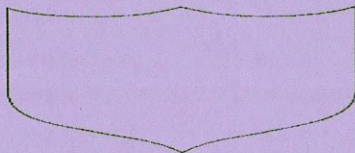


MCQUAID JESUIT



INDOOR TRACK & FIELD 2013

CLASS A CHAMPIONSHIPS = 3RD

STATE QUALIFIERS

DAVID INGRAHAM (300 METER DASH)

4 X 800 RELAY (MIKE SULLIVAN / AJ STUVER / AUSTIN PETERS / NATE HOWE

ALT. NICK CIOLKOWSKI & MATT BRIEN)

NATIONAL CHAMPIONSHIP MEET – 4X800 RELAY = 13TH



CONGRATULATIONS ON A SEASON FULL OF HIGHLIGHTS – PLEASE COME AGAIN!

<u>A Relay Team</u>	4x400 Relay	03:35.71	<u>McQuaid Jesuit</u>	A RCAC RWTL - Snowflake	02/09/2013
<u>A Relay Team</u>	4x800 Relay	07:57.45	<u>McQuaid Jesuit</u>	A RCAC RIT Tiger Inv	01/05/2013
<u>A Relay Team</u>	4x200 Relay	01:37.49	<u>McQuaid Jesuit</u>	A RCAC Section-V-AB	02/16/2013
<u>A Relay Team</u>	Sprint Medley Relay	03:56.16	<u>McQuaid Jesuit</u>	A RCAC Rochester Relays-AB	
<u>A Relay Team</u>	Dist Medley Relay	10:56.82	<u>McQuaid Jesuit</u>	A RCAC Rochester Relays-AB	01/26/2013

<u>Deodrick Barnes</u>	Shot Put	33-00.00	<u>McQuaid Jesuit</u>	A RCAC Monroe County League	01/18/2013
<u>Griffin Rapp</u>	Shot Put	32-03.50	<u>McQuaid Jesuit</u>	A RCAC SUNY Brockport Invit	02/02/2013
<u>Dakwan Bonnick Tomlinson</u>	Shot Put	30-07.00	<u>McQuaid Jesuit</u>	A RCAC Rochester Relays-AB	01/26/2013
<u>Paul Laukaitis</u>	Shot Put	29-00.00	<u>McQuaid Jesuit</u>	A RCAC Monroe County League	01/18/2013
<u>Kieran Sommer</u>	Shot Put	27-11.00	<u>McQuaid Jesuit</u>	A RCAC Monroe County League	01/18/2013

M-W <u>Tobi Tella</u>	High Jump	05-02.00	<u>McQuaid Jesuit</u>	A RCAC RWTL-groups CENTRAL	12/15/2012
<u>Matt Ryan</u>	High Jump	05-00.00	<u>McQuaid Jesuit</u>	A RCAC RWTL-groups CENTRAL	12/15/2012
<u>Robert Quist</u>	High Jump	05-00.00	<u>McQuaid Jesuit</u>	A RCAC RWTL JV-Mod	01/04/2013
M-W <u>Maurice Ragland II</u>	High Jump	04-07.00	<u>McQuaid Jesuit</u>	A RCAC Rochester Relays- AB	01/26/2013

<u>Tobi Tella</u>	Long Jump	19-09.75	<u>McQuaid Jesuit</u>	A RCAC Section-V-AB	02/16/2013
<u>Camden Palvino</u>	Long Jump	17-05.50	<u>McQuaid Jesuit</u>	A RCAC RIT Tiger Inv	01/05/2013
<u>Matt Ryan</u>	Long Jump	16-11.50	<u>McQuaid Jesuit</u>	A RCAC RWTL-groups CENTRAL	12/15/2012
<u>Maurice Ragland II</u>	Long Jump	16-07.25	<u>McQuaid Jesuit</u>	A RCAC Monroe County League	01/18/2013

" M = 3 L = 5

W = 10

<u>Casey Stephenson</u>	Long Jump	15-10.00	<u>McQuaid</u> <u>Jesuit</u>	A RCAC	RWTL-groups CENTRAL	12/15/2012
<u>Cameron Serapilo-Frank</u>	Long Jump	15-01.50	<u>McQuaid</u> <u>Jesuit</u>	A RCAC	Monroe County League	01/18/2013
<u>Eric Veltre</u>	Long Jump	14-11.25	<u>McQuaid</u> <u>Jesuit</u>	A RCAC	RWTL-groups CENTRAL	12/15/2012
<u>Robert Quist</u>	Long Jump	14-05.00	<u>McQuaid</u> <u>Jesuit</u>	A RCAC	RWTL JV-Mod	01/04/2013
<u>Sampson Ngo</u>	Long Jump	14-01.00	<u>McQuaid</u> <u>Jesuit</u>	A RCAC	RWTL-groups CENTRAL	12/22/2012
<u>Alexander McNulty-Romaguera</u>	Long Jump	13-09.75	<u>McQuaid</u> <u>Jesuit</u>	A RCAC	Monroe County League	01/18/2013
<u>Patrick Dela Cruz</u>	Long Jump	13-09.00	<u>McQuaid</u> <u>Jesuit</u>	A RCAC	SubVar Champs	01/12/2013
<u>Tommy Betters</u>	Long Jump	12-05.50	<u>McQuaid</u> <u>Jesuit</u>	A RCAC	RWTL-groups CENTRAL	12/22/2012
<u>Michael Buckley</u>	Long Jump	10-11.50	<u>McQuaid</u> <u>Jesuit</u>	A RCAC	RWTL JV-Mod	01/04/2013

V- L <u>David Ingraham</u>	55m	00:07.02	<u>McQuaid</u> <u>Jesuit</u>	A RCAC	Var Only - BDF	01/11/2013
V- WF <u>Amari Lawrence</u>	55m	00:07.15	<u>McQuaid</u> <u>Jesuit</u>	A RCAC	RWTL-groups CENTRAL	12/15/2012
M- WF <u>Atiba McClaren</u>	55m	00:07.24	<u>McQuaid</u> <u>Jesuit</u>	A RCAC	Var Only - BDF	01/11/2013
V= WF <u>Cameron Serapilo-Frank</u>	55m	00:07.34	<u>McQuaid</u> <u>Jesuit</u>	A RCAC	RWTL-groups CENTRAL	12/15/2012
M= WF <u>Sampson Ngo</u>	55m	00:07.47	<u>McQuaid</u> <u>Jesuit</u>	A RCAC	SUNY Brockport Invit	02/02/2013
M= WF <u>Bobby Wynne</u>	55m	00:07.48	<u>McQuaid</u> <u>Jesuit</u>	A RCAC	SUNY Brockport Invit	02/02/2013
<u>Will Haydanek</u>	55m	00:07.56	<u>McQuaid</u> <u>Jesuit</u>	A RCAC	RWTL JV-Mod	01/04/2013
<u>Patrick Dela Cruz</u>	55m	00:07.82	<u>McQuaid</u> <u>Jesuit</u>	A RCAC	RWTL JV-Mod	01/04/2013
<u>Eric Veltre</u>	55m	00:07.88	<u>McQuaid</u> <u>Jesuit</u>	A RCAC	RWTL-groups CENTRAL	12/22/2012
<u>Nick Tomaino</u>	55m	00:08.00	<u>McQuaid</u> <u>Jesuit</u>	A RCAC	RWTL JV-Mod	01/04/2013
<u>Casey Stephenson</u>	55m	00:08.05	<u>McQuaid</u> <u>Jesuit</u>	A RCAC	RWTL-groups CENTRAL	12/15/2012

<u>Dakwan Bonnick Tomlinson</u>	55m	00:08.19	<u>McQuaid Jesuit</u>	A RCAC RWTL-groups CENTRAL	12/22/2012
<u>Ethan Ingraham</u>	55m	00:08.22	<u>McQuaid Jesuit</u>	A RCAC SubVar Champs	01/12/2013
<u>Luke Azatassou</u>	55m	00:08.33	<u>McQuaid Jesuit</u>	A RCAC Monroe County League	01/18/2013
<u>Tommy Howe</u>	55m	00:08.37	<u>McQuaid Jesuit</u>	A RCAC Monroe County League	01/18/2013
<u>Tommy Betters</u>	55m	00:08.47	<u>McQuaid Jesuit</u>	A RCAC RWTL- ABC	12/28/2012
<u>Zach Anderson</u>	55m	00:08.52	<u>McQuaid Jesuit</u>	A RCAC SubVar Champs	01/12/2013
<u>Andres Perez</u>	55m	00:08.73	<u>McQuaid Jesuit</u>	A RCAC RWTL JV-Mod	01/04/2013
<u>Jordan Pappas</u>	55m	00:08.86	<u>McQuaid Jesuit</u>	A RCAC RWTL JV-Mod	01/04/2013
<u>Max Talsania</u>	55m	00:09.86	<u>McQuaid Jesuit</u>	A RCAC RWTL JV-Mod	01/04/2013

<u>Atiba McClaren</u>	55m Hurdles	00:08.94 A	<u>McQuaid Jesuit</u>	A RCAC Section-V-AB	02/16/2013
<u>Amari Lawrence</u>	55m Hurdles	00:09.11 P	<u>McQuaid Jesuit</u>	A RCAC RWTL - Snowflake	02/09/2013
<u>A.J. Stuver</u>	55m Hurdles	00:09.48 P	<u>McQuaid Jesuit</u>	A RCAC Rochester Relays- AB	01/26/2013
<u>Alexander McNulty-Romaguera</u>	55m Hurdles	00:10.71	<u>McQuaid Jesuit</u>	A RCAC Monroe County League	01/18/2013

<u>David Ingraham</u>	300m	36.61 A	<u>McQuaid Jesuit</u>	A RCAC Section-V-AB	02/16/2013
<u>Atiba McClaren</u>	300m	00:38.83 P	<u>McQuaid Jesuit</u>	A RCAC RWTL - Snowflake	02/09/2013
<u>Austin Peters</u>	300m	00:39.59 P	<u>McQuaid Jesuit</u>	A RCAC RWTL-groups CENTRAL	12/15/2012
<u>Cameron Serapilo-Frank</u>	300m	00:39.76 P	<u>McQuaid Jesuit</u>	A RCAC Monroe County League	01/18/2013
<u>Amari Lawrence</u>	300m	00:40.41	<u>McQuaid Jesuit</u>	A RCAC SUNY Brockport Invit	02/02/2013

V-L	<u>Jake Hart-Predmore</u>	300m	00:40.98	<u>McQuaid</u> <u>Jesuit</u>	A RCAC RWTL- ABC	12/28/2012
	<u>Maurice Ragland II</u>	300m	00:41.48	<u>McQuaid</u> <u>Jesuit</u>	A RCAC SUNY Brockport Invit	02/02/2013
	<u>Patrick Lozy-Lester</u>	300m	00:42.02	<u>McQuaid</u> <u>Jesuit</u>	A RCAC RWTL-groups CENTRAL	12/22/2012
	<u>Bobby Wynne</u>	300m	00:42.79	<u>McQuaid</u> <u>Jesuit</u>	A RCAC Var Only - BDF	01/11/2013
	<u>Sampson Ngo</u>	300m	00:42.81	<u>McQuaid</u> <u>Jesuit</u>	A RCAC SUNY Brockport Invit	02/02/2013
	<u>Will Haydanek</u>	300m	00:43.81	<u>McQuaid</u> <u>Jesuit</u>	A RCAC RWTL-groups CENTRAL	12/22/2012
	<u>Joseph Farnsworth</u>	300m	00:44.04	<u>McQuaid</u> <u>Jesuit</u>	A RCAC SubVar Champs	01/12/2013
	<u>Nick Caterisano</u>	300m	00:45.45	<u>McQuaid</u> <u>Jesuit</u>	A RCAC RWTL JV-Mod	01/04/2013
	<u>Eric Veltre</u>	300m	00:45.63	<u>McQuaid</u> <u>Jesuit</u>	A RCAC SubVar Champs	01/12/2013
	<u>Griffin Rapp</u>	300m	00:46.61	<u>McQuaid</u> <u>Jesuit</u>	A RCAC RWTL-groups CENTRAL	12/15/2012
	<u>Ethan Ingraham</u>	300m	00:46.76	<u>McQuaid</u> <u>Jesuit</u>	A RCAC SubVar Champs	01/12/2013
	<u>Patrick Dela Cruz</u>	300m	00:47.76	<u>McQuaid</u> <u>Jesuit</u>	A RCAC RWTL-groups CENTRAL	12/22/2012
	<u>Tommy Howe</u>	300m	00:48.17	<u>McQuaid</u> <u>Jesuit</u>	A RCAC SubVar Champs	01/12/2013
	<u>Robert Quist</u>	300m	00:48.80	<u>McQuaid</u> <u>Jesuit</u>	A RCAC RWTL- ABC	12/28/2012
	<u>Patrick Ekeren</u>	300m	00:48.82	<u>McQuaid</u> <u>Jesuit</u>	A RCAC RWTL-groups CENTRAL	12/22/2012
	<u>Andres Perez</u>	300m	00:49.82	<u>McQuaid</u> <u>Jesuit</u>	A RCAC SubVar Champs	01/12/2013
	<u>Luke Azatassou</u>	300m	00:50.72	<u>McQuaid</u> <u>Jesuit</u>	A RCAC RWTL- ABC	12/28/2012
	<u>Tommy Betters</u>	300m	00:50.75	<u>McQuaid</u> <u>Jesuit</u>	A RCAC RWTL- ABC	12/28/2012
	<u>Jordan Pappas</u>	300m	00:50.82	<u>McQuaid</u> <u>Jesuit</u>	A RCAC RWTL-groups CENTRAL	12/22/2012
	<u>Alexander McNulty- Romaguera</u>	300m	00:52.14	<u>McQuaid</u> <u>Jesuit</u>	A RCAC RWTL-groups CENTRAL	12/15/2012
	<u>Paul Laukaitis</u>	300m	00:52.35	<u>McQuaid</u> <u>Jesuit</u>	A RCAC RWTL-groups CENTRAL	12/15/2012

	<u>Austin Peters</u>	600m	01:23.66 A	<u>McQuaid</u> <u>Jesuit</u>	A RCAC Section-V-AB	02/16/2013
V-S	<u>Nate Howe</u>	600m	01:26.35 A	<u>McQuaid</u> <u>Jesuit</u>	A RCAC SUNY Brockport Invit	02/02/2013
V-L	<u>Michael Sullivan</u>	600m	01:27.20 A	<u>McQuaid</u> <u>Jesuit</u>	A RCAC SUNY Brockport Invit	02/02/2013
	<u>A.J. Stuver</u>	600m	01:30.13 A	<u>McQuaid</u> <u>Jesuit</u>	A RCAC Section-V-AB	02/16/2013
	<u>Jake Hart-Predmore</u>	600m	01:30.48 P	<u>McQuaid</u> <u>Jesuit</u>	A RCAC RWTL - Snowflake	02/09/2013
	<u>David Ingraham</u>	600m	01:30.73 P	<u>McQuaid</u> <u>Jesuit</u>	A RCAC Monroe County League	01/18/2013
V-WF	<u>Nick Ciolkowski</u>	600m	01:31.03 P	<u>McQuaid</u> <u>Jesuit</u>	A RCAC RWTL- ABC	12/28/2012
V-S	<u>Matt Brien</u>	600m	01:33.23 P	<u>McQuaid</u> <u>Jesuit</u>	A RCAC RIT Tiger Inv	01/05/2013
	<u>Tommy Alvermann</u>	600m	01:34.17	<u>McQuaid</u> <u>Jesuit</u>	A RCAC RWTL- ABC	12/28/2012
	<u>Patrick Lozy-Lester</u>	600m	01:35.69	<u>McQuaid</u> <u>Jesuit</u>	A RCAC Var Only - BDF	01/11/2013
	<u>Andy Hamilton</u>	600m	01:36.41	<u>McQuaid</u> <u>Jesuit</u>	A RCAC RWTL-groups CENTRAL	12/15/2012
	<u>Joseph Farnsworth</u>	600m	01:39.97	<u>McQuaid</u> <u>Jesuit</u>	A RCAC SUNY Brockport Invit	02/02/2013
	<u>Nick Caterisano</u>	600m	01:40.50	<u>McQuaid</u> <u>Jesuit</u>	A RCAC RWTL- ABC	12/28/2012
	<u>Luke Curran</u>	600m	01:42.18	<u>McQuaid</u> <u>Jesuit</u>	A RCAC RWTL- ABC	12/28/2012
	<u>Nick Tomaino</u>	600m	01:42.60	<u>McQuaid</u> <u>Jesuit</u>	A RCAC RWTL- ABC	12/28/2012
	<u>Matt Ciolkowski</u>	600m	01:47.89	<u>McQuaid</u> <u>Jesuit</u>	A RCAC RWTL-groups CENTRAL	12/15/2012
	<u>Zach Anderson</u>	600m	01:50.94	<u>McQuaid</u> <u>Jesuit</u>	A RCAC RWTL- ABC	12/28/2012
	<u>Andres Perez</u>	600m	01:51.90	<u>McQuaid</u> <u>Jesuit</u>	A RCAC RWTL-groups CENTRAL	12/15/2012
	<u>Patrick Dela Cruz</u>	600m	01:53.24	<u>McQuaid</u> <u>Jesuit</u>	A RCAC Monroe County League	01/18/2013
	<u>Ethan Ingraham</u>	600m	01:54.49	<u>McQuaid</u> <u>Jesuit</u>	A RCAC RWTL-groups CENTRAL	12/15/2012
	<u>Alexander McNulty-Romaguera</u>	600m	01:55.69	<u>McQuaid</u> <u>Jesuit</u>	A RCAC RWTL-groups CENTRAL	12/15/2012

<u>Tommy Betters</u>	600m	01:55.88	<u>McQuaid</u> <u>Jesuit</u>	A RCAC RWTL-groups CENTRAL	12/15/2012
<u>Patrick Ekeren</u>	600m	02:02.15	<u>McQuaid</u> <u>Jesuit</u>	A RCAC RWTL JV-Mod	01/04/2013
<u>Joey Deorr</u>	600m	02:03.54	<u>McQuaid</u> <u>Jesuit</u>	A RCAC RWTL JV-Mod	01/04/2013
<u>Nick Bongfiglio</u>	600m	02:07.48	<u>McQuaid</u> <u>Jesuit</u>	A RCAC RWTL-groups CENTRAL	12/15/2012
<u>Max Talsania</u>	600m	02:15.71	<u>McQuaid</u> <u>Jesuit</u>	A RCAC RWTL-groups CENTRAL	12/15/2012

<u>Michael Sullivan</u>	1000m	02:35.33 A	<u>McQuaid</u> <u>Jesuit</u>	A RCAC RWTL - Snowflake	02/09/2013
<u>Austin Peters</u>	1000m	02:38.67 A	<u>McQuaid</u> <u>Jesuit</u>	A RCAC RWTL- ABC	12/28/2012
<u>Nate Howe</u>	1000m	02:39.65 A	<u>McQuaid</u> <u>Jesuit</u>	A RCAC RIT Tiger Inv	01/05/2013
<u>Nick Ciolkowski</u>	1000m	02:44.99 A	<u>McQuaid</u> <u>Jesuit</u>	A RCAC SUNY Brockport Invit	02/02/2013
<u>A.J. Stuver</u>	1000m	02:47.15 A	<u>McQuaid</u> <u>Jesuit</u>	A RCAC RWTL - Snowflake	02/09/2013
V-S <u>Tommy Alvermann</u>	1000m	02:53.29 P	<u>McQuaid</u> <u>Jesuit</u>	A RCAC RIT Tiger Inv	01/05/2013
V-S <u>Chris Helber</u>	1000m	02:53.50 P	<u>McQuaid</u> <u>Jesuit</u>	A RCAC Section-V-AB	02/16/2013
<u>Javi Perez</u>	1000m	02:56.25	<u>McQuaid</u> <u>Jesuit</u>	A RCAC RWTL- ABC	12/28/2012
<u>Luke Curran</u>	1000m	03:01.18	<u>McQuaid</u> <u>Jesuit</u>	A RCAC SUNY Brockport Invit	02/02/2013
<u>Patrick Lozy-Lester</u>	1000m	03:01.57	<u>McQuaid</u> <u>Jesuit</u>	A RCAC Monroe County League	01/18/2013
<u>Matt Brien</u>	1000m	03:02.80	<u>McQuaid</u> <u>Jesuit</u>	A RCAC Monroe County League	01/18/2013
<u>Nick Caterisano</u>	1000m	03:12.03	<u>McQuaid</u> <u>Jesuit</u>	A RCAC RWTL- ABC	12/28/2012
<u>Greg Farnsworth</u>	1000m	03:15.08	<u>McQuaid</u> <u>Jesuit</u>	A RCAC Var Only - ABC - ONE EVEN	01/04/2013
<u>Andres Perez</u>	1000m	03:15.88	<u>McQuaid</u> <u>Jesuit</u>	A RCAC RWTL-groups CENTRAL	12/22/2012
<u>Michael</u>	1000m	03:15.88	<u>McQuaid</u>	A RCAC RWTL-groups	12/22/2012

<u>Buckley</u>			<u>Jesuit</u>	CENTRAL	
<u>Joseph Farnsworth</u>	1000m 03:26.21		<u>McQuaid</u> <u>Jesuit</u>	A RCAC RWTL-groups CENTRAL	12/15/2012
<u>Zach Anderson</u>	1000m 03:28.94		<u>McQuaid</u> <u>Jesuit</u>	A RCAC SubVar Champs	01/12/2013
<u>Nick Bongfiglio</u>	1000m 03:46.31		<u>McQuaid</u> <u>Jesuit</u>	A RCAC RWTL-groups CENTRAL	12/22/2012
<u>Max Talsania</u>	1000m 04:07.90		<u>McQuaid</u> <u>Jesuit</u>	A RCAC SubVar Champs	01/12/2013
<u>William Lynch</u>	1000m 04:08.38		<u>McQuaid</u> <u>Jesuit</u>	A RCAC Monroe County League	01/18/2013

<u>Nate Howe</u>	1600m 04:33.82	<u>McQuaid</u> <u>Jesuit</u>	A RCAC Section-V-AB	02/16/2013
<u>Austin Peters</u>	1600m 04:38.21	<u>McQuaid</u> <u>Jesuit</u>	A RCAC Monroe County League	01/18/2013
<u>Nick Ciolkowski</u>	1600m 04:38.67	<u>McQuaid</u> <u>Jesuit</u>	A RCAC Monroe County League	01/18/2013
<u>Matt Brien</u>	1600m 04:42.28	<u>McQuaid</u> <u>Jesuit</u>	A RCAC Section-V-AB	02/16/2013
<u>Michael Sullivan</u>	1600m 04:44.25	<u>McQuaid</u> <u>Jesuit</u>	A RCAC Monroe County League	01/18/2013
<u>A.J. Stuver</u>	1600m 04:46.40	<u>McQuaid</u> <u>Jesuit</u>	A RCAC Monroe County League	01/18/2013
<u>Tommy Alvermann</u>	1600m 04:54.05	<u>McQuaid</u> <u>Jesuit</u>	A RCAC Monroe County League	01/18/2013
V-S <u>Andy Hamilton</u>	1600m 04:55.16	<u>McQuaid</u> <u>Jesuit</u>	A RCAC RWTL-groups CENTRAL	12/22/2012
V-W <u>Javi Perez</u>	1600m 04:59.10	<u>McQuaid</u> <u>Jesuit</u>	A RCAC RWTL-groups CENTRAL	12/22/2012
<u>Chris Helber</u>	1600m 05:10.34	<u>McQuaid</u> <u>Jesuit</u>	A RCAC SUNY Brockport Invit	02/02/2013
<u>Jake Hart-Predmore</u>	1600m 05:13.83	<u>McQuaid</u> <u>Jesuit</u>	A RCAC RWTL-groups CENTRAL	12/15/2012
<u>Greg Farnsworth</u>	1600m 05:15.82	<u>McQuaid</u> <u>Jesuit</u>	A RCAC SUNY Brockport Invit	02/02/2013
<u>Nick Caterisano</u>	1600m 05:19.61	<u>McQuaid</u> <u>Jesuit</u>	A RCAC RWTL-groups CENTRAL	12/22/2012
<u>Luke Curran</u>	1600m 05:20.85	<u>McQuaid</u> <u>Jesuit</u>	A RCAC RWTL- ABC	12/28/2012

<u>Nick Tomaino</u>	1600m	05:24.26	<u>McQuaid</u> <u>Jesuit</u>	A RCAC JV-Mod	01/25/2013
<u>Joey Deorr</u>	1600m	05:45.87	<u>McQuaid</u> <u>Jesuit</u>	A RCAC SubVar Champs	01/12/2013
<u>Andres Perez</u>	1600m	05:49.15	<u>McQuaid</u> <u>Jesuit</u>	A RCAC RWTL- ABC	12/28/2012
<u>Jack Taylor</u>	1600m	05:53.26	<u>McQuaid</u> <u>Jesuit</u>	A RCAC RWTL-groups CENTRAL	12/22/2012
<u>Joseph Farnsworth</u>	1600m	05:53.29	<u>McQuaid</u> <u>Jesuit</u>	A RCAC RWTL-groups CENTRAL	12/22/2012
<u>Zach Anderson</u>	1600m	05:54.10	<u>McQuaid</u> <u>Jesuit</u>	A RCAC JV-Mod	01/25/2013
<u>Jordan Pappas</u>	1600m	06:04.23	<u>McQuaid</u> <u>Jesuit</u>	A RCAC RWTL-groups CENTRAL	12/22/2012
<u>Nick Bongfiglio</u>	1600m	06:19.83	<u>McQuaid</u> <u>Jesuit</u>	A RCAC Monroe County League	01/18/2013

V- WF	<u>Nick Ciolkowski</u>	3200m	09:50.07 A	<u>McQuaid</u> <u>Jesuit</u>	A RCAC Section-V-AB	02/16/2013
	<u>Nate Howe</u>	3200m	09:52.67 A	<u>McQuaid</u> <u>Jesuit</u>	A RCAC RWTL - Snowflake	02/09/2013
	<u>Michael Sullivan</u>	3200m	10:06.83 A	<u>McQuaid</u> <u>Jesuit</u>	A RCAC Rochester Relays- AB	01/26/2013
	<u>A.J. Stuver</u>	3200m	10:22.72 A	<u>McQuaid</u> <u>Jesuit</u>	A RCAC Var Only - BDF	01/11/2013
	<u>Javi Perez</u>	3200m	10:31.26 P	<u>McQuaid</u> <u>Jesuit</u>	A RCAC RIT Tiger Inv	01/05/2013
	<u>Andy Hamilton</u>	3200m	10:37.63 P	<u>McQuaid</u> <u>Jesuit</u>	A RCAC RIT Tiger Inv	01/05/2013
	<u>Matt Brien</u>	3200m	10:39.61 P	<u>McQuaid</u> <u>Jesuit</u>	A RCAC Var Only - BDF	01/11/2013
	<u>Tommy Alvermann</u>	3200m	10:51.56 P	<u>McQuaid</u> <u>Jesuit</u>	A RCAC Var Only - BDF	01/11/2013
	<u>Austin Peters</u>	3200m	10:51.92 P	<u>McQuaid</u> <u>Jesuit</u>	A RCAC Var Only - BDF	01/11/2013
	<u>Nick Tomaino</u>	3200m	11:38.51	<u>McQuaid</u> <u>Jesuit</u>	A RCAC RWTL-groups CENTRAL	12/15/2012
	<u>Luke Curran</u>	3200m	11:39.25	<u>McQuaid</u> <u>Jesuit</u>	A RCAC SubVar Champs	01/12/2013