

1969-1970 Season

3RD DEVELOPMENT MEET (12/20-UR)

45HH- Tom Swiatek 6.4; Steve Walz 7.8
300- Swiatek 35.9; Fred Moulton 39.3; Dave Seeger 41.8; Steve Walz 42.3
600- Al Guzzetta 1:33.5; Dick Seeger 1:36.0
880- Greg Smith 2:18; Dave Lane 2:22.4; Steve Seymour 2:33.5
Mile- Phil Horton 4:39.6(66-69-74-71) -Fastest McQuaid mile at UR
Tom McLaughlin 5:02(69-78-79-76)
Mike Cramer 4:59 (69-75-80-75)
Tom Gaffney 5:17 (72-81-84-80)
Jeff Rosenberger 5:29 (76-86-85-82)
2-Mile- John Hurley 10:58.7 (72-78-82-83-86-88-88-82)
Shot- Terry Lee 48-5½ Pole Vault-Fran DeClerck 10-0; John Appleby
Will Ammons 8-0
High Hump- Joe Werdein 5-4; Steve Seymour 4-9; Dave Lane 4-9;
Fred Moulton 4-6

4TH DEVELOPMENT MEET (1/10/70-UR)

45HH- Tom Swiatek 6.4 50- Will Ammons 6.3
300- Fred Moulton 40.5
500- Dan Parker 1:12.2; Joe Werdein 1:20.5
1000- Mike Cramer 2:42.5; Dave Lane 2:49.7
Mile- John Hurley 4:55.3(69-76-77-73)
 Greg Smith 5:05.3 (71-78-79-77)
2-Mile- Phil Horton 10:12.3(71-72-77-79-80-80-78-75)-Fastest McQ time at UR
Shot- Terry Lee 50-0(New indoor McQ. record)
Pole Vault- Fran DeClerck 9-6; Will Ammons 8-6
High Jump- Joe Werdein 5-4; Steve Seymour 4-8; Fred Moulton 4-4

Syracuse Meet-1/17

160= Tom Swistek 18.5; Mike Moehlmann 19.4
500- Kevin Sear 1:09.5; Dan Parker 1:11.9
1000- Greg Smith 2:38; Dave Lane 2:51.2
Mile- Mike Cramer 5:10.8(66-74-81-88)
Tom Gaffney 5:21.2(75-83-85-78)
2-Mile- Phil Horton 10:20.6(68-74-78-78-81-82-83-77)
John Hurley 10:42.4(71-78-80-81-84-86-85-77)
Sprint Medley Relay: Mike Hasensauer 64.0(480 yds)
Tom Swistek 19.0(160 yards)
Mike Moehlmann 21.0(160 ")
Tom McLaughlin 2:17(880 ")

5TH DEVELOPMENT MEET- (1/23/70-UR)

45HH- Tom Swiatek 6.4; Steve Walz 7.3
50- Swiatek 6.0 300- Walz 40.8
600- Mike Hasenauer 1:28.7; Dave Seeger 1:34.2; Will Ammons 1:34.7
880- Greg Smith 2:15.7(63.2-72.5)
Tom McLaughlin 2:17.5(65.7-71.8)
Mile- John Hurley 4:53.2(71-77-76-69)
Mike Cramer 4:59.6(71-78-77-74)
PV- Will Ammons 8-0

Cornell Meet- 1/24

60-yard High Hurdles- Tom Swiatek 8.2
60-yard Dash- Mike Pignato 6.6, 6.6, & 6.8; Tom Swiatek 7.1
1000- Greg Smith 2:33.5; Tom McLaughlin 2:41.7
Mile- John Hurley 4:50.6(70-74-76-71); Mike Cramer 4:51.5(71-74-75-72)
600- Mike Hasenauer 1:25.6; Will Ammons 1:28.3(Freshman record)

INDOOR TRACK RESULTS

1969-1970 SEASON

6th Development Meet(1/31-UR)

45HH- Tom Swiatek 6.3; Steve Walz 7.2
 300- Walz 40.9
 500- Ammons 1:17.3
 1000- Dave Seeger 2:45.8; Jeff Rosenberger 2:50.4; Dave Lane 2:52.2
 Mile- Phil Horton 4:50.5(68-74-75-74)
 John Hurley 4:46.6(72-75-77-73)
 Mike Cramer 5:03.3(71-75-79-78)
 2-Mile- Greg Smith 10:48.2(73-80-82-83-85-85-85-75)
 PV- Ammons 8-6; Shot- Terry Lee 49-1 1/2; Chris Schott 28-2
 Medley Relay- 4:15.9(Hasenauer 59.7; Swiatek 26.4; Swiatek 27.7; McLaughlin 2:22.1)

7th Development Meet(2/7-UR)

45HH- Tom Swiatek 6.3; Dave Wallan 7.0; Steve Walz 7.3 Shot Put-Terry Lee 50-8
 300- Swiatek 35.7; Fred Moulton 39.4; Steve Walz 39.5
 600- Mike Hasenauer 1:25.2; Kevin Sear 1:27.5
 880- Greg Smith 2:13.4; Dave Seeger 2:19.6; Jeff Rosenberger 2:21.1; Tom Culross 2:33.
 Mile- Phil Horton 4:49.5(67-74-77-72)
 Mike Cramer 4:54 (69-74-76-75)
 2-Mile- John Hurley 10:32.4 (73-79-79-82-82-83-81-73)
 4-lap Relay- 1:57.5(Swiatek 27.4; Moulton 30.4; Wallan 29.7; Walz 29.9)

Rochester Relays(2/14-UR)

45HH- Tom Swiatek(1st) 6.1,6.1,& 6.0; Dave Wallan 6.7; Steve Walz 7.0
 2-Mile- John Hurley 10:28.5 (71-76-75-81-81-83-85-76)
 Shot Put- Terry Lee 51-2 1/4(School Indoor Record)
 16-lap Relay- 9:42(Smith 2:20; Rosenberger 2:24.1;Parker 2:27.7; Lane 2:31.5)
 15-lap Medley- 8:55.4(McLaughlin 2:18.8; Sear 61.2; Celentani 26.7; Cramer 5:08.1)
 8-lap Medley(2nd) 4:01.4(School record) Hasenauer 58.9; Swiatek 25.9
 Celentani 26.1; Horton 2:10.5
 Non-scoring Medley- 4:32.5(Moulton 65.5; Lee 29.4; Dick Seeger 31.3;Dave Seeger 2:26.
 4:25.4(Ciaccio 62.2; Walz 28.3; Ammons 28.4; Gaffney 2:26.5)

Rochester Area Championships(2/21-UR)

45HH- Tom Swiatek(1st) 6.2; Steve Walz 7.5
 300- Mike Moehlmann 38.5; Steve Walz 39.0
 600- Tom McLaughlin 1:23.5; Kevin Sear 1:25.1; Fred Moulton 1:33
 1000- Greg Smith 2:34.1; Tom Gaffney 2:42.4; Dick Seeger 2:51.2; Tom Culross 2:58
 Mile- Mike Cramer 5:03.9(69-74-78-83)
 2-Mile- John Hurley 10:21.4 (71-75-79-81-81-83-78-73)-Soph record for UR track
 Shot Put- Terry Lee 51-2 HJ-Dave Wallan 5-6 PV-Will Ammons 9-0; Jim Ciaccio 8-6
 Mile Medley Relay- McQuaid 2nd in 4:05.4(Hasenauer 59.5; Swiatek 27.0; Moehlmann 27.5
 Horton 2:11.5)

Final Development Meet(UR-2/27)

45HH- Dave Wallan 6.9; Steve Walz 7.7
 300- Bob Parkes 39.0; Steve Walz 39.7; Will Ammons 38.2(Frosh Record)
 500- Kevin Sear 1:07.5(School record); Fred Moulton 1:10(Frosh Record)
 880- Mike Cramer 2:12.5; Dave Lane 2:23.7; Dick Seeger 2:23.9; Tom Culross 2:33
 1000- Dave Seeger 2:41.7(Frosh record for us at UR)x
 Mile- John Hurley 5:02(74-82-83-64)
 Jeff Rosenberger 5:21 (75-75-79-
 HJ- Fred Moulton 5-0; Dave Wallan 5-6 PV-Will Ammons 9-0
 Shot- Chris Schott 30-2

Indoor Invitational Championships-2/28-UR

45HH- Tom Swiatek(2nd) 6.2,6.2,6.1 225- Fred Moulton 28.5
 600- Tom McLaughlin 1:23(School record); Kevin Sear 1:27.9; Will Ammons 1:30.5
 1000- Greg Smith 2:35.5
 Mile- Phil Horton 3/4 in 3:31(69-70-72) DNF
 2-Mile- John Hurley 10:47 (73-79-78-81-83-84-87-82)
 Mile Medley- 4:08.6 (Hasenauer 58.5; Swiatek 26.5; Moehlmann 27.0; Cramer 2:16.6
 Shot Put- Terry Lee (3rd) 50-10 1/2

45-yd High Hurdles

1. Gansle, Colonie 2. Cuipylo, CBA 3. Swiatek, McQuaid 4. Eckert, Kearney
5. (Tie) Elderbroom, B'ville and Beeke, Trojan TC Time: 6.0

50-yd Dash

1. Ezzo, Canastota 2. Gansle, Colonie 3. Nelson, Gates-Chili 4. Frisinger, Clyde TC
5. Kuby, Kearney Time: 5.4 (Meet Record) (Track Record)

225-yd Dash

1. Kuby, Kearney 24.9 2. Hart, Bradford 25.3 3. (Tie) McCarthy, CBA and Zabelny, Webster (both 25.3)
 5. Cuipylo, CBA 25.5
- (Hart beat Zabelny, both timed in 25.3; McCarthy had 25.3 in other final race.)

600-yd Run

1. Brown, CBA 2. Youngman, Kearney 1:17 3. Whitaker, Bradford 1:21 4. Weatherall, Batavia 1:21.6
5. Barron, Ludden 1:21.8 Winning Time: 1:16.9 (Meet Record)

1000-yd Run

1. Hartman, Lockport TC 2. Burzalow, CBA 2:25.4 3. Moran, Batavia 2:27.5
4. Miller, West Genesee 2:28.3 5. Monica, B'ville 2:30 Winning Time: 2:22.6 (Meet & Track Record)

One-Mile Run

1. Brian Quinn, St. Joe's 2. Derrick, CBA 4:33.1 3. McMullen, Spencerport 4:33.4
4. Eichner, Kearney 4:36.2 5. Burns, CBA 4:39.1 Winning Time: 4:31.6 (Meet & Track Record)

Two-Mile Run

1. Gardner, CBA 2. Kasouf, CBA 10:03 3. Pulos, Haverling 10:05 4. O'Connor, Kearney 10:05.4
5. Frass, Liverpool 10:13.9 Winning Time: 9:57

Pole Vault

1. Lagendyk, Webster 2. Carlson, Bradford 11-6 3. Welch, Brockport 10-6
4. Walborn, Red Jacket 10-0 5. Flynn, B'ville 9-6 Winning Height: 11-6 (No misses)

High Jump

1. Flanders, Trojan TC 2. M. Hiestand, Liverpool 6-0 3. Campione, Kearney 5-8
4. O'Hara, West Genesee 5-8 5. Mydlinski, CBA 5-8 Winning Hgt.: 6-4 1/4 (Measured) (Meet and Track Record)

Shot Put

1. Masiulis, Kearney 2. Olaki, Liverpool 52-2 3. Lee, McQuaid 50-10 1/2
4. Wright, Webster 49-4 1/2 5. Nelson, Bradford 49-1 3/4 Winning Distance: 52-7 1/4

8-lap Medley Relay

1. CBA 4:03.1 2. Bradford 4:05.3 3. Hilton 4:05.8 4. WGen 4:06 5. Kearney 4:06.3

4-lap Relay

1. CBA 1:42.9 2. Bradford 1:43.0 3. Webster 1:44.0 4. B'ville 1:46.3 5. Trojan TC 1:46.6

Team Scoring: (Places taken by clubs are dropped. No teams moved up.)

CBA, Syracuse 45 1/2	West Genesee 6
Bishop Kearney, Rochester 27	McQuaid 6
Bradford (Pa.) 20	Baldwinsville 5 1/2
Webster 13 1/2	Batavia 5
Colonie 10	Haverling 3
Liverpool 9	Hilton 3
St. Joseph's, Buffalo 6	Gates-Chili 3
Canastota 6	Red Jacket 2
	Bishop Ludden, Syracuse 1