

For
Bob
Brackley

McQuaid Jesuit



1999 Cross Country Modified Program

Season Record **Won 81 Lost 4**

Highlights: **Top Team at** **Auburn Invitational**
Newark Invitational
Irondequoit-Penfield Invitational
Greece Olympia-Seneca Invitational
Clarence Fall Classic

Top Runners: **Sunil Narayan (promoted to varsity) Mathew Jones**
Trevor Alvut, Scott Rubino, Michael Coast, Will Ciszewski
Dan Sullivan, Joseph Hatem, Roger Dmochowski,

Coach: **Bill Dodd**



9/19/99 18th Annual Auburn Invitational - Cayuga Community College

62 degrees Sunny 96 Runners 1.5 miles

10 Teams competing - 5 other teams with Incomplete Squads

Top Team: McQuaid 82 Points 1999 Record

9 Wins 0 Losses

Top Runner: E. Siddell Fayetteville-Manlius Time: 8:20

<u>Individuals</u>		<u>1998 Times</u>	Coach's Goal Set <u>in Nov 1998</u>
2	Sunil Narayan	8:26	9:32
12	Mathew Jones	8:55	9:35
13	Paul DiMarco	8:58	9:45
24	Trevor Alvut	9:33	
<u>31</u>	Michael Coast	9:41	9:35
<u>82</u>	Points		
39	Will Ciszewski	9:59	
43	Roger Dmochowski	10:04	
45	Simon Hucko	10:05	9:50



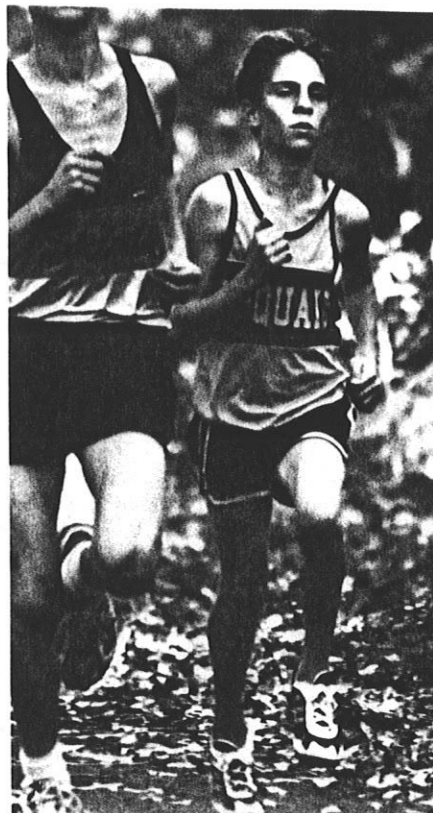
9/19/99 Wildcat Invitational - Marcus Whitman H.S.

67 degrees Sunny 110 Runners 1.65 miles

Non Team Scoring Event

Top Runner - Greg Rhamlow - H.F.L. 9:51

		Coach's Goal set	
<u>Individuals</u>		<u>1998 Times</u>	<u>in Nov 1998</u>
17 Joseph Hatem	11:20		
26 Scott Rubino	11:47		
31 Cameron Doran	11:59		
40 Joe Clark	12:14		
45 Dan Sullivan	12:24	13:33	12:10
49 Ryan Steenberge	12:30		
52 Kevin Laitenberger	12:33		
57 Michael Labuzetta	12:37		
59 Eric Mittereder	12:42	13:13	12:20
70 Tyler Rubino	13:22		
72 Mark Gauthier	13:28		
81 Alex Peartree	14:09		
96 Max Munger	15:16		



9/25/99 Newark Cross Country Invitational

1.5 miles* 58 degrees Sunny 75 Runners

Team Scoring

1.	McQuaid	25
2.	Cato-Meridan	106
3.	Victor	127
4.	Jamesville-Dewitt	134
5.	Geneva	164
6.	Clyde-Savannah	176
7.	Sodus	273

1999 Record

15 Wins 0 Losses

Top Runner

1.	Sunil Narayan	10:25
3.	Mathew Jones	10:36
4.	Paul DiMarco	10:37
5.	Trevor Alvut	10:38
12.	Michael Coast	11:15
14.	Scott Rubino	11:19
24.	Roger Dmochowski	12:03
25.	Cameron Doran	12:09
30.	Joe Hatem	12:16
31.	Simon Hucko	12:17
32.	Ryan Steenberge	12:19
43.	Eric Mittereder	12:49
46.	Joe Clark	13:13
58.	Alex Peartree	13:46
59.	Mark Gauthier	13:49
60.	Will Ciszewski	13:53



* Note: Actual Distance not accurate due to entire race going off course over the final 1/4 mile.

10/2/99 35th Annual McQuaid Invitational 291 Runners

Partly cloudy 69 degrees 1.52 miles

Winner: Eric Siddell - Fayetteville Manlius 8:25*

Team Scoring

1. St. Michael's - Toronto	46
2. Guilderland	83
3. McQUAID	89
4. Fayetteville Manlius	94
5. Canandaigua	207
6. Horseheads	245
7. St. Joe's - Buffalo	249
8. Central Square	259
9. Spencerport	295
10. Corning	392
11. Irondequoit	396
12. Penfield	403
13. Webster	414
14. West Genesee	434
15. Fairport	469
16. Vestal	571
17. Auburn	708
18. Binghamton	823
19. Greece Arcadia	850
20. Greece Athena	853
21. Clarence	1143
22. Elmira Southside	1202

1999 Record

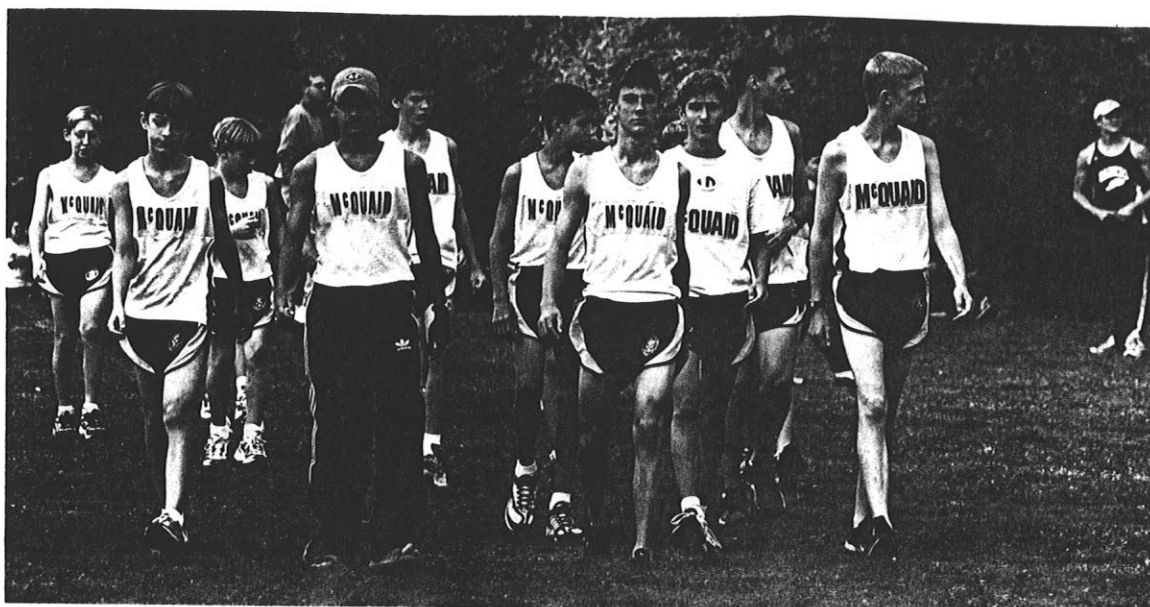
34 Wins 2 Losses



Splits 1/4 mile 67 1 mile 5:32

McQuaid Runners

		1998 Times	Coach's Goal
		<u>1.57 miles</u>	<u>set in Nov 1998</u>
3. Sunil Narayan	8:32	9:45	8:50
8. Trevor Alvut	8:45		
11. Mathew Jones	8:51	10:44	9:40
29. Scott Rubino	9:19		
38. Michael Coast	9:30	11:00	9:40
65. Simon Hucko	9:48	11:04	9:20
67. Will Ciszewski	9:49		
69. Dan Sullivan	9:50	11:01	10:05
70. Joseph Hatem	9:51		
74. Roger Dmochowski	9:58	11:14	10:05
80. Cameron Doran	10:01		
120. Michael Labuzetta	10:22		
127. Ryan Steenberge	10:25		
131. Joe Clark	10:27		
137. Eric Mittereder	10:31		10:20
138. Kevin Laitenberger	10:32		
215. Tyler Rubino	11:21		
218. Mark Gauthier	11:22		
222. Alex Peartree	11:25		
252. Max Munger	12:14		



10-8-99 12th Annual Irondequoit-Penfield Invitational

Cloudy Windy 61 degrees 1.5 miles 175 Runners

Team Scoring

1. McQuaid	21
2. Spencerport	83
3. Victor	151
4. Irondequoit	155
5. Brighton	235
6. Eastridge	237
7. Webster	239
8. Honeoye Falls-Lima	268
9. Greece Athena	325
10. Greece Arcadia	421
11. Byron-Bergen	577

1999 Record

44 Wins 2 Losses



Incomplete – All Saints, Gananda, Marcus Whitman, Albion

McQuaid Runners

1998 Times

Coach's Goal Set In Nov 1998

Winner: 1. Sunil Narayan	8:04
2. Mathew Jones	8:13
3. Trevor Alvut	8:17
7. Scott Rubino	8:39
8. Michael Coast	8:41
12. Simon Hucko	9:01
14. Dan Sullivan	9:03
26. Will Ciszewski	9:19
27. Cameron Doran	9:20
54. Ryan Steenberge	9:45
59. Eric Mittereder	9:51
77. Joe Clark	10:15
92. Tyler Rubino	10:26
113. Mark Gauthier	10:56
142. Max Munger	11:34

10:06

10:15

10:17

10:27

9:25

9:35

10-12-99 City Catholic League Cobbs Hill Park

58 degrees Cloudy 1.7 miles

<u>McQuaid Runners</u>	<u>Times</u>	<u>Improvement From Previous</u>
1. Eric Mittereder	12:00	:11
2. Mike Labuzetta	12:01	(:02)
4. Joe Clark	12:29	:24
5. Kevin Laitenberger	12:32	(:08)
6. Tyler Rubino	13:02	:29
7. Ryan Steenberge	13:07	(:32)
8. Alex Peartree	13:16	:33
9. Mark Gauthier	13:26	:35
10. Max Munger	14:50	:53



10-16-99 9th Annual Greece Olympia - Seneca Invitational

Seneca Park 72 degrees Sunny 135 Runners 2.0 miles

Winning Runner: Eric Cleary 11:16 Churchville-Chili

Team Scores

1999 Record

1. McQuaid	41	53 Wins 2 Losses
2. Waterloo	83	
3. Spencerport	129	
4. Penfield	134	
5. Churchville-Chili	143	
6. Webster	157	
7. Apollo	211	
8. Irondequoit	231	
9. Eastridge	304	
10. Athena	320	

Incomplete - All Saints, Gates-Chili, LeRoy, Odyssey, S.O.T.A.

McQuaid Runners

**1998 Times
(1.6 miles)**

**Coach's Goal Set in Nov 98
adj for distance**

4. Trevor Alvut	11:43		
5. Mathew Jones	11:54		
8. Scott Rubino	12:16		
9. Michael Coast	12:19		
15. Dan Sullivan	12:42	13:11	13:50
24. Will Ciszewski	12:55		
31. Simon Hucko	13:16		
38. Roger Dmochowski	13:26		13:55
40. Joseph Hatem	13:29		
45. Cameron Doran	13:47		
53. Eric Mittereder	14:03	13:18	14:35
54. Kevin Laitenberger	14:06		
72. Tyler Rubino	14:37		
79. Mark Gauthier	15:00		
94. Alex Peartree	15:42		
122. Max Munger	17:44		



10-19-99 City-Catholic League Cobbs Hill Park

54 degrees Cloudy 1.7 miles

McQuaid Runners

Improvement From Previous

2. Cameron Doran	11:18	DNR
3. Michael Labuzetta	11:28	:33
4. Tyler Rubino	12:22	:40
5. Kevin Laitenberger	12:23	:09
6. Mark Gauthier	12:31	:55
7. Ryan Steenberge	12:45	:22
11. Alex Peartree	13:43	(:27)
13. Max Munger	15:19	(:29)



10/20/99 4th Annual Prediction Mile

McQuaid Track 51 degrees Cloudy

	<u>Prediction</u>	<u>Actual</u>	<u>Variance</u>
1. SCOTT RUBINO	6:20	6:20	----
2. Kevin Laitenberger	7:10	7:09	:01
Tie 3. Roger Dmochowski	6:35	6:31	:04
Tie 4. Joseph Hatem	6:40	6:36	:04
Tie 5. Michael Labuzetta	6:50	6:46	:04
6. Joe Clark	6:50	6:56	(:06)
7. Mathew Jones	6:08	5:58	:10
Tie 8. Eric Mittereder	6:55	6:43	:12
Tie 9. Dan Sullivan	6:30	6:42	(:12)
Tie 10. Trevor Alvut	6:20	6:08	:12
Tie 11. Cameron Doran	7:15	7:02	:13
Tie 12. Max Munger	8:20	8:07	:13
13. Tyler Rubino	7:30	7:14	:16
14. Mark Gauthier	7:40	7:18	:22
15 Michael Coast	6:40	6:13	:27
16. Alex Peartree	8:30	7:40	:50
17. Will Ciszewski	7:30	6:21	1:09

10-23-99 East High Invitational Cobbs Hill Park

44 degrees Sunny 1.7 miles

Winner's time: 10:34

Coach's Goal Set

McQuaid Runners

1998 Times

in Nov 1998

22. Cameron Doran	11:48		
24. Ryan Steenberge	11:54		
25. Eric Mittereder	12:00	12:31	11:25
42. Joe Clark	12:26		
45. Kevin Laitenberger	12:36		
47. Tyler Rubino	12:38		
54. Mark Gauthier	13:10		
64. Alex Peartree	13:34		
77. Max Munger	14:48		



10-23-99 19th Annual Clarence Fall Classic

Akron Falls Park 42 degrees Cloudy 157 Runners 3000 meters

Winner's time 10:41

Team Scores

McQuaid	41
Clarence	106
Penfield	117
Olean	126
Olympia	184
Newfane	191
Iroquois	202
Lancaster	242
Amherst	245
Our Lady of Victory	259
Orchard Park	263
Sweet Home	295
Holley	380
Wilson	391

16 Incomplete Teams

1999 Record

67 Wins 2 Losses



Coach's Goal Set In

<u>McQuaid Runners</u>		<u>1998 Times</u>	<u>Nov 1998</u>
2. Trevor Alvut	10:42		
4. Michael Coast	11:23		11:35
9. Mathew Jones	11:33	12:05	11:30
10. Scott Rubino	11:38		
16. Will Ciszewski	11:49		
20. Dan Sullivan	11:59		
23. Joseph Hatem	12:09		
24. Roger Dmochowski	12:11		

10-30-99 City-Catholic Championship

Cobbs Hill Park Sunny 57 degrees 1.7 miles

<u>McQuaid Runners</u>	<u>Improvement from 1st Race</u>		<u>Coach's Goal Set in Nov. 98</u>
2. Cameron Doran	11:48	:27	
3. Eric Mittereder	11:49	:46	11:20
4. Michael Labuzetta	11:57	:26	
5. Kevin Laitenberger	12:22	:07	
6. Joe Clark	12:34	:19	
7. Mark Gauthier	12:42	1:19	
8. Alex Peartree	13:11	:36	
9. Max Munger	14:47	:59	



10-30-99 34th Annual Loyal Greenman Memorial Invitational

Ely Park Binghamton 58 degrees Sunny 2.0 miles 81 Runners

Winning Runner: Mark O'Donnel 12:29 E.F.A.

<u>Team Scores</u>		<u>1999 Record</u>	
1. Ithaca	57	75 Wins	3 Losses
2. McQuaid	82		
3. Elmira Free	96		
4. Horseheads	117		
5. Maine Endicott	144		
6. Corning	162		
Tie Vestal	162		
8. Binghamton	233		
9. Chenango Forks	263		
10. Chenango V.	328		

4 Other Teams Incomplete

<u>McQuaid Runners</u>		<u>1998 Times</u>	<u>Coach's Goal Set in Nov. 98</u>
4. Mathew Jones	12:44	13:47	13:05
6. Trevor Alvut	12:55		
12. Michael Coast	13:22		13:20
25. Scott Rubino	13:43		
35. Will Ciszewski	14:05		
44. Dan Sullivan	14:24		
58. Joseph Hatem	14:52		

Jr. High B Race

20. Tyler Rubino	15:20
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11-20-99 55th Annual Jesuit Schools Championship 1.65 miles

Van Cortland Park N.Y.C. 61 degrees Cloudy 82 Runners

Team Scores

1999 Record

St. Joe's (Phila)	40	Won 81 Lost 4
McQuaid	72	
Fordham Prep	84	
Regis	97	
St. Peter's (N.J.)	109	
Xavier	127	
Gonzaga (Wash D.C.)	167	
Loyola (Baltimore)	175	

Winning Runner: Chris Barlow - St. Joe's 9:00

McQuaid Runners

Coach's Goal Set in Nov. 98

3 Trevor Alvut	9:19	
5 Mathew Jones	9:25	10:00
16 Michael Coast	9:48	10:15
21 Dan Sullivan	10:01	
27 Scott Rubino	10:10	
35 Will Ciszewski	10:28	
45 Roger Dmochowski	10:41	
48 Joseph Hatem	10:42	