

**Varsity Meet #1**  
**J.V.Meet #1**

**LIVERPOOL INVITATIONAL**  
**Long Branch Pk. Sat. 9/6/97**

**Weather:**  
**Cloudy, Mild**

**VARSITY 3<sup>RD</sup> OF 15 SCHOOLS**

			<b><u>'96 Time</u></b>
<b><u>1st Flight</u></b>	<b>7. Sanjay Narayan</b>	<b>16:50 (True 5K)</b>	<b>17:10</b>
	<b>18. Joe LaMagna</b>	<b>17:21</b>	
	<b>19. Matt Witmer</b>	<b>17:48</b>	<b>17:38</b>
<b><u>2<sup>nd</sup> Flight</u></b>	<b>2. Jim Brasser</b>	<b>16:51</b>	
	<b>5. John Chaintreuil</b>	<b>17:03</b>	
	<b>20. S. Raychaudhuri</b>	<b>18:44</b>	<b>20:51</b>
	<b>27. Jason Smith</b>	<b>19:19</b>	

**Team Scores(6 men): F-M 28, Henninger 58, McQ 82, B'ville 101,  
Liverpool 104, Corcoran 131. Etc.**

**J.V. 2<sup>ND</sup> OF 10 SCHOOLS**

<b><u>1<sup>ST</sup> Flight</u></b>	<b>1. Luke Flessner</b>	<b>17:58</b>	
	<b>5. Mark Bernal</b>	<b>18:23</b>	
	<b>6. John Magill</b>	<b>18:31</b>	
<b><u>2<sup>nd</sup> Flight</u></b>	<b>1. Geoff Steenberge</b>	<b>18:08</b>	
	<b>6. Brandon Smaglo</b>	<b>19:35</b>	<b>19:49</b>
	<b>9. Tyler Lemcke</b>	<b>19:49</b>	
	<b>10. J.C. Rondash</b>	<b>20:04</b>	<b>18:57</b>
	<b>13. Kevin Freytag</b>	<b>20:35</b>	
	<b>14. Colin Murtha</b>	<b>20:36</b>	<b>20:30</b>
	<b>16. Will Morris</b>	<b>20:48</b>	<b>22:00</b>
	<b>17. Steve Chesterton</b>	<b>20:48</b>	
	<b>19. Sal Guarnieri</b>	<b>21:02</b>	
	<b>20. Dan Keenan</b>	<b>21:04</b>	
	<b>21. Will Payne</b>	<b>21:06</b>	
	<b>22. Tim Dailey</b>	<b>21:22</b>	
	<b>39. Nick Pospula</b>	<b>22:48</b>	

**Team Scores (5 men): F-M 14, McQ 19, Corcoran 49, etc.**

Varsity Meet #2  
J.V. Meet #2

Newark Invitational  
Stuart Park Sat. 9/13/97

Weather: Cloudy, warm  
Course a bit soft

Varsity Broken into 3 separate races

First Race - McQ 3<sup>rd</sup> of 18 schools

7. Jim Brasser	17:39 (New 5k)
8. Sanjay Narayan	17:49
16. Joe LaMagna	18:37

Team Scores: Starpoint (Sec VI) 8, Fairport 16, McQ 31, etc.

Second Race - McQ 2<sup>nd</sup> of 10 schools

2. John Chaintreuil	18:08
5. Matt Witmer	18:34
6. Luke Flessner	18:50
13. S. Raychaudhuri	19:39

Team Scores: Fairport 8, McQuaid 13, Horseheads 38, etc.

Third Race: McQ 1st of 8 schools

1. Jason Smith	19:04
2. Mark Bernal	19:07
3. Geoff Steenberge	19:11
8. John Magill	19:44

Team Scores: McQuaid 6, Fairport 15, Horseheads 37, etc.

VARSDITY B (J.V.) - NON-SCORING

3. Brandon Smaglo	20:10
4. Tyler Lemcke	20:19
5. Rob Way	20:28
6. J.C. Rondash	20:39
8. Chris O'Connor	20:49
10. Colin Murtha	20:57
15. Steve Chesterton	21:12
17. Tom Coleman	21:23
19. Will Payne	21:35
20. Sal Guarnieri	21:41
23. Marty Ferris	22:03
24. Will Morris	22:05
25. Dan Keenan	22:10
29. James Martin	23:04
34. Nick Moeller	23:55
41. Nick Pospula	25:23
43. Brian Gillis	25:39
44. Beau Miller	26:08
55. Matt Perrotta	28:04

# McQuaid wins Wildcat

## ◊ Captain Sanjay Narayan leads Knights to victory.

McQuaid Jesuit's cross-country men erased the memories of a dismal showing in last year's sectionals on Saturday by returning to the site at Marcus Whitman High School and winning impressively in the Wildcat Invitational.

Senior captain Sanjay Narayan led the victory with a front-running effort that saw him yield the top spot to Rush-Henrietta's Jamie Hall after battling through the final half mile of the race.

The most encouraging news for the Knights, though, was the tight pack of four teammates that dominated the race by the mile mark, and produced finish places of sixth (Joe La Magna), seventh (John Chaintreuil), 11th (Jim Brasser), and 18th (Matt Witmer) for a winning score of 44 points.

Right behind the scorers were Geoff Steenberge in 19th and Luke Flessner in 22nd, giving McQuaid a

seven-man stretch of 68 seconds.

"That's real good for an early-season meet, especially in slow going," said coach Bob Bradley.

"We need to do better to have a crack at Fairport later, but for today, it was fine."

Defending sectional champion Fairport was taking on state champion Cicero-North Syracuse in the Corning Invitational. That left a much-improved Gates-Chili team to take runner-up honors behind the Knights with 71 points, with Webster third at 89.

Though both the JV and junior high races were not scored, McQuaid showed well at both levels. Its scoring group in the 200-plus runners JV race was John Ryan Magill (2), Rob Way (15), Tyler Lemcke (17), Colin Murtha (25), and Brandon Smaglo (26).

In the equally crowded junior high race, Drew Kassman (4), Pat Freytag (5), Kevin Coleman (14), Darren Stoffel (16), and Matt Evinger (20) led the 30-runner McQuaid contingent of coach Bill Dodd.

Varsity Meet #3  
J.V. Meet #3

**WILDCAT INVITATIONAL**  
Marcus Whitman H.S.  
Sat., Sept. 20<sup>th</sup>, 1997

**Weather: Cloudy**  
**Cool, Some rain;**  
**Course a bit slow**

### Varsity 1<sup>st</sup> of 12 "A" Schools

2. Sanjay Narayan	16:58
6. Joe LaMagna	17:19
7. John Chaintreuil	17:27
11. Jim Brasser	17:42
18. Matt Witmer	17:59
19. Geoff Steenberge	18:00
22. Luke Flessner	18:06
43. Mark Bernal	18:39
48. Jason Smith	18:57
62. Sourobh Raychaudhuri	19:19

Team Scores: McQuaid 44, Gates-Chili 71, Webster 89, etc.

### Varsity "B" (Non Scoring)

2. JohnRyan Magill	19:01	93. Sal Guarnieri	21:25
15. Rob Way	19:34	95. Chip Goldsby	21:28
17. Tyler Lemcke	19:38	98. Marty Ferris	21:31
25. Colin Murtha	19:55	155. Evan Labuzetta	22:40
26. Brandon Smaglo	19:56	161. James Martin	22:45
27. Chris O'Connor	19:59	163. Nick Pospula	22:47
39. Steve Chesterton	20:31	166. Nick Moeller	22:50
55. Aidan Sciandra	20:49	185. Mike Worboys	23:33
56. Tom Coleman	20:50	195. Ray Shady	23:53
59. Will Payne	20:54	197. Beau Miller	24:03
68. Tim Dailey	21:07	225. Jeff Mitchell	26:48

**Varsity-2 Meet #1**  
**J.V. Meet #4**

**CITY-CATHOLIC BLOCK #1**  
**Cobbs Hill Tues. 9/23/97**

**Weather:**  
**Sunny, Mild**

**No Team Scoring (SOTA incomplete)**

<b>7. Will Payne</b>	<b>20:31 (5k)</b>
<b>8. Tom Coleman</b>	<b>20:33</b>
<b>12. Marty Ferris</b>	<b>21:42</b>
<b>14. Nick Moeller</b>	<b>21:58</b>
<b>18. Will Morris</b>	<b>22:27</b>
<b>20. Nick Pospula</b>	<b>22:41</b>
<b>22. Mike Worboys</b>	<b>22:51</b>
<b>23. James Martin</b>	<b>23:22</b>
<b>25. Jason Alvarez</b>	<b>23:42</b>
<b>26. Brian Gillis</b>	<b>24:26</b>
<b>29. Phil Thorpe</b>	<b>26:50</b>
<b>30. Jeff Mitchell</b>	<b>27:10</b>
<b>31. Pat Moore</b>	<b>28:06</b>
<b>32. Derek Mendes</b>	<b>31:04</b>

**You'll have 5 more races at this site to measure your improvement.**

**VARSITY-1 MEET #4  
J.V. MEET #5**

**33<sup>RD</sup> ANNUAL MCQUAID INVITATIONAL  
Genesee Valley Park, Sat. 9/27/97**

**WEATHER: (Thank you, Lord!)  
Sunny. Temp. 58-68**

**VARSITY - 4<sup>TH</sup> OF 12 AA SCHOOLS**

13. Sanjay Narayan	16:02 (3.0)
23. Joe LaMagna	16:18
26. John Chaintreuil	16:23
29. Jim Brasser	16:33
56. Matt Witmer	17:02
65. Geoff Steenberge	17:17

**Team Scores: Chaminade 68, F-M 70, Fairport 107, McQ 147, Ithaca 148, etc.**

**VARSITY "B" - 9<sup>th</sup> of 20**

22. S. Raychaudhuri	17:59	142. Colin Murtha	19:45	215. Nick Pospula	22:16
54. Brandon Smaglo	18:34	199. Jason Alvarez	21:14	228. Jeff Mitchell	23:39
87. Aidan Sciandra	18:59	204. Evan Labuzetta	21:24	235. Pat Moore	23:50
124. J.C. Rondash	19:35	209. James Martin	21:50	280. Derek Mendes	28:35
126. Marty Ferris	19:37	210. Will Morris	21:51		

**Team Scores: F-M 25, Ithaca 80. St. Mike's, Toronto 139, Fairport 139, etc.**

**SOPHOMORES - 2<sup>ND</sup> OF 31**

5. Luke Flessner	17:01*
10. Mark Bernal	17:16*
25. Jason Smith	17:45
36. Rob Way	18:06
56. JohnRyan Magill	18:20
97. Tyler Lemcke	18:54
121. Tom Coleman	19:16
134. Steve Chesterton	19:23
137. Will Payne	19:28
185. Nick Moeller	20:10
195. Tim Dailey	20:22
201. Sal Guarnieri	20:25
244. Dan Keenan	21:03
264. Beau Miller	21:37
268. Ray Shady	21:42
273. Mike Worboys	21:51
280. Brian Gillis	22:09
292. Matt Perrotta	23:17
294. Phil Thorpe	23:22

**\*Great races! Over 300 runners in this race.**

**Team Scores: Burnt Hills 127, McQuaid 132, Irondequoit 149, Kenmore West 152,  
F-M 235, Mt. St. Joe's, Balt. 243, Webster 247. Etc.**

**VARSITY-2 MEET #2****C-C LEAGUE BLOCK #2  
COBBS HILL 9/30/97****WEATHER:  
CLOUDY, MILD****Varsity****No team scoring (Franklin Inc.)**

3.	Mark Bernal	18:43
4.	Luke Flessner	18:45
5.	Jason Smith	18:46
6.	S. Raychaudhuri	19:10
7.	JohnRyan Magill	19:14
10.	Rob Way	20:03
19.	Colin Murtha	20:52
20.	Brandon Smaglo	21:00
22.	Steve Chesterton	21:17

**J.V.**

		<b>Improvement</b>	
1.	Tom Coleman	20:29	4 seconds
2.	Marty Ferris	20:42	60 "
3.	J.C. Rondash	20:50	
5.	Dan Keenan	21:06	
6.	Chip Goldsby	21:22	
7.	Will Payne	21:27	
8.	Nick Moeller	21:37	21 "
10.	Nick Pospula	22:12	29 "
11.	Evan Labuzetta	22:18	
12.	Sal Guarnieri	22:20	
14.	James Martin	22:38	44 "
17.	Mike Worboys	22:49	2 "
18.	Ray Shady	22:58	
20.	Matt Perrotta	23:19	
21.	Beau Miller	23:58	
23.	Brian Gillis	25:02	
25.	Pat Moore	27:05	61 "
26.	Phil Thorpe	28:20	

**VARSITY-2 MEET #3 IRONDEQUOIT-PENFIELD INVIT. WEATHER:**  
**J.V MEET #7 Harris-Whalen Pk., Penfield Fri.,10/3/97 Cloudy, cool**

**MCQUAID 5<sup>TH</sup> OF 14 SCHOOLS**

2. Sanjay Narayan	16:51 (5k)
21. Jason Smith	18:44
39. Surobh Raychaudhuri	19:19
44. JohnRyan Magill	19:34
46. Rob Way	19:48
57. Colin Murtha	20:12
61. Brandon Smaglo	20:20

**J.V 4<sup>TH</sup> OF 12 SCHOOLS**

10. Chris O'Connor	19:52
17. Tyler Lemcke	20:11
23. Dan Keenan	20:33
27. Steve Chesterton	20:43
49. Tom Coleman	21:25
71. J.C. Rondash	22:05
100. Matt Perrotta	23:38

**J.V. MEET #9 CANANDAIGUA INVITATIONAL WEATHER;**  
**C.C.F.L - Sat., 10/4/97 Sunny, Mild**

**MCQUAID 2<sup>ND</sup> OF 6 SCHOOLS**

4. Sal Guarnieri	20:49 (5k)
5. Will Payne	21:02
9. Marty Ferris	21:43
14. Ray Shady	22:48
-- Nate Olson	23:00
16. Nick Moeller	23:10
17. Beau Miller	23:24
18. Mike Worboys	24:10
19. Evan Labuzetta	24:11
23. Nick Pospula	25:32
25. Brian Gillis	26:12
26. Jeff Mitchell	29:49

**VARSITY-1 MEET #5    WOODS TRAIL INVITATIONAL    WEATHER:**  
**Thetford Academy, Vt. Sat.10/4/97    Cloudy, Mild**

**MCQUAID 4<sup>TH</sup> OF 44 SCHOOLS**

<b>14. Joe LaMagna</b>	<b>17:12 (Hilly 5k)</b>
<b>19. John Chaintreuil</b>	<b>17:20</b>
<b>47. Jim Brasser</b>	<b>17:56</b>
<b>52. Geoff Steenberge</b>	<b>18:01</b>
<b>58. Matt Witmer</b>	<b>18:07</b>
<b>61. Luke Flessner</b>	<b>18:09</b>
<b>95. Mark Bernal</b>	<b>18:37</b>

**TEAM SCORES:** Fairfield Prep (CT) 68, Bishop Hendricken (RI) 112  
Ponaganset (RI) 178. McQuaid 180, Fairfield HS (CT) 196,  
Bellows Falls (VT) 223, Nashua (NH) 233, Essex (VT) 240,  
etc.

**VARSAITY-1 MEET #6**  
**J.V. MEET #8**

**MCQUAID-AQUINAS**      **WEATHER:**  
**Cobbs Hill, Tues., 10/7/97**      **Cloudy, Mild**

*Varsity wins 196<sup>th</sup> dual in a row, 17-40*

1. Jim Brasser	17:52
2. Matt Witmer	17:56
3. Luke Flessner	18:01
5. Jason Smith	18:25
6. Geoff Steenberge	18:59
7. Sourobh Raychaudhuri	19:04
9. Tyler Lemcke	19:37
12. Chris O'Connor	19:51
18. Rob Way	20:11
19. Steve Chesterton	20:21
20. Brandon Smaglo	20:25
24. Colin Murtha	21:21

**MCQUAID'S WINNING STREAK OF 196 DUALS DATES BACK TO OCTOBER, 1971. IT IS THE OLDEST ACTIVE X-C STREAK IN THE U.S.A.**

**J.V. - MCQUAID ALSO WINS BY A 17-40 SCORE**

1. Dan Keenan	19:59
2. Tom Coleman	20:03
3. Aidan Sciandra	20:41
4. Will Payne	20:52
7. Marty Ferris	20:59
9. Sal Guarnieri	21:01
12. Nick Moeller	21:03
14. Nick Pospula	21:28
15. Ray Shady	21:41
16. Jason Alvarez	21:43
17. Nate Olson	21:46
19. James Martin	21:50
24. Mike Worboys	22:21
28. Beau Miller	22:45
30. Brian Gillis	23:17
34. Matt Perrotta	23:24
43. Jeff Mitchell	23:41
44. Pat Moore	26:30
54. Derek Mendes	29:28

**VARSITY-1 MEET #7**  
**J.V MEET #9**

**SOUTHERN TIER CLASSIC**  
**ST. BONAVENTURE U. CAMPUS**  
**SAT., OCT. 11, 1997**

**WEATHER:**  
**SUNNY, 60**  
**COURSE DRY**

**VARSITY 2<sup>ND</sup> OF 12 "A" SCHOOLS**

7. Geoff Steenberge	17:41 (New 5k)
10. Luke Flessner	17:51
15. Jason Smith	18:05
28. Sourobh Raychaudhuri	18:46
29. Mark Bernal	18:46

Rest of our Varsity-1 runners suspended for this meet  
due to unacceptable practice behavior.

**TEAM SCORES:** St. Francis. Athol Springs 88, McQuaid 89, St. Joe's, Buffalo 110, etc.

**J.V. 2<sup>ND</sup> OF 22 SCHOOLS**

6. Rob Way	18:50
11. Colin Murtha	19:10
14. Brandon Smaglo	19:27
25. Will Payne	19:50
29. Chip Goldsby	19:55
31. Aidan Sciandra	19:57
48. Nick Moeller	20:46
56. Dan Keenan	21:07
DNR Chris O'Connor (knee)	

**TEAM SCORES:** Canisius 66, McQuaid 85, St. Joe's, Buffalo 109, etc.

**J.V. MEET #10**

**SENECA INVITATIONAL**  
**Seneca Park, Sat. 10/11/97**

**WEATHER:**  
**Sunny, mild**

**J.V. 6<sup>TH</sup> OF 15 SCHOOLS**

25. Tom Coleman	18:59 (3.0)
31. Tim Dailey	19:12
42. Marty Ferris	19:41
44. Nate Olson	19:42
47. Sal Guarnieri	19:45
67. Ray Shady	20:27
68. Jason Alvarez	20:28
78. Matt Perrotta	21:07
81. Mike Worboys	21:28
86. James Martin	21:59
89. Beau Miller	22:18
92. Evan Labuzetta	23:01

### MC QUAID 5<sup>TH</sup> OF 20 SCHOOLS

7. Sanjay Narayan	16:18 (New 5k)
11. Joe LaMagna	16:25
30. Jim Brasser	16:59
31. John Chaintreuil	16:59
35. Geoff Steenberge	17:06
48. Luke Flessner	17:22
65. Matt Witmer	17:38

TEAM SCORES: Gloucester, MA 65, Cheverus Prep, ME 69, Keene, NH 98, Taconic, MA 98, McQuaid 114, Melrose, MA 200, etc.

#### VARSITY-2 MEET #6 J.V. MEET #14

#### CLARENCE FALL CLASSIC Akron Falls Park, Sat. 10/18/97

WEATHER:  
Perfect, but course  
very soggy in  
starting area.

#### J.V. 3<sup>rd</sup> of 22 Schools

#### MC QUAID 5<sup>TH</sup> OF 12 SCHOOLS

19. John Ryan Magill	18:42 (5k)
23. Mark Bernal	18:48
28. Rob Way	18:59
30. Sourobh Raychaudhuri	19:06
37. Brandon Smaglo	19:17
39. Jason Smith	19:24
43. Colin Murtha	19:36

2. Tyler Lemcke	18:49
6. Chris O'Connor	19:22
25. Steve Chesterton	19:54
35. Tom Coleman	20:05
36. Will Payne	20:11
42. Sal Guarnieri	20:26
47. Nate Olson	20:36
52. Nick Moeller	20:39
54. Marty Ferris	20:40
57. Dan (One-Shoe) Keenan	20:48

60. Aidan Sciandra	20:55
98. Beau Miller	21:51
105. Evan Labuzetta	21:59
123. James Martin	23:02
127. Brian Gillis	23:18
133. Nick Pospula	23:46
147. Phil Thorpe	24:36
163. Pat Moore	25:58
165. Jeff Mitchell	27:03

## McQuaid runners have mixed results

◇ Sanjay Narayan runs fastest 5K time to lead Knights.

It's a rare, perhaps non-existent, cross-country meet where everyone on the same team enjoys equal success, and last Saturday's meets in Boston and Akron Falls Park, N.Y., were no exception for McQuaid Jesuit's runners.

In the Catholic Memorial meet at Boston's Franklin Park, only two Knights were able to handle the front-running pace of a strong 20-school field, and the result was a disappointing fifth-place finish.

The Franklin course, Boston's equivalent of New York City's Van Cortland Park, is a fast 5K with just one demanding hill, and senior Sanjay Narayan and junior Joe LaMagna responded with their best 5K times, 16:18 and 16:25, to place seventh and 11th among the 135

competitors.

The other Knights scorers, even with good times, were pushed back another 19 places, by the quality of the field. Finishing 30th was Jim Brasser, 31st John Chaintreuil, and 35th Geoff Steenberge.

McQuaid's total of 114 points left it trailing some of New England's best teams: Gloucester, Mass. (65); Cheverus Prep of Maine (69); Keene, N.H. (80); and Taconic of Pittsford, Mass. (96).

"We were looking to be right in there with top teams like that," said coach Bob Bradley, "but our group didn't hang tight. We'll try again down in Binghamton next meet."

That will be the Greenman Invitational on a hilly Ely Park golf course where Section 4's top two teams, Ithaca and Union-Endicott, will head another 20-school race.

The Knights' performances were equally mixed at the Clarence Fall Classic, held at the scenic Akron

Falls site. Top races over the 5K course came from sophomore Tyler Lemcke and junior Chris O'Connor, who placed second and sixth in a 170-runner JV race, and sophomore John Ryan Magill, whose 19th-place finish led the McQuaid varsity-2 contingent.

Completing the JV scoring were sophs Steve Chesterton (25), Tom Coleman (35), and Will Payne (36). Scoring behind Magill were sophs Mark Bernal (23) and Rob Way (28), and seniors Sourobh Raychaudhuri (30) and Brandon Smaglo (37).

Coach Bill Dodd's junior high team came away with their third straight victory with a close 48-53 win over Grand Island, giving the Knights their lone weekend trophy. Freshmen Drew Kassman (2) and Ryan Dougherty (10) led the 32-man McQuaid squad, which will send nine runners to Binghamton to try for four in a row.

**VARSITY-1 MEET #10**  
**VARSITY-2 MEET #7**  
**J.V. MEET #15**

**GREENMAN MEMORIAL INVITATIONAL**  
**Ely Park, Binghamton Sat. 10/25/97**

**WEATHER:**  
**Cloudy, cool**  
**Course soggy**

**VARSITY-1 FIRST OF 17 SCHOOLS**

		Improvement over '96
1. Sanjay Narayan	16:03 (2.87)	69 sec.
8. Joe LaMagna	16:40	—
9. John Chaintreuil	16:41	43 "
14. Jim Brasser	16:49	24 "
16. Geoff Steenberge	16:56	34 "
18. Luke Flessner	16:59	—
21. Matt Witmer	17:01	15 "

**Team Scores: McQ 48, Ithaca 59, Union-Endicott 130, Elmira Free 144, Corning 149, etc.**

**Some food for thought - Here's how these times would have fared in meets against McQuaid's sectional champions of '91, '92, and '93:**

**91's team: 15:50, 16:09, 16:18, 16:24, 17:00    Score: '91 24 '97 32**

**92's team: 15:49, 16:11, 16:18, 16:20, 17:03    Score: '92 25 '97 32**

**93's team: 15:50, 16:30, 16:58, 17:21, 17:35    Score: '93 35 '97 24**

**VARSITY-2 FOURTEENTH OF 17**

59. Rob Way	18:01	
74. JohnRyan Magill	18:16	
87. Mark Bernal	18:44	
92. Brandon Smaglo	18:50	
95. Colin Murtha	18:54	41 sec.
97. Sourobh Raychaudhuri	18:59	26 "
119. Jason Smith	21:49	

**J.V. FOURTH OF 12**

16. Tyler Lemcke	18:30	
25. Chris O'Connor	18:50	75 sec.
26. Tom Coleman	18:53	
39. Will Payne	19:04	
59. Steve Chesterton	19:31	
62. Aidan Sciandra	19:34	
64. Sal Guarnieri	19:35	
69. Chip Goldsby	19:42	
74. Dan Keenan	19:50	
79. Nate Olson	19:55	
83. Nick Moeller	19:59	
97. Marty Ferris	20:33	12 sec.

**Varsity-2 Meet #8**  
**J.V. Meet #16**

**CITY-CATHOLIC BLOCK #6**  
**INDIVIDUAL CHAMPIONSHIPS**  
**COBBS HILL TUES., 10/28/97**

**WEATHER:**  
**WINDY, COOL**

**MCQUAID SWEEPS VARSITY RACE**

		Season's Improvement at Cobbs Hill *
1.	JohnRyan Magill 18:27	47 sec.
2.	Rob Way 18:29	94 "
3.	Tyler Lemcke 18:30	67 "
4.	S. Raychaudhuri 18:48	22 "
5.	Jason Smith 18:55	21 "
10.	Chris O'Connor 19:26	25 "
11.	Brandon Smaglo 19:53	79 "
12.	Aidan Sciandra 20:00	41 "
13.	Colin Murtha 20:11	78 "
14.	Chip Goldsby 20:19	80 "
15.	Steve Chesterton 20:29	82 "
16.	Mark Bernal 20:36	13 "

\* Improvement based on first run and best run, not necessarily on times from this meet.

**J.V. - ANOTHER MCQ SWEEP**

1.	Tom Coleman 19:28	65 sec.
2.	Will Payne 19:48	43 "
3.	Sal Guarnieri 19:54	126 "
4.	Marty Ferris 20:14	88 "
5.	Dan Keenan 20:33	82 "
6.	Nate Olson 20:36	70 "
7.	Nick Moeller 20:41	81 "
8.	Ray Shady 20:44	74 "
9.	Jason Alvarez 20:56	166 "
10.	Evan Labuzetta 21:04	28 "
11.	Nick Pospula 21:35	66 "
12.	James Martin 22:23	59 "
13.	Beau Miller 22:28	90 "
14.	Matt Perrotta 23:28	30 "
15.	Brian Gillis 23:52	93 "
16.	Pat Moore 25:19	167 "
17.	Jeff Mitchell 27:10	—
DNF. Mike Worboys (ankle)		
Phil Thorpe (knee)		

## **SECTION FIVE CHAMPIONSHIPS**

**Marcus Whitman High School**

**Sat., November 1, 1997**

**Weather: Cloudy & Mild, becoming rainy and cool  
Course in good shape; a bit soggy**

### **MCQUAID A CLOSE SECOND TO FAIRPORT**

		<b>Improvement over 9/20 time <u>on this course</u></b>
<b>6. Joe LaMagna</b>	<b>16:47</b>	<b>32 sec.</b>
<b>8. Sanjay Narayan</b>	<b>16:51</b>	<b>7 "</b>
<b>9. John Chaintreuil</b>	<b>16:52</b>	<b>35 "</b>
<b>10. Jim Brasser</b>	<b>16:57</b>	<b>45 "</b>
<b>23. Geoff Steenberge</b>	<b>17:24</b>	<b>36 "</b>
<b>31. Luke Flessner</b>	<b>17:33</b>	<b>33 "</b>
<b>47. Matt Witmer</b>	<b>18:05</b>	<b>---</b>

**17 Schools and 106 runners**

**TEAM SCORES: FAIRPORT (1-5-7-18-20) 51, MCQUAID 56,  
GATES-CHILI 100, PENFIELD 165, ETC.**

**LA MAGNA AND NARAYAN MOVE ON TO STATES  
AT NEW YORK TECH ON LONG ISLAND , SAT. 11/8.**

**VARSITY MEET #12 - STATE CHAMPIONSHIPS**      **Weather: Awful!**  
**New York Tech, Northport L.I.**      **Cool, Windy,**  
**Saturday, Nov. 8, 1997**      **Steady rain.**

11. Sanjay Narayan      16:59 (5k)  
79. Joe LaMagna      18:20

Very poor running conditions. Sanjay's finish was one of our best ever in State Meet competition. Only previous McQ runners with higher finishers were Scott Patterson, 7<sup>th</sup> in '85 and Dan Lesser, 7<sup>th</sup> in '93. When McQ. won States in '84 and '92, we placed no one higher than 13<sup>th</sup>.

## Narayan, LaMagna lead McQuaid win at Jesuit meet

♦ Knights place first and second in 2.5-mile race.

McQuaid Jesuit's cross country men shook off the effects of a nine-and-a-half-hour trip through the snow and rain on Friday and finished their season on a high note Saturday with a decisive victory in the annual Jesuit Championships at New York City's Van Cortland Park.

The Knights jumped right into the lead against defending champion St. Joseph's of Philadelphia and four other Jesuit schools to produce a low winning score of 30 points with four men in the top 10.

Senior captains Sanjay Narayan, who was sidelined with a stress fracture for last year's Jesuit meet, won

going away over the 2.5-mile course with a time of 13 minutes, 22 seconds, fastest at the meet since McQuaid's Adam Reitz posted a 13:15 in 1993.

Behind him came junior Joe LaMagna, second in 13:35, John Chaintreuil, fifth in 13:47; and Jim Brasser, seventh in 13:50. Geoff Steenberge (15) and Luke Flessner (18) gave the front four solid backup to clinch the 23-point win.

Narayan's victory followed an equally impressive 11th-place finish in the state meet a week earlier, where he had the fourth fastest time of the 50 Section 5 boys who qualified for the meet at a rain-soaked New York Tech course on Long Island. For LaMagna, the Jesuit race was a comeback from his state meet run, where he finished far back in

the pack.

"I thought the guys might be tired after our long trip down, but they liked the course and ran with a lot of spirit," said coach Bob Bradley after his team's first crack at the new-look Van Cortland course.

"I was impressed with the improvements on the course. It had deteriorated pretty badly over the years, but now it's running on a good cinder track that winds all through the hills. Much safer and faster," he added.

Before the varsity race, coach Bill Dodd's junior high boys had their turn over a shorter 1.65 loop and saw a string of four straight Jesuit wins broken by St. Joseph's, 37-77.

Ryan Dougherty led the Knights for the first time, placing fifth ahead of Pat McMahon (9) and Drew

Kassmann (11). David Insel (20) was fourth man, and Matt Evinger (32) edged Chip Galusha (33) for the final scoring place. Pat Freytag, normally a top placer, missed the trip because of the flu.

McQuaid's varsity-2 squad also were in action in New York and put three men in the top 10 of the non-scoring JV race: Surobt Raychaudhuri, second; John Magill third; and Rob Way, fifth. Taking home medals for their top 25 finishes were Jason Smith, Tyler Lemcke, Brandon Smaglo, and Colin Murtha.

The Jesuit meet victory topped off a season that also produced invitational wins at Binghamton and Marcus Whitman, and a close second at the sectionals.

**VARSITY MEET #13**      **JESUIT CHAMPIONSHIPS**      **Weather: Cloudy and**  
**Van Cortland Park, NYC**      **cool. Course good.**  
**Sat., Nov. 15, 1997**

### McQ wins its 14<sup>th</sup> Jesuit Meet

1. Sanjay Narayan	13:22 (exactly 2.5 mi.)
2. Joe LaMagna	13:35
5. John Chaintreuil	13:47
7. Jim Brasser	13:50
15. Geoff Steenberge	14:22
18. Luke Flessner	14:30

**TEAM SCORES:** McQ 30, St. Joseph's, Phila 61, Fordham Prep 94, etc.

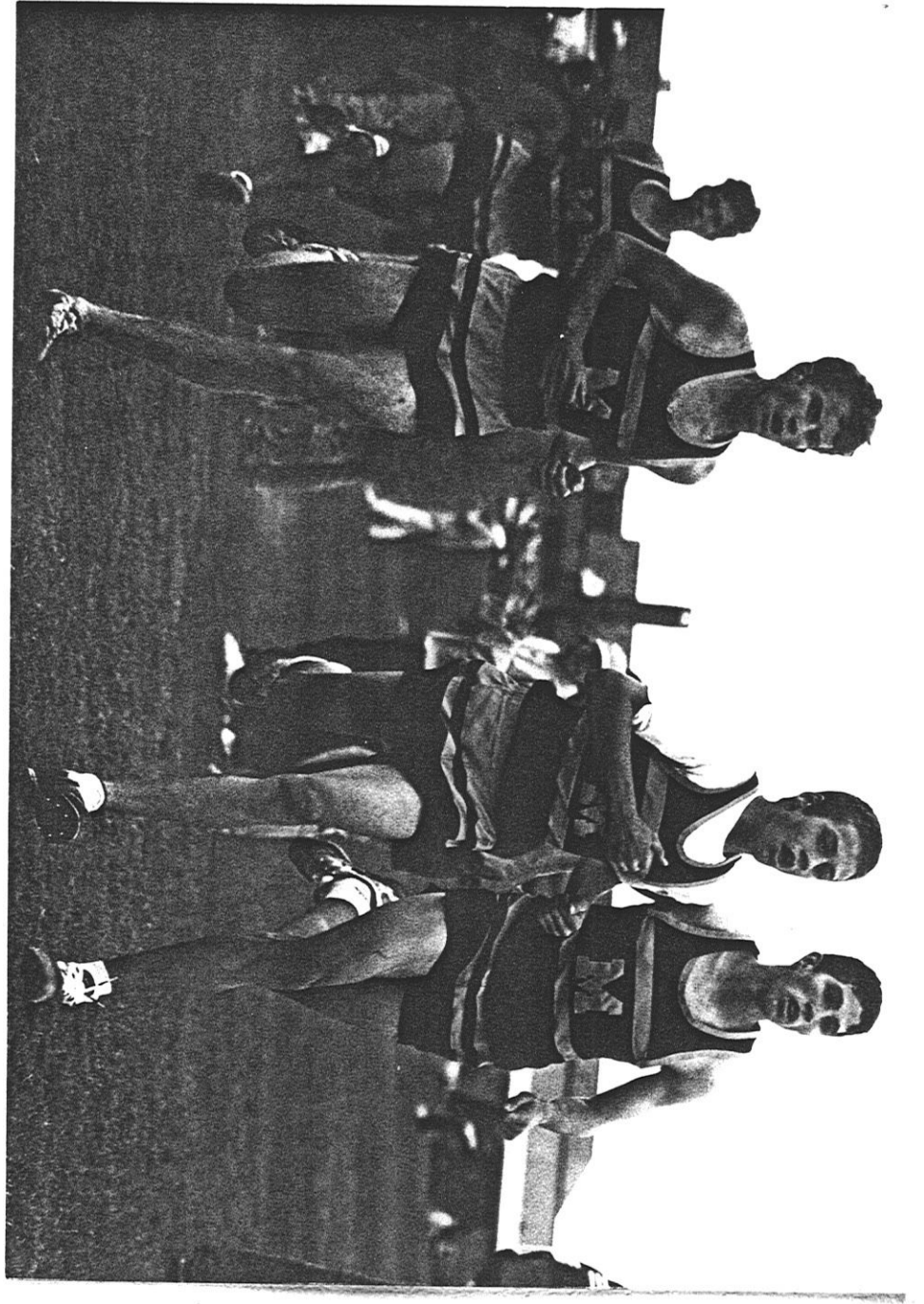
First time we've had 4 men under 14 minutes at VCP since 1992. Sanjay's winning time was the fastest since Adam Reitz won in 13:15 in 1993.

## **VARSITY FINISH INDEXES - 1997**

[illegible]

**SPECIAL AWARDS AT CROSS-COUNTRY DINNER - 1997**

<b>VINCE LOMBARDI MEMORIAL PLAQUE</b> (for exemplary dedication)	<b>COLIN MURTHA, '98</b> <b>BRANDON SMAGLO, '98</b>
<b>ROYDEN SMITH, JR. MEMORIAL PLAQUE</b> (most improved runner)	<b>SOUROBH RAYCHAUDHURI, '98</b>
<b>BEST FINISH INDEX (1.20)</b>	<b>SANJAY NARAYAN, '98</b>
<b>BEST NEW RUNNER</b> (Varsity) (J.V.) (Jr. High)	<b>JOE LA MAGNA, '99</b> <b>TYLER LEMCKE, '00</b> <b>PAT FREYTAG, '01</b>
<b>MOST IMPROVED RUNNER</b> (J.V.)  (Jr. High)	<b>TOM COLEMAN, '00</b> <b>WILL PAYNE, '00</b> <b>MATT EVINGER, '01</b>
<b>MOST IMPROVED DURING SEASON</b> (Var./JV) (Jr. High)	<b>ROB WAY, '00</b> <b>RYAN DOUGHERTY, '01</b>
<b>OUTSTANDING STUDENT-ATHLETE</b> (Sr.) (Jr.) (Soph) (Frosh) (Middle)	<b>SOUROBH RAYCHAUDHURI</b> <b>MATT WITMER</b> <b>MARK BERNAL</b> <b>MATT EVINGER</b> <b>CONOR HICKEY</b>
<b>JEREMY ABBOTT MEMORIAL TROPHY</b> (Outstanding Jr. High Runner)	<b>DREW KASSMANN, '01</b>
<b>CITY-CATHOLIC ALL-STAR PATCHES</b>	<b>SOUROBH RAYCHAUDHURI, '98</b> <b>JOHN RYAN MAGILL, '00</b> <b>ROB WAY, '00</b> <b>TYLER LEMCKE, '00</b> <b>JASON SMITH, '00</b>
<b>BOSSERT MEMORIAL CUP</b> (Top Catholic School Sectional Finisher)	<b>JOE LA MAGNA, '99</b>
<b>SENIOR PARENTS "THANK-YOU" MEMENTOS</b>	<b>KARI &amp; LESLEY NARAYAN</b> <b>MIKE &amp; PEGGY PERROTTA</b> <b>PRANAB &amp; IRA RAYCHAUDHURI</b> <b>MIKE &amp; ELAINE DAVIN</b> <b>BOB &amp; NANCY FERRIS</b> <b>BILL &amp; BARBARA MURTHA</b> <b>JIM &amp; DIANE WHITCOMB</b> <b>GEORGE &amp; ELLEN SMAGLO</b>



# Area runners fare well at Genesee Valley Park

## ♦ McQuaid Invitational draws record field of 229.

Almost as if they knew the kind of day they had in store for them at Genesee Valley Park, 229 schools from seven states and Canada sent runners to that site last Saturday for the 33rd annual McQuaid Invitational.

On a picture-perfect day, more than 5,000 of them galloped over the slopes and bike paths of the main picnic glen in 23 races that provided thousands of spectators with seven hours of nonstop running.

When it was all over, McQuaid coach and meet director Bob Bradley could point to three area individual winners and several area teams that rose to the challenge of the competition.

The top Section 5 runner, as expected, was Victor's Vince Sherry, who won the seeded AA race in 15 minutes, 27 seconds. Sherry trailed Canadian Andrew Smith for most of the new three-mile layout but made a strong move off the last uphill to pull away for a 25-yard victory.

East Rochester's Jennie Bartemus won in much the same way in the girls A-3 race. She chased front-runner Amanda Jinks of Pavilion until the final 300 yards when she came up with a spectacular surge that carried her to the finish.

By contrast, Hornell's Todd Ludden took charge of his boys' A-2 race early and was never challenged, winning by five seconds in 16.03.

Another of Section 5's best, Dan Bobo of Notre Dame, Batavia, did

most of the work leading his A-3 race, only to be overhauled in the last 200 yards by Ryan Bennett of Elmira Heights.

Teamwise, East Rochester's girls were the only local winner, posting 220 points, 10 better than Section 6's Randolph in the A-3 unseeded race.

The top performances, though, came in the seeded races. Victor's girls were second to Ohio's Seneca East in Class A, Canandaigua's girls were third behind Horseheads and Burnt Hills in a loaded AA race, and Fairport's boys were third in AAA behind state powers Chaminade and Fayetteville-Manlius.

Canandaigua's Gia Canali (sixth) and Cori Pritchard (13th) had the fastest Section 5 times - 18.26 and 18.48. Victor was led by Erin Bourne in 15th and Kim Wiesner in 17th.

Brian Lilly and Bret Crane were

top 10 finishers for Fairport in their race with times of 15.30 and 15.36, bettered only by Sherry.

McQuaid's runners were 40 points behind Fairport in fourth place, its group led by Sanjay Narayan in 12th. The Knights' sophomores were second in their race, putting Luke Flessner and Mark Bernal into the top 10. At the junior high level, McQuaid's youngest Knights had three in the top 20 - Pat McMahon, Pat Freytag, and Drew Kassman - and wound up fifth.

This weekend, McQuaid's varsity will make its first venture into Vermont for the Woods Trail Invitational, while the rest of its 80-man squad splits between the Penfield-Irondequoit meet at Harris-Whalen Park on Friday and the Canandaigua Invitational on Saturday.

## McQuaid runners place 4th in Vermont

### ♦ Knights compete while captain Sanjay Narayan takes SAT exam.

McQuaid Jesuit's cross-country men are no strangers to travel, but last weekend provided a new entry in the Knights' itinerary - the Woods Trail Invitational in the scenic town of Thetford, Vt.

The Knights found both the course and the competition well worth the trip, finishing fourth in a field of 44 schools after a challenging 5K scramble over the hilly, well-groomed trails that give the meet its name.

Minus captain Sanjay Narayan, who stayed home for the SAT exam, McQuaid's combination of juniors and sophs posted a score of 190 points from the efforts of Joe LaMagna (14), John Chaintreuil (19), Jim Brasser (47), Geoff Steenberge (52), and Matt Witmer (58), with a strong backup from Luke Flessner (61).

"If you like trails, that's probably the best cross-country course you'll ever find," said coach Bob Bradley. "It was a wonderful mixture of hill and flat, a little crowded because of the quality field, but all in all a great competitive experience."

McQuaid's point total trailed fellow Jesuit school Fairfield Prep's winning 68 and the 112 and 178 of Rhode Island powers Bishop Hendricken and Ponaganset, but the Knights defeated all of the Vermont and New Hampshire schools in the field.

While the Vermont team was traveling through rain and fog on Friday, their senior teammate, Narayan, was enjoying the best race of his six-year cross-country career, placing second to Victor's Vince Sherry in the Penfield-Irondequoit meet at Harris-Whalen Park.

Narayan followed the pace of Sherry and R-H's Jamie Hall for most of the race, but moved strongly away from the last hill to leave Hall behind and then made a stretch run that brought him within two seconds of an eased-up Sherry.

McQuaid's varsity scoring was completed by three sophs - Jason Smith (21), John Ryan Magill (44), and Rob Way (46), and senior Sourobh Raychaudhuri (39), giving them a fifth-place finish with 152.

The JV team placed third with a group of Chris O'Connor (10), Tyler Lemcke (17), Dan Keenan (23), Steve Chesterton (27), and Tom Coleman (49).

The winning McQuaid team at the meet was coach Bill Dodd's up-and-coming junior high combination, led by freshman Drew Kassman's last-stride victory. Pat Freytag (4), Pat McMahon (5), Kevin Coleman (9), and Steve Holland (10) completed a dominating 29-point total.

Dodd and varsity assistant coach Tony Trama did double duty on the weekend, taking a sizeable contingent to the Canandaigua meet on Saturday. The junior high and JV's took second in both their races. The former were paced by Ryan Dougherty in second, followed by Tim Deckman in sixth, Mike Copenhagen in seventh, Conor Hickey in ninth, and Peter Maxwell in 15th.

The JV scoring group had one senior, Marty Ferris (9) and four sophs: Sal Guarneri (4), Will Payne (5), Ray Shady (14), and Nick Moeller (16).