

# **MCQUAID JESUIT H.S.**

## **VARSAITY & J.V. CROSS-COUNTRY 2003**

### **HIGHLIGHTS**

**DUAL MEET RECORD   W - 6   L - 0**

**INCLUDING:**

**27-28 OVER AQUINAS**

**26-31 OVER R-H**

**28-28 TIE-BREAKER OVER EDISON**

### **BEST FINISHES:**

**BYRON-BERGEN - (5<sup>TH</sup>), JV (1<sup>ST</sup>)**

**CORNING - (4<sup>TH</sup>)**

**FAIRPORT - JV (1<sup>ST</sup>)**

**AUBURN - (3<sup>RD</sup>), JV (1<sup>ST</sup>)**

**MCQUAID INVIT. - (4<sup>TH</sup>)**

**PENF.-IROND. - JV (1<sup>ST</sup>)**

**CLARENCE - JV (3<sup>RD</sup>)**

**BINGHAMTON (3<sup>RD</sup>), JV (2<sup>ND</sup>)**

**SECTIONALS (3<sup>RD</sup>)**



# McQuaid begins cross country comeback season

McQuaid Jesuit's runners headed west to the Byron-Bergen Invitational last Saturday morning, looking to begin a comeback from last season's disappointing results.

Three hours later, they had made a definite start in that direction, placing fifth of 15 complete teams in the varsity race and thoroughly dominating a non-scoring J.V. race.

McQuaid coach Bob Bradley, who's now had 42 opening days with his Knights, was optimistic after seeing 23 of his 25-man squad in action. "We're still sorting out our top seven, but I'd say we have the makings of a very good team. Our newcomers looked strong and hungry, and one of our

seniors, Daye Yahoodik, showed that he's ready after missing all of last season with an injury."

The meet's first race, for J.V. runners, showed the Knights at their most impressive. One mile into the flat grassy 5k layout, the first eight places in the 75-man field were wearing white McQuaid uniforms, led by a senior, Ryan St. George, who was getting his first taste of cross country.

At the finish, St. George was in 16th place, with nine teammates ahead of him. Soph Martin Wegman took the lead at the halfway mark and held it the rest of the way, crossing in a time of 19:09 in his first 5k. After him came junior Jamie

Moynihan (2), sophs Mike Ansaldi (4) and Peter Schwalm (5), and juniors Dan Murphy (6), Marcus Gauthier (7), and Pat DePippo (8), giving the Knights a seven-man scoring group of just 26 seconds.

In the varsity race, the familiar black and gold bumblebee stripes were back in action, but with only a mild sting. The Knights' dependable duo of senior Mike Moore and junior Nick Arazoza placed 13-14 of 110 runners but were never in contention with the lead pack.

"They competed well in the last part of the race but needed to get out a bit faster than they did," said Bradley, "That's typical in a season-opener. Next week they'll be ready."

Next came Yahoodik in 24th, senior Eric Mittereder in 33rd, and junior Mike Andrews in 48th, for a scoring group of 89 seconds.

"Our goal will be to cut that number in half in our upcoming races," said Bradley.

Team-wise, McQuaid's 132 points trailed JFK of Cheektowaga's 60, Oakfield-Alabama's 80, Webster Thomas's 96, and East Aurora's 97.

This Saturday could find the Knights varsity as far away as Somers H.S. in Westchester County, a lot closer at Corning Community College, or back home at Center Park in the Fairport Classic. Their J.V. runners will definitely be at Fairport.

## Varsity-1 Meet # 1

## Varsity-2/J.V. Meet # 1

## Byron-Bergen Invitational

## BBHS Campus - 9/6/03

Weather: Sunny and mild. Temp 68-74. Course dry

### Varsity 5th of 15 Complete Teams

		Pace Per Mile
13. Mike Moore (12)	17:59 (5k)	5:48
14. Nick Arazoza (11)	18:01	5:49
24. Dave Yahoodik (12)	18:27	5:57
33. Eric Mittereder (12)	18:56	6:06
48. Mike Andrews (11)	19:28	6:17
49. Dave Dougherty (12)	19:29	6:17
63. Matt Jones (12)	20:01	6:27
DNR - Dan Sullivan (12) knee		

### Varsity-2/J.V. Dominate J.V. Race

1. Martin Wegman (10)	19:09	6:11
2. Jamie Moynihan (11)	19:11	6:11
4. Mike Ansaldi (10)	19:18	6:14
5. Peter Schwalm (10)	19:25	6:16
6. Dan Murphy (11)	19:29	6:17
7. Marcus Gauthier (11)	19:33	6:18
8. Pat DePippo (11)	19:35	6:19
13. Pat O'Leary (12)	19:55	6:25
14. Tim Hanna (10)	20:04	6:28
16. Ryan St. George (12)	20:07	6:29
18. Steve Scheible (11)	20:32	6:37
20. Jordan Parker (12)	20:39	6:40
24. Steve Janicki (10)	21:08	6:49
29. Juan Habes (10)	21:30	6:56
33. Bill Galusha (12)	21:42	7:00
37. Dave Piekarczyk (11)	21:59	7:05
DNR - Alec Hurley (10) shins		

## VARSITY-1&2 MEET # 2

## CORNING HAWKS CLASSIC

Corning Comm. College

Sat. 9/13/03

Weather: Cloudy, drizzly, mild. Temp. 72, muggy. Course soggy, some puddles.

# Arazoza leads McQuaid at muddy Corning meet

*The Knights place  
fourth over the 5km  
course.*

Junior Nick Arazoza had his best cross country race over the tough hills of Corning Community College last Saturday, placing sixth in a field of 90 runners and leading his McQuaid team to a fourth-place finish in the Corning Hawks Classic.

Arazoza and senior Mike Moore, usually stride for stride in daily practices, were together at the top of the course's steepest hill, when the junior pulled away with a bunch of Ithaca runners and battled them for the last mile of the race. His time of 17:32 for the slightly shortened 5km was especially good considering the slick conditions and occasional puddles. "Nick split the Ithaca scorers in the middle, beating three of them and also overtaking Corning's No. 2 with a great kick," said McQuaid coach Bob Bradley.

Senior Dave Yahoodik was McQuaid's second man in 26th, and sophomore Peter Schwalm sprinted past Moore in the last 50 yards to place 32nd. Moore, having one of those off days

that befall distance runners, was 33rd, and a strong finish brought senior Eric Mittereder into 34th.

McQuaid's team total of 131 trailed Ithaca (38), Corning (94), and Frontier (109) in the 12-school field. Its scoring group improved slightly from 89 seconds to 83, but as Bradley put it, "going from a flat course to a hilly one, any improvement is a definite plus."

Back at Center Park in Fairport, some of McQuaid's Varsity-2 and junior varsity runners enjoyed the fun of front-running in a meet hosted by the Red Raiders. In the second flight of the Varsity B race, senior Dave Dougherty dueling a Fairport runner for the lead over much of the course before winding up second. He was followed by classmates Ryan St. George (4), Pat O'Leary (6), and Jordan Parker (9).

In the JV race, the Knights had only five entries, but they were enough to pull off a team victory. Soph Tim Hanna scored his first cross country victory, while junior Steve Scheible was a few steps back in second. Senior Bill Galusha (7) and sophs Steve Janicki (6) and Juan Habes (8) completed the score.

## MCQUAID 4<sup>TH</sup> OF 12 SCHOOLS

6. Nick Arazoza (11)	17:32 (5k)
26. Dave Yahoodik (12)	18:33
32. Peter Schwalm (10)	18:47
33. Mike Moore (12)	18:48
34. Eric Mittereder (12)	18:55
39. Jamie Moynihan (11)	19:07
44. Mike Andrews (11)	19:20
45. Martin Wegman (10)	19:22
49. Dan Murphy (11)	19:30
52. Pat DePippo (11)	19:33
65. Mike Ansaldi (10)	20:14
77. Marcus Gauthier (11)	22:30

## FAIRPORT CLASSIC

Center Park, Fairport

Sat. 9/13/03

### Varsity-2 Second Flight

2. Dave Dougherty (12)	19:45 (5k)
4. Ryan St. George (12)	20:23
6. Pat O'Leary (12)	20:30
9. Jordan Parker (12)	21:12

### J.V. Team wins with 24 points

1. Tim Hanna (10)	20:11
2. Steve Scheible (11)	20:13
6. Steve Janicki (10)	21:56
7. Bill Galusha (12)	22:10
8. Juan Habes (10)	22:15

**VARSIITY-1 MEET # 3**  
**VARSIITY-2/JV MEET # 3**  
**JR.HIGH MEET # 1**

**AUBURN KIWANIS INVITATIONAL**  
**Holland Stadium, Auburn**  
**Sat. Sept. 20, 2003**

**Weather: Sunny and Mild, Light breeze. Course dry and firm**

**VARSIITY-1 THIRD OF SEVEN TEAMS**

		<b>Avg. Mile</b>
2. Mike Moore (12)	17:10 (5k)	5:32
4. Nick Arazoza (11)	17:18	5:35
12. Dave Yahoodik (12)	17:54	5:46
20. Peter Schwalm (10)	18:22	5:55
27. Mike Andrews (11)	18:36	6:00
28. Jamie Moynihan (11)	18:40	6:01
32. Martin Wegman (10)	18:55	6:06

**Team Scores: Auburn 49, Corning 64, McQ 65, Baldwinsville 85, etc.**

**VARSIITY-2/JV 1<sup>ST</sup> OF 17 TEAMS**

2. Matt Jones (12)	18:34	5:59
3. Dave Dougherty (12)	18:51	6:05
4. Mike Ansaldi (10)	18:52	6:05
7. Eric Mittereder (12)	18:56	6:06
8. Tim Hanna (10)	18:58	6:07
10. Dan Murphy (11)	19:00	6:08
20. Pat O'Leary (12)	19:37	6:20
22. Ryan St. George (12)	19:38	6:20
27. Peter Scheible (11)	19:49	6:24
31. Marcus Gauthier (11)	20:00	6:27
39. Pat DePippo (11)	20:25	6:35
45. Steve Janicki (10)	20:32	6:37
54. Juan Habes (10)	20:45	6:42
56. Alec Hurley (10)	20:47	6:42
63. Jordan Parker (12)	20:51	6:44
126. Bill Galusha (12)	23:04	7:26

**Team Scores: McQ 24, Central Square 89, Auburn 92, etc.**

**VARSIITY-2 MEET #4      MCQUAID 18 MARSHALL 43**  
**COBBS HILL 9/23/03**

**Weather: Sunny, Breezy, and Cool. Temp. 65. Course dry**

1. Tim Hanna (10)	19:56 (5k)
2. Dan Murphy (11)	20:07
4. Ryan St. George (12)	21:17
5. Pat DePippo (11)	21:21
6. Pat O'Leary (12)	21:39
7. Steve Janicki (10)	21:40
8. Jordan Parker (12)	21:41
9. Marcus Gauthier (11)	21:44
10. Steve Scheible (11)	22:00
12. Alec Hurley (10)	22:26
14. Bill Galusha (12)	23:56
16. Juan Habes (10)	24:47

2. Mike Moore	16:40 (3.0)
4. Nick Arazoza	17:28
5. Dave Yahoodik	17:31
6. Peter Schwalm	17:39
9. Jamie Moynihan	18:06
10. Matt Jones	18:16
11. Martin Wegman`	18:20
13. David Dougherty	18:44
15. Mike Andrews	19:35

**VARSDITY-1 MEET #5 39TH ANNUAL MCQUAID INVITATIONAL**  
**VARSDITY-2/JV MEET #5 Genesee Valley Park, Sat. Sept. 27, 2003**

**Weather: Cloudy, Mild, Heavy rain for Var.-2 Race; okay for others**

**VARSDITY-1 4TH OF 20 UNSEEDDED AAA TEAMS**

12. Nick Arazoza (11)	16:33 (3.0)
17. Mike Moore (12)	16:50
19. Dave Yahoodik (12)	16:54
50. Peter Schwalm (10)	17:41
67. Matt Jones (12)	18:13
71. Jamie Moynihan (11)	18:18
98. Eric Mittereder (12)	19:08

**Team Scores: Central Cath.,Pgh. 101, Horseheads 108, Clarence 137, McQuaid 160, Gates-Chili 187, Mt. St. Joseph's, Balt. 190, etc.**

**VARSDITY-2/JV 6TH OF 21 AAA TEAMS**

29. Mike Andrews (11)	18:20
32. Pat DePippo (11)	18:25
33. Dave Dougherty (12)	18:26
45. Dan Murphy (11)	18:40
47. Steve Scheible (11)	18:44
48. Pat O'Leary (12)	18:45
69. Marcus Gauthier (11)	19:19
74. Dan Sullivan (12)	19:23
143. Bill Galusha (12)	21:21
DNR. Dave Pickarczyk (11) - concussion	

**SOPHS 12TH OF 20 TEAMS**

38. Tim Hanna (10)	18:18
54. Martin Wegman (10)	18:37
85. Juan Habes (10)	19:27
91. Steve Janicki (10)	19:31
102. Alec Hurley (10)	19:42
140. Mike Ansaldi (10)	21:00

**VARSITY-2/JV MEET #6      MCQUAID 28    EDISON 28**  
**(McQ wins on 6<sup>th</sup>-man tie-breaker)**  
**Cobbs Hill 9/30/03**

2. Dan Sullivan	18:35
4. Dave Dougherty	19:16
6. Martin Wegman	19:21
7. Tim Hanna	19:26
9. Dan Murphy	19:58
10. Mike Andrews	20:19
11. Pat O'Leary	20:21
13. Alec Hurley	20:58
14. Steve Janicki	21:05
16. Pat DePippo	21:37
18. Juan Habes	23:04

**VARSITY-1 MEET #6      PENFIELD-IRONDEQUOIT INVITATIONAL**  
**VARSITY-2/JV MEET #7      Harris-Whalen Park, Penfield**  
**Friday, Oct. 3, 2003**

**Weather: Cloudy, Cool, Breezy    Temp. 55, Course OK**

**Varsity 6th of 16 Schools**

		<b><u>'02 Time</u></b>
14. Nick Arazoza (11)	17:58 (5k)	
19. Dave Yahoodik (12)	18:09	
44. Peter Schwalm (10)	18:55	
47. Matt Jones (12)	18:57	
50. Dan Sullivan (12)	19:00	
57. Jamie Moynihan (11)	19:12	22:15
76. Mike Andrews (11)	19:54	21:53
DNR - Mike Moore, knee		

**Team Scores: Penfield 57, Irondequoit 96, Sutherland 106, HF-L 130**  
**Mendon 161, McQuaid 174, Victor 175, Athena 190, etc.**

**Varsity-2/JV 1st of 14 Schools**

3. Pat DePippo (11)	19:09	20:02
5. Eric Mittereder (12)	19:12	
9. Dave Dougherty (12)	19:16	
10. Dan Murphy (11)	19:17	20:13
14. Tim Hanna (10)	19:29	
15. Mike Ansaldi (10)	19:31	
20. Martin Wegman (10)	19:40	
39. Pat O'Leary (12)	20:13	20:03
56. Marcus Gauthier (11)	20:42	20:56
58. Alec Hurley (10)	20:46	
77. Steve Janicki (10)	21:07	
DNF- Juan Habes (10)		
DNR- Bill Galusha (12)		
Dave Piekarczyk (11)		

**Team Scores: McQuaid 41, Penfield 55, etc.**



# COBBS HILL TIMED RUN

Tues. Oct. 7, 2003

Weather: Perfect. Sunny, mild. Temp 68, Course dry

9/30 vs. ED.

9/23 vs. MAR.

FIRST IN HIS  
CAREER!  
WAY TO GO!

BIG IMPROVEMENT  
OVER LAST YEAR!

NOTICE THE  
IMPROVEMENT

1. Dave Yahoodik (12)	17:58		
2. Dan Sullivan (12)	18:28	18:35	
3. Peter Schwalm (10)	18:38		
4. Derek Seber (9)	18:54		
5. Matt Jones (12)	19:05		
6. Eric Mittereder (12)	19:09		
7. Jamie Moynihan (11)	19:09		
8. Tim Hanna (10)	19:24	19:26	19:56
9. Mike Ansaldi (10)	19:29		
10. Mike Andrews (11)	19:37	20:19	
11. Dave Dougherty (12)	20:08	19:16	
12. Dan Murphy (11)	20:15	19:58	20:07
13. Alec Hurley (10)	20:34	20:58	22:26
14. Tim O'Leary (12)	20:38	20:21	21:39
15. Steve Janicki (10)	21:45	21:05	21:40
16. Marcus Gauthier (11)	22:03		21:44
17. Pat DePippo (11)	22:24	21:37	21:21

1st 5K. EXCELLENT!

DNR - Mike Moore(12) Practice  
Nick Arazoza (11) "  
Steve Scheible (11) Sick  
Martin Wegman (10) Ankle  
Bill Galusha (12) Knee  
Juan Habes (10) Hamstring  
Dave Piekarczyk (11) Practice

**VARSITY-1 MEET #7**  
**VARSITY-2/JV MEET #8**

**SENECA INVITATIONAL**  
**Seneca Park – Sat. 10/11/03**

**Weather: Sunny, unseasonably warm & humid. Temp 76**

**VARSITY 7<sup>TH</sup> OF 11 COMPLETE TEAMS**

		<u>AQ Times</u>
17. Nick Arazoza (11)	17:48 (5k)	16:22
30. Matt Jones (12)	18:16	17:00
41. Peter Schwalm (10)	18:49	17:48
49. Dan Sullivan (12)	18:58	18:00
50. Jamie Moynihan (11)	18:59	18:30
56. Eric Mittereder (12)	19:07	18:55
DNR- Mike Moore (12) – knee		
Dave Yahoodik (12) – trip		

**Team Scores: Penfield 60, Irondequoit 84, Aquinas 85, etc. McQ 187**

**VARSITY-2/JV 5<sup>TH</sup> OF 13 COMPLETE TEAMS**

		<u>'02 Time</u>
8. Dave Dougherty (12)	18:33	
15. Dan Murphy (11)	18:51	19:27
24. Tim Hanna (10)	19:16	
27. Steve Scheible (11)	19:21	
35. Martin Wegman (10)	19:35	
39. Pat DePippo (11)	19:43	19:54
60. Alec Hurley (10)	20:28	
89. Steve Janicki (10)	21:34	
112. Marcus Gauthier (11)	22:38	20:45
DNF- Juan Habes - hamstring		
Mike Ansaldi – dizzy		
DNR- Dave Piekarczyk – concussion		
Bill Galusha – knee		
Mike Andrews – away		

**Team Scores: Brighton 45 (ran some of its varsity), Penfield 85, Irondequoit 92, Greece Athena 99, McQuaid 109, etc.**

**VARSITY-2/JV MEET #9      MCQUAID 25 WILSON 33**  
**Cobbs Hill 10/14/03**

3. Mike Andrews	19:09
4. Mike Ansaldi	19:20
5. Tim Hanna	19:41
6. Dan Murphy	19:42
7. Peter Schwalm	19:56
12. Pat O'Leary	21:20
13. Steve Janicki	21:46
16. Alec Hurley	22:57



# McQuaid slips, slides to 10th place at Clarence

After watching their junior high team place second and their junior varsity team third, McQuaid's varsity runners went into the final race of the annual Clarence Fall Classic last Saturday looking for at least a top five finish.

That's about where they were at the mile mark of the muddy Akron Falls Park course, but the Knights slipped noticeably in the next mile and wound up 10th of 18 schools.

It marked the third weekend race in which the Knights faltered after a good start, and also the third in which they've been missing their top senior, Mike Moore.

"With all the variables involved,

I don't know if there's any connection," said coach Bob Bradley, "but we're looking forward to having Mike back in there soon." Moore, who's been rehabbing a sprained knee, had shared the team lead with junior Nick Arazoza for the first five meets of the season.

On Saturday, Arazoza was the first Knight home, a sub-par 30th in a field of 150 runners. Seniors Dave Yahoodik (42) and Dan Sullivan (57) were next, followed by junior Jamie Moynihan (58) and soph Pete Schwalm (64). Their team score of 251 points was about 80 points higher than their running total at the mile mark.

McQuaid's JV squad did almost

the opposite, taking about 40 points off their mile places to nip St. Joseph' of Buffalo, 81-83, for third place among 21 teams. Fairport and Penfield were 1-2.

A 23-second scoring group attested to the strong McQuaid race, starting in 11th with senior Dave Dougherty (18:58) and going through soph Tim Hanna (14), and juniors Dan Murphy (15), and Steve Scheible (16) to junior Pat DePippo in 25th. Another second behind in 26th was soph Alec Hurley with his best race of the season.

In the junior high race, McQuaid took its second loss of the season to Honeoye Falls-Lima, but got a fifth straight indi-

vidual win from freshman Derek Seber and a good grouping from classmates Chris Burgart, Carm D'Angelo, and Tom Murray, and seventh-grader Chris DiCesare for a runner-up total of 64 points in the 17-team field. Seber followed the pace of three other runners before taking off after the first mile of the 1.7-mile course and winning by 30 yards.

This weekend, McQuaid will leave it JV and junior high runners at Cobbs Hill for the City Catholic Championships n Friday while its two varsities and its top junior high runners travel to Binghamton for the annual Greenman Invitational over the hilly Elm Park golf course.

**VARSITY MEET #8**  
**VAR-2/JV MEET #10**

**CLARENCE FALL CLASSIC**  
**Akron Falls Park Sat. 10/18/03**

Weather: Cloudy, cool, breezy. Temp 50. Course muddy in spots.

## VARSITY 10<sup>TH</sup> OF 18 CLASS A SCHOOLS

30. Nick Arazoza	17:48 (5k) (18:03 in 02)
42. Dave Yahoodik	18:11
57. Dan Sullivan	18:38
58. Jamie Moynihan	18:39
64. Peter Schwalm	18:53
73. Matt Jones	19:15
94. Mike Andrews	20:05
DNR. Mike Moore	
Eric Mittereder	

Team Scores: Fairport 54, Lockport 57.....9. Canandaigua 248, 10. McQ. 249, etc.

## VARSITY-2/JV 3<sup>RD</sup> OF 21 SCHOOLS

11. Dave Dougherty	18:58 (18:53 in 02)
14. Tim Hanna	19:02
15. Dan Murphy	19:02
16. Steve Scheible	19:02
25. Pat DePippo	19:21
26. Alec Hurley	19:22
51. Pat O'Leary	19:59
81. Martin Wegman	20:31
94. Steve Janicki	20:47
111. Dave Piekarczyk	21:14
DNF. Mike Ansaldi	
DNR. Bill Galusha	
Juan Habes	

# McQuaid preps for cross country sectionals with win over rival Aquinas

B-P Post  
10/29/03

With just a week to go before sectionals, McQuaid Jesuit's cross country runners came up with two strong meets as they sought to become realistic contenders for the Class A championships.

On Tuesday, the Knights found just the right combination to offset Aquinas' one-two and nip the Little Irish 27-28 at Cobbs Hill.

On Saturday, they trailed the Irish at the Greenman Invita-

tional in Binghamton, but came up with a host of good races that bode well for their sectional hopes.

The one-point Aquinas squeaker saw the return of senior Mike Moore to the McQuaid lineup, and, as the Knights' third finisher, he bested his Aquinas counterpart. Ahead of him, McQuaid's first two men, Dave Yahoodik and Nick Arazoza, were topped by the Aquinas duo of Noel Bateman and Brett Cumbo, but not

without a great stretch effort by Yahoodik, who just missed catching Cumbo.

That left it squarely up to seniors Dan Sullivan and Matt Jones, both of whom had the Aquinas fourth man to beat. They went into the race's last half-mile with a 30-yard lead and managed to kick away from his closing challenge for the two decisive places. McQuaid's 3-4-5-7-8 was the hand that topped Aquinas' 1-2-6-9-10.

## McQuaid runners rally, edge Aquinas

### STAFF REPORTS

Seniors Dan Sullivan and Matt Jones finished seventh and eighth to help McQuaid's A team rally to defeat rival Aquinas 27-28 in a dual cross country meet at Cobbs Hill on Tuesday.

Sullivan (18 minutes, 21 seconds) and Jones (18:23) finished 20 yards ahead of Aquinas' fourth runner to clinch the win.

Dave Yahoodik (17:27) finished third for McQuaid behind the Aquinas duo of Noel Bateman (16:55) and Brett Cumbo (17:25).

Yahoodik, Sullivan and Jones missed all of last season because of injuries. Mike Moore — who finished in fifth — has been out with a knee injury since the McQuaid Invitational nearly four weeks ago.

"(Aquinas) has been outperforming us this season but we knew that if our guys popped a good race we'd be right there with them," McQuaid coach Bob

Bradley said. "Some people might consider it an upset but we didn't."

McQuaid is 6-0 in dual meets this season.

### MCQUAID 27 AQUINAS 28 Cobbs Hill Tues. 10/21/03

1. Noel Bateman, AQ (10)	16:55
2. Brett Cumbo, AQ (12)	17:25
3. Dave Yahoodik (12)	17:27
4. Nick Arazoza (11)	17:47
5. Mike Moore (12)	17:52
7. Dan Sullivan (12)	18:21
8. Matt Jones (12)	18:23
11. Eric Mittereder (12)	18:36
12. Tim Hanna (10)	18:51
13. Mike Andrews (11)	18:55
14. Dave Dougherty (12)	18:56
15. Peter Schwalm (10)	19:05
16. Jamie Moynihan (11)	19:06
18. Dan Murphy (11)	19:30
20. Steve Scheible (11)	19:59

### MCQUAID 21 EAST 38

2. Martin Wegman (10)	19:39
3. Alec Hurley (10)	20:15
4. Pat O'Leary (12)	20:34
5. Pat DePippo (11)	20:38
6. Steve Janicki (10)	21:00
8. Marcus Gauthier (11)	21:18
DNR — Bill Galusha (12)	
Dave Pickarczyk (11)	
Juan Habes (10)	
Mike Ansaldi (10)	

Weather: Cloudy, cool, light rain. Temp 60.  
Course soggy and slick.

Notes: Almost identical to last year's race, with the exception of 8<sup>th</sup> place. Last year it went to AQ, yesterday to McQ.

Based on times, we would have beaten both AQ and McQ last year. both by 27-28

B-P Post  
10/29

Four days later, on the hills of Ely Golf Course overlooking Binghamton, the Knights weren't quite as sharp, and their 77 points were topped by Aquinas (59) and Ithaca's B team (76). Arazoza (fifth) and Moore (seventh) both ran strongly over 2.85 miles that are just as tough as the 3.1 miles at Marcus Whitman's sectional site. Yahoodik (14th), Jones (17th) and Sullivan (34th) completed the scoring.

The junior varsity race pit-

ted McQuaid against Ithaca in what amounted to a dual meet at the head of the 13-school field, and the Knights came within a point (30-31) of winning.

Sophomore Peter Schwalm broke out of a slump and won the race with a spurt over the last half-mile. Junior Dan Murphy (fifth), and senior Eric Mittereder (sixth) kicked past Ithaca's fourth man, and McQuaid packed Jamie Moynihan (ninth), Dave Dougherty

(10th), Tim Hanna (11th), and Mike Andrews (12th) ahead of Ithaca's fifth man. In the end, it was Ithaca's 2-3-4 that made the difference.

Ithaca topped the Knights a third time (43-59) in the junior high race, but freshman Derek Seber led almost all the way to give McQuaid the individual win. Behind him were Chris Burgart (sixth), Cam Scheible (eighth), Tom Murray (14th), Carm D'Angelo (17th) and Dan Plumeri (21st).

**VARSITY-1 MEET #10**  
**VARSITY-2/JV MEET #11**

**GREENMAN INVITATIONAL**  
**Ely Park Golf Course**  
**Binghamton Sat. 10/25/03**

**VARSITY-1 3<sup>RD</sup> OF 14 SCHOOLS**

		<u>2002</u>	<u>2001</u>
5. Nick Arazoza (11)	16:59	17:09	
7. Mike Moore (12)	17:10	17:47	
14. Dave Yahoodik (12)	17:33		17:48
17. Matt Jones (12)	17:43		17:34
34. Dan Sullivan (12)	18:11		17:34

Team Scores: Aquinas 59, Ithaca 'B' 76, McQuaid 77, St. Joe's, Buffalo 93 etc.

**VARSITY-2/JV 2<sup>ND</sup> OF 13 SCHOOLS**

1. Peter Schwalm (10)	17:37		
5. Dan Murphy (11)	18:05	20:01	
6. Eric Mittereder (12)	18:05	18:39	19:09
9. Jamie Moynihan (11)	18:13	21:21	
10. Dave Dougherty (12)	18:18	18:40	
11. Tim Hanna (10)	18:27		
12. Mike Andrews (11)	18:29	20:18	
16. Martin Wegman (10)	18:45		
18. Alec Hurley (10)	18:53		
26. Steve Scheible (11)	19:08		
28. Pat DePippo (11)	19:13	20:53	
34. Pat O'Leary (12)	19:22	20:34	
44. Steve Janicki (10)	19:36		
61. Juan Habes (10)	20:08		
83. Marcus Gauthier (11)	21:18	22:36	
96. Dave Piekarczyk (11)	21:41	22:41	
112. Bill Galusha (12)	22:58	19:57	21:15

Team Scores: Ithaca 30, McQuaid 31, St. Joseph's, Buffalo 87, etc.



**VARSITY-1 MEET #12      SECTION FIVE CHAMPIONSHIPS**  
**Marcus Whitman H.S. Rushville, NY**  
**November 1, 2003**

**Weather: Chilly and overcast. Course slow and muddy in spots.**

**MCQ 3<sup>RD</sup> OF 10 CLASS 'A' SCHOOLS**

32. Nick Arazoza	18:15 (18:12 in '02)
33. Dave Yahoodik	18:16 (18:37 in '01)
34. Mike Moore	18:17 (18:25 in '02)
58. Peter Schwalm	18:42
59. Matt Jones	18:45 (18:34 in '01)
94. Eric Mittereder	19:38 (19:38 in '02)
107. Dan Sullivan	20:09 (18:26 in '01)

**Team Scores: Brighton 66, Athena 74, McQuaid 80, etc.**

## McQuaid falls short in sectionals

For the first time, this year's Class A cross country sectional race was split into two divisions – AA and A – with two sectional trophies up for grabs in the same race.

Faced with that opportunity, 10 A division teams battled each other with 10 AA teams all around them to confuse the issue.

In AA, Fairport and Rush-Henrietta were expected to repeat their two-team race from the Monroe County Championships, but the A scoring figured to be wide-open among any of five schools, McQuaid and Brighton among them.

When all 20 teams had crossed the finish line, the com-

puters went to work and spat out good news for the Barons and bad news for the Knights. Their town rivals were first with 62 points, Greece Athena was second with 74, and McQuaid was third with 80.

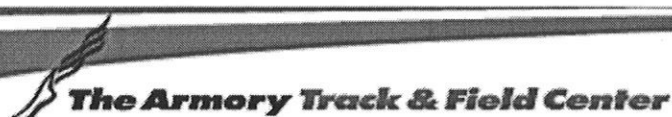
"We knew it was going to be an unpredictable race because so many of the runners didn't know who their competition really was. It wasn't until the last mile that some coaches saw how strong Brighton was running. I didn't, because I was concentrating on where out Bumblebees were," said coach Bob Bradley.

What Bradley saw were his first three men running right with reach other, but too far back, and his back two close,

but also too far back. At the finish, it was junior Nick Arazoza (32), seniors Dave Yahoodik (33), and Mike Moore (34), soph Peter Schwalm (58) and senior Matt Jones (59).

Those places broke down to 10-11-12-23-24 in the A scoring, leaving the Knights 18 points behind Brighton, a team that had three freshmen and a soph among their scorers. "They came up with a great race," Bradley said. "That's what you need in a close sectionals."

The Knights now will gear up for their traditional season finale on Nov. 15 in the 59th annual Jesuit Championships at Van Cortland Park in New York City.



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Section 5 Championships - [Boys A \(merged\)](#) - [Boys B](#) - [Boys C](#) - [Boys D \(merged\)](#) - [Boys All Class Merge](#)  
 Marcus Whitman HS [Click for Girls Results](#)  
 Nov 1, 2003

Race : Section V - Boys A-AA  
 Date : November 1, 2003

Place  
 ind team number name school

1	1	1141	Teddy Quinn-12	Rush-Henrietta	16:48.0
2	2	1111	Connor Martin-11	Fairport	16:56.4
3	3	1121	Tim Katlic-12	Penfield	16:58.5
4	4	1091	Alex DiVirgilio-12	Irondequoit	17:00.4
5	5	1028	Dave Harris-12	Greece Arcadia	17:05.6
6	6	1112	Matt Deady-10	Fairport	17:07.2
7	7	1101	Chad Powley-12	Churchville-Chili	17:11.0
8	8	1142	Will Haskell-11	Rush-Henrietta	17:17.8
9	9	1104	Chris Ladd-10	Churchville-Chili	17:19.5
10	10	1123	Craig Coon-10	Penfield	17:24.1
11	11	1187	Anthony Wind-9	Greece Athena	17:25.3
12	12	1047	Derek Zellefrow-12	Webster Thomas	17:29.4
13	13	1113	Steve Overacker-12	Fairport	17:29.8
14	14	1048	Joey Friedman-11	Brighton	17:30.5
15	15	1134	Frank Etzien-12	Gates-Chili	17:32.1
16	16	1144	Brett Dolan-11	Rush-Henrietta	17:36.1
17	17	1103	Dan Spaulding-11	Churchville-Chili	17:37.2
18	18	1102	Ryqan Dooling-12	Churchville-Chili	17:39.5
19	19	1114	Rob Courtney-12	Fairport	17:40.8
20	20	1095	Andy Deltly-11	Irondequoit	17:43.1
21	21	1145	Jon Gauthier-11	Rush-Henrietta	17:48.6
22	22	1076	Joe Greene-11	Edison	17:53.3
23	23	1122	Matt Martina-10	Penfield	17:53.7
24	24	1115	Andrew Courtney-12	Fairport	18:00.3
25	25	1124	Jon Peffley-10	Penfield	18:04.0
26	26	1019	Matt Densmore-12	Canandaigua	18:08.1
27	27	1068	Sean Brinkman-12	Spencerport	18:08.6
28	28	1188	Matt Telban-10	Greece Athena	18:09.6
29	29	1049	Chris Mui-9	Brighton	18:10.2
30	30	1149	Charles Ruhland-11	Rush-Henrietta	18:10.8
31	31	1029	Chris Toot-12	Greece Arcadia	18:13.5
32	32	1173	Nick Arazoza-11	McQuaid	18:15.2
33	33	1169	Dave Yahoodik-12	McQuaid	18:15.7
34	34	1167	Michael Moore-12	McQuaid	18:16.3
35	35	1132	Harrison Potter-12	Gates-Chili	18:16.8
36	36	1054	Mike Geary-9	Brighton	18:17.4
37	37	1084	Kevin Reiter-12	Hilton	18:17.8
38	38	1021	Greg Kleehammer-12	Canandaigua	18:18.3
39	39	1146	Ben DeGeorge-11	Rush-Henrietta	18:18.9
40	40	1052	Jon Pinto-9	Brighton	18:19.6
41	41	1153	Brandon Veltz-12	Brockport	18:21.7
42	42	1126	Carl Phelps-11	Penfield	18:22.1
43	43	1143	Andrew Varble-12	Rush-Henrietta	18:25.9
44	44	1094	Mark Lanigan-12	Irondequoit	18:28.6
45	45	1069	Nick Lowe-10	Spencerport	18:30.3
46	46	1189	Bill Mack-11	Greece Athena	18:30.7
47	47	1040	Bryan Kent-12	Webster Thomas	18:31.1
48	48	1193	Mike Hurst-12	Greece Athena	18:31.5
49	49	1116	Matt DuBois-12	Fairport	18:32.0
50	50	1100	Mark Hernberg-11	Irondequoit	18:33.1

Place  
 ind team number name school

51	51	1041	Andrew Mattiuci-11	Webster Thomas	18:33.7
52	52	1020	Sean Vollenweider-9	Canandaigua	18:34.3
53	53	1105	Dave Patalano-11	Churchville-Chili	18:35.1
54	54	1050	Patrick Menzies-10	Brighton	18:36.1

55 55 1152 Mark Streb-9 Brockport 18:37.9  
 56 56 1131 Brian Mooney-12 Gates-Chili 18:40.0  
 57 57 1117 Joey Priola-10 Fairport 18:40.5  
 58 58 1176 Peter Schwalm-10 McQuaid 18:41.6  
 59 59 1170 Matt Jones-12 McQuaid 18:44.1  
 60 60 1058 Dan Ciaccio-10 Webster Schroeder 18:45.9  
 61 61 1154 Mathew Cain-8 Brockport 18:47.0  
 62 62 1106 Kevin Radzynski-11 Churchville-Chili 18:48.9  
 63 63 1044 Keith Stadler-11 Webster Thomas 18:51.5  
 64 64 1178 John Bonaldi-11 Greece Olympia 18:52.8  
 65 65 1127 Ben Currie-12 Penfield 18:54.0  
 66 66 1086 Martin Mathes-11 Hilton 18:54.9  
 67 67 1093 Bill Juda-9 Irondequoit 18:56.3  
 68 68 1053 David LeBlanc-12 Brighton 18:57.0  
 69 69 1135 James Richards-12 Gates-Chili 18:57.6  
 70 70 1077 Kyle Zuhke-12 Edison 18:58.7  
 71 71 1192 Mike Howie-10 Greece Athena 19:00.1  
 72 72 1038 Andrew Baxter-12 Webster Thomas 19:00.5  
 73 73 1092 Rob Hawkins-12 Irondequoit 19:01.0  
 74 74 1097 Peter Fantigrossi-12 Irondequoit 19:02.6  
 75 75 1078 Jonathan Dominguez-11 Edison 19:03.2  
 76 76 1039 Jeff Dolan-10 Webster Thomas 19:04.6  
 77 77 1032 Andy Vanroo-11 Greece Arcadia 19:06.3  
 78 78 1059 Dan Morreale-11 Webster Schroeder 19:07.8  
 79 79 1133 Brian Farrell-11 Gates-Chili 19:08.4  
 80 80 1030 Dave Bounds-12 Greece Arcadia 19:09.2  
 81 81 1186 Terrance Nolan-12 Greece Olympia 19:09.7  
 82 82 1107 Brad Sisson-12 Churchville-Chili 19:10.0  
 83 83 1022 Jaymie DeGaetano-12 Canandaigua 19:11.1  
 84 84 1125 Peter Katlic-12 Penfield 19:12.7  
 85 577 Chris Hodges-11 Wilson 19:17.7  
 86 85 1070 John Horner-12 Spencerport 19:18.5  
 87 86 1023 Andy Larson-11 Canandaigua 19:22.8  
 88 87 1074 Steven Reiss-12 Spencerport 19:23.5  
 89 88 1085 Justin McEvoy-11 Hilton 19:30.2  
 90 89 1025 Nick Rhode-10 Canandaigua 19:31.3  
 91 90 1139 Kevin Moore-10 Gates-Chili 19:35.1  
 92 91 1191 Paul Ciero-11 Greece Athena 19:36.8  
 93 92 1185 Shaun McCain-12 Greece Olympia 19:37.4  
 94 93 1171 Eric Mittereder-12 McQuaid 19:37.8  
 95 94 1060 John Hohl-9 Webster Schroeder 19:39.0  
 96 579 Nick Green-11 Wilson 19:39.9  
 97 1166 Pedro Quinones-11 East 19:40.3  
 98 95 1031 Mike Pawlicki-10 Greece Arcadia 19:42.5  
 99 96 1034 Mike Simpson-9 Greece Arcadia 19:43.7  
 100 97 1190 Dan Wilcox-10 Greece Athena 19:45.5  
 Place  
 ind team number name school

101 98 1136 Phil Caruso-12 Gates-Chili 19:47.0  
 102 99 1042 Trevor Miller-10 Webster Thomas 19:48.8  
 103 100 1183 Jim Lacagnina-11 Greece Olympia 19:50.1  
 104 101 1184 Phil Lombardo-10 Greece Olympia 19:52.8  
 105 102 1051 Jon Peres-10 Brighton 19:54.0  
 106 103 1024 Tyler Thies-12 Canandaigua 20:07.7  
 107 104 1168 Dan Sullivan-12 McQuaid 20:09.1  
 108 105 1158 Steven Norton-12 Brockport 20:11.4  
 109 106 1071 Chris Russell-11 Spencerport 20:13.7  
 110 1161 Isaac Kramer-10 East 20:19.6  
 111 107 1082 Jose Diaz-11 Edison 20:20.7  
 112 108 1061 James Hodge-10 Webster Schroeder 20:21.9  
 113 109 1079 Mike Lewis-11 Edison 20:24.3  
 114 110 1072 Pete Moore-12 Spencerport 20:26.9  
 115 111 1073 Chris Burke-11 Spencerport 20:28.8  
 116 112 1155 David Saeva-11 Brockport 20:29.1  
 117 113 1080 Eric Bermudez-9 Edison 20:32.8  
 118 114 1181 Dan Gettings-12 Greece Olympia 20:38.1  
 119 115 1063 Nicholas Milton-9 Webster Schroeder 20:46.1  
 120 116 1089 Mike Williams-11 Hilton 20:46.5  
 121 117 1088 Aaron Furtner-10 Hilton 20:48.9  
 122 581 Jacob Biar-11 Wilson 20:55.7  
 123 118 1036 Alex Guilday-12 Greece Arcadia 21:01.9  
 124 119 1180 Chris Gettings-12 Greece Olympia 21:13.4  
 125 120 1081 John Simmons-12 Edison 21:17.6  
 126 121 1157 Erich Montfort-10 Brockport 21:18.8



59<sup>TH</sup> ANNUAL JESUIT CHAMPIONSHIPS  
Van Cortland Park, NYC - Sat. 11/15/03

Weather: Sunny, Cool, Windy. Temp. 38. Course dry.

VARSITY 6<sup>TH</sup> OF 7 SCHOOLS

1. Matt Murtagh, Regis (12)	13:35	(2.5 miles)
3. Dave Yahoodik (12)	14:12	15:08 ('01)
24. Matt Jones (12)	14:48	14:32 ('01)
25. Nick Arazoza (11)	14:48	
38. Dan Sullivan (12)	15:10	14:26 ('01)
40. Peter Schwalm (10)	15:12	
44. Eric Mittereder (12)	15:23	15:37 ('02)
45. Jamie Moynihan (11)	15:24	
DNR. Mike Moore (12) - knee		14:40 ('02)

Team Scores: St. Joe's (Pa.) 38, Loyola, (Balt.) 60, Gonzaga (D.C.) 73,  
Regis 80, Xavier 127, McQuaid 130, Fordham Prep-2 154

VARSITY-2 4<sup>TH</sup> OF 7 SCHOOLS

6. Tim Hanna (10)	14:41	
16. Dan Murphy (11)	15:14	
18. Dave Dougherty (12)	15:16	15:21 ('02)
31. Alec Hurley (10)	15:46	
38. Mike Andrews (11)	15:53	
39. Pat O'Leary (12)	15:54	16:39 ('02)
DNR. Martin Wegman (10) - funeral		

Team Scores: St. Joe's 27, Xavier 95, Gonzaga 105, McQuaid 109,  
Loyola 110, Fordham Prep 147, Regis 277

## McQuaid runners finish season in New York

### *The Knights compete at the annual Jesuit Championships.*

The annual Jesuit Schools Championships at New York's Van Cortland Park has always been an ideal season finale for McQuaid's cross country runners, and Saturday was no exception.

The Knights had three medalists in the varsity and junior varsity races and took home a trophy and first place team medals in the freshman race.

Senior Dave Yahoodik had McQuaid's best performance over the hilly 2.5-mile course, placing third of 53 runners in the varsity race. Yahoodik moved into contention in the tough middle section of the course and out kicked two men to claim his bronze medal. Other medalists were senior Matt Jones (23) and junior Nick Arazoza (24).

Another strong race came from sophomore Tim Hanna, who got out well in the 100-runner JV race and hung on to place sixth. Other medal-winning races were turned in by

junior Dan Murphy (16) and senior Dave Dougherty (18).

The high spot for the meet for the Knights and their parent alumni fans came in the freshman race, where Derek Seber finished the season undefeated and McQuaid nipped St. Joseph's of Philadelphia, 54-59, for team honors.

Seber, in his first season of cross country, set a school record by winning all seven of his races. Unlike some of his earlier wins, this one came after a stiff challenge from Aaron Taylor of Gonzaga (D.C.), who set the early pace

and was still in close contact down the home stretch. Seber had enough left, though, to pull away for a 20-yard victory margin.

Junior high coach Todd Stewart's confidence in his team's depth was rewarded with a winning cluster of freshmen Chris Burgart (8), Cam Scheible (13), Dan Plumeri (15), and Tom Murray (17). Close enough to take individual medals among 74 runners were Carm D'Angelo (19), Mike Labanowski (23), and Chris DiPasquale, only a seventh-grader, (24).