

McQuaid relay scores victory

One of their favorite relay events, the 4 x 400 meters, provided McQuaid's indoor-track men with their first relay win of the season at Saturday's RWTL meet at Robert Wesleyan field house.

With East High's tough foursome opting for the 4 by 800 event, where they finished second to Greece Athena, the Knights took the lead at the outset and were never threatened on their way to a 3 minute, 49.8 seconds clocking. Junior Mark Spagnola led off with a 58.5, freshman Tim Kelley followed with a 58.3, junior Paul Hammond with a 58.6, and senior Jason Fahy with a fast 54.5 anchor that lapped three teams.

The same four also had impressive individual outings. Fahy's 39-second 300 was second only to Penfield's Jack Elliott, who posted a season's best of 37.5. Spagnola was a runner-up, too, to Fairport's Jeff Werth in the 1000 but bettered his previous time by almost five seconds with a 2:46.3.

Kelley and Hammond, in their first crack at the 1000, ran a strong 1, 2 in the next section, with Kelley winning by a stride in 2:54.8.

"That's the fastest first-time 1000 we've ever had from a freshman," said Coach Bob Bradley. "Fahy had a 2:51.5 three years ago, but that was at the tail end of the season. Tim should

get well down into the 2:40's by February. Paul should be right there with him."

In the 600, McQuaid's top performance came from senior Jason Racey, whose 1:37, a substantial personal best, took a second place. Sophomore Kris Weldon won his debut at that distance in 1:39.2, best in Varsity B, and freshman Dave Corsall improved by almost five seconds to a 1:43.9, good for third in his race.

The many 300 races saw three McQuaid winners: junior Chris Nikodem in 42.0 and freshmen Joe Tiffany and Donald Pecor. Tiffany's 45.7 was the fastest in the modified division. He also had a 16-9½ long jump, second best in modified. Sophomore Mike Fantauzzo moved up to Varsity A and had a non-winning 41-0.

Junior Birâm Lawrence continued to impress in the long jump with a 20-5 effort, taking second to the 20-10½ of Penfield's Tom McBride. Other personal-record jumps came from freshmen Steve Konezny, Peter Michel, and Pecor. Konezny's 32-7 triple jump topped the modified field.

The meet's final event produced a fast early-season time of 1:44 for a McQuaid 800 relay team of Lawrence, Fantauzzo, Weldon, and Racey, which finished second to Fairport.