

# **MC QUAID CROSS-COUNTRY 1998**

## **HIGHLIGHTS OF THE SEASON**

**June -** The season begins. Five men become 500-Milers by August 31<sup>st</sup>: seniors Geoff Steenberge and Nick Pospula, junior Nick Moeller, sophomore Drew Kassmann, and freshman Pat Sullivan.

**August 17-18 -** Coach Trama and captains Chaintreuil and Steenberge launch our annual 25-Hour Charity Relay. Twenty-four runners and numerous guest performers combine their talent and sweat to raise over \$1500. for St. Joseph's Villa.

**August 23<sup>rd</sup> -** First practice. We have an all-time high of 42 men on our varsity/j.v. roster. Coach Glavin comes aboard as an assistant at all levels. Coach Trama continues to reign as the area's best-dressed coach.

**September 12<sup>th</sup> -** First overnight of the season at the Liverpool Invitational. We lose by 8 points to Gates-Chili but see our strong senior trio for the first time, with LaMagna (2), Chaintreuil (5), and Steenberge (7). Drew Kassmann has a strong 2<sup>nd</sup>-place finish in the J.V. race. With junior Way and Brasser on the injury list but expected back, the future looks bright.

**September 19<sup>th</sup> -** The seniors again: Joe (2), Geoff (3), and John (5), as we take second to Fairport at the Wildcat Invitational. Luke Flessner pays a unscheduled visit to Thompson Memorial Hospital in Canandaigua to be checked for heat exhaustion. Coach Dodd's junior high team, led by Pat McMahon's "1", scores an impressive victory at Auburn.

**September 26<sup>th</sup> -** Another good showing – 4<sup>th</sup> in a strong field of 17 – at the Proctor Invitational in Utica. Rob Way, in the lineup for the first time, finishes as our fifth man. The Junior High team frustrated to find their Newark race cancelled when a fire and explosion produces an "environmental emergency".



**October 3<sup>rd</sup> - The 34<sup>th</sup> Annual McQuaid Invitational brings 190 schools and about 7,000 runners and spectators to Genesee Valley Park on a perfect cross-country day – cloudy and cool. Chaintreuil, Kassmann, and McMahon all have top 10 finishes in their races. McQuaid's parents and alumni distinguish themselves once again as volunteer workers and meet officials.**

**October 10<sup>th</sup> - October 31<sup>st</sup> – The varsity puts together a string of four invitational victories at Montrose (Pa.), Canandaigua, Clarence, and Binghamton, with Joe getting two firsts and John one. The junior high team wins three, losing only at Montrose. The J.V. has wins at Montrose, Canandaigua, and the East High Invitational.**

**October 27<sup>th</sup> - It was "Go for the record!" day at Cobbs Hill vs. Aquinas, and LaMagna does it with a 16:54. Jim Brasser is able to finish for the first time and has our 8<sup>th</sup> fastest time. The Varsity's 16-47 win is the 200<sup>th</sup> straight dual meet that the Knights have won, dating back to October of 1971. We celebrate by doing cartwheels down Southern Parkway. (Not really.)**

**November 3<sup>rd</sup> - We dominate the City-Catholic Individual Championships, winning 19 of 22 medals. Matt Evinger is J.V. champion, and five varsity men earn their All-League patches: John Magill, Will Payne, Chip Galusha, Pat McMahon, and Pat Sullivan.**

**November 7<sup>th</sup> - Not exactly a day that will live in infamy, but a disappointing one, to be sure. We finish 4<sup>th</sup> in Sectionals as Gates-Chili pulls off the upset we thought would be ours. John is a close 3<sup>rd</sup>, and Geoff 7<sup>th</sup> to put two McQuaid men in the State Meet, where they place 40<sup>th</sup> and 63<sup>rd</sup> in a select field of 114 runners. Both earn spots on the All-Section Five Second Team for '98.**

**November 11<sup>th</sup> - Coach Bradley is so disgusted that he takes off for South America. He comes back a week later when his money runs out.**

**November 21<sup>st</sup> - A sweep of all three races at the Jesuit Championships, with Chaintreuil taking his second individual victory as well. No one gets lost as we venture into the New York City subways. A frigid ride home on the Staten Island ferry enroute to Mt.Manresa Retreat House completes our sightseeing for the season.**



# McQuaid varsity runners place 2nd at Liverpool

## Joe LaMagna paces Knights with second-place finish.

McQuaid Jesuit's cross-country men weren't exactly in top form at their opening meet last Saturday, but they still managed a close second-place finish in the Liverpool Invitational at Long Branch Park.

The Knights, missing two of their top runners, weren't as deep as a fast-improving Gates-Chili squad and fell to the Spartans 27-35 in the unique two-flight scoring system used at Liverpool. Teamwise, the two Section 5 entries went 1-2

against six opponents from Section 3.

In the first flight, McQuaid's front three, seniors Joe LaMagna, John Chaintreuil, and Geoff Steenberge, edged Gates, 15-17, with a 2-6-7. But the Spartans reversed that decisively in the second flight with a 1-4-5 to McQuaid's 2-6-12, giving them their eight-point margin.

LaMagna might have won the race had he not run off course and lost most of a 30-yard lead at the 3,000-meter mark. As it was, he and Gates leader Matt Bowers duelled with Liverpool's Chris Salamone until the final 500 meters when Oswego's Chris Enright spurled past all three

en route to a 10-second win. LaMagna kicked in to take second, and Chaintreuil's fast finish brought him past Steenberge for sixth.

Knight coach Bob Bradley, beginning his 37th year with McQuaid's runners, was encouraged by the showing of his seniors, especially Steenberge, who ran with the front pack almost all the way.

"Geoff put in a 500-mile summer, and it's moved him up to a new level. With Joe and John looking good, too, we're going to be strong up front, especially when we get Jim Brasser into the lineup," Bradley said.

Brasser, a junior, injured his leg in a jet ski accident and probably won't be in action until mid-October. The Knights' other casualty, junior Rob Way, may run this weekend after being sidelined by a muscle strain.

Junior Luke Flessner's strong second-place finish in the second varsity flight and sophomore Drew Kassmann's second in the JV race were other encouraging notes for the Knights.

Sophomores Pat Freytag and Chip Calusha also had impressive debuts at the 5K distance, placing seventh and 12th among 73 runners in the second JV flight. At that level the Knights were fourth of six schools.

# Seniors lead McQuaid at Wildcat Invitational

## Fairport nips Knights for overall title.

McQuaid seniors Joe LaMagna, Geoff Steenberge, and John Chaintreuil did their best to defend the Knights' championship in Saturday's Wildcat Invitational at Marcus Whitman High School, but a deep Fairport squad used its depth to take a 46-67 victory.

LaMagna spent the whole race chasing Jason Hettenbaugh of Honeoye Falls only to come up short by two seconds. He was the point man, though, for teammates Steenberge and Chaintreuil, who placed third and fifth.

Sophomore Drew Kassman (27) and junior Mark Bernal (30) completed the Knights' score, the former competing in his first varsity race.

Fairport offset that front strength, though, by placing all five of its men in the top 15 to win comfortably in the 14-school field.

McQuaid's usual fourth man, junior Luke Flessner, struggled in the heat and humidity before collapsing at the finish and winding up at F.P. Thompson Hospital in Canandaigua. He was treated and released later in the day.

McQuaid coach Bob Bradley praised the work of the Middlesex Volunteer Ambulance crew for help-

ing stabilize Flessner at the site. "They were right on top of things in Luke's case and some others, too."

In the non-scoring JV race at Marcus Whitman, sophomore Ryan Dougherty (20) and junior Sal Guarnieri (27) had strong races in a 200-plus field.

The McQuaid squad was in action at the Auburn Invitational as well and placed high in large fields. The JV race had an entry of 37 schools and 286 runners, and the Knights placed fourth with 132 points. Junior Rob Way, coming back from an injury, moved well through the field, taking third place. Behind him was a tight group of juniors: Steve

Chesterton (28), Will Payne (32), Nate Olson (34), and sophomore Chip Galusha (35).

Coach Bill Dodd's junior high had an impressive opener with a team victory over 20 teams, and freshman Pat McMahon even more so with a first in the field of 190 runners. McMahon laid off the opening pace and picked his way up into the lead with about 600 meters to go. He pulled away then for a 40-yard win over his Corcoran rival.

The Knights got a 13th-place from freshman Dan Burke and clinched the win with freshmen Conor Hickey (21), Paul Flessner (22), and Dan McCadden (31). Close behind for insurance were Sunil Narayan (34) and Pat Feeks (35).

This weekend the Knights will divide their squad among Friday's Penfield-Irondequoit meet at Harris-Whalen Park and Saturday's Newark and Proctor High, Utica Invitationals.

# McQuaid runners go 3-for-3 at Canandaigua

## Senior trio provides winning margin over Auburn.

Despite some stiff opposition from Auburn and Baldwinsville, McQuaid Jesuit cross country boys came away with victories at all three levels in Saturday's Canandaigua homecoming meet on the new Academy course.

The Knights had their strong senior threesome intact for the first time in three weeks and they needed that up front cushion to edge Auburn 27-36. Joe LaMagna, John Chaintreuil and Geoff Steenberge ran as a unit for the first half of the race with Auburn's Mike Mills along for company.

Then LaMagna moved out to a

lead and Chaintreuil broke away, too, leaving Mills and Steenberge to battle for third place. Mills won that duel, and Auburn packed in a 5-6-7 to threaten the McQuaid margin. But juniors Luke Flessner (8) and Rob Way (12) both finished strong to clinch the win.

LaMagna's victory came in a record 17:05 for the first varsity race over a spacious 5K layout that used the Canandaigua athletic fields and the neighboring VA Hospital golf course.

McQuaid's Junior High squad had an even closer matchup with Baldwinsville, winning by a slim four points, 38-42. The two teams were tied after three finishers, but Dan McCadden (10) and John O'Neil (11) edged their Baldwinsville coun-

terparts to provide the decisive margin.

Doing their work toward the front were Dan Burke (4), Marquis Wright (6) and Paul Flessner (7). Wright enjoyed his best race of the season, moving from far back in the field.

Only in the JV race did the Knights have an easy time, winning with 19 points. Junior John Ryan Magill led almost all the way en route to his first-place finish and six more Knights packed into the top 10: juniors Will Payne (3), Tyler Lemcke (4), and Nate Olson (5); sophomores Pat Freytag (6) and Chip Galusha (7); and freshman Pat Sullivan (10).

Earlier in the week, Galusha, Sullivan and Olson led McQuaid's varsity 2 squad to a 20-43 victory over East in a City-Catholic League meet at Cobbs Hill.

LIVERPOOL INVITATIONAL  
Long Branch Pk., Liverpool  
Sat., Sept. 12, 1998

Weather: Warm, muggy  
Temp. 75-80  
Course dry

Varsity 2nd of 8 Schools

Improvement  
over '97

<u>1st Flight:</u>	2. Joe LaMagna	16:36	45 seconds
	6. John Chaintreuil	16:39	24 "
	7. Geoff Steenebrge	16:48	80 "
<u>2nd Flight</u>	2. Luke Flessner	17:40	18 "
	6. Mark Bernal	18:16	7 "
	12. JohnRyan Magill	18:43	--
	15. Tyler Lemcke	18:48	61 "

Team Scores (3 men from each flight): Gates-Chili 27, McQuaid 35,  
Liverpool 48, Auburn 82, Tully 90, Oswego 90,  
CBA, Syracuse 142, Fulton 147

J.V. 4th of 6 Schools

<u>First Flight:</u>	2. Drew Kassmann	17:52	--
	10. Steve Chesterton	19:31	77 seconds
	11. Nate Olson	19:32	--
<u>Second Flight:</u>	7. Pat Freytag	19:07	
	12. Chip Galusha	19:36	
	13. Will Payne	19:39	87 "
	16. Pat Sullivan	19:54	--
	19. Nick Moeller	20:04	--
	23. Sal Guarnieri	20:11	51 "
	34. John Bringewatt	20:48	--
	37. David McCue	20:53	--
	45. Beau Miller	21:09	--
	46. Matt Evinger	21:10	--
	50. Ken Camann	21:51	--
	58. Nick Pospula	22:14	34 "
	59. Matt Payne	22:15	--
	64. Adam Funderburk	23:14	--
	70. Tim Isganitis	25:49	--

Team Scores: Liverpool 18, Gates-Chili 28, Auburn 33, McQ 42,, etc.

WILDCAT INVITATIONAL  
 Marcus Whitman H.S.  
 Sat. Sept.19, 1998

Weather: Sunny, very humid. Temp. 82. Course dry & dusty

McQuaid 2nd of 14 Schools

		'97 Time
2. Joe LaMagna	17:04 (5k)	17:19
3. Geoff Steenberge	17:12	18:00
5. John Chaintreuil	17:28	17:27
27. Drew Kassmann	18:42	--
30. Mark Bernal	18:50	18:39
39. Luke Flessner	19:00	18:06
63. Tyler Lemcke	19:47	19:38
90. JohnRyan Magill	21:07	19:01

Team Scores: Fairport 46, McQuaid 67, Greece Athena 124, etc.

Non-Scoring J.V. Race

		'97 Time
20. Ryan Dougherty	20:01	--
27. Sal Guarnieri	20:26	21:25
61. John Bringewatt	21:20	--
67. Evan Labuzetta	21:26	22:40
79. Matt Evinger	21:45	--
105. Beau Miller	22:32	24:03
108. Ray Shady	22:40	23:53
112. Ken Camann	22:46	--
116. Matt Payne	22:48	--
147. Adam Funderburk	23:26	--
151. David Insel	23:33	--
156. Nick Pospula	23:52	22:47
184. Phil Thorpe	24:34	--
197. Jeff Norton	25:34	--
200. Jeff Mitchell	25:53	26:48

KIWANIS INVITATIONAL  
 Holland Stadium, Auburn  
 Sat. Sept.19, 1998

McQuaid J.V.(Var-2) 4th of 37 Schools

3. Rob Way	18:06 (3.05 mi.)
28. Steve Chesterton	18:58
32. Will Payne	19:03
34. Nate Olson	19:04
35. Chip Galusha	19:04
37. Pat Freytag	19:08
41. Pat Sullivan	19:11
55. Nick Moeller	19:26

Team Scores: Corning 91, Auburn 101, Sauquoit Valley 115, McQ 132, Cicero-No.Syr. 192, West Genesee 211, etc.

CITY-CATHOLIC BLOCK # 1  
Cobbs Hill 9/29/98

Weather: Sunny, mild  
Temp 70, Course dry

(SOTA was incomplete, so no team result)

Places are from overall race, including SOTA, East,  
Edison, and Marshall.

		Improvement over 9/22 scrimmage
3. Chip Galusha	19:22	52 seconds
4. Steve Chesterton	19:23	DNR
5. Pat Freytag	19:26	89 "
6. Nate Olson	19:27	DNR
7. Nick Moeller	19:38	88 "
8. Will Payne	19:59	19 "
9. Pat Sullivan	20:03	13 "
10. Evan Labuzetta	20:04	DNR
11. Ian Byrd	20:05	124 "
12. Ryan Dougherty	20:08	75 "
13. Sal Guarnieri	20:12	DNR
15. Chris O'Connor	20:32	35 "
16. Matt Evinger	20:42	25 "
18. Ray Shady	21:06	59 "
19. Tom Coleman	21:10	--
20. Tyler Lemcke	21:27	(Stitch) DNR
21. John Bringewatt	21:29	29 seconds
22. Paul Kennedy	21:43	47 "
23. Nick Pospula	21:44	--
26. Adam Funderburk	22:38	15
27. Beau Miller	23:01	DNR
28. Matt Payne	23:24	96 "
30. Phil Thorpe	24:23	DNR
31. Tim Isganitis	24:24	--
33. Josh Keefe	25:57	31 "
38. Jeff Mitchell	26:55	--

DNR: Jeff Norton  
Ken Camann  
Matt Wrobel

34TH ANNUAL MCQUAID INVITATIONAL  
Genesee Valley Park Sat. 10/3/98

Weather: Perfect for x-c. Cloudy and cool Temp.54-60. Course dry

Var-1 8th of 19 AAA Schools

		'97 Time
9. John Chaintreuil	15:48 (3.0)	16:23
14. Geoff Steenberge	15:59	17:17
55. Joe LaMagna	16:44	16:18
57. Rob Way	16:50	18:06
58. Luke Flessner	16:51	17:01
82. Mark Bernal	17:15	17:16

Team Scores: St. Ignatius, Cleveland 72, Ithaca 79, Fairport 87, Gates-Chili 129, Guilderland 151, Mentor, Ohio 166, St. Michael's, Toronto 167, McQuaid 167, etc.

Var-2 19th of 21 Unseeded AAA Schools

		'97
97. Will Payne	17:44	19:28
100. Tyler Lemcke	17:47	18:54
120. Nick Moeller	18:06	20:10
121. John Magill	18:10	18:20
126. Evan Labuzetta	18:12	21:24
137. Steve Chesterton	18:32	19:23
141. Nate Olson	18:40	---

Sophs 6th of 28 Teams

5. Drew Kassmann	16:49
48. Chip Galusha	17:56
51. Pat Freytag	18:04
55. Ian Byrd	18:08
59. Ryan Dougherty	18:11
82. Matt Evinger	18:44
100. Pat Sullivan	19:03
123. Steve Holland	19:26
132. David Insel	19:34
135. John Bringewatt	19:36
148. Matt Payne	19:55
155. Ken Camann	20:04
171. Adam Funderburk	20:19
211. Tim Isganitis	22:17

J.V. 15th of 23 Schools

		'97
52. Sal Guarnieri	18:24	20:25
76. Paul Kennedy	18:41	
79. Chris O'Connor	18:43	
149. Ray Shady	19:47	21:42
152. Beau Miller	19:49	21:37
165. Nick Pospula	19:59	22:16
174. Tom Coleman	20:14	19:16
206. Phil Thorpe	21:28	23:22

CITY-CATHOLIC BLOCK #2  
Cobbs Hill 10/6/98

Weather: Sunny and Mild. Course dry

Our scheduled opponent, Franklin, has no team, so McQ ran with all the other other C-C teams. No scoring.

		Improvement over 9/29
2. John Magill	18:40	DNR
3. Tyler Lemcke	18:48	2:39
5. Chip Galusha	19:19	:03
6. Steve Chesterton	19:21	:02
7. Pat Freytag	19:23	:03
8. Nate Olson	19:27	:00
9. Nick Moeller	19:40	-.02
10. Evan Labuzetta	19:42	:22
11. Ryan Dougherty	19:56	:12
13. Will Payne	20:08	-.09
15. Pat Sullivan	20:21	-.18
16. Matt Evinger	20:22	:20
17. Matt Wrobel	20:23	DNR
19. Tom Coleman	20:34	:36
20. Sal Guarnieri	20:40	-.28
21. Ian Byrd	20:51	-.46
22. John Bringewatt	20:53	:36
23. Dave Insel	20:56	DNR
25. Ken Camann	21:24	DNR
27. Beau Miller	21:49	:72
28. Matt Payne	21:58	1:26
29. Nick Pospula	22:06	-.22
30. Paul Kennedy	22:10	-.27
31. Adam Funderburk	22:44	-.06
35. Josh Keefe	24:08	1:49
43. Jeff Mitchell	27:34	-.39

CITY-CATHOLIC BLOCK #3  
Cobbs Hill 10/13/98

Weather: Cloudy and Mild. Course dry

McQuaid 20 East 43

		Improvement over 10/6
3. Chip Galusha	19:24	-.05
4. Pat Sullivan	19:29	:52
5. Nate Olson	19:30	-.03
6. Will Payne	19:31	:37
7. Steve Chesterton	19:32	-.11
8. Ian Byrd	19:38	1:13
9. Nick Moeller	20:04	-.24
10. Pat Freytag	20:21	-.58
14. Matt Evinger	20:37	-.15
15. John Bringewatt	20:39	:14
20. Ken Camann	23:15	-1:51
24. Phil Thorpe	24:48	DNR

CANANDAIGUA HOMECOMING CLASSIC  
Canandaigua Academy 10/17/98

Weather: Cool, truning mild. Course dry

McQ 1st of 5 Schools

1. Joe LaMagna	17:05 (New 5k)
2. John Chaintreuil	17:16
4. Geoff Steenberge	17:28
8. Luke Flessner	17:49
12. Rob Way	18:00
13. Drew Kassmann	18:03
18. Mark Bernal	18:19

Team Scores: McQ 27, Auburn 36, Baldwinsville 82, Canandaigua 84,  
Geneva 155

J.V. 1st of 3 Schools

1. JohnRyan Magill	18:41
3. Will Payne	18:57
4. Tyler Lemcke	19:00
5. Nate Olson	19:02
6. Pat Freytag	19:07
7. Chip Galusha	19:08
10. Pat Sullivan	19:16
13. Nick Moeller	19:27
14. Steve Chesterton	19:38
16. Ryan Dougherty	19:45
17. Pat McMahon	19:48
21. Matt Evinger	20:15
23. Chris O'Connor	20:22
25. John Bringewatt	20:46
26. Beau Miller	21:02
29. Steve Holland	21:26
31. Adam Funderburk	23:23
35. Jeff Mitchell	26:00
DNF Ken Camann	

CITY-CATHOLIC BLOCK #4  
Cobbs Hill 10/20/98

Weather: Cloudy and mild. Course dry.

2. Pat McMahon	17:32*
3. Chip Galusha	17:39
4. Pat Sullivan	17:40
5. Nate Olson	17:44
7. Sal Guarnieri	18:17
8. Evan Labuzetta	18:36
9. Chris O'Connor	18:38
10. Pat Freytag	18:46
11. Ray Shady	18:47
12. Ian Byrd	18:48

\* Because of construction on Highland Ave., the course was revised to avoid the back hill. By using the front hill, runners ran about a quarter mile short of the usual 3.1 miles.

18TH ANNUAL CLARENCE FALL CLASSIC  
Akron Falls Park Sat. 10/24/98

Weather: Sunny and Mild. Temp. 70. Course dry

McQ 1st of 11 Class A Schools

1. Joe LaMagna	16:39
3. John Chaintreuil	17:01
4. Geoff Steenberge	17:10
11. Luke Flessner	17:35
13. Rob Way	17:41
19. Drew Kassmann	17:56
24. Mark Bernal	18:10

Team Scores: McQ 32, Clarence 79, Kenmore West 93, Corning 97,  
Penfield 99, Sweet Home 142, etc.

1ST ANNUAL COBBS HILL INVITATIONAL  
Cobbs Hill Park Sat. 10/24/98

Weather: Sunny, Breezy Temp. 60 Course dry

Varsity-2 2nd of 3 Complete Teams

9. Tyler Lemcke	18:29*
11. Chip Galusha	18:36
12. Will Payne	18:51
13. JohnRyan Magill	19:20
14. Nate Olson	19:34
16. Steve Chesterton	19:48
20. Ray Shady	22:28
DNF. Pat Freytag (leg)	

\* A new 5K course that went up front hill, back into woods, and  
came back through Water Authority gate.

Team Scores: Irondequoit 19, McQuaid 59, East 84

J.V. 1st of 2 Complete Teams

1. Ian Byrd	18:16
3. Pat McMahon	18:32
5. Pat Sullivan	18:37
6. Ryan Dougherty	18:41
11. Matt Evinger	19:04
12. Nick Moeller	19:07
17. Evan Labuzetta	19:39
18. Chris O'Connor	19:40
21. Steve Holland	19:59
22. Sal Guarnieri	20:00
23. John Bringewatt	20:16
25. David Insel	20:23
27. Paul Kennedy	20:36
28. Beau Miller	20:48
30. Tom Coleman	21:05
32. Adam Funderburk	22:19
34. Phil Thorpe	23:01
36. Josh Keefe	23:08
DNF. Jim Brasser (Planned drop-out at 2 miles. 12:35)	

Team Scores: McQuaid 26, Irondequoit 36

# McQuaid tops Ithaca for Greenman title

## McQuaid mudders win big

### Senior John Chaintreuil leads Knights to invitational win.

A hilly course at Montrose, Pa., was extra tough with a coating of mud, but McQuaid Jesuit's cross-country men found it much to their liking on Saturday as they topped a 14-school field at the 22nd annual Meteor Invitational.

Seniors John Chaintreuil and Geoff Steenberge, 16th and 30th in this meet two years ago when the team placed third, handled the hills especially well.

Chaintreuil followed the early pace of a trio of North Pocono runners and Elmira Southside's Rich Bly before taking the lead after the first long uphill. He went on to a 50-yard victory over Bly, his first ever in an invitational.

Steenberge finished third with a finishing sprint that nipped North Pocono's Sean McCarthy. Minus their other top senior, Joe LaMagna, who was sidelined by a sore leg, the Knights got strong races from soph Drew Kassman (18) and junior Luke Flessner (20) and good back-up from juniors Rob Way (31) and Mark Bernal (36) to clinch the team win with 73 points over Troy's 104.

In a smaller JV field of only five schools, McQuaid won easily with a score of 24 points. Juniors Will Payne and Nate Olson and soph Chip Galusha led the race with a 1-2-3, freshman Pat McMahon made his 5K debut with a strong seventh, and junior Steve Chesterton placed 11th.

The Knights' junior high squad found the Pennsylvania competition well worth the trip, placing a close fourth of 12 schools. Conor Hickey led his team in 10th, followed by Pat Feeks (17), Dan Burke (20), Sunil Narayan (27th), Paul Flessner (33), and Marquis Wright (41).

Back in Rochester at the Seneca Park Invitational, coach Bill Dodd's second junior high lineup fared even better, winning in a 10-team field.

The young Knights packed their first seven finishers into the top part of the race, led by Dan McCadden in seventh place. Their next six men came across in a 23-second cluster: John O'Neil (12), Jason Fegadel (13), Joe Doyle (15), Paul DiMarco (20), Erik Protasiewicz (21), Matt Jones (25), and Mike Witmer (27).

McQuaid's JV team also ran strongly, placing third of 14 schools. Sophs Ryan Dougherty (16) and Sal Guarnieri (19), junior Nick Moeller (31), freshman Pat Sullivan (40), and senior Evan Labuzetta (41) handled the scoring.

### Knights record 200th consecutive dual-meet victory.

McQuaid and Ithaca renewed their tradition of close battles at the 33rd annual Greenman Invitational last Saturday in Binghamton, and for a second straight year, the Knights came out on top.

Ithaca, ranked seventh in the state, and McQuaid, ranked 17th, both were in their final tune-ups for this week's sectionals, and the Little Red elected to rest their top runner, Kellen Waddach. McQuaid did likewise with fifth man Rob Way, but the Knights got a winning effort from sophomore Drew Kassman, who placed 15th of 125 runners, close enough to clinch a 38-42 McQuaid win.

McQuaid's front strength was another vital ingredient. With 25 yards to go, the Knights had a 2-3-4 behind Johnson City's Steve Teeter with their senior cluster of Joe LaMagna, John Chaintreuil, and Geoff Steenberge. LaMagna, after battling for the lead with Teeter on the tough, long uphill of the 2.9-mile Ely Park course, ran out of gas and went down momentarily as his teammates finished. When he got to his feet, he had enough left to cross the line but not before Ithaca's first finisher caught him for fourth.

Then it was time for Kassman and junior Luke Flessner to complete the McQuaid group. They did it in style, working their way through the pack to be in contact with Ithaca's fifth, then passing him coming off the last hill. Flessner kept right on

going to place 13th, and Ithaca's fifth out-kicked Kassman for 14th.

"Drew was right where he needed to be, instead of five places farther back, and that made the difference, said coach Bob Bradley of the exciting race.

In the other races at Ely, McQuaid's JV squad placed fourth behind Ithaca, Corning, and Union-Endicott. Freshmen Pat McMahon and Pat Sullivan and soph Chip Galusha all had strong races, going 3-8-11. Soph Pat Freytag (33) and junior Steve Chesterton (36) completed the scoring.

In the junior high race, coach Bill Dodd's squad captured their sixth straight Greenman win by 48 points over Corning and 15 other schools. Freshmen Conor Hickey (6), Dan Burke (7), Marquis Wright (9), Dan McCadden (13), and Paul Flessner (17) did the scoring as the Knights won their fifth invitational of the season.

Earlier this week, McQuaid had a milestone of sorts, posting its 200th consecutive dual-meet victory with a 16-47 race against Aquinas, the last school to defeat the Knights back in 1971.

LaMagna went after the course record of 17:00 set by McQuaid's Sanjay Narayan last year and broke it by six seconds with a 16:54 in his only run of the season at Cobbs.

This Saturday, the Knights will take on Fairport and Gates-Chili, two teams that have beaten them twice, in the sectional champions at Marcus Whitman High School. The Class A boys race, last of the day, will begin at 3:30 p.m.

SENECA INVITATIONAL  
Seneca Park Sat. 10/10/98

Weather: Cloudy, mild. Course dry

J.V. 5th of 10 Complete Teams

16. Ryan Dougherty	19:09 (3.0)
19. Sal Guarnieri	19:16
31. Nick Moeller	19:40
40. Pat Sullivan	19:52
41. Evan Labuzetta	19:53
46. Chris O'Connor	20:06
52. John Bringewatt	20:17
53. David Insel	20:19
57. Matt Wrobel	20:23
64. Paul Kennedy	20:37
67. Ray Shady	20:55
79. Beau Miller	21:23
89. Nick Pospula	21:40
93. Ken Camann	21:59
108. Tim Isganitis	22:52
111. Jeff Mitchell	23:11
113. Josh Keefe	23:17
117. Phil Thorpe	23:24
124. Onni Hart	24:10

Team Scores: Gates-Chili 38, Greece Olympia 75, Irondequoit 76,  
Penfield 109, McQuaid 147, Greece Athena 170 etc.

22ND ANNUAL METEOR INVITATIONAL  
Montrose (Pa.) H.S. Sat. 10/10/98

Weather: Cool and Windy. Course slippery & muddy in spots.

McQuaid 1st of 14 Schools

1. John Chaintreuil	17:13 (5k)
3. Geoff Steenberge	17:25
18. Drew Kassmann	18:17
20. Luke Flessner	18:18
31. Rob Way	18:49
36. Mark Bernal	18:53
77. JohnRyan Magill	20:35

Team Scores: McQuaid 73, Troy (Pa.) 104, Elmira Southside 119, etc.

J.V. 1st of 5 Schools

1. Will Payne	19:18
2. Chip Galusha	19:28
3. Nate Olson	19:32
7. Pat McMahon	20:13
11. Steve Chesterton	21:05

Team Scores: McQuaid 24, Ithaca 65, etc.

CITY-CATHOLIC BLOCK #5  
Cobbs Hill 10/27/98

Weather: Sunny & cool. Course dry

McQuaid 16, Aquinas 47 \*

1. Joe LaMagna	16:54	(New Course Record. Old record of 17:00 set by Sanjay Narayan last yr.)
2. Geoff Steenberge	17:17	
3. John Chaintreuil	17:28	
4. Luke Flessner	17:47	
6. Rob Way	17:56	
7. Drew Kassmann	17:57	
8. Pat Bernal	17:58	
9. Jim Brasser	18:21	
10. JohnRyan Magill	18:24	
12. Tyler Lemcke	18:56	
14. Chip Galusha	18:58	
16. Nick Moeller	19:02	
17. Will Payne	19:02	
19. Steve Chesterton	19:16	
20. Pat Sullivan	19:22	
21. Ryan Dougherty	19:22	
22. Evan Labuzetta	19:31	
23. Pat Freytag	19:32	
24. Ian Byrd	19:38	

\* McQuaid's 200th consecutive dual meet victory dating back over 27 years. Our last dual meet loss was on Oct.12, 1971 to Aquinas. This is the second-longest current streak in the U.S.A., behind the 225 of Christian Brothers Academy of Lincroft, NJ. Ours, however is the oldest, going back seven years beyond CBA's.

J.V. (Non-Scoring)

1. Sal Guarnieri	20:18
2. David Insel	20:21
3. John Bringewatt	20:25
4. Beau Miller	20:27
7. Tom Coleman	NT
9. Adam Funderburk	"
13. Nick Pospula	"
14. Jeff Mitchell	26:30

## No. 200 for McQuaid

Every once in awhile 37-year veteran McQuaid cross country coach Bob Bradley



Bradley

is reminded about one of the most impressive scholastic sports streaks in the country.

Yesterday was another of those times. The Knights won their 200th straight dual meet, a 16-47 victory over Aquinas. Their first dual victory was on Oct. 19, 1971.

McQuaid's streak is second among active streaks in the country, to Christian Brothers Academy of Lincroft, N.J. at 225, but longest in terms of longevity.

33RD ANNUAL GREENMAN INVITATIONAL  
Ely Park Golf Course, Binghamton  
Saturday, Oct. 31, 1998

Weather: Cloudy and Cool. Temp 45 Course soggy in spots

McQuaid 1st of 17 Schools

		Improvement over '97
2. John Chaintreuil	15:54	47 sec.
3. Geoff Steenberge	15:56	60 "
5. Joe LaMagna	16:05	35 "
13. Luke Flessner	16:48	11 "
15. Drew Kassmann	16:52	J.H.
28. Mark Bernal	17:17	87 sec.
DNR Rob Way (leg)		

Team Scores: McQ 38, Ithaca 42, Union-Endicott 74, etc.

According to statistician Mark Bernal, this year's team, based on times, would have beaten our last four Greenman winners, three of which went on to win sectionals (and '92's team won States).

'98 beats '91, 26-29
" " '92, 26-29
" " '93, 22-33
" " '97, 22-33

Var-2 14th of 17 Schools

49. JohnRyan Magill	17:58	18 sec.
51. Will Payne	17:59	65 "
62. Tyler Lemcke	18:14	16 "
76. Nick Moeller	18:33	86 "
77. Nate Olson	18:33	82 "
99. Evan Labuzetta	19:31	DNR
DNF Jim Brasser (knee)		

J.V. 4th of 12 Schools

3. Pat McMahon	17:30	J.H.
8. Pat Sullivan	17:47	DNR
11. Chip Galusha	17:54	J.H.
33. Pat Freytag	18:47	J.H.
36. Steve Chesterton	18:51	40 sec.
39. Sal Guarnieri	18:58	37 "
57. David Insel	19:34	J.H.
58. John Bringewatt	19:34	DNR
DNF Chris O'Connor (ankle)		

# CITY-CATHOLIC INDIVIDUAL CHAMPIONSHIPS

Cobbs Hill - Tuesday, Nov.3<sup>rd</sup>, 1998

Weather: Cold and breezy. Temp. 38. Wind-chill in the 20's. Course dry.

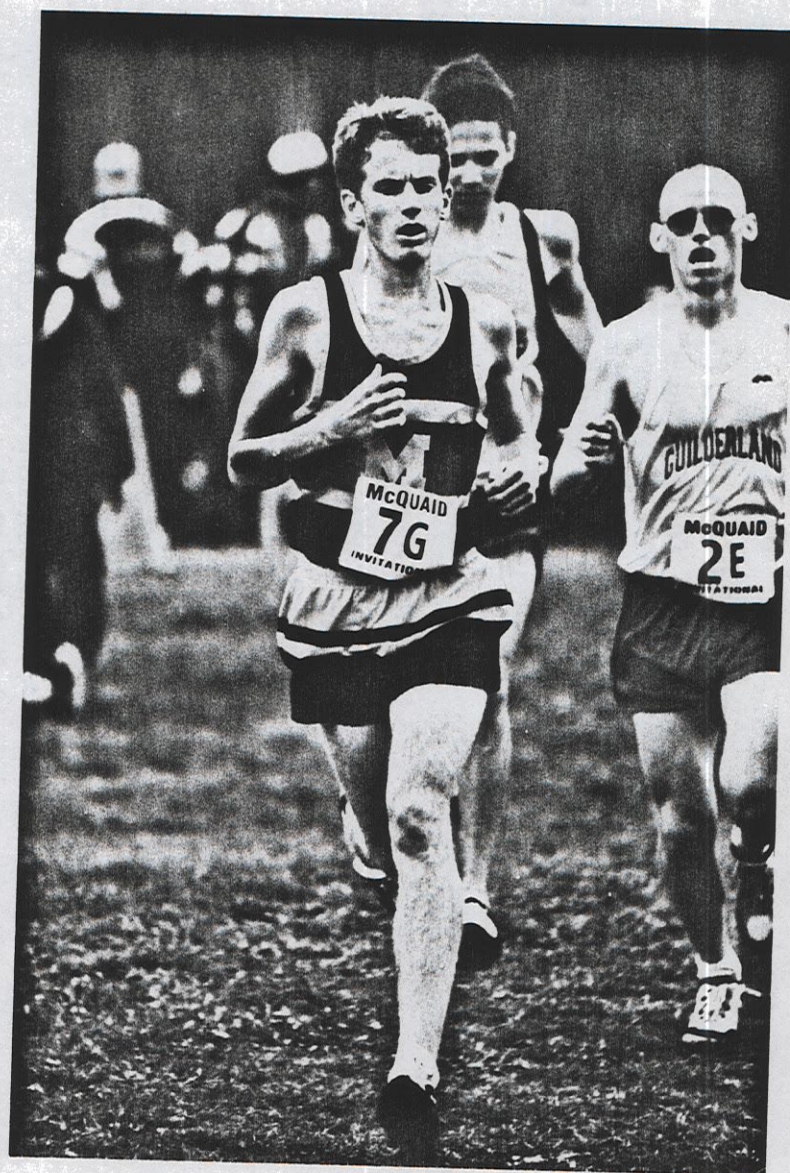
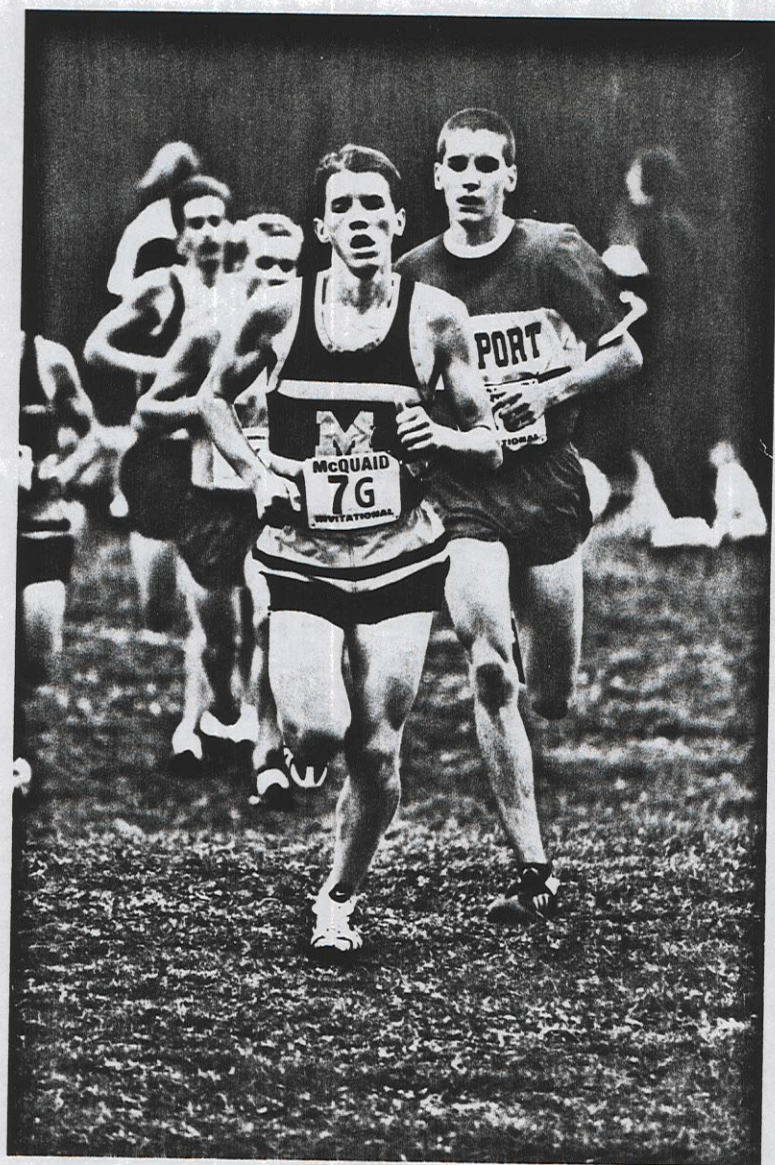
## VARSITY

		<u>Improvement at Cobbs this season</u>	
1. Julius Gerald, Ed.	17:54		
2. Jim Brasser	18:15	6 seconds *	
3. Mark Bernal	18:22	--	
4. JohnRyan Magill	18:41	16 "	
5. Pat McMahon	18:51	84 "	
7. Chip Galusha	19:00	76 "	
8. Pat Sullivan	19:02	74 "	
9. Will Payne	19:10	76 "	
10. Pat Freytag	19:21	94 "	
11. Evan Labuzetta	19:23	41 "	
12. Steve Chesterton	19:27	07 "	
13. Nick Moeller	19:35	124 "	
15. Nate Olson	21:05	--	
19. Nick Pospula	22:14	--	

\* Improvement figures are based on first and best times at Cobbs this season, not necessarily the times run in today's meet.

## JUNIOR VARSITY

1. Matt Evinger	19:23	104 seconds
2. Ryan Dougherty	19:27	121 "
3. Sal Guarnieri	20:07	05 "
4. David Insel	20:08	49 "
5. John Bringewatt	20:38	91 "
7. Beau Miller	21:11	154 "
8. Paul Kennedy	21:12	78 "
10. Tom Coleman	22:02	--
11. Adam Funderburk	23:22	--
12. David McCue	23:48	--
13. Phil Thorpe	24:42	--
15. Jeff Norton	26:02	--
16. Jeff Mitchell	28:25	--



## McQuaid runners place 4th

A not-so-funny thing happened to the Section 5 championship hopes of McQuaid and Fairport on the way to the finish line at Marcus Whitman High School last Saturday. The "thing" was a charged-up Gates-Chili team that refused to be counted out and came up with a stunning victory, its first ever in the meet's long history.

"In the 26 years we've been in the sectionals, I can't think of a (greater surprise) than the one Gates just pulled off," said Knights coach Bob Bradley, whose Knights have been winners 10 times.

"I don't know about Fairport, but I was so convinced that the race was just between us two that our whole strategy was centered on that. Jim Hosenfeld's guys ran such a great race, though, they would have beaten us even if we hadn't been looking the other way."

As it was, the Knights, after two miles of running Fairport even, faded badly and wound up fourth, behind Gates' 51, Fairport's 67, and Churchville's 91.

"We were right where we wanted to be with Fairport, but only three of our runners could stay there. It wasn't a typical McQuaid race," said Bradley, who was nevertheless pleased that two of his seniors qualified for Saturday's state meet at Lake Placid.

John Chaintreuil came on strong

over the last quarter mile to take third behind the Gates duo of Matt Bowers and Phil Goodwin, who ran together up front the entire race.

Teammate Geoff Steenberge also ran his usual tough race, placing seventh. Sophomore Drew Kassman, usually McQuaid's fifth or sixth man, also had a good day, finishing 22nd in his first sectionals.

Next came senior Joe LaMagna, who was in the top pack until the final mile but struggled home in 33rd place. "Joe wasn't himself today," Bradley said. "That happens even to the best runners sometimes. I'm sure he'll bounce back in the Jesuits next week."

McQuaid's fifth man was junior Jim Brasser, missing from the varsity picture with an injury most of the season. He was up with the Fairport group in the early going but wound up 55th. Behind him were juniors Rob Way (59), Luke Flessner (67), and Mark Bernal (81) in the 140-runner field.

Brasser and Bernal ran earlier in the week in the City-Catholic Individual Championships, taking second and third behind Edison's Julius Gerald. Also winning medals for top 10 finishes were John Magill, fourth; Pat McMahon, fifth; Chip Galusha, seventh; Pat Sullivan, eighth; Will Payne, ninth; and Pat Freytag, 10th.

In the JV race, soph Matt Evinger had his best race of the season, taking the gold medal.

## McQuaid runners sweep Jesuit championships

♦ John Chaintreuil wins the race by a 25-yard margin.

McQuaid Jesuit's well-traveled cross-country Knights made their final trip of the season last weekend a victorious one by sweeping all three races of the 53rd annual Jesuit Schools Championships at New York City's Van Cortlandt Park.

Knight coach Bob Bradley, who ran in the very first Jesuit meet as a senior at St. Peter's Prep in 1946, was making his 36th trip to the meet with McQuaid runners.

"We took that first one by two points, and today's was the 15th time, I think, that we've won since

then," Bradley said after the meet. "It's always fun to finish off the season with bragging rights for another year."

St. Joseph's of Philadelphia, runner-up in its Catholic schools league, gave McQuaid a stiff battle. The Hawks had all five of their scorers well up in the race as the nine schools headed into the hills at the three-quarter-mile mark. They were still up there with a half mile to go, but weren't able to top McQuaid's 1-2 of John Chaintreuil and Geoff Steenberge.

Chaintreuil took the lead late in the race and won by 25 yards over Chris Knott of Loyola, Baltimore. Steenberge finished fourth, just ahead of three St. Joe's runners, and Joe LaMagna, hobbling with a sore

ankle, hung on for ninth.

Juniors Luke Flessner and Jim Brasser supplied the clincher, placing 11th and 13th to push back the Hawks' other two scorers and give the Knights their 38-50 margin.

"It was good to see that winning combination in place again," said Bradley. "I was especially pleased that our three seniors were able to lead the team in their final race."

Junior Rob Way (18) and soph Drew Kassmann (19) also had good races in their first varsity run at Van Cortlandt.

In the non-scoring JV race, McQuaid packed five men into the top eight, led by junior Mark Bernal in second. Behind him came soph Chip Galusha (3), juniors John Ryan Magill (5) and Will Payne (6), and

freshman Pat Sullivan (8).

Also medalling were junior Tyler Lemcke (14) and soph Pat Freytag (15).

Earlier in the week, Magill, Payne, Galusha, Sullivan, and freshman Pat McMahon were named to the seven-man City-Catholic all-league team.

Assistant coach Bill Dodd had a pleasant surprise in the junior high race when his depleted squad, minus two possible scorers, came up with a great group race to take first-place honors.

Pat Feeks (3) led the way, followed by Marquis Wright (4), Sunil Narayan (6), Conor Hickey (8), and Dan Burke (12). Their 33-point total was exactly half of runner-up Fordham Prep's 66.

SECTION FIVE CHAMPIONSHIPS  
Marcus Whitman HS 11/7/98

Weather: Cold and windy. Occasional rain. Course muddy in spots.

McQ 4th of 18 Class A Schools

3. John Chaintreuil	16:49*
7. Geoff Steenberge	17:04
22. Drew Kassmann	17:43
33. Joe LaMagna	18:02
55. Jim Brasser	18:35
59. Rob Way	18:39
67. Luke Flessner	18:47
81. Mark Bernal	19:05

\* Winner of the Bob Bossert Memorial Cup as the fastest Catholic schools finisher in Sectionals.

Team Scores: Gates-Chili 51, Fairport 67, Churchville-Chili 92, McQuaid 115, Webster 132, etc.  
(First Sectional win in x-c for Gates.)

53RD ANNUAL JESUIT SCHOOLS CHAMPIONSHIPS  
Van Cortlandt Park, NYC Sat.11/21/98

Weather: Sunny, cool, and breezy. Temp 45. Course firm.

Varsity 1st of 9 schools

		'97 Time
1. John Chaintreuil	13:21 (2.5)	13:47
4. Geoff Steenberge	13:42	14:22
9. Joe LaMagna	13:57	13:35
11. Luke Flessner	14:09	14:30
13. Jim Brasser	14:11	13:50
18. Rob Way	14:26	15:03
19. Drew Kassmann	14:28	---

Team Scores: McQ 38, St.Joe's, Phila. 50, St.Peters, Jersey City 92, Xavier, NYC 104, Loyola, Baltimore 114, Regis 139, Canisius 181, Fordham Prep 'B' 201, Scranton Prep inc.

(Fordham Prep's first team qualified for the Federation Meet. If they had been in the Jesuits, my guess is that they'd have been third.)

J.V. (Non-scoring)

2. Mark Bernal	14:49
3. Chip Galusha	14:56
5. JohnRyan Magill	15:04
6. Will Payne	15:06
8. Pat Sullivan	15:11
14. Tyler Lemcke	15:24
15. Pat Freytag	15:25
26. Nate Olson	15:51
Nick Moeller	16+
Evan Labuzetta	16+
Steve Chesterton	16+

# FINISH INDEXES -1998

MEET #	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18
L	W	P	P	C	M	C	M	C	C	C	C	C	C	C	B	C	S	J
I	I	E	R	I	C	I	O	I	A	I	O	L	I	I	I	I	E	E
V	L	N	O	T	Q	T	N	T	N	T	B	A	I	N	I	C	S	
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R	C	-	T	-	A	-	R	-	N	-	S	E	-	H	-	I	I	
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									A									

## VARSITY-1

CHARENTREUIL	2	3	3	1	1	2		2	3	1	1	1	11/20	1.82
LA MAGNA	1	1	1	3	-	1		1	1	3	4	3	10/19	1.90
STEENBERGE	3	2	2	2	2	3		3	2	2	2	2	11/25	2.27
FLESSNER	4	6	-	6	4	4		4	4	4	7	4	10/47	4.70
BRASSER									8	1	5	5	4/19	4.75
KASSMANN	5	4	4	4	3	6		6	6	5	3	7	11/53	4.82
WAY	-	-	5	5	5	5		5	5	-	6	6	8/42	5.25
BERNAL	6	5	6	7	6	7		7	7	6	8	8	12/75	6.25

## VARSITY-2

GALUSHA		2	1	10	3	8	1	2	4		9	5	9	11/54	4.91
MAGILL	7	10			1	10	8	7		9	10	3	10	10/75	7.50
PAYNE		3	6	8	10	7	4	9	7		6			9/61	6.78
FREYTAG	9	1	3	5	8	8					8			7/42	6.00
LEMCKE	8	7		9	2		10	2	10					7/48	6.86
OLSON		4	4	6	9	3	4							6/30	5.00
SULLIVAN		7				2	3	5		8	6			6/31	5.17
CHESTERTON	10	6	2	4	5						10			6/37	6.17
MCMAHON					10		1	3		7	4			5/25	5.00
DOUGHERTY		8	7	10	9			6						5/40	8.00
BYRD			9		6	10	1							4/26	6.25
LABUZETTA			8	8		6				9				4/31	7.75
MOELLER			5	7	7									3/19	6.33
GUARNIERI		9	5					5						3/19	6.33

(BRINGEWATT, EVINGER, O'CONNOR, AND SHADY EACH HAD ONE TOP 10 CREDIT)

