

Christine Glavin

From: McQuaid Jesuit [smullen@mcquaid.org]
Sent: Friday, February 26, 2016 3:30 PM
To: Christine Glavin
Subject: McQuaid Jesuit Alumni & Friends Newsletter



Alumni & Friends Newsletter

February 26, 2016



Indoor Track Team Captures Sectional Title

McQuaid Jesuit dominated the competition at the Section V Class A Indoor Track Championships February 18, scoring 127 points, which was 52 points more than the second place team. The Knights were paced by five individual Sectional wins: Senior Donny Glavin in the 3200m, senior Tobi Tella in the long jump and triple jump, and junior Noah Williams in the 55m and 300m. The 4x400m relay team also took home first place. [Click here](#) for more results.

indoor track team brings home mcquaid's 3rd sectional title of the year

McQuaid Jesuit dominated the competition at the Section V Class A Indoor Track Championships on Thursday, February 18th, scoring 127 points. The Knights were paced by 5 individual Sectional champions: senior Donny Glavin in the 3200m, senior Tobi Tella in the long jump and triple jump, and junior Noah Williams in the 55m and 300m. The 4x400m relay team also took home first place. This is McQuaid Jesuit's third Sectional title of the year. Congratulations, gentlemen! Complete results beneath photo.



Section V Championships

At Rochester Institute of Technology

Class A: Boys Results

Teams: 1. McQuaid 127, 2. Rush-Henrietta 75, 3. Webster Thomas 67, 4. Churchville-Chili 47, 5. Penfield 44, 6. Fairport 38, 7. Gates Chili 28, 8. Webster Schroeder 23, 9. Hilton 20, 10. Victor 15, 11. Edison Tech 12.

Individuals: 55 meters: 1. **Noah Williams (McQ) 6.58**, 2. Anthony Brinson (R-H) 6.63, 3. Justice Obasi (R-H) 6.69. 300: 1. **Noah Williams (McQ) 35.43**, 2. Jaquil Baxter (Edison) 35.64, 3. **Daniel Rooney (McQ) 36.01**. 600: 1. Ben Bulkeley (Fair) 1:22.96, 2. Nico Bellavia (Vic) 1:23.24, 3. Lukas Dalfonso (R-H) 1:24.35. 1,000: 1. Mike Mallow (Fair) 2:32.85, 2. Nick Neamtu (WTho) 2:35.07, 3. **Nick Caterisano (McQ)**

2:39.53. 1,600: 1. Brad Farnham (Pen) 4:25.99, 2. **Donny Glavin (McQ) 4:28.90**, 3. Nick Neamtu (WTho) 4:39.86. 3,200: 1. **Donny Glavin (McQ) 9:53.39**, 2. Tyler Senall (Pen) 9:59.34, 3. Stephen Loce (WTho) 10:01.42. 55 hurdles: 1. Max Gloskey (WTho) 7.83, 2. **Atiba McLaren (McQ) 7.96**, 3. Nathan Cannon (GC) 8.55. Pole vault: 1. Jack Smith (WSch) 14-4, 2. Dylan DelConte (GC) 13-0, 3. Dustin Meyer (GC) 12-6. Long jump: 1. **Tobi Tella (McQ) 23-7½**, 2. **Raphael Abel (McQ) 21-10¼**, 3. Kyle Seegler (Pen) 21-4¾. Triple jump: 1. **Tobi Tella (McQ) 47-7**, 2. Trevon Tripp (R-H) 43-3, 3. **Raphael Abel (McQ) 42-5**. High jump: 1. Connor Spiegel (WTho) 6-5, 2. Zachary Kashmer (C-C) 6-4, 3. Kobe Lewis (R-H) 6-0. Shot put: 1. Petro Huley (C-C) 43-1, 2. Thomas Coene (WThos) 40-0, 3. Justin Clayton (Hil) 39-10. Weight throw: 1. Thomas Coene (WTho) 50-2, 2. Tajmon Glasgow (R-H) 43-1, 3. Ethan Woeller (C-C) 42-6. 800 relay 1. Rush-Henrietta 1:33.56, 2. **McQuaid 1:34.86**, 3. Hilton 1:38.43. 1,600 relay 1. **McQuaid 3:32.34**, 2. Churchville-Chili 3:38.49, 3. Rush-Henrietta 3:38.74. 3,200 relay 1. Fairport 8:20.24, 2. **McQuaid 8:27.81**, 3. Penfield 8:31.31.

Rush-Henrietta sophomore Thomas continues to soar



James Johnson, @jjdandc

1:03 a.m. EST February 19, 2016



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(Photo: Jamie Germano/@jgermano1, STAFF PHOTOGRAPHER)

Rush-Henrietta sophomore Lanae-Tava Thomas could see big things for herself in track and field as she grew older.

That bright future may have arrived ahead of her schedule, as Section V's fastest sprinter among high school girls is on the national scene now.

Thomas won three events Thursday night during the Section V Class A/B Indoor Track Championships, including a record long jump at Rochester Institute of Technology during another dominant performance by the Rush-Henrietta girls team.

A jump of 20 feet, 2 1/2 inches by Thomas topped the Section V record she set Jan. 16 at The College at Brockport during the Trent Jackson/Cedric Walker Invitational. (/story/sports/high-school/2016/01/16/sammy-watson-leads-indoor-track-record-breakers/78809110/) She also ran the 55-meter dash in 6.95 seconds and triple-jumped 36-1/2, which are short of earlier performances that have her on top of the area's leaderboard.

Thomas set the 55 girls sectional record of 6.90 on Dec. 30 at Houghton College. That is No. 1 in the nation, according to DyeStat.com. (http://www.dyestat.com/)

"It's really fun," Thomas said. "I didn't expect to do this good, this year. I was thinking maybe junior year, maybe senior year. To do this as a sophomore is really fun.

"It's just my body motivating me to go further than what I actually think I can do. Just doing the workout, then coming here and doing really good lets me know that it's actually working. So, I should just go and do better."



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Rush-Henrietta's Sammy Watson wins the 1,000-meter race with a time of 2:26.08. (Photo: Jamie Germano/@jgermano1, STAFF PHOTOGRAPHER)

Not many individuals have performed better this season than Thomas and junior world outdoor champion Sammy Watson, who won the Class A girls 1,000 and 1,500. They and their Rush-Henrietta teammates have cast a long shadow over other strong performers this winter.

"It's been a good day for R-H," Rush-Henrietta senior sprinter Tori Thompson said as the Royal Comets ran away with the Class A team title with 187 points. "Everyone is (setting personal records), and if not, at least placing (and earning points for the team).

"I think we came here to win. We know we can do it."

Webster Thomas junior Natalie Neamtu finished second to Watson in the Class A 1,000 and 1,500.

"She's going to be out there," Neamtu said as she waved her hand with a smile. "It's been a good year. I've accomplished my main goal, making it to nationals in the Emerging Elite 800 and the mile.

"I kind of tune her out. Today, she kind of dragged me along, so it was helpful. She's a whole another level."

There were times that Fairport senior Michael Mallow was unsure of how he would perform this winter. It's been a tough school year.

"I've been injured all year," he said. "I had a concussion, a torn tendon in my (left) ankle, then I had IT Band syndrome (overuse injury).

"Yeah, it's been a rough year."

Those injuries and that amount of discomfort can put a crimp into training, but there was Mallow winning the Class A 1,000 in a personal-best time of 2:32.85. He also ran a leg on Fairport's first-place 3,200 relay that beat the runner up by about 7.57 seconds.

Now there are plans for Mallow to run in the Emerging Elite division 800 at the national indoor meet in New York City after the state championships.

"I was worried that I wouldn't be able to compete where I wanted to compete," Mallow said. "I knew I'd be racing but I just wasn't sure if it was as well as I wanted to do."

Penfield junior Brad Farnham said he surprised himself during the Class A 1,600, a race he covered in 4:25.99, fast enough to beat McQuaid's Donny Glavin, the Class A 3,200 champion.

"It's a PR by like four or five seconds," Farnham said. "So a big PR. I don't know, I just felt it. Going around the last two laps, I was like, 'All right, I gotta go.' and then Donny passed me. It was, 'All right, I'm not letting him take this."

"He always beats me."

McQuaid senior Tobi Tella leaped to the top of the Section V boys long jump leaderboard when he went out 23-7 ½. Tella also won the Class A triple jump, to join sprinter teammate Noah Williams as a double sectional class individual champion.

Those were part of McQuaid's effort to win the Class A boys team title. Greece Arcadia won the Class B boys team title.

There are two Section V champions at the dinner table of the Morrow family in North Greece.

Amaya Morrow, a sophomore at Hilton, won the Class A girls 55 hurdles in 8.99. Seconds earlier, Alana Morrow, a senior, led a one-two finish doe Mercy when she crossed the finish line after 8.47 seconds in the Class B final.

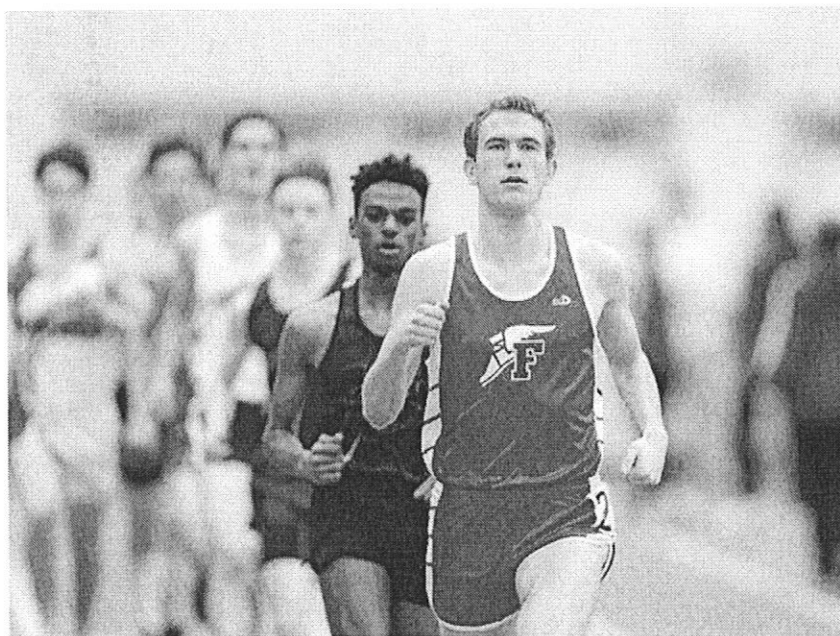
"We were one-two (on the Section V leaderboard) most of the season," Alana Morrow said.

"It feels amazing to win," Amaya Morrow said. "I'm happy I did it with my sister, in her senior year."

Pittsford Sutherland junior Annie Hanna won the Class B girls 300 and and 600. The team title came down to the final event, the girls pole vault, a contest that was in its early stages as of 10:45 p.m.

JAMESJ@DemocratandChronicle.com

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Fairport's Mike Mallow went on to win his heat of the 1,000-meter run with a time of 2:32.85. (Photo: Jamie Germano/@jgermano1, STAFF PHOTOGRAPHER)

Section V Championships

At Rochester Institute of Technology

Class A

Boys

Teams: 1. McQuaid 127, 2. Rush-Henrietta 75, 3. Webster Thomas 67, 4. Churchville-Chili 47, 5. Penfield 44, 6. Fairport 38, 7. Gates Chili 28, 8. Webster Schroeder 23, 9. Hilton 20, 10. Victor 15, 11. Edison Tech 12.

Individuals: 55 meters: 1. Noah Williams (McQ) 6.58, 2. Anthony Brinson (R-H) 6.63, 3. Justice Obasi (R-H) 6.69. **300:** 1. Noah Williams (McQ) 35.43, 2. Jaquil Baxter (Edison) 35.64, 3. Daniel Rooney (McQ) 36.01. **600:** 1. Ben Bulkeley (Fair) 1:22.96, 2. Nico Bellavia (Vic) 1:23.24, 3. Lukas Dalfonso (R-H) 1:24.35. **1,000:** 1. Mike Mallow (Fair) 2:32.85, 2. Nick Neamtu (WThO) 2:35.07, 3. Nick Caterisano (McQ) 2:39.53. **1,600:** 1. Brad Farnham (Pen) 4:25.99, 2. Donny Glavin (McQ) 4:28.90, 3. Nick Neamtu (WThO) 4:39.86. **3,200:** 1. Donny Glavin (McQ) 9:53.39, 2. Tyler Senall (Pen) 9:59.34, 3. Stephen Loce (WThO) 10:01.42. **55 hurdles:** 1. Max Gloskey (WThO) 7.83, 2. Atiba McLaren (McQ) 7.96, 3. Nathan Cannon (GC) 8.55. **Pole vault:** 1. Jack Smith (WSch) 14-4, 2. Dylan DelConte (GC) 13-0, 3. Dustin Meyer (GC) 12-6. **Long jump:** 1. Tobi Tella (McQ) 23-7½, 2. Raphael Abel (McQ) 21-10¼, 3. Kyle Seegler (Pen) 21-4¾. **Triple jump:** 1. Tobi Tella (McQ) 47-7, 2. Trevon Tripp (R-H) 43-3, 3. Raphael Abel (McQ) 42-5. **High jump:** 1. Connor Spiegel (WThO) 6-5, 2. Zachary Kashmer (C-C) 6-4, 3. Kobe Lewis (R-H) 6-0. **Shot put:** 1. Petro Huley (C-C) 43-1, 2. Thomas Coene (WThOs) 40-0, 3. Justin Clayton (Hil) 39-10. **Weight throw:** 1. Thomas Coene (WThO) 50-2, 2. Tajmon Glasgow (R-H) 43-1, 3. Ethan Woeller (C-C) 42-6. **800 relay** 1. Rush-Henrietta 1:33.56, 2. McQuaid 1:34.86, 3. Hilton 1:38.43. **1,600 relay** 1. McQuaid 3:32.34, 2. Churchville-Chili 3:38.49, 3. Rush-Henrietta 3:38.74. **3,200 relay** 1. Fairport 8:20.24, 2. McQuaid 8:27.81, 3. Penfield 8:31.31.

Girls

Teams: 1. Rush-Henrietta 187, 2. Penfield 75, 3. Webster Thomas 63, 4. Hilton 56, 5. Fairport 44, 6. Victor 38, 7. Gates Chili 25, 8. Webster Schroeder 24, 9. Churchville-Chili 15.

Individuals: 55: 1. Lanae-Tava Thomas (R-H) 6.95, 2. Tori Thompson (R-H) 7.24, 3. Hallie Buddendeck (WThO) 7.47. **300:** 1. Tori Thompson (R-H) 41.42, 2. Amber Daley (R-H) 43.45, 3. Stefani Teglash (Pen) 43.48. **600:** 1. Sinead Sargeant (Fair) 1:41.03, 2. Erika Tillotson (Vic) 1:42.14, 3. Taylor Alloco (Hil) 1:42.77. **HH1,000:** 1. Sammy Watson (R-H) 2:56.08, 2. Natalie Neamtu (WThO) 3:01.39, 3. Lexi Peters (R-H) 3:12.88. **1,500:** 1. Sammy Watson (R-H) 4:45.46, 2. Natalie Neamtu (WThO) 4:52.58, 3. Claire Miller (Pen) 5:05.83. **3,000:** 1. Amanda Vestri (WThO) 10:27.04, 2. Ellie Songer (WThO) 10:43.39, 3. Haley Arguein (C-C) 10:38.93. **1,500 racewalk:** 1. Ellie Pauly (Hil) 7:31.47, 2. Chloe Messor (Hil) 7:47.35, 3. Payton Yelle (Pen) 8:17.00. **55 hurdles:** 1. Amaya Morrow (Hil) 8.99, 2. Ellie Ramirez (R-H) 9.18, 3. Isabel Moll (Fair) 9.39. **Pole vault:** 1. Erica Ellis (GC) 12-0, 2. Earnie Burapan (Hil) 11-0, 3. Allegra Maxwell (Vic) 10-6. **Long jump:** 1. Lanae-Tava Thomas (R-H) 20-2½ (Sec. V record), 2. Amber Daley (R-H) 17-3½, 3. Tori Thompson (R-H) 16-11¼. **Triple jump:** 1. Lanae-Tava Thomas (R-H) 36-½, 2. Sasha Fowler (R-H) 32-6½, 3. Lina Huynh (C-C) 32-4. **High jump:** 1. Rebecca Roth (Vic) 5-3, 2. Sarah Killip (WSch) 5-1, 3. Jordan Silver (Pen) 4-10. **Shot put:** 1. Leah Hulbert (R-H), 2. Emily Riley (R-H) 32-1, 3. Nijah Smith (Pen) 31-6. **Weight throw:** 1. Rebecca Rock (Pen) 40-1, 2. Leah Hulbert (R-H) 38-4½, 3. Brealie Brown (R-H) 38-2¼. **800 relay:** 1. Rush-Henrietta 1:49.57, 2. Webster Schroeder 1:50.43, 3. Fairport 1:51.57. **1,600 relay:** 1. Rush-Henrietta 4:07.04, 2. Fairport 4:13.48, 3. Victor 4:32.86. **3,200 relay:** 1. Webster Thomas 9:57.58, 2. Penfield 10:21.04, 3. Hilton 10:22.67.

Class B

Boys

Teams: 1. Greece Arcadia 73, 2. Brockport 62, 2. Pittsford Mendon 62, 4. Brighton 61, 5. Eastridge 59, 6. Canandaigua 55, 7. Spencerport 36, 8. Pittsford Sutherland, 9. Wilson Magnet 24, 10. Irondequoit 12, 11. Greece Athena 8.

Individuals: 55: 1. Kelly Brown (Wil) 6.46, 2. Dakari Brown (Eastr) 6.61, 3. Xavier McGee (GArc) 6.69. **300:** 1. Jon Brown (Can) 36.82, 2. Kesean Haton (Wil) 36.88, 3. Massie Scott (Eastr) 36.98. **600:** 1. Henry Burton (PMen) 1:27.65, 2. Justin Schramm (GArc) 1:28.95, 3. Chris Luther (GArc) 1:30.45. **1,000:** 1. Justin Schramm (GArc) 2:38.22, 2. Alec Andrews (GAth) 2:39, 3. Shane Pease (GAth) 2:43.53. **1,600:** 1. Paul Dellinger (Bri) 4:23.91, 2. Caleb Covell (Eastr) 4:24.67, 3. Isaac Goodman (PMen) 4:25.04. **3,200:** 1. Nathan Lawler (PMen) 10:00.31, 2. Griffin Hess (PMen) 10:09.21, 3. Joshua McCarthy (PMen) 10:10.87. **55 hurdles:** 1. Isaiah Brown (PSuth) 7.62, 2. Jayon Frater (Bro) 7.98, 3. Kelly (Wil) 8.02. **Pole vault:** 1. Ben Twomley (Can) 13-0, 2. Trevor Delly (Eastr) 12-0, 3. Angelo Hutchins (Eastr) 11-6. **Long jump:** 1. Roman Sagan (Spen) 21-6½, 2. Dakari Brown (20-7¾), 3. Caleb Howe (Bri) 20-7. **Triple jump:** 1. Isaiah Brown (PSuth) 41-7¾, 2. Micah Walker (Spen) 41-¾, 3. Sagar Sharma (Bri) 40-2¼. **High jump:** 1. Xavier McGee (GArc) 6-3, 2. Devin Woodyard (Bri) 5-6, rest no height. **Shot put:** 1. Vitaly Gurman (Spen) 45-10¼, 2. Mike Thompson (Can) 42-5½, 3. Regan Craig (Iron) 40-8½. **Weight throw:** 1. Ryan Bittel (Can) 44-4, 2. Anthony Kane (GArc) 43-5, 3. Jason LaRuez (GArc) 41-11. **800 relay** 1. Brockport 1:37.90, 2. Canandaigua 1:38.61, 3. Brighton 1:38.84. **1,600 relay** 1. Pittsford Mendon 3:42.98, 2. Spencerport 3:43.88, 3. Eastridge 3:52.37. **3,200 relay** 1. Pittsford Mendon 8:45.72, 2. Brighton 8:46.46, 3. Greece Arcadia 8:53.37.

Girls

Teams: 1. Pittsford Mendon 113, 2. Mercy 107, 3. Canandaigua 66, 4. Greece Arcadia 58, 4. Pittsford Sutherland 58, 6. Brockport 37, 7. Spencerport 30, 8. Greece Athena 18, 9. Wilson Magnet 14, 9. Eastridge 14, 11. Brighton 9.

Individuals: 55: 1. Satin Holmes (Wil) 7:32, 2. Gia Keith (Mer) 7:41, 3. Morgan Femiano (GArc) 7:57. **300:** 1. Annie Hanna (PSuth) 41.05, 2. Vanessa Watson (Spen) 42.27, 3. Grace Dunnigan (PSuth) 42.60. **600:** 1. Annie Hanna (PSuth) 1:38.99, 2. Grace Dunnigan (PSuth) 1:40.70, 3. Vanessa Watson (Spen) 1:40.71.) **HH1,000:** 1. Elyse Barkstrom (PMen) 3:04.74, 2. Charlotte Kurzweil (Mer) 3:10.37, 3. Julia Tomanovich (PMen) 3:16.20. **1,500:** 1. Elyse Barkstrom (PMen) 5:01.32, 2. Shannon Oberst (Bri) 5:03.45, 3. Charlotte Kurzweil (Mer) 5:10.79. **3,000:** 1. Katie Cobos (Can) 10:52.65, 2. Rebecca Preisser (PSuth) 11:01.92, 3. Meredith Morse (PSuth) 11:02.46. **1,500 racewalk:** 1. Remziye Erdogan (Spen) 7:44.77, 2. Grace Vangorder (Can) 8:09.86, 3. Bernadette Hayes (Mer) 8:26.97. **55 hurdles:** 1. Alana Morrow (Mer) 8.47, 2. Emily Wade (Mer) 8.53, 3. China Dimgba (GAth) 8.61. **Pole vault:** 1. Lily Hoyser (PMen) 9-6, 2. Medline Pizzo (Mercy) 9-0, 2. Enricah Roncone (PMen) 9-0. **Long jump:** 1. Emily Wade (Mer) 17-7¼, 2. Makayla Binter (GArc) 17-3¼, 3. Asia McInnis (GArc) 16-9. **Triple jump:** 1. Asia McGinnis (GArc) 37-4¼, 2. Colleen Eckl (PMen) 35-1¼, Abby McGahey (Can) 34-8. **High jump:** 1. Asia McGinnis (GArc) 5-4, 2. Jenna Berry (PSuth) 5-3, 3. Jessica DeJesus (GArc) 5-1. **Shot put:** 1. Rachel Richenberg (Can) 34-3, 2. Lily Robinson (Bro) 33-11, 3. Madeline Pizzo (Mer) 33-9. **Weight throw:** 1. Asia Hoyte (PMen) 39-4, 2. Rachel Richenberg (Can) 39-3¼, 3. Brianna Young (Bro) 35-6¼. **800 relay:** 1. Mercy 1:48.58, 2. Brockport 1:52.97, 3. Greece Athena 1:54.10. **1,600 relay:** 1. Pittsford Sutherland 4:14.5, 2. Eastridge 4:20.21, 3. Mercy 4:30.04. **3,200 relay:** 1. Pittsford Mendon 10:04.37, 2. Mercy 10:09.27, 3. Canandaigua 11:02.40.

Class C

Boys

Team scores: 1. Greece Olympia, 125; 2. Batavia, 105.5; 3. University Prep, 57; 4. Aquinas, 44.5; 5. Palmyra-Macedon, 43; 6. Wayne, 30; 6. Franklin, 30; 8. Newark, 18; 9. Waterloo, 15; 10. Wayland-Cohocton, 10; 11. Livonia, 6; 11. School of the Arts, 6; 11. Bath, 6; 14. Greece Odyssey, 1.

55 meter dash: 1. Tremaine Moore (Olympia) 6.51; 2. Anthony Smith (UPrep) 6.63; 3. Elijah Mannigault (UPrep) 6.63; **55 hurdles:** 1. Warren Carter (Aquinas) 7.88; 2. Alpha Barry (Olympia) 8.00; 3. Andy Allen (Olympia) 8.12; **300:** 1. Smith (UPrep) 35.78; 2. Shane Presley (Olympia) 37.01; 3. Jaysen Wylie (Batavia) 37.26 **600:** 1. Eddie Ely (Pal-Mac) 1:23.57; 2. Tanner Frieda (Wayne) 1:26.57; 3. Kydani Chaparro (Franklin) 1:28.21; **1,000:** 1. Ely (Olympia) 2:39.37; 2. Cal Jantzi (Batavia) 2:43.65; 3. Louis Leone (Batavia) 2:44.88; **800 relay:** 1. Greece Olympia-A (Kagde, Brumfield, McCleary, Presley, Taylor, Allen) 1:36.57; 2. Franklin-A (Chaparro, Perez, Seay, Owens, Martinez, Gonzalez) 1:36.91; 3. Batavia (Gallo, Baker, Bieniek, McEwan, St. John, Iburi-Bethel) 1:37.63; **1,600:** 1. Alex Vandermolen (Pal-Mac) 4:45.21; 2. Freida (Wayne) 4:50.63; 3. Jordan Cash-Rawleigh (Bath) 4:50.95; **1,600 relay:** **3,200:** University Prep-A (Miller, Smith, Mannigault, Jones, Murphy, Jones) 3:38.73; 2. Wayne-A (Frieda, Scholz, Harrington, Cohan, Heintzelman, Higgins) 3:43.32; 3. Batavia-A (Ciociola, Andersen, Cunningham, Whitescarver Gaus, Hughes) 3:48.03; **3,200 relay:** 1. Palmyra-Macedon-A (Vandermolen, Alex, Eckler, Ely, Perrotte, Delehanty) 8:46.98; 2. Greece Olympia-A (Dowdell, Jogi, Hartman, Mohammad, Ward, Brar) 9:00.42; 3. Newark-A (Vandermortel, Nower, Custer, Correia, Anglin, Hilfiker) 9:01.06; **Long jump:** 1. Moore (Olympia) 22-04; 2. Barry (Olympia) 22-03; 3. Kelvin Knight (Aquinas) 21-10.5; **Triple jump:** 1. Lucky Edwards (UPrep) 43-03.75; 2. Barry (Olympia) 43-01; 3. Zion Ponder (SOTA) 43-00; **Pole vault:** 1. Terry Taylor (Olympia) 12-06; 2. Campbell Andersen (Batavia) 10-06; 3. Josh Quatella (Aquinas) 10-06; **High jump:** 1. Denaus Seay (Franklin) 6-01; 2. Moore (Olympia) 6-00; 3. Allen (Olympia) 5-10; **Shot put:** 1. Anthony Ray (Batavia) 47-05; 2. Aaron Rodriguez (Aquinas) 44-01.5; 3. Joe Oriel (Olympia) 42-06.25; **Weight throw:** 1. Ray (Batavia) 53-09; 2. Rodriguez (Aquinas) 49-07; 3. Ian SanFratello (Batavia) 43-00.25.

Girls

Team scores: 1. Batavia, 154; 2. Wayland-Cohocton, 67; 3. Palmyra-Macedon, 64; 4. Waterloo, 35; 4. Aquinas, 35; 6. Greece Olympia, 32; 7. Livonia, 28; 7. Midlakes, 28; 9. Franklin, 22; 10. Dansville, 19; 11. Hornell, 14; 12. Wayne, 9; 13. School of the Arts, 8; 14. Bath, 7; 15. Newark, 4.

55: 1. Ny'Shaya Henderson (Franklin) 7.35; 2. Travasia Singletary (Aquinas) 7.43; 3. Kiaya Franklin (Batavia) 7.55; **55 hurdles:** 1. Aubrianna Lantrip (Midlakes) 9.1; 2. Leah Whiteman (Dansville); 3. Elizabeth Cohen (Batavia) 9.79; **300:** 1. Madison Lewis (Way-Co) 41.10; 2. Singletary (Aquinas) 41.48; 3. Franklin (Batavia) 42.01; **600:** 1. Lewis (Way-Co) 1:39.10; 2. Claire Zickl (Batavia) 1:44.22; 3. Briana Bromley (Batavia) 1:44.25; **800 relay:** 1. Aquinas-A (Dade, Singletary, Leslie, Villarubbia, Allen, Bernard) 1:52.09; 2. Franklin-A (Baker, Daniels, Henderson, Jones, Small, Rounds) 1:52.48; **1,000:** 1. Hayleigh Palotti (Livonia) 3:11.54; 2. Curtin (Way-Co) 3:14.93; 3. Sophia Dinehard (Batavia) 3:14.93; **1,500 race walk:** 1. Madison Moore (Batavia) 8:23.28; 2. Paige Wasilewski (Batavia) 8:31.59; 3. McKenna Miller (Pal-Mac) 8:44.59; **1,600 relay:** 1. Wayland-Cohocton-A (Quackenbush, Page, Hammers, Chapman) 4:15.44; 2. Batavia-A (Dinehart, Henrici, Zickl, Franklin, Nichols, Moore) 4:17.10; 3. Palmyra-Macedon-A (Hammond, Hofer, Jones, Graham, Desain, Hutton) 4:36.45; **3,000:** 1. Meghan Curtin (Way-Co) 11:22.70; 2. Clarissa Hensler (Livonia) 11:27.18; 3. Sennett Turner (Waterloo) 11:35.50; **3,200 relay:** 1. Palmyra-Macedon-A (Hurlbut, May, Sciandra, Graham, Hofer, Jones) 10:29.74; 2. Waterloo-A (Page, Page, Shangraw, Turner, Corey, Cronberger) 11:06.94; 3. Batavia-A (Cecere, Bromley, Finkney, Nichols, Murray, Wasilewski) 11:16.66; **Long jump:** 1. Dasia Barclay (Olympia) 17-10; 2. Shana Spinks (SOTA) 17-01.25; 3. Brianna Williams (Olympia) 17-00.5; **Triple jump:** 1. Barclay (Olympia) 36-05.5; 2. Lantrip (Midlakes) 35-04.5; 3. Cohen (Batavia) 34-00; **Pole vault:** 1. Rachel Denise (Batavia) 8-06; 2. Lewis (Way-Co) 8-00; 3. Liz Daugherty (Livonia) 7-06; **High jump:** Lantrip (Midlakes) 5-08; 2. Cydney Halsey (Pal-Mac) 5-00; 3. Anna Flaitz (Hornell) 4-10; **Shot put:** 1. Mady Dibble (Waterloo) 35-10; 2. Celia Flynn (Batavia) 32-11; 3. Katherine Wiseley (Batavia) 35-05.5; **Weight throw:** 1. Wiseley (Batavia) 34-07; 2. Flynn (Batavia) 32-01.50; 3. Vanessa Robertson (30-11.5).

Class D

Boys

Team scores: 1. East Rochester, 83; 2. Letchworth, 66; 3. World of Inquiry, 38; 4. Northstar, 36; 5. Le Roy, 33; 6. Honeoye, 31; 7. Williamson, 27; 8. Sodus, 22; 9. Red Jacket, 19; 10. Warsaw, 15; 11. Bishop Kearney, 14; 11. Avon, 14; 11. Romulus, 14; 14. Alfred-Almond, 12; 14. Marion, 12; 14. Wellsville, 12; 17. Clyde-Savannah, 9; 18. Lyons, 8; 19. Geneseo, 7; 20. Fillmore, 6; 21. Gananda, 5; 22. Red Creek, 4; 22. South Seneca, 4; 24. Mynderse, 3; 25. Marcus Whitman, 2.

55 meter dash: 1. Ray Anikwue (Letchworth) 6.52; 2. Anthony Butler (Letchworth) 6.70; 3. Carson Wachholder (Geneseo) 6.78; **55 hurdles:** 1. Friend Olsen (Honeoye) 8.90; 2. Gaven Cassidy (Le Roy) 9.05; 3. JJ Kuhns (Le Roy) 9.41; **300:** 1. Anikwue (Letchworth) 36.99; 2. Adrian Minott (Northstar) 37.33; 3. Ethan Dorow (ER) 37.94; **600:** 1. Minott (Northstar) 1:26.92; 2. Dorow (ER) 1:27.21; 3. Zach Erickson (Honeoye) 1:29.78; **800 relay:** 1. East Rochester-A (Amati, Dorow, Franciosa, Tomaka, Gray) 1:39.44; 2. World of Inquiry (Miller, Davis, Hardy, Laporte Jr., Rodriguez) 1:39.66; 3. Sodus-A (Smith, Marullo, Williams, Ott, Furber, VanDuyne) 1:40.46; **1,600:** 1. Bathgate (ER) 4:37.43; 2. Adrian Mazur (Northstar) 4:40.29; 3. Josh Bodnar (Fillmore) 4:41.60; **1,000:** 1. Dawson Bathgate (ER) 2:38.38; 2. Hunter Clark (Alfred-Almond) 2:38.72; 3. Kieran O'Halloran (Le Roy) 2:45.93; **1,600 relay:** 1. Northstar (Mazur, Minott, DeSaja, Camacho) 3:43.70; 2. World of Inquiry-A (Davis, Anderson, Willis, Christian, Knight) 3:53.68; 3. Red Jacket-A (Massaro, Knowlton, Schaertl, Rizzo, Kuehnert, Sawyer) 3:54.41; **3,200:** 1. Bathgate (ER) 10:45.54; 2. Tyler Jones (Williamson) 10:49.40; 3. Hunter Yates (C-S) 10:54.64; **3,200 relay:** 1. Honeoye-A (Thomas, VanHouten, Erickson, Hallett, Rono) 8:52.51; 2. Le Roy-A (Privatera, Cassidy, McKenzie, O'Halloran, Majors, Montoya) 8:54.57; 3. Marion-A (VanCamp, Higbee, Szostak, Enright, Colon) 9:26.16; **Long jump:** 1. Butler (Letchworth) 23-02.5; 2. Enzo Amati (ER) 20-06.75; 3. Jonah Franciosa (ER) 19-11.50; **Triple jump:** 1. Butler (Letchworth) 47-09.75; 2. Franciosa (ER) 41-05.5; 3. Escol Williams (Sodus) 40-10; **Pole vault:** 1. Nathan Crane (Letchworth) 14-03; 2. Kameron Pettit (Wellsville) 12-00; 3. Jacob Gifford (Lyons) 10-06; **High jump:** 1. Alecsandre Burger (Romulus) 5-10; 2. Anikwue (Letchworth) 5-10; 3. Isiah Shepard (WOI) 5-08; **Shot put:** 1. Cameron Cintron (World of Inquiry) 43-07; 2. Chris Jackson (BK) 41-07.75; 3. Wolfgang Lobo (Avon) 41-07; **Weight throw:** 1. Noberto Cervantes (Williamson) 56-10; 2. Jacob Plesums (Warsaw) 46-04.0; 3. Lobo (Avon) 41-11.

Girls

Team scores: 1. Marion, 57; 2. Honeoye, 55; 3. Red Creek, 50; 4. World of Inquiry, 48; 5. Red Jacket, 35.5; 6. South Seneca, 30; 6. Fillmore, 30; 8. Warsaw, 29; 9. Marcus Whitman, 27; 10. Letchworth, 24; 11. Sodus, 21.5; 12. East Rochester, 19; 13. North Rose-Wolcott, 18; 14. Le Roy, 12; 14. Gananda, 12; 16. Clyde-Savannah, 9; 16. Williamson, 9; 18. Wellsville, 8; 18. Romulus, 8; 20. Avoca, 6; 20. Geneseo, 6; 22. Lyons, 4; 23. Mynderse, 1; 23. Bishop Kearney, 1.

55: 1. Destiny Smith (WOI) 7.73; 2. Ahjiana Johnson (Sodus) 7.85; 3. Kathryn Miller (Warsaw) 7.92; **55 hurdles:** 1. Jade Tusch (Marion) 9.48; 2. Hannah Pendleton (NR-W) 9.59; 3. Colette Anikwue (Letchworth) 9.75; **300:** 1. Nazjahe Boswell (WOI) 42.75; 2. Alaysia Henderson (WOI) 45.65; 3. Tusch (Marion) 46.09; **600:** 1. Tusch (Marion) 1:46.03; 2. Justine Willard (Gananda) 1:46.38; **800 relay:** 1. World Of Inquiry-A (Smith, Markey, Henderson, Boswell, Gutierrez) 1:53.20; 2. Marion-A (West, Allen, Bailey, Williams, Hilton) 1:58.43; 3. Honeoye-A (Lis, Stevens, Barnard, DeBridge, Nagy, Kleiner) 2:00.36; **1,000:** 1. Elsa Cole (Fillmore) 3:18.23; 2. Mikayla Gullace (Honeoye) 3:18.93; 3. Missy Graham (Wellsville) 3:21.34; **1,500 race walk:** 1. Corrine Perry (Red Jacket) 8:03.80; 2. Carolyn Jessop (Romulus) 8:15.11; 3. Ashley Gonzalez (Marion) 8:15.58; **1,600 relay:** 1. World of Inquiry-A (Smith, Markey, Henderson, Boswell, Gutierrez) 4:30.25; 2. Honeoye (Gullace, Lis, Green, Barnard, Kleiner, Stutzman) 4:39.66; 3. Marion-A (Williams, Gonzalez, Hilton, West) 4:46.03; **3,000:** 1. Cole (Fillmore) 11:15.26; 2. Chloe Weaver (Red Creek) 11:16.44; 3. Hailey Rossi (Marcus Whitman) 11:31.26; **3,200 relay:** 1. Honeoye-A (Stutzman, Gorall, Bock, Gullace, Kleiner) 10:48.67; 2. Red Creek-A (Beach Sharkey, Mendenhall, Weaver, Grant) 11:03.45; 3. East Rochester-A (Menaguale, insalaco, Kurmis, Bray, Anderson, Van Pelt) 11:18.29; **Long jump:** 1. Megan Malueg (Red Creek) 16-03; 2. Ahjiana Johnson (Sodus) 15-11; 3. Dorothee Grant (Red Creek) 15-01.5; **Triple jump:** 1. McKenna Cone (Le Roy) 33-07.75; 2. Anikwue (Letchworth) 33-04.75; 3. Malueg (Red Creek) 32-01.5; **Pole vault:** 1. Sara Jane Stevens (Honeoye) 7-06; 2. Sierra Nagy (Honeoye) 6-00; 3. Julia Hubbard (South Seneca) 6-00; **High jump:** 1. Anikwue (Letchworth) 5-03; 2. Bethan Van Pelt (ER) 4-08; 3. Maddy Bugbee (Geneseo) 4-06; **Shot put:** 1. Hannah Pendleton (NRW) 30-07.25; 2. Rylee North (Red Jacket) 30-05.25; 3. Hallie Minges (South Seneca) 29-01.25; **Weight throw:** 1. Madison Offhaus (Warsaw) 43-00; 2. Bailey Robinson (Marcus Whitman) 37-07.75; 3. Brittany Trank (Marcus Whitman) 32-01.

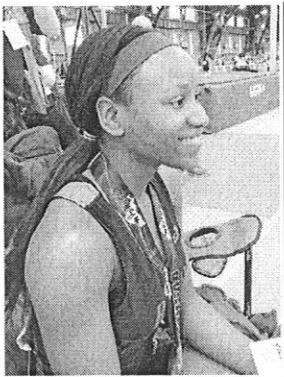
Complete results online at www.democratandchronicle.com (<http://www.democratandchronicle.com/>) and www.yentiming.com (<http://www.yentiming.com/>)

Events not shown and team scoring were not completed by press time

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Purple reigns supreme at track championships

Jim Castor 12:47 a.m. EST March 6, 2016



(Photo: Jim Castor)

ITHACA – What a perfectly purple day for sophomore Lanae.

Lanae-Tava, that is. Luh-NAY.

And don't forget the TAY-vuh, or mom and dad, Michelle and Lance Thomas, will not be happy. Dad picked Lanae, mom Tava, and "the hyphen's important, too," Lanae-Tava Thomas laughed, explaining how everyone seems to mess up her name.

Bouncing around Cornell University's Barton Hall, giddy in the moments, the newly crowned three-time state indoor track gold medalist from Rush-Henrietta was drawing as much attention for her purple headband and jumbo-twist ponytail Saturday as she was for defending her 55-meter dash title, winning the long jump a few minutes later and then helping her R-H 800 relay to gold.

"It's all so exciting," Thomas said, trying to hold down her exuberance that she explains away with "it's me!"

"Coach gets so mad at me sometimes, but I like to be a little different. I just thought, since purple was Section V's color, and I'm representing the section, why not wear some purple?"



Buy Photo
Kelly Brown (Photo: KATE MELTON/PHOTOGRAPHER)

With seven gold medals and 30 medals overall, Section V's girls colored Cornell University's 101-year-old indoor track barn with dominant performances, finishing a close second to Section I for the overall section title. The boys added another gold as Kelly Brown captured the 55, and earned 37 medals overall to make it the most impressive showing since Section V's first appearance at indoor states, in 1975.

"They came through big-time," said state girls chairman and Penfield coach Dave Hennessey. "Incredible performance."

The Rochester area's state champions:

•Thomas, 55 and long jump.

"I've kicked kids off the team for dying their hair," said Mike DeMay, rolling his eyes and grinning like maybe it was a joke, or maybe not, as Thomas climbed up the podium to accept her medals.

"Oh no," Lanae-Tava said when she heard of that. "I wouldn't have ever done it if I thought that might happen."

It took my mom and I eight hours last Saturday to do it."

"Today I had the bounce and I had the energy," Thomas said. "This is what I love to do. Bring on the nationals."

•R-H junior Sammy Watson, who equaled Thomas' haul with individual golds in the 600 and 1,000, and the gold 800 relay.

•Freshman Erica Ellis of Gates Chili, who leaped 12 feet, 3 inches in the pole vault, three inches better than second place.

•Midlakes senior Aubrianna "Bri" Lantrip, who reached 5-8 in the high jump despite a sore right foot that forced her to withdraw from the triple jump. "Fortunately, I push off with my right leg in the high jump," she said.

•Wilson Magnet senior Brown, who won the 55 but finished two-hundredths of a second out of first in the 55 hurdles after Isaiah Brown (no relation) of Pittsford Sutherland false-started.

The head-to-head matchup of Watson and Suffern's Kamryn McIntosh, ranked 1-2 in the nation, brought the capacity crowd of 4,800 to a screaming frenzy in the 600. Watson passed McIntosh on the far turn at 400 meters and pulled steadily away.

"We were trying not to make it a "me against her" match," McIntosh said as Watson nodded affirmation. "We're just looking to run good times." Watson clocked 1:30.59, about a second above her national best 1:29.53 and .45 off her Section V record. McIntosh ran 1:34.43. Her best is 1:31.00.

The false start in the 55 hurdles unsettled Brown just enough to make the difference in achieving his sprint double.

"Isaiah had a slight hitch, just enough to false start," he said. "Twice, actually. It made me hold back a tiny bit the second time. I didn't want to false start myself in the finals.

"I'm so glad I got the 55. I'm looking forward to running three events (60, 60 hurdles and 200) at nationals next week."

Section V's boys pole vault contingent swept the 2-3-4 positions, with Terry Taylor of Greece Olympia (14-3), Jack Smith of Webster Schroeder (14-0) and Nathan Crane of Letchworth (13-6) earning medals.

Sprinters Alpha Berry of Greece Olympia and Tori Thompson of R-H were honored as Section V's sportsmanship award winners.

Jim Castor, retired assistant sports editor of the Democrat and Chronicle, has covered high school sports in the Rochester area for more than five decades. He can be reached at jcastor@jimcastor.com

State indoor track championships

New York State Public High School Athletic Association and New York State Federation of Secondary School Athletic Associations indoor track and field championships at Barton Hall, Cornell University. Finish listings (ex. 1,3) for public and federation (private-parochial-independent) places. PSAL- Public School Athletic League; CHSAA-Catholic High School Athletic Association, NYSAIS-New York State Association of Independent Schools. Medals to top six public school finishers, top eight federation finishers.

BOYS

Section scoring: Not available.

55 meters: 1,1. Kelly Brown (Wilson Magnet) 8.39, other Section V finishers 5,6. Ray Anikwue (Letchworth) 6.51, 9,12. Tremaine Moore (Greece Olympia) 6.61
semifinals.300: 1,1. Malik Lewis (Poughkeepsie-I) 34.95, 3,3. Noah Williams (McQuaid) 35.05, 6,6. Anthony Smith (Uprep) 36.04, 19,21. Miles James (Churchville-Chili) 36.80
semifinals. 600: 1,1. Evan DeGraw (Union Springs-IV)

1:21.53, 3,3. Eddie Ely (Palmyra-Macedon) 1:22.59, 5,5. Nico Bellavia (Batavia) 1:23.80. **1,000:** 1,1. Steven Neumaier (Liverpool-III) 2:29.48, 5,5. Ben Bulkeley (Fairport) 2:32.60, 26,31. Mike Mallow (Fairport) 2:45.31. **1,600:** 1,1. Kevin Moshier (Corning-II) 4:20.44, 4,5. Nick Neamtu (Webster Thomas) 4:25.28, 12,16. Isaac Goodman (Pittsford Mendon) 4:29.10, 13,17. Brad Farnham (Penfield) 4:29.30. **3,200:** 1,1. Aidan Tooker (Saratoga-II) 9:03.81. 4,5. Donny Glavin (McQuaid) 9:19.0, 11,13. Paul Dellinger (Brighton) 9:30.99, 12,14. Dawson Bathgate (East Rochester) 9:32.69. **55 hurdles:** 1,1. Infinite Tucker (Huntington-XI) 7.38, 2,2. Kelly Brown (Wilson Magnet) 7.40, Isaiah Brown (Pittsford Sutherland) false start in final, 10,11. Max Gloskey (Webster Thomas) 7.74 semifinals. **High jump:** 1,1. Daniel Claxton (Smithtown East-XI) 6-8, 8,8. Connor Spiegel (Webster Thomas) 6-2, 12,115. Isiah Shepard (World of Inquiry) 6-0, Zachary Kashmer (Churchville-Chili) no height. **Long jump:** 1,1. Terrel Davis (Beacon-I) 23-7, 5,6. Alpha Barry (Greece Olympia) 21-11¾, 8,10. Anthony Butler (Letchworth) 21-5, Tobi Tella (McQuaid) withdrew. **Triple jump:** 1,1. Rayvon Grey (Beacon-I) 49-6½, 5,6. Anthony Butler (Letchworth) 46-¼, 15,19. Trevon Tripp (Rush-Henrietta) 42-5¼, Tobi Tella (McQuaid) withdrew. **Pole vault:** 1,1. Tom Conboy (Saratoga-II) 14-6, 2,2. Terry Taylor (Greece Olympia) 14-3, 3,3. Jack Smith (Webster Schroeder) 14-0, 4,4. Nathan Crane (Letchworth) 13-6. **Shot put:** 1,1. Andrew Cannistraci (Iona Prep-NYSAIS) 62-¾, 13,16. Petro Huley (Churchville-Chili) 46-8. 17, 21. Anthony Ray (Batavia) 45-2¼. **Weight throw:** 1,1. Cameron Thompson (Lakeland-Panas-I) 67-6, 16,20. Norberto Cervantes (Williamson) 54-8¼, 17,22. Thomas Coene (Webster Thomas) 53-5. 21,26. Andrew Palermo (Spencerport) 49-7. **800 relay:** x,1. South Shore (PSAL) 1:30.47, 3,5. Rush-Henrietta (Justice Obasi, Lukas Dalfonso, Dilan Campbell, Anthony Brinson) 1:33.04. **1,600 relay:** 1,1. Huntington-XI 3:24.02, 7,7. McQuaid (Ativa McLaren, Ben Bogdan, Jarrett Odorisi, Daniel Rooney) 3:33.65. **3,200 relay:** 1,1. Warwick Valley-IX 7:54.07, 7,9. Fairport (Ben Bulkeley, Matt Orcutt, Nathan Markle, Mike Mallow) 8:15.70. **Intersectional distance medley relay** (1,000, 200, 600, 1,600): 1,1. Section IX 8:55.45, 4,4. Sec. V (Jake Lambert, Brighton; Cole Ziskind, Webster Thomas; Henry Burton, Pittsford Mendon; Caleb Covell, E. Irondequoit Eastridge) 9:00.95.

GIRLS

Section scoring: 1. Section I 126, 2. Section 5 93, 3. Section 11 77, 4. PSAL 74, 5. Section 2 74, 6. Section 8 52, 7. Section 4 50, 8. Section 6 43, 9. Section 9 41, 10. Section 3 32, 11. CHSAA 30, 12. AISAA 4, 12. Section 7 4, 14. Section 10 0.

55: 1,1. Lanae-Tava Thomas (R-H) 6.94, 11,11. Tori Thompson (Rush-Henrietta) 7:33 semifinals, 19,21. Ny'Shaya Henderson (Franklin) 7:42 preliminaries. **300:** x-1. Amanda Crawford (Paul Robeson-PSAL) 38.81. 8,9. Annie Hanna (Pittsford Sutherland) 40.95 semifinals, 11,12. Travasia Singletary (Aquinas) 41.51 semifinals. **600:** 1,1. Sammy Watson (Rush-Henrietta) 1:30.59, 18,21. Hayleigh Palotti (Livonia) 1:39.40, 22,25. Annie Hanna (Pittsford Sutherland) 1:42.76. **1,000:** 1,1. Sammy Watson (Rush-Henrietta) 2:51.33, 17, 20. Elyse Barkstrom (Pittsford Mendon) 3:05.94. **1,500:** 1,1. Diana Vizza (North Shore-VIII) 4:31.67. 9,9. Natalie Neamtu (Webster Thomas) 4:44.54, 11,12. Elsa Cole (Fillmore) 4:47.87. **3,000:** 1, 1. Kaitlyn Neal (Fayetteville-Manlius-III) 9:29.85 14, 14. Amanda Vestri (Webster Thomas) 10:13.65, 18, 19. Chloe Weaver (Red Creek) 10:30.81. **55 hurdles:** 1,1. Alyssa Sandy (Paul Robeson-PSAL) 4.7. Alanna Morrow (Mercy) 8:52, 13,16. Chima Dimgba (Greece Athena) 9.06 semifinals. **High jump:** 1,1. Aubrianna Lantrip (Midlakes) 5-8. 8,10. Asia McInnis (Greece Arcadia) 5-3, 13,15. Rebecca Roth (Victor) 5-2. **Long jump:** 1,1. Lanae-Tava Thomas (Rush-Henrietta) 19-4¾, 8,9. Makayla Binter (Greece Arcadia) 16-9¾, 18,20. Shana Spinks (School of the Arts) 16-¾. **Triple jump:** 1. Denisha West (Westbury-VIII) 38-¾. 7,8. Asia McInnis (Greece Arcadia) 36-4½, 14,18. Dasia Barclay (Greece Olympia) 34-7¼, Aubrianna Lantrip (Midlakes) withdrew. **Pole vault:** 1,1. Erica Ellis (Gates Chili) 12-3, t10,11. Earnie Burapan (Hilton) 10-6, t10,11. Allegra Maxwell (Victor) 10-6. **Shot put:** 1,1.

Alexis Daniels (Binghamton-III) 47-5¼. 6,6. Mady Dibble (Waterloo) 38-4, 8,8. Leah Hulbert (Rush-Henrietta) 38-1. **Weight throw:** 1,1. Monae Cooper (New Rochelle-I) 55-2. 6,6. Brealle Brown (Rush-Henrietta) 42-6½, 7,7. Madison Offhaus (Warsaw) 42-¾, 19,22. Asia Hoyte (Pittsford Mendon) 36-8½. **1,500 racewalk:** 1,1. Lauren Harris (Sachem East-XI) 6:35.16. 7,7. Alex Frantz-Bush (Rush-Henrietta) 7:26.70, 8,8. Ellie Pauly (Hilton) 7:27.31. **800 relay:** 1,1. Rush-Henrietta (Tori Thompson, Lanae-Tava Thomas, Stephanie Nwachi, Sammy Watson) 1:41.94. **1,600 relay:** 1,1. Suffern-I 3:58.34. 4,5. Wayland-Cohocton (Madison Lewis, Taylor Quackenbush, Jessie Hammers, Meghan Curtin) 4:02.01. **3,200 relay:** 1,1. Mamaroneck-I 9:09.05. 9,12. Webster Thomas (Natalie Neamtu, Sarah Frame Kelly O'Hara, Amanda Vestri) 10:00.78. **Intersectional distance medley relay** (1,000, 200, 600, 1,600): 1,1. Section I 10:22.64. Sec. V 5,5. (Kiava Franklin, Batavia; Erika Tillotson, Victor; Meghan Curtin, Wayland-Cohocton; Ellie Songer, Webster Thomas) 10:37.30.

Complete results on-line at www.leonetiming.com