

Andy Carling, Spencer-Van Etten, NY
 Adam Wasileski, Fayetteville-Manlius
 Aaron Emery, Beaver River
 John Huber, Starpoint, Lockport, NY
 Peter Meindl, Orchard Park
 Peter Meindl, Orchard Park
 Stephane Hetherington, St. Michael's, Tor.
 Henok Lechebo, West Toronto. Ont.

15:52
 15:14
 14:59
 15:20
 14:55
 14:48
 14:35
 14:42

2001- Molly Huddle, Notre Dame, Elmira 17:05 (CR)*
 2002- Michelle Sikes, Lakewood, OH 17:13
 2003- Nichole Lister, So. Jefferson, NY 17:47

* Since 1981, different 3.0-mile loopings have been run. The present one is considered the most difficult looping, hence the 17:05 course record, rather than Steenhof's 16:44 in '85.

GIRLS VICTORY CUP (Since 1984)

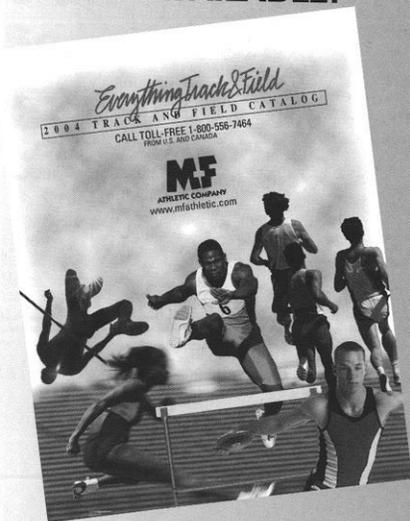
1985- Brenda Steenhof, Milton, Ont.	16:44
1986- Denise Bushallow, Auburn	17:01
1987- Roberta Raszkowski, North East, PA	17:36
1988- Roberta Raszkowski, North East, PA	17:16
1989- Deresa Walters, East HS, Rochester	17:14
1990- Jenny Rhines, Liverpool	18:03
1991- Jenny Rhines, Liverpool	17:34
1992- Katie McGregor, Willoughby South, OH	18:23
1993- Katy Radkewich, Beaumont, Cleveland OH	17:16
1994- Alison Mann, Fayetteville-Manlius	18:19
1995- Andrea Johnson, Lawrence Park, Toronto	17:23
1996- Brandy Colley, Smethport, PA	18:25
1997- Heather Cappello, Starpoint, Lockport NY	17:36
1998- Jennifer Handley, Barrie Central, Ont.	17:11
1999- Lisa Cappello, Starpoint	17:20
2000- Michelle Sikes, Lakewood, OH	17:30

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(Fr. Mike, of Rochester's Aquinas Institute, was a coach and official until his death from cancer at age 40 in 1980. The plaque goes to the fastest junior high boy in honor of his special dedication to young runners.)

1981- Chris Lyboldt, McQuaid Jesuit	8:18
1982- Joe Crangle, Canisius	7:56
1983- Chuck Kencel, Frontier, Hamburg, NY	8:01
1984- Joe Benaglio, West Seneca East, NY	8:02
1985- Mickey Stone, McQuaid Jesuit	8:12
Brian Place, Jordan-Elbridge	8:12
1986- Bill Mitchell, Frontier	7:54
1987- Mark Spagnola, McQuaid Jesuit	8:28
1988- Brian Lucas, Neil McNeil HS, Toronto	7:59
1989- Tim Kelley, McQuaid Jesuit	8:01
1990- Jeremy Naginey, Guilderland	8:13
1991- Dan Wilson, Neil McNeil	7:50
1992- Jeff Clark, McQuaid Jesuit	7:26*
1993- Roger Munoz, Kearny, NJ	8:13

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