

1994-	Andre Lucas, Michael Power, Toronto	7:43
1995-	Adam Strodel, Skaneateles	8:00
1996-	Ramon Bake, Sir Winston Churchill, Ont.	8:13
1997-	Andy Weilacher, Eisenhower, Russell, PA	8:29
1998-	Tim Meehan, Honeoye Falls-Lima	8:26
1999-	Jonathan Pastore, Scranton Prep	7:52
2000-	Brian Bowden, Lakeport, Ont.	8:14
2001-	Lane King, Fairview, PA	7:56
2002-	Ben Hahn, Smehtport, PA	7:40 (CR)
2003-	Kevin Moore, Sir Winston Churchill	7:59

* The junior course distance has usually been around 1.5 miles except for 1992, when a construction detour shortened it by around 1.4. Hence, the present course record being 7:40 rather than 7:26.

TOP GIRLS JUNIOR HIGH RUNNERS (Since 1981)

1981-	Jenny Lyboldt, Webster	9:27
	Jennifer Mather, Thousand Islands SS, Ont.	9:18
	Carrie Duger, Jordan-Elbridge	9:27
	Peggy Biddle, West Seneca West, NY	9:32
	Heather Bates, Mansfield, PA	9:34
	Karen Simmonds, Auburn	9:14
	Caroline Kerr, Centre Wellington, Ont.	9:23
	Jen Levin, Guilderland	9:41
	Alyssia Mondell, Delaware Valley, NJ	9:47
	Kari Dries, Guilderland	9:26
	Leslie Paladino, Cal-Mum	9:32
	Loriann Flatley, East Elgin, Ont.	8:23*
	Gia Canali, Canandaigua	9:41
	Jessie Cowburn, Northern Potter, PA	8:53
	Lindsay Jochum, Clarence	8:55
	Leanne Donnelly, Waterloo	9:15
	Karen Kozub, Alden	9:22
	Lynn Flasher, Youngsville, PA	9:47
	Barb Phelan, Sir Winston Churchill, Ont.	9:15
	Tricia Learn, Mansfield, PA	8:50
	Kelsey Slater, Gov. Simcoe, Ont.	9:00
	Kelsey Slater, Gov. Simcoe, Ont.	9:02
	Alexandra Brasington, Dresher, PA	8:30 (CR)

*Short course, due to construction. Hence, the course record at 8:30, not at 8:23.

BOYS TOP SIXTY 3.0 MILE TIMES (1975-Present)

1.	14:35	2002	Stephane Hetherington, St. Michael's, Toronto
2.	14:40	1984	Ron Markezich, Williamsville North, NY
3.	14:41	1986	Kerry Fly, Lockport, NY
4.	14:42	2003	Henok Lechebo, West Toronto, Ont.
5.	14:43	1980	Marty Beauchamp, Tupper Lake, NY
6.	14:43	1984	Paul Challen, Ancaster, Ont.
7.	14:44	1985	John Gill, Cardinal Leger, Ont.
8.	14:45	2002	Kurt Benninger, Walkerton, Ont.
9.	14:46	1982	Miles Irish, Burnt Hills-Ballston Lake, NY
10.	14:47	1985	Chris Rauber, Central Catholic, Pittsburgh, PA
11.	14:47	1991	Brian Hesson, Caldwell, OH
12.	14:48	1982	Shannan Ritchie, Walsh Jesuit, Stow, OH
13.	14:48	2001	Peter Meindl, Orchard Park, NY
14.	14:48	1982	Ron Markezich, Williamsville North
15.	14:49	1983	Ron Markezich, Williamsville North
16.	14:50	1984	Mike McGowan, St. Michael's, Toronto
17.	14:50	2002	Dan McKenna, Liverpool, NY
18.	14:51	2003	Kyle Heath, Victor, NY
19.	14:52	1979	Randy Haas, Blue Mt., PA
20.	14:52	1995	Steve Lawrence, East Northumberland, Ont.

21.	14:53	1983	Dan Garrett, Clarence, NY
22.	14:53	2002	Andrew Whitbeck, East Rochester, NY
23.	14:53	1986	Willie Wiley, Cloverleaf, Lodi, OH
24.	14:54	1982	Bill McLaughlin, East Aurora, NY
25.	14:54	1995	Derek Holland, St. Michael's, Toronto
26.	14:54	2000	Peter Meindl, Orchard Park
27.	14:55	1980	Todd Lindsley, Penn Yan, NY
28.	14:55	1985	Geoff Coco, Binghamton
29.	14:55	1986	Jason Bunston, Westdale, Hamilton, Ont.
30.	14:55	1986	Mike Koch, Copley, OH
31.	14:56	1985	Kerry Fly, Lockport, NY
32.	14:56	1989	Bob Donker, Georgetown, Ont.
33.	14:58	1991	Josh Ritchie, Walsh Jesuit, OH
34.	14:58	1991	Kevin Christiani, Neil McNeil HS, Toronto
35.	14:59	1988	John Horkheimer, Pittsford, NY
36.	14:59	1998	Aaron Emery, Beaver River, NY
37.	14:59	2001	Adam Hortian, Bluevale CI, Ont.
38.	15:00	1995	Scott McClellan, Sir Winston Churchill, Ont.
39.	15:01	1989	Shawn Mackay, East Elgin, Ont.
40.	15:01	1992	Josh Ritchie, Walsh Jesuit, OH
41.	15:01	1995	Andy Carling, Spencer-Van Etten, NY
42.	15:02	1980	Mike Fadil, Liverpool, NY
43.	15:02	1985	Beau Hatcher, Upper Canada CI, Toronto
44.	15:02	1989	Brian Clas, Union-Endicott, NY
45.	15:03	1978	Tom Hollis, Rush-Henrietta, NY
46.	15:03	1986	Jacob Mays, Buffalo Traditional
47.	15:04	1983	Bob Anderson, Clarence, NY
48.	15:04	1980	Steve Repko, East Aurora, NY
49.	15:04	1987	Jason Bunston, Westdale, Hamilton, Ont.
50.	15:05	1983	Shannan Ritchie, Walsh Jesuit, OH
51.	15:05	1976	Colin McClive, Williamsville South, NY
52.	15:05	1986	Jeff Pajak, Annandale, VA
53.	15:05	1991	John Wassenaar, St. Michael's, Toronto
54.	15:05	2002	Jeff Eggleston, Greece Arcadia, NY
55.	15:05	2002	Adam Hortian, Bluevale CI, Ont.
56.	15:06	1984	John Kralisz, East Aurora, NY
57.	15:06	1984	Jeff Coco, Binghamton
58.	15:06	1990	Nate Ruder, Fairport
59.	15:06	2001	Jon Pierce, Canton, NY
60.	15:07	1983	Pat Picciano, Auburn
61.	15:07	1982	Thady Blundell, St. Michael's, Toronto
62.	15:07	1983	Dan Schneider, Cathedral Prep, Erie, PA
63.	15:07	1985	Eric Sucharski, Cathedral Prep, Erie, PA
64.	15:07	1985	Scott Paterson, McQuaid Jesuit
65.	15:08	1976	John Tuttle, Alfred-Almond, NY
66.	15:08	1984	Mike Tonkin, Cameron City, PA
67.	15:08	1988	Frank Wolfe, St. Michael's, Toronto
68.	15:08	1989	John Wassenaar, St. Michael's, Toronto
69.	15:09	1987	Glen Caradus, Loyalist CVI, Ont.
70.	15:10	1976	Scott Ferguson, Shaker, Latham, NY
71.	15:10	1979	Brian McInerney, Elmira Free Academy
72.	15:10	1982	Duane Galbi, Maine-Endwell, NY
73.	15:10	1984	Brian Laird, Central Catholic, Pittsburgh, PA
74.	15:10	1986	Charlie Kern, Sweet Home, Buffalo, NY
75.	15:10	1987	John Horkheimer, Pittsford, NY
76.	15:10	1989	Mark Kelly, Loyalist CVI, Ont.
77.	15:10	1993	Dan Lesser, McQuaid, Jesuit
78.	15:10	2001	Anthony Mion, St. Vincent/St.Mary, Akron, OH