

McQuaid's Sumner posts double victories

McQuaid Jesuit's indoor track men got their season off to an auspicious start last Saturday at Roberts Wesleyan's field house in the first Rochester Winter Track League development meet.

Senior Brad Sumner posted an impressive and unusual double by taking firsts in both the 300- and 1,600-meter runs, the first time that feat has been accomplished since indoor track began in Rochester in the late '60s.

"Brad's going to be running the 1,000 at the Loughlin Games in New York next week, and we wanted to work on both speed and endurance for that," said Coach Bob Bradley. He added that Sumner will be trying to qualify for the high school Millrose Mile later this season, so his early outing at the 1,600 was also aimed at giving him experience in an event he has seldom run.

To win the 1,600, Sumner had to surmount a stiff challenge from two of the area's top middle-distance runners, Pittsford's Chris Smith and Penfield's Nathan Sacco. Only an hour after beating teammate Scott Romanowski,

37.1 to 37.6, in the 300, Sumner found himself trailing Smith and Sacco with only 400 meters to go. He passed Sacco with 300 meters left and moved steadily in on Smith before sprinting to the victory in the final 80 meters. Sumner ran his last 200 meters in 30 seconds.

McQuaid had a number of other firsts, most notably from senior Dan Riley, with a 6-foot high jump in his first work at that event indoors; from senior Mickey Stone, with a front-running 1:29.4 in the 600; and from the 1,600-meter relay combination of Stone, Romanowski, and juniors Jason Fahy and Steve Foley. In the latter race, Romanowski's 52.5 anchor leg brought the Knights back from a 15-yard deficit against Penfield to win in 3:41.2, a fast early-season time.

Another pair of seniors, Tim Cain and Kirk Preston, made their indoor track debuts and fared well. Cain won his 300 section in 40.3 and high-jumped 5-10, while Preston nipped Riley for first in their section of the 50-meter hurdles. In one of the day's best finishes, junior Dan Muscatell won his

300 with a lean in a personal best of 40.9.

Two more newcomers to indoor track, sophomore Biram Lawrence and freshman Chris Eberle, also had impressive performances, with Eberle winning the modified 600 and Lawrence posting personal bests in the long and triple jumps.

In the 3,200 meters (not a favorite event on a 150-meter track), senior Dave Dugan posted a second-place finish behind Greece's Rob Cook with a well-paced 10:25.3, also a personal best.

This Sunday, the Knights will make their first appearance at the oldest scholastic indoor meet in the country, the Bishop Loughlin Games at Manhattan College. In addition to Sumner and Romanowski running their 1,000 and 600 specialties, they'll team up with Stone and Fahy in the 3,200-meter relay.

On Saturday, the rest of McQuaid's 30-man squad will be back at Roberts Wesleyan for another development meet.