

Track

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tion of breaking a record or a personal-best. I feel that's a key part to everything."

Rush-Henrietta sophomore Lanae-Tava Thomas, a sophomore who is the fastest female sprinter in the section, was a part of four first-place finishes at Penfield, including the Class AA girls 400 relay. Thomas also was a champion in the 100, 200 and long jump.

"We have to definitely work well with each other," Thomas said. "Even though there are individual events, I feel like we all play a part in coming together and getting a team win."

Rush-Henrietta's boys and girls indoor and outdoor teams have won 18 of the 27 Section V class titles up for grabs since 2010. The Brockport boys celebrated what is believed to be the first outdoor championship in team history, according to Blue Devils coaches.

None were earned in the 15 seasons Mike La-

France has coached Brockport at least, until Saturday, when the Blue Devils pulled away from Honeoye Falls-Lima for the top spot in the Class A standings. There were more than one pleasant surprises for Brockport, including a 1,600 relay that rarely has run faster.

The Pittsford Mendon girls team has its celebrations for sectional titles down, after the Vikings claimed their fourth consecutive outdoor championship.

"It's been a good run," Mendon girls coach Josh Dougherty said. "Our seniors don't even know how to lose (this meet)."

"We scored in every single event (except the 3,000). Our girls are just going to continue to battle."

That's 18 out of 19 events a Viking contributed to the Pittsford Mendon pool of points.

McQuaid distance runners, sprinters and field athletes chanted "triple play" after they were handed the Class AA boys trophy. The block matches the cross country and indoor track team trophies McQuaid won earlier this school year, plus



CARLOS ORTIZ/CFORTIZ_DANDC/STAFF PHOTOGRAPHER

Mercy's Emily Wade heads to the finish line in first place of the 400-meter hurdles during the Section V Class A track meet.

the one for the 2015 outdoor season.

"We are excited, because for most of the guys like Tobi (Tella), Noah (Williams), it's top three

every year in sectionals," McQuaid senior Atiba McLaren said. "We never did this before, we always win two and usually don't win another one."

"It's nice to get tangible rewards. You go to practice every single day. I've been going to meets since the eighth-grade and I'm a senior now. The

last sectional meet wins a three-peat. It's just a really nice way to go out."

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