

**1994**  
**McQUAID JESUIT HIGH SCHOOL**  
**INDOOR TRACK TEAM**  
**RESULTS**



**Team Champions:**

**Rochester Relays**

**Southern Tier Track Classic**

**Section V Class A Championship**

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**Coaches:**

**David Warth**

**Chris Dickson**

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# 1993-1994 INDOOR TRACK LETTER WINNERS (25 Total)

## Senior's (12):

Adam Missell  
Brad Mitchell  
Shawn Watts  
Chris Curtin

Brian Kubiak,  
Dan Lesser  
Ian Sohn  
Tim Reilly

Jim Barnum  
Adam Reitz  
Peter Wampler

## Junior's (9):

Tunji Akpo-Sani  
Tim Tyre  
Mike Perrotta

Greg Schlachter  
Alan LaChapelle  
Kevin Chesterton

Alex Perez  
Marc Corea  
Rob Pacer

## Sophomore's (4):

Andy Robertson  
Brian Joseph

Kieran Chaudhry

Jeff Clark

## Freshman (1):

John Sullivan

## Seniors

AKPO-Sania  
Chesterton  
Charles  
Corea  
Schlachter  
Pacer  
Perrotta  
Tyre  
LaChapelle  
Pittinaro  
Walters  
P-shaw  
Deckman  
Bernal

## Juniors

Robertson  
Joseph  
Chaudhry  
Clark  
S. Shaw  
Hogan

## Sophomores

Conway  
Bernard  
Fiduccia  
WoiKa

# 1994 McQuaid HS Indoor Track

## 45 Meter Dash (6.0)

|            |     |
|------------|-----|
| Tyre       | 5.7 |
| Perez      | 5.7 |
| Mitchell   | 5.8 |
| LaChapelle | 6.0 |
| Joseph     | 5.9 |
| Corea      | 5.9 |
| Wampler    | 5.8 |
| Fiducia    | 5.7 |

## 55 M (7.2)

|     |
|-----|
| 6.7 |
| 6.8 |
| 6.8 |
| 6.8 |
| 6.9 |
| 6.9 |
| 7.0 |
| 7.1 |

## 300m Dash (42.5)

|            |      |
|------------|------|
| Tyre       | 36.4 |
| LaChapelle | 37.6 |
| Watts      | 38.8 |
| Perez      | 38.9 |
| Joseph     | 40.7 |
| Fiducia    | 41.5 |
| Mitchell   | 41.7 |
| Wampler    | 42.0 |

## 600m Dash (1:40)

|           |        |
|-----------|--------|
| Watts     | 1:23.6 |
| Reitz     | 1:28.5 |
| Barnum    | 1:28.7 |
| Robertson | 1:34.4 |
| Tyre      | 1:34.6 |
| Chesteton | 1:35.0 |
| Perez     | 1:38.6 |

## 1000m Run (3:00)

|          |        |
|----------|--------|
| Reitz    | 2:37.0 |
| Watts    | 2:37.3 |
| Lesser   | 2:42.7 |
| Barnum   | 2:49.9 |
| Clark    | 2:54.3 |
| Pacer    | 2:57.2 |
| Sullivan | 2:58.0 |

## 1600m Run (5:10)

|          |          |
|----------|----------|
| Lesser   | 4:24.6-R |
| Reitz    | 4:27.9   |
| Clark    | 4:37.0   |
| Pacer    | 4:57.9   |
| Sullivan | 4:58.0   |
| Sohn     | 4:59.9   |
| Deckman  | 5:06.5   |
| Perrotta | 5:06.6   |
| Reilly   | 5:07.3   |
| Bernal   | 5:08.6   |

## 3200m Run (11:15)

|          |           |
|----------|-----------|
| Lesser   | 8:57.7-3K |
| Lesser   | 9:32.83   |
| Clark    | 9:53.5    |
| Sohn     | 10:45.1   |
| Perrotta | 10:45.2   |
| Hogan    | 11:09.2   |

## 200m Dash (26.0)

|            |      |
|------------|------|
| Tyre       | 23.1 |
| LaChapelle | 23.8 |
| Watts      | 23.8 |
| Perez      | 24.1 |
| Mitchell   | 24.7 |
| Joseph     | 25.8 |

## 400m Dash (56.5)

|            |      |
|------------|------|
| Tyre       | 50.9 |
| Watts      | 51.7 |
| LaChapelle | 53.5 |
| Reitz      | 54.2 |
| Barnum     | 55.3 |
| Perez      | 55.7 |
| Robertson  | 55.5 |

## 800m Run (2:15)

|        |            |
|--------|------------|
| Watts  | 1:56.5 - R |
| Watts  | 1:57.87    |
| Reitz  | 2:01.7 - R |
| Lesser | 2:01.8 - R |
| Barnum | 2:04.5 - R |
| Clark  | 2:14.2     |

## High Jump

|           |        |
|-----------|--------|
| Kubiak    | 6'-2"  |
| Robertson | 6'-0"  |
| Curtin    | 5'-10" |
| Chaudhry  | 5'-8"  |

## Shot Put (32')

|           |            |
|-----------|------------|
| Akpo-Sani | 44'-2 1/2" |
| Missell   | 41'-5"     |

## Pole Vault

|            |        |
|------------|--------|
| Schlachter | 12'-6" |
|------------|--------|

## 4 x 200M

|              |         |
|--------------|---------|
| RWTL #4      | 1:35.7  |
| Brown        | 1:36.08 |
| M-O-C        | 1:36.0  |
| Cortland     | 1:36.9  |
| RWTL #1      | 1:38.2  |
| Sectionals   | 1:40.2  |
| Roch. Relays | 1:40.4  |
| RWTL #3      | 1:41.2  |

## 4 x 400m

|             |         |
|-------------|---------|
| Yale        | 3:31.37 |
| Brown       | 3:35.9  |
| Sectionals  | 3:39.2  |
| Roch Relays | 3:40.7  |
| RWTL #6     | 3:42.1  |
| RWTL #3     | 3:43.8  |
| Cortland    | 3:43.9  |
| WNY Relays  | 3:48.2  |
| RWTL #1     | 3:53.0  |

## 4 x 800m

|                        |          |
|------------------------|----------|
| States                 | 8:08.1   |
| Sectional              | 8:15.6   |
| Roch Relays            | 8:21.3   |
| M-O-C                  | 8:22.5   |
| Cortland               | 8:39.7   |
| RWTL #1                | 8:49.8   |
| <u>Distance Medley</u> |          |
| Nationals              | 10:31.43 |
| West Point             | 10:42.86 |

Var Meet #1

J.V. Meet #1

Modified Meet #1

KWIL #1

Hobart College

Dec 4, 1993

### Field Events:

Shot: AKpo-Sani - 40'-4 1/4", Willison - 31'-9 1/2", Schlachter 31'-9"  
Gayle - 26'-4 1/4", Nadler - 22'-6", Esteban - 17'-10"

L.J.: Schlachter - 17'-4" T.J.: Leszyk 33'-6"

H.J.: Kubiak 5'-10", Curtin 5'-10", Robertson 5'-8" Chaudhry 5'-6"

### Relays:

Tyre 23.5

4x200m: Var 1:38.2 (LaChapelle 24.9, Mitchell 25.1, Perez 24.7 ~~24.7~~)

J.V.: 1:48.1 (Fiducia 26.2, Joseph 25.8, Corea 27.1, Sierra 29.0)

4x400m: 3:53.0 (Clark 62.6, Reitz 54.6, Chesterton 59.6, Robertson 56.2)

4x800m: 8:49.8 (Pacer 2:19.1 (68.6), Barnum 2:05.8 (61.5)

Sullivan 2:21.2 (69.5), Watts 2:03.7 (59.1)

10:19.8 (Whitcomb 2:36.8, Gallagher 2:41.9

Shaw 2:34.0, Reilly 2:27.0)

### Running Events:

55 m: Joseph 7.0, Fiducia 7.1

300m: Tyre 37.3 (24.3), LaChapelle 38.3 (24.8), Perez 39.3 (25.2)

Mitchell 42.7 (25.6) Fell, Corea 42.3

600m: Barnum 1:29.6 (28.8-59.5), Chesterton 1:41.0 (67.1)

Leszyk 1:42.4 (32.7-65.7), Sierra 1:54.1 (34.9-72.9)

1000 m: Watts 2:39.5 (58.9-2:04.9), Sullivan 3:02.0 (72.1-2:29.8)

1600 m: Reitz 4:33.2 (64.3-2:13.7-3:21.9), Lavix 5:40.9 (76.6-2:43.4)

Pacer 5:00.6 (71.3-2:28.8-3:47.4) Shaw 5:21.8 (72.8-2:37.9-3:57.6)

Reilly 5:18.2 (72.6-2:36.8-4:03.5) Bernard 5:28.6 (73.8-2:40.9-4:07.9)

Whitcomb 5:37.8 (79.1-2:46.9-4:14.7), Gallagher 5:49.9 (80.8-2:54.6-4:26.9)

Nasipak 5:50.9 (81.6-2:55.0-4:27.9)

3200m: Clark 10:12.4 (71.2-2:28-3:46-5:04-6:21-7:40-8:58)  
Sohn 10:45.1 (73-2:31-3:53-5:14-6:37-8:02-9:26)  
Bernal 11:17.1 (77-2:42-4:07-5:31-6:58-8:30-9:53)  
Deckman 11:22.6 (78-2:42-4:06-5:31-6:58-8:30-9:58)  
Hider 12:06.4 (78-2:50-4:23-5:56-7:31-9:05-10:38)

\*\*\* Performances of the Meet: \*\*\*  
(as selected by Coach Warth)

- ① Akpo-Sani - 40'- $\frac{1}{4}$ " (New Indoor/outdoor PR)
- ② Reitz - 4:33.2 (Indoor/outdoor PR)
- ③ Tyre - 37.3 (PR-only .6 from school record)
- ④ Barnum 1:29.8<sup>PR</sup> & 2:05.8 (best double he's shown)
- ⑤ Bernard 5:28.6 (Great 1st mile ever)

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Next Meet: 12/11 RWTL #2 @ UotR

- we will not run relays next week.

Order of Events:

40 m Hurdles

4x4 lap relay

1500/1600 m Run

40 m Dash

1000 m Run

300 m Dash

600m Run

3000/3200 m Run

1500m Racewalk

4x4 lap Relay

4x4 lap Relay

Field Events:

L.J., P.V., Shot, H.J.

Var Meet #2  
SV-Mod #2

RWTL #2  
UR-Sat Dec 11<sup>th</sup>

## Field Events:

Shot: AKpo-Sani: 41'-6<sup>1</sup>/<sub>2</sub>"", Willison 29-4<sup>3</sup>/<sub>4</sub>", Schlachter 32'-1"  
Andolina 26'-5<sup>1</sup>/<sub>4</sub>"", Nadler 21'-6", Esteban 17'-10"  
High Jump: Kubiak: 6'-1", Robertson 5'-10", Chaudhry 5'-6"  
L.J.: Gracie: 15'-8<sup>1</sup>/<sub>2</sub>"

## Running Events:

45m: Tyre 5.8, Mitchell 5.9, Perez 5.9, LaChapelle 6.0  
Fiducia: 6.1, Green 6.3, Sierra 7.0, Andolina 7.3, Rondash 7.8  
Corea 6.1, Wampler 6.1, Joseph 6.2  
300m: Watts 38.8, Joseph 41.8, Mitchell 42.0, Wampler 44.5  
Green 44.9, Gracie 45.8, Sierra 48.3, Rondash 52.9  
600m: Watts 1:28.0 (29.0-57.2), Reitz 1:28.5 (29.2-58.8)  
Barnum 1:30.8 (30-60.4), Tyre 1:34.6 (31.4-65.8), Perez 1:38.6 (32.3-66.3)  
Robertson 1:38.9 (33.2-67.2), LaChapelle 1:40.8, Clark 1:40.9, Reilly 1:41.6,  
Sullivan 1:43.7, Bernal 1:44.2, Perrotta 1:45.4, Corea 1:46.6,  
Chesterton 1:41.4, Bernard 1:47.5, Whitcomb 1:47.8, Hider 1:49.1, Loux 1:49  
Deckman 1:50.8, Nasipak 1:57.5  
1000m: Barnum 2:44.9 (67.1-2:15.9)  
1600m: ~~Clark~~ Clark 4:46.3 (71-2:23-3:35),  
Perrotta 5:06.6 (74-2:32-3:52), Deckman 5:06.5 (75-2:32-3:52),  
Reilly 5:07.5 (75-2:33-3:52), Sullivan 5:08.2 (73-2:33-3:53),  
Bernal 5:08.6 (75-2:33-3:52), Pacer (74-2:32-3:53),  
Chaudhry 5:13.6 (73-2:34-3:54), Bernard 5:18.6 (74-2:35-3:59),  
Hider 5:19.5 (75-2:35-4:00), Whitcomb 5:34.8 (76-2:42-4:08),  
Loux 5:39.2 (78-2:43-4:10), Nasipak 5:47.3 (78-2:46-4:20)



Var Meet #3

J.V. & Mod. Meet #3

**RWTL #3**  
**Sat. December 18, 1993**  
**Univ. of Roch.**

**Field Events:** HJ: Kubiak 5-9", Robertson 5-9", Schlachter 5-3", Chaudhry 5-3"  
(5-6")  
TJ: Gracie 32-8", Leszyk 32-2"  
(38-0")  
Shot: Akpo-Sani 41-10", Willison 30-6", DeCiantis 28-1", Andolina 27-11"  
(37-0")

**Relays:** 4 x 1 lap: 1:45.0; LaChapelle 26.7, Perez 26.0, Mitchell 27.2, Tyre 25.1  
?????; Fiducia, Joseph, Corea, Wampler

4 x 2 lap: 3:52.2; Perez 60.0, Barnum 58.6, LaChapelle 57.5, Tyre 56.1

4 x 4 lap: 9:57.7; Clark 2:25.2, Deckman 2:31.9,  
Chesterton 2:34.5, Reilly 2:26.2  
10:29.1; Bernard 2:32.4, D. Sohn 2:40.3,  
Sullivan 2:32.2, Guild 2:44.3

**Running Events:** 45m: Mitchell 5.9, Wampler 6.2, Rene 6.2, Marino 6.4, Quazi 6.9,  
(5.9) Sierra 7.0, Rondash 7.6

300m: Joseph 41.9, Fiducia 42.2, Rene 43.2, Corea 43.4, Marino 45.2,  
(40.3) Gracie 46.2, Sierra 48.2, Rondash 52.0

600m: Barnum 1:30.6 (30.2-60.5), Reitz 1:32.7 (29.8, 60.4),  
(1:36.5) Robertson 1:37.4 (65.2), Chesterton 1:38.8 (64.8), Sohn 1:40.7,  
Leszyk 1:42.3, Pacer 1:42.4, S. Shaw 1:45.6, DeCiantis 1:47.3,  
Gallagher 1:47.4, Laux 1:45.6, Hogan 1:54.4

1000m: Reitz 2:43.5 (32.3-63.6-1:35.4-2:07.9)  
(2:55.0) Clark 2:54.3 (33.6-67.5-1:43.1-2:19.2)

1600m: Sohn 4:59.9 (71-2:27-3:46), Pacer 4:59.7 (72-2:27-3:47)  
(4:58.0) Reilly 5:07.3 (70-2:29-3:49), Sullivan 5:10.0, Deckman 5:11.2  
Chaudhry 5:11.6, Hider 5:15.7, Bernard 5:16.3, S. Shaw 5:22.3,  
Hogan 5:24.2, D. Sohn 5:30.2, Laux 5:45.8, Nasipak 5:47.4

3200m: Perrotta 10:56.0 (5:18, 6:42, 8:09, 9:36)  
(10:57.0) Bernal 11:16.9 (5:18, 6:50, 8:20, 9:51)

**Varsity Meet #4**

**BROWN INVITATIONAL  
MON & TUE DEC. 27TH - 28TH**

**Pole Vault:** Schlachter 11'-0" (tie 5th)

**800M:** Watts 2:02.24 (4th) (30.7-30.4-29.1-31.8)

**4 x 200M:** 1:36.08 (6th)

LaChapelle 24.3

Tyre 23.1

Perez 24.4

Watts 24.1

**Sprint Medley:** 3:48.09 (13th)

Tyre 52.7

LaChapelle 24.2

Perez 24.6

Barnum 2:06.5

(26.7-31.1-33.7-35.1)

**4 x 400M:** 3:35.9 (no place)

Barnum 55.3

Tyre 54.1 (25.0)

LaChapelle 54.4 (25.0)

Watts 52.2 (24.4)



Var Meet #5

J.V. & Mod. Meet #4

**RWTL #4**  
**Sat. December 30, 1993**  
**Univ. of Roch.**

**Field Events:** HJ: Kubiak 5-10", Robertson 5-8", Chaudhry 5-2"  
(5-6")  
LJ: Leszyk 15-3"

Shot: Willison 27-2"  
(37-0")  
Pole Vault: Schlachter 12-0"

**Running Events:** 45m: Tyre 5.7, Perez, 5.7, Mitchell 5.9, Joseph 5.9, Fiducia 6.0, Wampler 6.0,  
(5.9) Corea 6.0, Rene 6.3, Quazi 6.8

200m: Tyre 24.2, LaChapelle 25.3, Perez 25.4, Joseph 26.3, Mitchell 26.1,  
Wampler 27.2, Coirea 27.5, Quazi 32.0, Bonham 37.5

500m: Chesterton 79.7, Rene 80.1, S. Shaw 85.3, Leszyk 86.1, Gracie 86.0,  
Gallagher 89.1

800m: Lesser 2:12.3 (63.5), Clark 2:14.2 (65.4), Barnum 2:14.8 (63.8),  
Robertson 2:19.1 (66.2), Sullivan 2:23.3 (70.2)

1500m: Watts 4:14.8, Clark 4:31.1, Pacer 4:45.4, Bernal 4:55.4,  
Barnum 4:56.1, Sullivan 5:01.3, Shaw 5:01.5, Gallagher 5:25.0

3000m: Hogan 10:26.8, Laux 11:27.4

## 28th Annual Rochester Relay U of R Sat Dec. 8th

Team Scoring: McQuaid 58, Fairport 53, Penfield 33, Newark 33, etc...

HJ: Kubiak 6'-0" (5th), Chaudhry ??      Pole Vault: Schlachter 12'-0" (3rd)

Shot Put: Akpo-Sani 42'-1 3/4" (3rd)

3200m: Sohn 10:53.5 (75-2:32-3:51-5:16-6:40-8:06-9:32)

3200M Relay: 8:21.3 (1st- Meet Record)  
(Barnum 2:09.4, Watts 2:01.1, Lesser 2:07.1, Reitz 2:03.6)

Double 4-Lap: 3:44.9 (2nd)  
(LaChapelle 26.4-28.0, Joseph 27.0-32.0, Fiducia 27.1-31.0,  
Tyre 25.3-28.2)

Distance Medley: 11:17.2 (1st)  
(Barnum 2:10.6, Robertson 58.9, Reitz 3:21.3, Watts 4:46.4)

Progressive: 7:46.1 (2nd)  
(Robertson 60.9, Barnum 1:37.9, Lesser 2:12.8, Reitz 2:54.5)

800m Relay: 1:40.4 Trial, 1:40.8 Final (5th)  
(LaChapelle-Mitchell-Joseph-Tyre)

Sprint Medley: 4:19.3  
(Chesterton 60.6, Wampler 26.6, Corea 27.6, Sohn 2:24.5)

1600m Relay: 3:40.7 (1st)  
(LaChapelle 55.3, Robertson 58.0, Tyre 54.2, Watts 53.2)

### Next Meets:

Saturday Jan 15: RWTL Meet at Hobart (Begins at 3:00)

Sunday Jan 16: Falcon Invitational (NYC Armory)- Watts and Reitz

Monday Jan 17: Univ. of Buffalo Classic

106 RWT 1 #5

Hobart College - 1/15/94

4x200m: 1:35.7 - Tyre <sup>①</sup>23.2, LaChapelle <sup>②</sup>23.8, Perez <sup>③</sup>24.1, Mitchell <sup>④</sup>24.7  
shot: AKpo-Sani 41-2, Willison 30'-2<sup>3</sup>/<sub>4</sub>, DeCiantis 28-1<sup>1</sup>/<sub>2</sub>, Wadler 24-8<sup>1</sup>/<sub>2</sub>  
Missell ??

HJ: Kubiak 6-0, Robertson 5'-8", Chaudhry 5'-2"

P.V.: Schlachter 12'-0"

3200m: Lesser 9:51.9 (2:27-4:56-7:25), Clark 10:19.3 (2:28-5:01-7:40)  
Sohn 10:59.3 (2:34-5:24-8:16), Perrotta 11:07.6 (2:35-5:24-8:16)  
Hogan 11:17.6 (2:40-5:30-8:22)

55m: Tyre 6.7, LaChapelle 6.8, Perez 6.8, Mitchell 6.9, Corea 7.1,  
Wampler 7.1, Miquel 8.0, Rondash 9.3

1000m: Watts 2:38.9 (61.5-64.2-34.9), Barnum 2:53.6 (64.4-71.0-38.0)  
Sullivan 3:01.4 (71.1-75.7-34.6)

300m: Tyre 36.8, LaChapelle 37.6, Perez 38.9, Wampler 42.0,  
Gracie 44.6, Rondash 54.0

600m: Barnum 1:30.6 (27.7-58.0), Robertson 1:34.4 (29.8-61.6)  
Chesterton 1:35.0, Clark 1:42.9, Leszyk 1:42.5,  
Lauv 1:44.1, DeCiantis 1:50.3

600m: Lesser 4:36.1 (65-2:16-3:27), Reitz 4:36.3 (65.0-2:13-3:24)  
Pacer 4:57.9 (66-2:23-3:43), Sullivan 5:10.0 (71-2:28-3:51)  
Chaudhry 5:12.3 (70-2:33-3:55), Hider 5:16.8 (71-2:34-3:58)  
Sohn 5:20.0 (70-2:29-3:54), Shaw 5:32.9 (70.4-2:36-4:08)  
Gallagher 5:42.4 (76-2:46-4:18), Nasipak 5:47.4 (76-2:46-4:14)

UNIV of Buffalo

Monday Jan 17<sup>th</sup>

55m: Mitchell 7.1 / 6.8, Perez 6.8

300m: Tyre 37.7, LaChapelle 38.8

1000m: Reitz 2:37.0 (29:60 - 1:32 - 2:04.8)

Watts 2:37.9 (29:60 - 1:31 - 2:04.6)

1600m: Sohn 5:09.7

3200m: Clark ??, Perrotta ??

H.J: Kubiak 5'-10", Robertson 5'-4"

shot: AKPo-Sani 44'-2", Missell ??

PV: Schlachter 12'-0"

Yale Invitational  
Sat January 22<sup>nd</sup> - Coxe cage

55m: LaChapelle 7.11 (6.9 H) semi  
Tyre 7.01 (6.8 H) - 6.94 (6.7 H)

800m: Watts 1:59.23 (1:59.0 H)  
4<sup>th</sup> Place (28.3 - 29.4 - 30.0 - 31.3)

Mile: Lesser<sup>8<sup>th</sup></sup> 4:31.60 - 4:31.0 (1600m)  
(67.2 - 68.3 - 68.6 - 67.2)  
Reitz 4:41.84 - 4:40.2 (1600m)  
(65.1 - 66.6 - 70.4 - 80.4)

1600m Relay: McQuaid 3:31.37 - 3<sup>rd</sup>  
LaChapelle 53.5 (25.2)  
Tyre 51.8  
Reitz 54.2  
Watts 51.7 (23.9)

N.Y.C.C. 1/22

45m

Mitchell 5.8

Corea 6.3

Fiducia 5.9

Wampler 6.1

Perez 5.7

Rene 6.6

Joseph 5.9

1000m

Pacer 2:57:20

Sullivan 2:58:00

300m

Wampler 42.5

Chesterton 42.9

Fiducia 42.7

Robertson 41.44

600m

Rene - 1:41:5

1600m

Hogan 5:15

P. Shaw 5:25

Whitcomb 5:42

Reilly 5:25

S. Shaw 5:26

Chesterton 5:36

Clark 4:58

Perotta 5:09

4x1 lap

Perez 18.7

Mitchell 18.9

Corea 19.1

Joseph 19.1

1:20:34

4x5 lap

Shaw

Chaundry

Hogan

Sullivan

not right!

2:20:24

2:24:55

2:01:04

2:22:43

9:08:66

Shot Put

3<sup>rd</sup> Missell 41' ?"

1<sup>st</sup> Akpo-Sani 44' ?"

Williamson 30' 7"

High Jump

Robertson 5' 6"

Chaundry 5' 8" P.R.

Kubick 5' ?"

# RWTL

U of R - Friday Jan 28<sup>th</sup>

300m: Lachapelle 39.2

P.V.: 11-0 - Schlachter

3200m: Perrotta 10:53.6 (76-2:35-3:56-5:18-6:41-8:06-9:34)

Hogan 11:09.2 (79-2:37-4:00-5:24-6:47-8:15-9:45)

Bernal 11:28.3 (77-2:36.5-3:59-5:26-6:54-8:26-10:00)

1000m: Lesser 2:42.7 (31.5-63.3-1:36.8-2:09.8)

1600m: Sullivan 4:58.0 (73.4-2:24.2-3:46.6)

Pacer 5:02.1 (72.6-2:28-3:47)

Deckman 5:08.4 (73.2-2:28.6-3:50.3)

Hider 5:23.8 (73.8-2:32.2-3:58.5)

## West Point Invit.

Sunday Jan 30<sup>th</sup>.

3000m: Lesser 1<sup>st</sup> 8:56.06 (68.8-2:20.6-3:33.9-4:44.7-  
5:58.3-7:12.6-8:23.6)

Reitz 9:44.4 (70-2:21-3:34-4:46-6:08-7:35-8:58)

J.M: 10:42.86-3<sup>rd</sup> Watts-2:00.7 (29.6-58.8-1:28.7)

Tyre- 51.3 (24.2)

Reitz- 3:16.2 (61.9-65.0-33.7-35.7)

Lesser- 4:34.4 (64.9-69.1-71.0-36.0-33.5)

J.J: Kubiak- 5'-10"



# W.N.Y. Relay3 - Fredonra

4x800 - Scratch - Reilly no show

|                            | 1                            | 2             |
|----------------------------|------------------------------|---------------|
| 4x240 - LaChap 30.6        | 4x Double 4 lap Wappler 21.5 | 21.3          |
| 4 <sup>th</sup> Perez 30.3 | Corea 21.6                   | 24.4          |
| Mitchell 30.8              | Fiducia 20.7                 | 22.4          |
| Joseph 31.1                | Joseph 20.7                  | 22.3          |
| <u>2:02:08</u>             |                              | <u>2:54:8</u> |

|                               |                              |
|-------------------------------|------------------------------|
| Sprint Med LaChap 43.3        | Progressive Relay Corea 47:9 |
| (2-1-1-5) Perez 18.6          | (2-3-4-5) *Chesteron 1:17:9  |
| 6 <sup>th</sup> Mitchell 18.9 | Sohn 1:52.7                  |
| Chesteron <u>2:20.6</u>       | Clark <u>2:18:5</u>          |
| <u>3:41:04</u>                | <u>6:16:97</u>               |

|                                 |                  |
|---------------------------------|------------------|
| Distance Med. *Robertson 2:22:5 | 4x400 Perez 55.7 |
| (5-2-7-10) Fiducia 45.22        | Mitchell 58.5    |
| Sohn 3:30:9                     | Robertson 60.2   |
| Clark 4:57:3                    | LaChapelle 53.8  |
| <u>11:35.8</u>                  | <u>3:48:2</u>    |

## Field Events

Shot Relay - 3<sup>rd</sup> place → Tundji - 42-8 1/2

H.J. Relay - Chaundry 5'6" Adams - 40-2

3<sup>rd</sup> Robertson 5'8"

\* - Alternate to replace Reilly

# Results RWTL NYCL - Sat. Fed 5<sup>th</sup>

55mH: Snyder 11.5

1x400m: 3:42.1 - LaChapelle 54.9, Barnum 55.3, Perez 58.1, Tyre 53.8  
3:57.2 - Robertson 57.4, Chesterton 60.2, Pacer 61.2, Sullivan 58.5

3200m: Hogan 11:22.8 (2:43-5:32-8:24)  
Hider 11:19.9 (83-2:44-4:06-5:33-6:57-8:25-9:56)

45

~~40~~ m: Perez 5.7, Mitchell 5.8, Wampler 5.8, Corea 5.9, Joseph 5.9  
Fiducia 5.9, Sierra 6.5

(71-2:27)

1000m: Perrotta 3:02.5 (72-2:27), S. Shaw 3:06.2 (70.5, 2:28), Pacer 3:06.5  
Sullivan 3:07.7 (72-2:29), Bernal 3:09.7 (72-2:30), Laux 3:18.0 (75-2:3)

300m: LaChapelle 39.1, Joseph 40.7, Fiducia 41.5, Mitchell 41.7, Corea 42.7  
Wampler 43.2, Sierra 46.3, Gracie 47.4, Nasipak 48.4

room: Barnum 1:33.6 (30-60.5), Tyre 1:35.8 (31-60.5),  
Chesterton 1:38.6 (31.8-64.3), Leszyk 1:44.6 (32.5-67.0)

1600m: Clark 4:56.2 (68-2:21-3:39), Sohn 5:07.4 (70-2:26-3:48),  
S. Shaw 5:20.6 (76-2:37-4:00), Deckman 5:25.6 (74-2:38-4:05)  
P. Shaw 5:27.8 (73-2:39-4:04), Gallagher 5:46.1 (81-2:46-4:17)  
Nasipak 5:47.9 (83-2:47-4:19), Gracie 5:58.3 (83-2:54-4:30)  
Leszyk 6:03.8 (87-2:53-4:31)

H.J: Kubiak 6'-2", Robertson 5'-8", Chaudhry 5'-8"

Southern Tier Classic  
Cortland College d/12/94

McQ - 1<sup>st</sup> - 94, Fairport 2<sup>nd</sup> - 86

3200m: Clark 10:12.5 1<sup>st</sup>

(72.2 - 2:27.6 - 3:43.5 - 5:01.2 - 6:20.0 - 7:38.7 - 8:58.8) - 34.7 last lap

55m: Mitchell - 7.0 T, 6.9 semi

Perez - 6.8 T, 6.8 semi

1000m: Watts: 2:37.3 - 1<sup>st</sup> (29.0 - 60.2 - 1:31.6 - 2:04.4)

Reitz 2:40.6 - 3<sup>rd</sup> (29.6 - 60.9 - 1:32.9 - 2:06.4)

600m: Watts - DNF

1600m: Lesser 4:35.8 - 1<sup>st</sup> (68.2 - 2:15.9 - 3:27.3)

Reitz 4:41.0 - 3<sup>rd</sup> (67.0 - 2:15.1 - 3:26.5)

300m: Tyre 37.5 - 1<sup>st</sup>

Shot: Missell 38'-8"

LaChapelle 37.9 - 3<sup>rd</sup>

P.V. Schlachter 11'-0" 3<sup>rd</sup>

HJ: Kubiak 6'-2" - 2<sup>nd</sup>, Robertson 5'-8" - 5<sup>th</sup>

4x800m: McQ - 2<sup>nd</sup> 8:39.7

Clark - 2:14.6 (65.8), Watts 2:05.6 (57.8), Reitz 2:11.5 (60.0), Lesser 2:08.0 (62.1)

4x200m: McQ - 2<sup>nd</sup> 1:36.9

LaChapelle - 24.3, Perez - 24.5, Mitchell - 24.8, Tyre 23.3

4x400m: McQ - 3<sup>rd</sup> 3:43.9

LaChapelle 56.9 (27.2), Robertson 55.5 (26.0), Perez 56.9 (26.9), Tyre 54.6 (26.5)

RWTL Meet  
Roberts Wesleyan College  
2/12/94

55m H : Snyder (injury)

4x200 : (Wampler, Corea, Fiducia, Joseph) 1:45

3200m : Solin - 10:53

Perrotta - 11:02:34

Hogan - 11:22:24

45m

Wampler (my mistake  
no time)

Corea 5.9

Sierra 6.6

Fiducia ~~5.7~~ 5.7

Joseph 6.8

Rondash 7.5

600m

Chesterton 1:43:2

1600m

Bernal 5:28:6

Deckman 5:17:3

Pacer 5:12:4

Chaudhry 5:20:4

Gallagher 5:43:4

Sullivan 5:10:9

P. Shaw 5:30

Laux 5:42:3

300m

Joseph 43.6

Gracie 48.0

Fiducia 42.6

Wampler (scratch)

Corea 45.1

4x400 - 4:16:0

(Pacer, Laux, Solin, Chesterton)

Triple Jump : Gracie - 33' 10"

High Jump Chaudhry - 5' 6"

Long Jump : Sierra - F.T.Q.

# Section V Championship Feb 19<sup>th</sup> Hobart College

Score: McQUAID 114, Fairport 106, Penfield 50, C-L 47, East 37, etc.

## Breakdown:

### Track

### Relays

### Field

|          |    |    |    |
|----------|----|----|----|
| McQ      | 64 | 20 | 30 |
| Fairport | 54 | 26 | 26 |

### Field

HJ: Kubiak 6'-2" (1<sup>st</sup>), Robertson 6'-0" (3<sup>rd</sup>), Chaudhry 5'-8" (5<sup>th</sup> tie)

PV: Schlachter 12'-6" (1<sup>st</sup>)

Shot: Missell 41'-1 (5<sup>th</sup>), Akpo-Sani 40-4<sup>3/4</sup> (6<sup>th</sup>)

### Relays

4x800m McQ - 8:15.6 (1<sup>st</sup>)

lesser - 2:06.2 (31.6-63.8- 1:35.7), Barnum 2:06.8 (28.5-59.9- 1:33.0)

Reitz - 2:01.7 (29.1-58.9- 1:29.5), Watts - 2:01.1 (27.6-57.3- 1:28.9)

1x400m McQ - 3:39.2 (4<sup>th</sup>)

LaChapelle 55.4 (25.7), Robertson 55.8 (26.5), Perez 55.8 (25.4),

Tyre 52.4 (24.7)

1x200m McQ 1:40.2 (3<sup>rd</sup>)

LaChapelle 24.6, Perez 25.2, Mitchell 25.6, Tyre 24.7



# Track

|        |                                                                  | 44                           | 42 | 1600 | 2400 | 3000 |
|--------|------------------------------------------------------------------|------------------------------|----|------|------|------|
| 3200m: | Lesser 9:52.8 (1 <sup>st</sup> )                                 | (70.7-2:26-4:51-7:20-9:16)   |    |      |      |      |
|        | Clark 10:00.0 (3 <sup>rd</sup> )                                 | (70.8-2:26-4:51.5-7:25-9:24) |    |      |      |      |
|        | Sohn 11:27.8                                                     | (72.8-2:30-5:14-8:14-9:25)   |    |      |      |      |
|        | Perrotta 10:45.2                                                 | (73.2-2:30-5:11-8:00-9:25)   |    |      |      |      |
| 1000m: | Watts 2:37.8 (30.5-61.7-1:32.3-2:04)                             | (3 <sup>rd</sup> )           |    |      |      |      |
|        | Reitz 2:39.1 (31.5-61.9-1:32.3-2:05.1)                           | (5 <sup>th</sup> )           |    |      |      |      |
| 55m:   | Perez 6.8T, 6.8(S), 6.8 F (4 <sup>th</sup> ), Mitchell 6.8T, 6.9 |                              |    |      |      |      |
|        | Wampler 7.0T, Corea 6.9 T, Joseph 6.9 T                          |                              |    |      |      |      |
| 600m:  | Watts: 1:23.6 (1 <sup>st</sup> ) (26.3-54.4)                     |                              |    |      |      |      |
|        | Barnum: 1:28.7 (7 <sup>th</sup> ) (26.7-57.0)                    |                              |    |      |      |      |
|        | Chesterton: 1:35.6                                               |                              |    |      |      |      |
| 1600m: | Reitz 4:27.9 (1 <sup>st</sup> ) (68-2:17-3:25)                   |                              |    |      |      |      |
|        | Lesser 4:28.0 (2 <sup>nd</sup> ) (68-2:16-3:25)                  |                              |    |      |      |      |
|        | Clark 4:37.0 (4 <sup>th</sup> ) (70-2:20-3:30)                   |                              |    |      |      |      |
|        | Pacer 5:00.1 (71-2:25-3:49)                                      |                              |    |      |      |      |
|        | Sullivan 5:00.7 (72-2:27-3:45)                                   |                              |    |      |      |      |
|        | Sohn 5:03.7 (72-2:27-3:45)                                       |                              |    |      |      |      |
| 300m:  | Tyre 37.3 (4 <sup>th</sup> )                                     |                              |    |      |      |      |
|        | LaChapelle 38.4                                                  |                              |    |      |      |      |

## INDOOR TRACK

### SECTION V CHAMPIONSHIPS Saturday/At Hobart College Class A

Team: McQuaid 114, Fairport 106, Penfield 50, Churchville-Chili 47, East 37, Greece 27, Hilton 25, Brockport 19, Webster 17, Spencerport 11, Rush-Henrietta 5, Brighton 4.

#### Individual

Pole vault: 1. Greg Schlacter (McQuaid) 12-6; 2. Mike Kedley (Penfield) 9-0; 3. Shawn Brockman (Penfield) 8-6; 4. Tim Kuehn (Fairport) 7-6.

3,200-meter run: 1. Dan Lesser (McQuaid) 9:52.8; 2. Jeff Calabrese (Spencerport) 9:55.1; 3. Jeff Clark (McQuaid) 10:00.0; 4. Tim Reetz (Penfield) 10:11.0; 5. Keith Edwards (Churchville) 10:25.0; 6. Andy Bennet (Fairport) 10:37.7.

1,000: 1. Chris Waldron (Penfield) 2:34.5; 2. Adam Seavey (Fairport) 2:35.3; 3. Shawn Watts (McQuaid) 2:37.8; 4. Matt Morrison (Fairport) 2:38.2; 5. Adam Reitz (McQuaid) 2:39.1; 6. Brendan McCabe (Penfield) 2:43.2  
Long jump: 1. Ba'Shan Pinckney (East) 21-9 1/2; 2. Mike Walsh (Webster) 20-10 1/2; 3. Pat Dutton (Webster) 20-3 1/2; 4. Christ Marou (Hilton) 20-2; 5. John Carr (Churchville) 20-1 1/2; 6. Jesse Oslovsky (Churchville) 19-11 1/2.

Shot put: 1. Brian Beck (Fairport) 44-11 1/2; 2. Jason Gaffney (Fairport) 44-2 3/4; 3. Toby Clemens (East) 42-7; 4. Ryan Goodwin (Penfield) 41-3 1/2; 5. Adam Missell (McQuaid) 41-1; 6. Akpo Sam (McQuaid) 40-4 1/2.

55 dash: 1. Steve Feltum (Greece) :06.5; 2. Phil Loyd (Fair) :06.7; 3. Jason Povio (Fair) :06.7; 4. Alex Perez (McQ) :06.8; 5. John Egiff (Bri) :06.8; 6. Abdul Sefay (R-H) :06.9.

800 m: 1. Shawn Watts (McQ) 1:23.6; 2. Matt Blodgett (Hil) 1:25.3; 3. Chris Waldron (Penf) 1:26.1; 4. Adam Seavey (Fair) 1:26.3; 5. Joe Edmund (Greece) 1:28.2; 6. Eric Behrens (Church-C) 1:28.5.

1,600: 1. Adam Reitz (McQ) 4:27.9; 2. Dan Lesser (McQ) 4:28.1; 3. Matt Blodgett (Hil) 4:36.1; 4. Jeff Clark (McQ) 4:37.0; 5. Scott Pickles (Fair) 4:38.6; 6. Keith Edwards (Church-C) 4:40.3.

Triple jump: 1. Ba'Shan Pinckney (East) 34-9 1/2; 2. Adam Steinwachs (C-C) 42-4 1/2; 3. Jake Hart (Brock) 41-6 1/2; 4. Jeff Pickles (Fair) 41-6 1/2; 5. Pat Dutton (Web) 41-1 1/2; 6. Chris Marou (Hil) 40-6 1/2.

High jump: 1. Brian Kubiak (McQ) 6-2; 2. Steve Lindsay (Greece) 6-0; 3. Andy Robertson (McQ) 6-0; 4. Jesse Oslovsky (C-C) 5-11; 5. Jason Russo (Penf), Kieren Chaudhig (McQ), Shawn Koresko (Spen) 5-8.

200: 1. Jason Gaffney (Fair) :36.6; 2. Mik Winslow (Brock) :36.9; 3. Eric Behrens (C-C) :37.1; 4. Tim Tyre (McQ) :37.3; 5. Frank Coleman (C-C) :37.6; 6. Brian McEvoy (Fair) :37.7.

55 hurdles: 1. Pete Meyer (Fair) :07.7; 2. John Carr (C-C) :07.8; 3. Chris Marou (Hil) :07.9; 4. Ed Miller (Brock) :08.2; 5. Jesse Oslovsky (C-C) :08.3; 6. Adam Eberlin (Greece) :10.1.

3,200 relay: 1. McQuaid (Dan Lesser, Jim Barnum, Adam Reitz, Shawn Watts) 8:15.6; 2. Fairport 8:30.8; 3. Greece 8:41.4; 4. Churchville-Chili 8:46.8; 5. Penfield 8:50.8; 6. Brockport 9:11.3.

1,000 relay: 1. Fairport (Jason Gaffney, Jason Povio, Jeff Pickles, Jeff Oliver) 3:36.0; 2. Penfield 3:38.6; 3. Churchville-Chili 3:39.2; 4. McQuaid 3:39.2; 5. Spencerport 3:46.2; 6. East 3:52.1.

800 relay: 1. East (Chris Whitmore, Ba'Shan Pinckney, Romaude Mizelle, Dwayne McClary) 1:34.6; 2. Fairport 1:36.3; 3. McQuaid 1:40.2; 4. Rush-Henrietta 1:40.7; 5. Brighton 1:41.8; 6. Webster 1:42.8.

Section V - Meet of Champions  
Hobart - Feb 26<sup>th</sup>

3200m: Lesser 9:35.1<sup>1st</sup> (69-2:21-3:32-4:44-5:57-7:11-8:26)  
Clark 9:53.5<sup>4th</sup> (70-2:23-3:36-4:49-6:07-7:22-8:39)

1600m: Reitz 4:33.3<sup>3rd</sup> (66.7-2:15.5-3:23.9-34.8 last 200)  
Clark  $\approx$  4:50 (missed splits)

600m: Watts 1:24.7<sup>1st</sup> (25.6-53.3-31.8 last 200m)

300m: Tyre 36.4<sup>4th</sup> - New School Record (36.9 Trial)  
LaChapelle 37.7 - Trial

55m: Perez 5.9 , Corea 6.1 , Mitchell 6.0  
Joseph 6.1

4x200m: 1:42.6  
LaChapelle 24.5, Perez 29.4, Mitchell 24.8, Watts 23.9  
1:36.0<sup>4th</sup> Final LaChapelle 24.0, Perez 24.7, Watts 23.8, Tyre 23.6

4x800m: 8:22.5<sup>1st</sup> - Lesser 2:05.5 (30.4-62.3-1:34.9)  
Barnum 2:04.5 (29.1-60.2-1:32.1)  
Reitz 2:04.6 (30.5-61.5-1:33.0)  
Watts 2:07.9 (28.5-59.3-1:33.1)

H.J.: Kubiak 6'-2" <sup>2nd</sup>, Robertson 5'-10"

Shot: Akpo-Sani 40'-9", Missell 39'-10"

P.V.: Schlachter 18'-6" <sup>2nd</sup>



NYSPHSAA Championship  
Sat. March 5<sup>th</sup>  
Barton Hall - Cornell

3200m: Dan Lesser 1<sup>st</sup> (4:49.4 - 4:43.4) 9:32.83  
69.8 - 72.7 - 72.9 - 74.0 - 73.3 - 74.4 - 70.4 - 65.7

600m: Shawn Watts 5<sup>th</sup> 1:23.78 (25.9 - 53.6)

Intersectional Relay: Tyre 23.1

3200m Relay: McQuaid 2<sup>nd</sup> 8:08.1

Burnum: 2:05.6 (29.5 - 60.0)

Reitz: 2:01.9 (28.8 - 29.7 - 31.5 - 32.0)

Lesser: 2:01.8 (29.3 - 30.4 - 30.2 - 31.9)

Watts: 1:58.8 (26.6 - 28.3 - 31.1 - 33.4)

National Scholastic

Sat-Sun March 12-13

Carrier Dome - Syracuse

DM: McQ - 10:31.43 3<sup>rd</sup>

Reitz: 3:19.2 (31.5 - 63.5 - 1:37 - 2:10 - 2:44.9)

Tyre: 50.9 (23.9)

Watts: 1:56.5 (27.1 - 29.0 - 30.0 - 30.4)

Lesser: 4:24.6 (63.7 - 69.4 - 67.4 - 33.6 - 30.6)

800m: Watts 13<sup>th</sup> 1:57.87 (26.9 - 29.5 - 30.5 - 30.6)

3200m: Lesser 9:55.3