

McQuaid's ready to go distance

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team. Mike Kelley (shot put and discus) is another standout.

8 Gates-Chili: "Our biggest obstacle is going to be Hilton," sixth-year Coach Brad Caudel said after his team dumped Greece Olympia, 71-61. "Hopefully, we should be able to beat everybody else (in the Monroe County West)."

Mike Lacey already has established a school record 6-6½ in the high jump this season. Cedric Wynn (a 6-3 high jumper), Eric Westrich (a 21-foot long and 42-6 triple jumper) and Eric Lettau (shot and discus) also are competitive with Section 5's best.

9 East: The Orientals are very, very tough in the sprint events. LaVonne Richards has :10.6 speed in the 100 and Ken Burke runs the 200 in :21.6.

The area's best 400 relay team of LaVonne and Terry Richards, Burke and Darnell Dunbar was broken up, however, when Terry Richards began experiencing kidney problems. He is out indefinitely.

"I feel bad for Terry," said second-year Coach Jeff Slack. "With Terry we were going under :42 in that relay. We had our hopes on the states this year. Without him we're just in the :43s."

10 Olympia: The Spartans edged Aquinas, Brockport, Fairport and Geneva for the final top spot. They are led by hurdler Bruce Gaynor, weight man Dean Gilhool,

jumper Marcus Wilson and pole vaulter Rob Weeks.

INDIVIDUALLY

Sprints — LaVonne Richards placed eighth in the state championships last spring in the 100 and Burke was seventh in the 200. Also among the area's fastest humans are McQuaid's Scott, Cornell Walker of Edison, James Nash of Bishop Kearney, Rodney Burgess of Penn Yan and Miles Higby of Alfred-Almond.

Hurdles — The Ellis tag team (Martin's :14.2 and Greg's :14.9) is rivaled only by Burke (:14.6) in the 110 highs. In the 400 intermediates, Martin Ellis's :55.4 is unchallenged.

Middle distances — "In the past, if we had one guy under :50 we were happy," Quinlisk recalled. "We had a 10-year span almost without anyone breaking :50. This year I can see a half-dozen kids doing it."

McQuaid's McGuire already has run a personal record of :49.7. Other sub-:50 candidates are R-H's Martin Ellis and Southall, Monroe's Chris Townsend and Andrew Goodrum, Kearney's Nash, and Warsaw's Tracy Plesums.

In the 800, Warth and Andolsek are clearly the top two competitors.

Distance events — The area's premier cross country competitors excel here. McQuaid's Warth and Smillie. Brighton's Heinle. Penfield's Smith. Hilton's Mullan. Churchville-Chili's Bob King. York's Steve Schultz. Dansville's Dave Redding. Kearney's Jeff Lowenguth.

Jumps — Burgess, whose PR in the long jump is 21-10¾, placed 12th in the state last year. But

Lyons junior King Lewis is the area's longest jumper with a PR of 22-11. He recently cleared 21 feet jumping off the wrong foot. Other 21-foot jumpers include McQuaid's Scott, Olympia's Wilson, the Ellis brothers, Batavia's Matt Doward and Brockport's Tom Jones.

Brockport's Craig Kerley is a 6-8 high and 43-3¼ triple jumper. His teammate Adrian Tyndell has a PR of 6-7 in the high jump. Tyndell placed fifth in the state last year.

Weights — Aquinas' Wayne Romano is the reigning Section 5 champion in the discus (154-8). He placed 14th in the state. The senior also is a 51-9 shot putter.

Pole vault — Penfield's Reynolds cleared 13-9 indoors to place third in the state. His chief rival is Geneva's John Arthur. Rick Suhr of Spencerport and Olympia's Weeks are other top challengers.

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