

TRACK AND FIELD

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# Royal Comets take off

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Rush-Henrietta sophomore Lanae-Tava Thomas could see big things for herself in track and field years into the future.

That bright future may be ahead of her schedule, as Section V's fastest sprinter among high school girls is on the national scene now.

Thomas won three events Thursday night during the Section V Class A/B Indoor Track Championships, including a record long jump at Rochester Institute of Technology during another dominant performance by the Rush-Henrietta girls team.

A jump of 20 feet, 2 1/2 inches by Thomas topped the Section V record she set Jan. 16 at The College at Brockport during the Trent Jackson/Cedric Walker Invitational. She also ran the 55-meter dash in 6.95 seconds and triple-jumped 36-1/2, which are short of earlier performances that has her on top of the area's leaderboard.

Thomas set the 55 girls sectional record of 6.90 on Dec. 30 at Houghton College. That is No. 1 in the nation, according to DyeStat.com.

"It's really fun," Thomas said. "I didn't expect to do this good, this year. I was thinking maybe junior year, maybe senior year. To do this as a sophomore is really fun."



Rush-Henrietta's Lanae-Tava Thomas long jumps 20 feet, 2 1/2 inches to set a Section V record during the Class A and B sectional finals Thursday at Rochester Institute of Technology.

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Schroeder. **Individuals: 55:** 1. Lanae-Tava Thomas (R-H) 6.95, 2. Tori Thompson (R-H) 7.24, 3. Hallie Buddendeck (WTh) 7.47. **300:** 1. Tori Thompson (R-H) 41.42, 2. Amber Daley (R-H) 43.45, 3. Stefani Teglash (Pen) 43.48. **600:** 1. Sinead Sargeant (Fair) 1:41.03, 2. Erika Tillotson (Vic) 1:42.14, 3. Taylor Alloco (Hil) 1:42.77. ) **HH1,000:** 1. Sammy Watson (R-H) 2:56.08, 2. Natalie Neamtu (WTh) 3:01.39, 3. Lexi Peters (R-H) 3:12.88). **1,500:** 1. Sammy Watson (R-H) 4:45.46, 2. Natalie Neamtu (WTh) 4:52.58, 3. Claire Miller (Pen) 5:05.83. **3,000:** 1. Amanda Vestri (WTh) 10:27.04, 2. Ellie Songer (WTh) 10:43.39, 3. Haley Arguein (C-C) 10:38.93. **1,500 racewalk:** 1. Ellie Pauly (Hil) 7:31.47, 2. Chloe Messoro (Hil) 7:47.35, 3. Payton Yelle (Pen) 8:17.00. **55 hurdles:** 1. Amaya Morrow (Hil) 8.99, 2. Ellie Ramirez (R-H) 9.18, 3. Isabel Moll (Fair) 9.39. **Pole vault:** 1. **Long jump:** 1. Lanae-Tava Thomas (R-H) 20-2 1/2 (Sec. V record), 2. Amber Daley (R-H) 17-3 1/2, 3. Tori Thompson (R-H) 16-11 1/4. 1. **High jump:** 1. Rebecca Roth (Vic) 5-3, 2. Sarah Killip (WSch) 5-1, 3. Jordan Silver (Pen) 4-10. **Shot put:** 1. Leah Hulbert (R-H), 2. Emily Riley (R-H) 32-1, 3. Nijah Smith (Pen) 31-6. **Class B Boys/Teams:** Greece Arcadia, Pittsford Mendon, Brighton, Eastridge, Brockport, Canandaigua, Spencerport, Wilson Magnet, Irondequoit, Greece Athena, Pittsford Sutherland. **Individuals: 55:** 1. Kelly Brown (Wil) 6.46, 2. Dakari Brown (Eastr) 6.61, 3. Xavier McGee (GArc) 6.69. **300:** 1. Jon Brown (Can) 36.82, 2. Kesean Haten (Wil) 36.88, 3. Massie Scott (Eastr) 36.98. **600:** 1. Henry Burton (PMen) 1:27.65, 2. Justin Schramm (GArc) 1:28.95, 3. Chris Luther (GArc) 1:30.45. **1,000:** 1. Justin Schramm (GArc) 2:38.22, 2. Alec Andrews (GAth) 2:39, 3. Shane Pease (GAth) 2:43.53. **1,600:** 1. Paul Dellinger (Bri) 4:23.91, 2. Caleb Covell (Eastr) 4:24.67, 3. Isaac Goodman (PMen) 4:25.04. **3,200:** 1. Nathan Lawler (PMen) 10:00.31, 2. Griffin Hess (PMen) 10:09.21, 3. Joshua McCarthy (PMen) 10:10.87. **55 hurdles:** 1. Isaiah Brown (PSuth) 7.62, 2. Jayon Frater (Bro) 7.98, 3. Kelly (Wil) 8.02. **Pole vault:** 1. Ben Twomey (Can) 13-0, 2. Trevor Delly (Eastr) 12-0, 3. Angelo Hutchins (Eastr) 11-6. **Long jump:** 1. Roman Sagan (Spen) 21-6 1/2, 2. Dakari Brown (20-7 3/4), 3. Caleb Howe (Bri) 20-7. **High jump:** 1. Xavier McGee (GArc) 6-3, 2. Devin Woodyard (Bri) 5-6, rest no height. **Shot put:** 1. Vitaly Gurman (Spen) 45-10 1/4, 2. Mike Thompson (Can) 42-5 1/2, 3. Regan Craig (Iron) 40-8 1/2. **3,200 relay:** 1. Webster Thomas 9:57.58, 2. Penfield 10:21.04, 3. Hilton 10:22.67.