



"I've accomplished everything I've dreamed of and more this season."

RUNNER OF THE YEAR DONOVAN GLAVIN

MCQUAID

Grade: Senior.

Parent: Christine Glavin.

Academics: 92 average.

Season highlights: Placed 41st at Nike nationals in Portland, Ore. (15:44.5). Was fifth at Nike regionals (16:03.2). Third at A states (16:01.7, fifth-fastest overall, 2.5 seconds out of second). Won A sectionals (15:57.0), leading team to second straight title. Won Jesuit championships at VanCortlandt Park, the Bronx (12:57.20, 4K). Third at Stow (Ohio) Bulldog Invitational (15:29.70, personal best). Won Clarence Invitational (15:52).

Future: Considering Fordham, SUNY Albany or Canisius to major in sports management or marketing.

About me: Two-time AGR first-teamer. Lives in northwest Greece. Nicknames Donny or Don. Son of the late Pete Glavin, co-founder of the Genesee Valley Harriers and a McQuaid Hall-of-Fame distance runner with a marathon-best 2:26. Volunteers at church. Recently discovered a new interest, the sport of curling.

McQuaid's fun-loving Glavin finishes on top

JIM CASTOR

Sitting around a campfire in the lower Catskills at the end of a killer workout last summer, Donovan "Donny" Glavin and his McQuaid teammates kicked around a few goals they were working toward.

"Win sectionals again as a team," he said, "to make states, do well there and maybe do well at regionals. For me, same thing."

"Nationals was a stretch."

Check off all four now. After finishing 41st at the Nike Cross Nationals in Portland, Oregon, Glavin told his coach, Todd Stewart: "This is awesome. The greatest day of my life. I've accomplished everything I've dreamed of and more this season."

Glavin earned Runner of the Year honors on the *Democrat and Chronicle's* 11th annual All-Greater Rochester cross country team of 14 boys by improving steadily in his senior season. Pittsford Mendon's third straight state title also earned coach Chris Compson his second straight coach of the year honor as well.

"It all started there at coach's Dingle camp," Glavin said of the location on Lower Dingle Hill Road in Delaware County. "We have an 1,800-meter hill there we call 'Rigor Mortis.' It's just ridiculous. All on a paved road. Three or four times harder than the course at states. We love it because it prepares us for anything."

Stewart said much of Glavin's late-season success — winning sectionals, finishing third at Class A states, winning Jesuits, placing fifth at Nike regionals and then nationals — is due to his easy-going, relaxed nature and fitness to withstand consecutive weeks of pounding among the best runners in the country, some right here in Section V.

"Week and a half before regionals, he trained with some of the Pittsford Mendon guys. That was very beneficial. But the toughest part," Stewart said, "was racing on his own at regionals and nationals. He thrives with his teammates."

Junior Joe Doerr, McQuaid's No. 2 man since Aidan Blake was sidelined with a back injury, said Glavin is "the best kind of a teammate. Donny's fun and serious at the same time. He's a leader. He's right there when we need him. If there's ever a problem, you can count on him to be a good teammate."

Doerr said he was watching the 199 runners line up at nationals, on live video, and the camera suddenly stopped at Glavin.

"While everybody around him looks all serious and nervous, he snaps his fingers, smiles and points his index finger out with a thumbs up."

"That's Donny."

Jim Castor, retired assistant sports editor for the *Democrat and Chronicle*, has been covering running in the Rochester area for more than five decades. He can be reached at jcastor@jimcastor.com.



BRIGHTON

Grade: Junior.

Parents: Carolyn

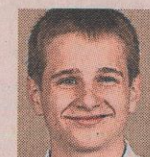
Reardon and Peter Dellinger.

Academics: 3.9 grade point average.

Season highlights: Took fifth at B states (16:10.3, ninth-fastest overall), third at B sectionals (16:26.9, fourth-fastest overall) and second at counties (15:45). Was eighth at McQuaid Invitational in seeded varsity AA (15:15.3, 3 miles, 17th-fastest overall). and sixth at Manhattan Invitational in varsity F (13:01.3, 2.5 miles). Undefeated against other schools' runners in regular season.

Future: Considering Cornell, Columbia, Wesleyan and Virginia to study French literature.

About me: Two-time AGR first-teamer. Won state indoor title in 3,200 last winter. Plays cello in school orchestra. Completing an Eagle Scout ranking in Boy Scouts. Enjoys camping and the outdoors. Volunteer and participant in American Cancer Society's Relay For Life. Favorite subjects are biology and physics. Lists favorite athletes as Muhammad Ali, Jesse Garn and Chad Maloy.



JOE DOERR

MCQUAID

Grade: Junior.

Parents: Patti and Timothy.

Academics: 93 average.

Season highlights: Placed sixth at Jesuit championships (13:33.64, 4K) at VanCortlandt Park, the Bronx. Was 37th at A states (17:02.7), fifth at A sectionals (16:59.0) and 57th at McQuaid Invitational in seeded varsity AAA (16:10.5).

Future: Undecided, but hopes to study history, finance or pre-law.

About me: Lives in Pittsford. Team's MVP in sectionals last two years. Father, Timothy, a surgeon, has run 15 marathons and mother, Patti, two half marathons. Volunteers as a Big Brother during school orientation. Plays CYO basketball, participates in the YMCA youth and government program and is a McQuaid junior class officer. Three siblings: Peter, 20, Anna, 18, and James, 12, are all athletes as well, in rugby, soccer and football.

McQuaid's Donovan Glavin heads toward the finish line at this fall's McQuaid Invitational in Genesee Valley Park. Glavin is the AGR Boys Runner of the Year.

CARLOS ORTIZ/STAFF PHOTOGRAPHER