores: Fairport 41, McQ 58, Webster 105, Irondequoit 131, etc.



SCHOLASTIC CROSS COUNTRY

McQuaid wins Jesuit title

McQuaid's cross country men came up with their best scoring group of the season to win the annual Jesuit Schools Championships at New York City's Van Cortlandt Park last Saturday.

The Knights put their five scorers into the top 11 of the 52-man field to post a winning total of 33 points. Bouncing back from a disappointing race at the state meet, senior Jeff Clark placed second in 13:40 over the hilly 2.5-mile course. Clark was closing fast on the winner, Scranton Prep's Tom Zukosky, but fell 10 yards short in his bid for the individual gold.

Twenty seconds behind Clark came senior Steve Shaw (5). The rest of the Knights' tight group - seniors Andy Robertson (7) and Brian Beecher (8), and sophomore Sanjay Narayan (11) - clinched the victory over runner-up St. Joseph's of Philadelphia. The five scorers came across in 43 seconds. Another 13 seconds back was junior

David Sohn in 16th place.

Almost identical places were posted by McQuaid's junior high team in a 16-point victory over St. Peter's of Jersey City. Freshman John Chaintreuil (2), John Brewer (7), and Ryan Dougherty (8), and eighth-graders Jim Brasser (6) and Andrew Lyboldt (10) did the scoring, with strong backup from freshmen Kevin Freytag (17) and Jeff Steenberge (21), and eighth-grader Sal Guarnieri (26).

Freshman Matt Witmer, running as an individual in the JV race, placed third.

The Knights' annual New York trip concluded a season that saw the varsity win invitationals at Liverpool and Union-Endicott and place second in the sectionals at Binghamton.

The junior high squad, McQuaid's strongest in many years, won five invitationals, including the Liverpool meet where they avenged their only loss of the season by defeating Fayetteville-Manlius.

Varsity-1 Meet #10

51st Annual Jesuit Championships Weather:
Van Cortlandt Pk. NYC 11/18/95 Cloudy, Cold

McQ 1st of 8 Schools

2. Jeff Clark	13:42
5. Steve Shaw	14:02
7. Andy Robertson	14:15
8. Brian Beecher	14:16
11. Sanjay Narayan	14:25
16. David Sohn	14:38
32. Brendan Hogan	15:33

J.V.

3. Matt Witmer	14:44
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Team Scores: McQuaid 33, St. Joe's, Phila. 65, Fordham Prep 92, Loyola, Baltimore 93, St. Peter's, NJ 152, Regis 161, Xavier, NYC 168, Scranton Prep Inc.

