



DONOVAN GLAVIN

MCQUAID

Events: Distance, steeplechase

Grade: Senior

Parent: Christine

Season highlights: 11th in D-1, 16th in Feds (9:36.01) in 3,000 steeplechase. Won D-1 steeplechase (9:42.25) at state qualifiers. Won 1,600 (4:19.56, No. 1 on leaderboard) and 3,200 (9:36.89) at AA sectionals.

Academics: 94 average

Future: Attending Canisius College to major in sports management or marketing and run track

About me: Four-time AGR and cross country runner of the year in 2015. Son of the late Pete Glavin, co-founder of the Genesee Valley Harriers and a McQuaid Hall-of-Fame distance runner. Volunteers at church. Enjoys the sport of curling, spikeball, Jenga, bubble soccer, and claims to be a water bottle flipping "expert."



MIKE MALLOW

FAIRPORT

Events: Middle distance

Grade: Senior

Parents: Jeanine and Bill

Season highlights: Fourth in D-1 800, fifth in Feds (1:55.27), ran lead leg of sixth-place 3,200 relay (7:46.85) at states. Won 800 (1:53.11, No. 1 on leaderboard, No. 2 in state, school record) at state qualifiers.

Academics: 93 average

Future plans: Attending Binghamton University to study computer science and run track

About me: Nine-time state scholar-athlete. Third year in NASA Hunch, a program where students design and test their own experiments on a microgravity airplane. Recently was part of a team developing an antimicrobial ultraviolet wand to sterilize surfaces on the International Space Station.



MYLES MCKINNEY

CHURCHVILLE-CHILI

Events: Jumps

Grade: Senior

Parents: Tonia and Chris

Season highlights: Won D-1 long jump (22-5½, tied for fourth on leaderboard), seventh in triple jump (43-7) at state qualifiers. Won long jump (21-10½), second in triple jump (43-1), ninth in 100 (11.67) at Class AA sectionals.

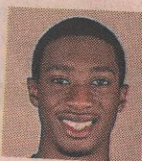
Future plans: Attending Georgia Prep Academy

About me: Running back in football, with 1,000 career yards. Guard/forward in basketball. Active in social media ministry of the Zion Hill Missionary Baptist Church.

Letchworth's Ray Anikwue, left, and Greece Olympia's Tre'Maine Moore placed first and third, respectively, in the D-2 public school 100-meter dash at the NYSPHSAA Track & Field Championships in June.

ADRIAN KRAUS

Also participates in outreach ministries with Calvary Assembly in Chili. Coaching assistant of the United Basketball Team at school and volunteers with the Hillside Children's Center's "Family Fun" events as part of its prevention programs.



TRE'MAINE MOORE

GREECE OLYMPIA

Events: Sprints, relays

Grade: Senior

Parent: Patricia and Frank

Season highlights: Third in D-2 100 (11.09), seventh in Feds 100 (11.19), helped 400 relay (43.47) to fourth in D-2 at states. Second in D-2 100 (10.93), second in D-2 long jump (22-½) at state qualifiers. Won 100 (10.99), won long jump (22-½), second in 200 (22.89) at Class B sectionals.

Academics: 83 average

Future: Attending Buffalo State to study criminal justice and run track and field.

About me: Two-time AGR. Plays defensive back and running back in football. Favorite athlete is Olympic gold medalist sprinter Allyson Felix. Volunteers at the Rochester Presbyterian Home. Enjoys beach volleyball, movies and working out.



ANTHONY RAY JR.

BATAVIA

Events: Throws
Grade: Sophomore

Parents: Cherié Lawrence of Oneonta and Anthony Ray Sr. of Batavia.

Season highlights: Fifth in D-2 shot put (51-0, No. 1 on leaderboard), sixth in D-2 discus (142-10) at states. Won D-2 discus (145-4), second in D-2 shot put (48-½) at state quals. Won shot put (49-¾), won discus (146-8), helping lead team to Class B sectional title.

Academics: 88 average

Future plans: Undecided but hopes to play football and do throws in track.

About me: Two-time AGR. Won back-to-back sectional football titles as a freshman and sophomore. Enjoys history and art, especially war history. Holds a collection of grandfather's WWII medals and photographs. Also enjoys listening to music, working out and playing on Xbox with friends.



KYLE ROLLINS

GENESE

Events: Pentathlon
Grade: Junior

Parents: Liz and Tracy

Season highlights: Second in D-2 pentathlon, sixth in Feds (3,247) at states. Won D-2 pentathlon (3,384, No. 1 on leaderboard, sixth all-time in Section V) at state qualifiers. Second in high jump (6-5), third in 110 hurdles (16.08) at C sectionals.

Academics: 3.3 GPA

Future plans: Undecided, but may study in a biology-related field.

About me: Two-time AGR. Three-sport athlete plays varsity soccer and basketball, advancing to state championships in soccer as a sophomore. Plays in concert/jazz band. Works on crew of school musicals. Working on a project for Eagle Scout rank. Volunteers at St. Mary's Church in Geneseo.



TONY SANGREGORY

WARSAW

Events: Hurdles
Grade: Junior

Parents: Teresa and Matthew

Season highlights: Won D-2 110 hurdles (14.82), eighth in Feds (14.95), third in D-2 400 hurdles (56.71) at states. Won D-2 110 hurdles (14.67), won D-2 400 hurdles (56.16, No. 1 on leaderboard, No. 30 in state) at state qualifiers. Won 110 hurdles (15.15) and 400 hurdles (57.66) at C sectionals. Season-best 110 hurdles 14.65 (No. 2 on leaderboard) at counties.

Academics: 85 average

Future plans: Undecided, but plans on continuing to compete in track in college.

About me: Interested in computers, social interaction, marketing, fashion, traveling, music ("especially music production and lyricism"), psychology and art.



TYLER SENALL

PENFIELD

Events: Distance

Grade: Sophomore

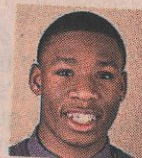
Parents: Melissa and James.

Season highlights: Ninth in D-1 1,600 (4:22.16) at states. Won D-1 1,600 (4:21.84, No. 5 on leaderboard) at state quals. Second in 3,200 (9:39.65) at AA sectionals.

Academics: 94 average

Future plans: Undecided, but wants to run in college

About me: Enjoys hiking in the Adirondacks and Nordic skiing in the Lake Placid area. Favorite athletes are Jim Kelly, Derek Jeter and Steph Curry. Credits family, friends and coach Dave Hennessey "for helping me stay on track."



ANTHONY SMITH

UNIVERSITY PREP

Events: Sprints
Grade: Junior

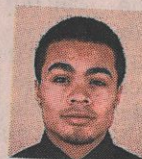
Parent: Salandria Cason and Al Daniels

Season highlights: Second in D-2 400 (49.31), eighth in D-2 200 (22.84) at states. Won 200 (22.16), won 400 (49.19, No. 3 on leaderboard), second in 100 (11.27), helped 1,600 relay (3:33.39) win at Class B sectionals.

Academics: 3.0 GPA

Future plans: Contacted by many colleges and expects to run track in college.

About me: Wide receiver and linebacker in football. Runs with the Rochester Running Rebels in the summer. Says "I'm looking forward to having that college experience in my life, for I would be the first to attend college in my family."



TERRY TAYLOR

GREECE OLYMPIA

Events: Pole vault
Grade: Senior
Parents: Rebecca and Terry

Season highlights: Second in D-2, fifth in Feds in pole vault (14-6, No. 2 on leaderboard, tied for No. 2 in state) at states. Won D-2 pole vault (14-3) at state qualifiers. Won pole vault (14-6) at B sectionals. Personal best 15-0 in club competition.

Academics: 87 average

Future plans: Attending SUNY Geneseo and will compete in track and field.

About me: A student mentor for school's reading comprehension tutoring program. Trains year-round with fellow AGR indoor track first-teamer Jack Smith at the Warsaw Pole Vault Club PVP and coach/owner Mike Auble.



TOBI TELLA

MCQUAID

Events: Jumps
Grade: Senior

Parents: Anne and Fred

Season highlights: Won D-1 (50-10¾, No. 1 on leaderboard,) and won Feds (49-11) triple jump at states. One of only two Section V athletes to ever break 50 feet in the triple jump (Gary Jones, Webster Schroeder, 2006). Fifth in triple jump (48-8¼, first American) at Penn Relays. Won triple jump (47-8½), fourth in long jump (20-6¾), helping team win AA sectionals.

Academics: 90 average

Future plans: Attending Rutgers to study mechanical engineering and run track.

About me: Three-time AGR. Born in London and has British citizenship. Was ranked No. 2 in the state for long jump indoors two years ago, breaking sophomore state record. Likes to skateboard, enjoys free drawing and refereeing youth soccer.



NOAH WILLIAMS

MCQUAID

Events: Sprints
Grade: Junior

Parents: Susan and Greg

Season highlights: Fourth in D-1 200 (22.16), eighth in Feds 200 (22.05). Won D-1 400 (49.44), second in D-1 200 (21.72, No. 2 on leaderboard) at state qualifiers. Won 100 (11.05), 200 (22.25), third in 400 (49.64) and helped 400 relay (43.71) win as team won AA sectionals.

Academics: 85 average

Future plans: Contacted by several colleges, wants to major in communications and play football and run track.

About me: Two-time AGR. Youngest of six children (three brothers, two sisters). Wide receiver, safety and kick-return specialist on the football team. Enjoys playing NBA 2016 and reading old Sports Illustrated magazines. Loves to juggle.

COACH OF THE YEAR



MIKE LAFRANCE

BROCKPORT

Years coaching: 15
Age: 40

Career highlights: Team won first Section V track and field title for this season. First two years at Brockport coached regular-season undefeated teams. Has had more than 30 individual and relay school records set during his tenure.

Family: Wife, Jennifer.

About me: Microcomputer maintenance technician in the IT department of the Brockport Central School District. Loves running and is training for his second marathon, Rochester, this September. Also enjoys golfing. Credits his high school coach at Whitehall (Washington County), Mike Collier, and college coach at The College at Brockport, John Izzo, for "encouraging me to set lofty goals and be the best I could be. They treated me with respect as an athlete and a human being, and I see a lot of that in my coaching now."